

## WHAT IS NUMEROLOGY?

Numerology is the study of the divine properties of numbers and the roles they play in our lives through things like your birthday and name. Numerology has existed throughout history and many famous mathematicians, including Pythagoras, believed in it and made many of their own contributions to the belief.

Numerology is built around the belief that numbers have mystic properties that can affect our personality, weaknesses, careers, and how we are perceived by others. One of the main criticisms of numerology is that it is impossible to define a person based on a single number. However, this is not what numerology does. Everyone has over 20 different numbers that make them who they are, and in addition environment plays a significant role.

There are four "core" numbers that make up a person:

1. Life Path
2. Expression
3. Soul Urge
4. Birthday

In this text, we will explore the different significances of the different core numbers, how they affect you, and how you can calculate them for yourself.

While you may think that numerology is just fictitious and ridiculous, I urge you to keep an open mind about it. It is important not to make assumptions on things you know little about and to try to get a better idea of what something is before you come to a conclusion. When I started studying numerology, I was very wary and suspicious as I am not one who usually believes in things like numerology. However, I have found that numerology has helped me understand people better and has helped me realize my own strengths and weaknesses. I hope that it does the same for you!

## LIFE PATH

The Life Path number is the most important number that makes a person. It shows a person what their major lesson in life should be and how they relate to others. It can describe the major hardships and drawbacks you may face because of your number, but it can also describe the positive effects of your number and good traits that can help you achieve your goal.

Your life path is calculated using your birthday:

Example:

Cecile Richards is an activist best known for her job as the former President of Planned Parenthood. Throughout this introduction, I will be using her as a model to show how you can find a person's different numbers. You can follow along and calculate your own and use the table on the back to figure out the different meanings of the numbers you find

July 15, 1958 → 7/15/1958

$$7+1+5+1+9+5+8=$$
$$36$$
$$9$$

If you get a double digit that is not 11 or 22, you add the digits together again to get a single digit or 11 or 22.

Cecile Richards has a 9 life path. People with a 9 life path are typically very selfless and invested in humanitarian work. This makes sense for Cecile Richards because she has devoted her life to providing women and men with affordable reproductive health care and continues to champion abortion rights.

## EXPRESSION

The next core number is the Expression number. This tells you what your natural abilities are. While anyone can perfect any ability with practice and hard work, we are all naturally gifted in one way or another. The Expression number tells us what we may be naturally good at and how we can use this in our work.

The expression number has both a positive and negative attitudes, meaning that there are pros and cons to each Expression number. This is meant to reflect how different parts of our personality can both hurt and help us depending on the situation.

Unlike the Life Path number, the Expression number is found using your name and the numbers corresponding to your name:

1	2	3	4	5	6	7	8	9
A	B	C	D	E	F	G	H	I
J	K	L	M	N	O	P	Q	R
S	T	U	V	W	X	Y	Z	

When you calculate your expression number, you find the numbers corresponding to every letter in your full name and add them up. If you have ever changed your name, use the name that people call you most often or the one you feel like reflects your inner self most.

Example:

CECILE RICHARDS

$$3+5+3+9+3+5 \quad 9+9+3+8+1+9+4+1$$
$$28 \qquad \qquad \qquad 44$$

2+8+4+4=  
18→  
9

This means that Cecile Richards's expression is 9. People with 9 expressions are usually very philanthropic, idealistic and charitable. However, they can also be insensitive and needy. Also, when a person has the same Expression and Life Path number, there can be more inner conflict.

## SOUL URGE

Your soul urge number tells you what your inner motivation and is connected with personal longing. The soul urge number, also called the Heart's Desire, reveals a person's priorities, values and morals in a deep way. The Soul Urge is rarely expressed openly in a person's personality, but it has a large effect underneath.

The Soul Urge is calculated by the vowels in a person's name:

C E C I L E R I C H A R D S  
5 9 5 9 1

11

11 is one of the two "mastery numbers" (the other is 22). People with mastery numbers in their core synthesis are different because they have more potential to do history altering things. That is not to say that those without mastery numbers cannot make a difference, but it is built into the core of those with master numbers to do so.

