Optical Guiding in 50-Meter-Scale Air Waveguides

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The distant projection of high-peak and average-power laser beams in the atmosphere is a long-standing goal with a wide range of applications. Our early proof-of-principle experiments [Phys. Rev. X 4, 011027 (2014)] presented one solution to this problem, employing the energy deposition of femtosecond filaments in air to sculpt millisecond-lifetime sub-meter-length air waveguides. Here, we demonstrate air waveguiding at the 50-m scale, 60 × longer, making many practical applications now possible. We employ a new method for filament energy deposition: multifilamentation of Laguerre-Gaussian $\text{LG}_{01}$ “donut” modes. We first investigate the detailed physics of this scheme over a shorter 8-m in-lab propagation range corresponding to 13 Rayleigh lengths of the guided pulse. We then use these results to demonstrate optical guiding over 45 m in the hallway adjacent to the lab, corresponding to 70 Rayleigh lengths. Injection of a continuous-wave probe beam into these waveguides demonstrates very long lifetimes of tens of milliseconds.

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I. INTRODUCTION

The filamentation of femtosecond laser pulses in transparent gaseous, liquid, and solid media has been of basic and applied interest for several decades [1,2]. In particular, filamentation in air or other gases has been demonstrated from the infrared [3,4] through the ultraviolet [5], with application to supercontinuum generation [6], THz generation [7–10], remote sensing [11], and the triggering and guiding of high-voltage electrical discharges [12,13].

Filamentation in air commences when a pulse self-focuses owing to the instantaneous electronic and delayed molecular rotational nonlinearity of air constituents [14,15]. The pulse continues to self-focus until collapse is arrested by plasma defocusing from high-field ionization of air molecules. In air filaments, the competition between self-focusing and plasma defocusing limits the core intensity to $I_{\text{core}} < \sim 10^{14}$ W/cm$^2$ [16], and the composite effect is a self-guided, high-intensity optical filament with a core diameter $d_{\text{core}} < \sim 200$ μm surrounded by a lower-intensity "reservoir" region with which it continually exchanges energy during propagation [17]. The length of the filament $\Delta z_{\text{fil}}$ is usually considered to be the axial extent over which the filament core remains sufficiently intense for a particular application, with $\Delta z_{\text{fil}}$ typically orders of magnitude greater than the effective Rayleigh range of $\sim \pi(d_{\text{core}}/2)^2/\lambda$ associated with $d_{\text{core}}$, where $\lambda$ is the laser central wavelength. For collapse and filamentation of a nearly collimated beam of diameter $d_{\text{beam}}$, the filament length is governed by the confocal parameter of the overall beam $\Delta z_{\text{fil}} \sim 2z_0 \sim 2\pi(d_{\text{beam}}/2)^2/\lambda$ [18], or $\Delta z_{\text{fil}} \sim z_0$ if the filament-forming beam starts at its waist as in our experiments. Therefore, filaments generated by centimeter-diameter beams can be several hundred meters long; such extended distances are of high interest for applications.

While femtosecond filaments in air can deliver high-peak intensity over extended distances, leading to many of the applications cited earlier, the energy in a filament core is self-limited to the millijoule level: $\epsilon \sim I_{\text{core}}d_{\text{core}}^2\tau < \sim 1$ mJ, using the parameters from above.
and pulse duration $\tau \sim 100$ fs. For example, a laser with a 1-kHz repetition rate could deliver only $\sim 1$ W of average power in a single-filament core. From the perspective of high-average-power applications, this is a severe limitation.

There is one aspect of filamentation, however, that can be harnessed to enable delivery of very-high-average laser powers over extended distances in air: its ability to imprint, via localized air heating, very long-lived optical waveguide structures [19]. This occurs as follows: The propagating femtosecond filament core generates plasma [20] and coherently excites rotational wave packets in $\mathrm{N}_2$ and $\mathrm{O}_2$ molecules [21,22]. Subsequent thermalization accompanying plasma recombination ($\sim 10$ ns) and collisional decoherence of the rotations ($\sim 100$ ps) [23] is much faster than the hydrodynamic response timescale of neutral air ($\sim d_{\text{core}}/2c_s \sim 300$ ns for air sound speed $c_s \sim 300$ m/s), which manifests as impulsive air heating and a pressure spike extending for the full length of the filament. The pressure spike launches a single-cycle cylindrical acoustic wave which radially propagates away after a few microseconds, leaving a long lifetime density depression, or “density hole,” on axis [24,25]. The density hole lasts several milliseconds, characteristic of the thermal diffusion timescale of air. An array of such holes can form a guiding structure for a secondary laser pulse.