People with an 11 Soul Urge want to give a lot of themselves to the world, but more on a global level rather than just to individuals. They usually also want to share their dreams of a utopia to make the world a better place.

## BIRTHDAY

Your Birthday number is meant to work in tandem with your life path number as a sub lesson to your life. Because you find your birthday number is derived from the DAY you were born, it is a part of the life path but is "behind" it in a sense.

You find your birthday number through the day of your birth:

July 15th  
7+1+5  
13  
4

Cecile Richards has a Birthday number of four, which will help guide her life path number of 9. People with a birthday number of 4 tend to be good organizers and practical, which will be very useful in guiding and balancing the life path 9 which is centered around empathy and selflessness.

#	Life Path	Expression	Soul Urge	Birthday
1	<p>Must learn the benefits of independence, proceed to be a leader or creator. Characteristics include inner strength, leadership capability, and conviction</p>	<p>ABILITIES: Good leader, has an original and creative approach, good administrative abilities POSITIVE EXPRESSION: Ambitious, self-confident and self-reliant, NEGATIVE EXPRESSION: Egotistical, stubborn, can be dominating or bossy at times</p>	<p>Wants independence and free to act in their own way while also being a leader or pioneer. Also wants large scale success</p>	<p>independent attitude, original, sensitive but represses feelings, diplomatic, affectionate</p>
2	<p>Must learn to be satisfied contributing as an organizer, learn to use their quiet persuasion. Characteristics include sensitivity, considerate, and friendly.</p>	<p>ABILITIES: Works well with others, sensitive to other people's feelings, skillful organizer and good facilitator POSITIVE EXPRESSION:</p>	<p>Wants friendship, love, and compassion from others. Wants to be a part of a team/community and to express love and affection.</p>	<p>Works well w/others, good w/ details, expresses feelings, sociable, adaptable, sensitive to other people's feelings</p>

		Considerate, cooperative, adaptable, modest NEGATIVE EXPRESSION: Too sensitive, shy, timid, apathetic		
3	Must learn the joy of expressing yourself and how to be more open. Characteristics include a warm and friendly personality and creativity.	ABILITIES: Talented with language, entertainer/performer, artistic talents (often latent) POSITIVE EXPRESSION: Joyful, friendly, social and a good conversationalist NEGATIVE EXPRESSION: Sometimes <i>too</i> easy going, trivial, gossipy, moody	Wants to express joy in life and balance both an active social life and a diversity of extracurriculars that express artistic talents in whatever medium	Good w/ words, many interests, affectionate Artistic, creative, sometimes shallow practical, rational
4	Must learn the importance of order and system and how to live with limitations. Characteristics include a practical and stubborn mindset and a bit of a serious approach to things	ABILITIES: Good organizer, practical and down to earth, patient w/details, good w/ physical materials POSITIVE EXPRESSION: Responsible, orderly, honest, faithful, systematic NEGATIVE EXPRESSION: Stubborn, rigid, bossy, dominant	Wants to lead a stable and low risk life that consists of orders and systems as well as organized and solid activities. Also likely disturb by <i>chande</i>	Good organizer/manager, practical, rational, patient with detail, sometimes rigid/stubborn
5	Must learn how to use freedom constructively in a way that benefits themselves and others. Characteristics: versatile, clever, enthusiastic	ABILITIES: Diversity of talents, good at selling and entertaining, amusing, clever, quick thinker POSITIVE EXPRESSION: Enthusiastic, adapts well to change,	Wants a life of spontaneity, freedom, and constant excitement. Also wants to be freed from conventional values and traditions. Also	Enjoys and works well with others, talented, versatile, quick witted, clever, entertaining, enthusiastic,

		<p>progressive, good companion</p> <p><b>NEGATIVE EXPRESSION:</b> Impatient, may overindulge, sometimes erratic, reacts strongly if they feel they are being silenced</p>	<p>enjoys travel and unexpected activities.</p>	
6	<p>Must learn to find satisfaction in responsibility and helping others when they need it. Characteristics include a loving and appreciative personality and a responsible attitude</p>	<p><b>ABILITIES:</b> Responsible, helpful, works well caring for others, comforting</p> <p><b>POSITIVE EXPRESSION:</b> Loving, friendly, honest, generous, understanding</p> <p><b>NEGATIVE EXPRESSION:</b> <i>Too</i> selfless, anxious, difficult expressing own individuality</p>	<p>Wants to be appreciated for their ability to handle responsibility. Home and family are most likely a large focus and the subject prefers to work with others instead of alone.</p>	<p>Responsible, emotional, sensitive, creative, artistic, sympathetic, understanding, good mind</p>
7	<p>Must learn to enjoy and accept their differences and learn to channel introspectiveness. Characteristics: “different”, not adaptable, difficult to get to know</p>	<p><b>ABILITIES:</b> Good mind and intuition, good at analyzing and judging, operates on a “different” wavelength</p> <p><b>POSITIVE EXPRESSION:</b> Perfectionist, logical, willing to work to understand, potential to be peaceful</p> <p><b>NEGATIVE EXPRESSION:</b> Not trusting, not adaptable, prefers working alone to a fault</p>	<p>Wants time in solitude to contemplate and analyze as well as dream and romanticise about surroundings. Prefers quiet reflection to physical activities</p>	<p>Inflexible, feels deeply, needs time to rest/meditate, difficulty giving affection</p>
8	<p>Must learn the satisfaction of material goods. More concerned with money and the power that comes with manipulation of goods.</p>	<p><b>ABILITIES:</b> Organizational, efficient, good judgement w/ money,</p>	<p>Wants wealth, power, and success. Probably seeks success in the business or</p>	<p>Good at business, better at big picture than details, dependable, reserved, shows limited</p>

	Characteristics: Ambitious, self confident, Realistic	good judgement of character <b>POSITIVE EXPRESSION:</b> Ambitious, energetic, self-assured, dependable <b>NEGATIVE EXPRESSION:</b> Stubborn, overambitious, materialistic, intolerant	political world in terms of career.	emotion, practical, analytical
9	Central focus on humanitarian work and selflessness. In working for others, they can lose themselves. Characteristics: Idealistic, sensitive, romantic, deep interest in others	<b>ABILITIES:</b> Likes helping others, sensitive to others needs, inspiring, creative ability <b>POSITIVE EXPRESSION:</b> Giving, idealistic, romantic, interest in others <b>NEGATIVE EXPRESSION:</b> Lack of involvement, wants too much from relationships, unaware of real feelings	Wants to give to others in a humanistic or philanthropic manner. Wants to give affection and knowledge to others. Also has artistic motivations, but are often latent	Works well w/others, easily pleased, creative, imaginative, compassionate, sympathetic
11	First of the Master Numbers, which means they have a higher potential for awareness, capabilities, and intellect. They must learn how to build a relationship between both the material and spiritual world and achieve full potential. Characteristics: Extremely capable, idealistic, “dreamer”, impractical, some nervous tension	<b>ABILITIES:</b> Inspirational, intuitive, analytical abilities, very capable at whatever they do <b>POSITIVE EXPRESSION:</b> Idealistic approach, artistic abilities <b>NEGATIVE EXPRESSION:</b> Nervous tension, temperamental, more of a dreamer than a doer, Too sensitive	Wants to share spiritual values and views of idealism, beauty, and perfection. Would rather abstractly give to the world than focus on individuals	More dreamer than doer, works well with others, good intuition, very sensitive and aware, uncomfortable in the business world, uses persuasion over force
22	The second master number and the one with the most	<b>ABILITIES:</b> Extremely capable,	Wants to use their abilities in a	Inner strength, charismatic, nervous

	<p>capability. Must learn to combine abilities in both the spiritual and material world for the betterment of mankind. Characteristics: Unorthodox, extremely capable, practical</p>	<p>Unorthodox approach to problem solving, unusual perspectives  <b>POSITIVE EXPRESSION:</b>  Inner strength, balance between spiritual and idealistic approach  <b>NEGATIVE EXPRESSION:</b>  Nervous tension, selfish, dominating, too unorthodox</p>	<p>humanitarian form and express spiritual feelings in a concrete manner and contribute to the world as a whole.</p>	<p>tension, better at starting than continuing, capable of undertaking large scale projects</p>
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