In our work first demonstrating the principle of the air waveguide [19], we showed that an array of four filaments generated by the four lobes of a TEM$_{11}$ beam could form an air-waveguide structure in two timescale regimes. In the short-timescale “acoustic” regime lasting several hundred nanoseconds, the on-axis collision of the acoustic waves from the four filaments forms an increased air density waveguide core. The acoustic waves then propagate away over several microseconds leaving four density holes. In the long-timescale “thermal” regime lasting up to several milliseconds, the density holes merge circumferentially by thermal diffusion to form an effective “moat” or cladding around the unperturbed air at the center of the beam. The central unperturbed air forms the air-waveguide core. The four-lobed TEM$_{11}$ mode was formed by an effective binary phase mask, where alternating segments impose a relative spatial phase shift of $\pi$. The resulting waveguides were 70 cm long and guided an injected probe pulse with spot size of $\sim 150 \mu$m.

In this paper, we demonstrate optical guiding in the longest thermal regime air waveguides generated by far, 45 m in length. From the confocal parameter scaling of filament length discussed above, this required filamentation of a beam with $d_{\text{beam}} \sim 6$ mm. At the same time, to form an effective air-waveguide cladding, such a beam should form a sufficient number of filaments on its periphery to ensure circumferential coverage. To accomplish this, we take a different approach from the use of binary phase masks [19]; here we use a smooth Laguerre-Gaussian LG$_{01}$ mode to initiate random filamentation in the donut ring. While an $n$-segment binary phase mask can, in principle, seed filaments at each of the $n$ beam lobes imposed by the mask, in practice it is difficult to ensure that the lobes have equal energy and locally smooth phase fronts. By contrast, we demonstrate a method to produce a high-energy, high-quality LG$_{01}$ “donut” or “phase vortex” mode so that filamentation is seeded with low-level intensity or phase noise that is more uniformly distributed across the mode. Unlike with a binary phase mask, the number of filaments automatically scales with beam size provided that the local laser fluence remains constant, ensuring good circumferential coverage of the generated cladding. Furthermore, an LG beam propagates as a single mode with a well-defined Rayleigh range, the distance over which its peak intensity drops by a factor of 2 owing to diffraction. By contrast, a beam generated by a high-order binary phase mask is highly multimodal with much greater diffractive spreading. In prior work, multifilamentation of Laguerre-Gaussian vortex beams has been studied theoretically and experimentally in Refs. [26–28], showing that filaments form on a ring at the radius of highest intensity. In addition, filament arrays have been generated with amplitude or phase masks [29,30].

II. LG$_{01}$ BEAM REQUIREMENTS FOR AIR-WAVEGUIDE GENERATION

The electric field of a LG$_{01}$ vortex mode is $E_{01}(r, \varphi, z) = \sqrt{\epsilon F_0(w_0/w(z))} e^{i2\lambda \ln^{-1}(z/z_0)} e^{-i[r/w(z)]^2} e^{i\varphi}$, where $F_0$ is the peak fluence ($\text{J/cm}^2$) in the mode’s ring, and where $w(z) = w_0[1 + (z/z_0)^2]^{1/2}$, $R(z) = z[1 + (z_0/z)^2]$, and $z_0 = \pi w_0^2/\lambda$ are the mode’s spot size, phase-front curvature, and Rayleigh range, respectively, where $w_0$ is the spot size ($1/e$ field radius) at the beam waist ($z = 0$). The mode’s peak fluence lies on a ring of diameter $d_{\text{ring}} = \sqrt{2}w_0(z)$. Because the LG$_{01}$ beams of this experiment are highly collimated (propagation range $z < z_0$), we consider $d_{\text{ring}} \cong \sqrt{2w_0}$ and $z_0 \cong \pi d_{\text{ring}}^2/2\lambda$ to make estimates when designing air waveguides.

An interesting aspect of vortex beam filamentation is that the beam ring self-focuses to a narrow shell before filaments nucleate, as borne out by our measurements and simulations shown later. This is in contrast to a nonvortex beam where filaments can grow throughout the beam cross section. For a LG beam, filaments are thus located on a well-defined ring, ideal for air-waveguide generation. This suggests that for fixed $F_0$, the number of filaments will scale as the ring circumference ($\propto d_{\text{ring}}$). Indeed, for peak laser fluence $F_0$ in the LG$_{01}$ pulse of energy $\epsilon_{LG}$, the number of filaments formed is

$$n_{\text{fil}} \sim 1.2(\epsilon_{LG}/\epsilon_{cr})^{1/2} = 1.8(F_0/\epsilon_{cr})^{1/2}d_{\text{ring}}, \quad (1)$$

where $\epsilon_{cr} \sim P_{cr} \tau$ and $P_{cr} \sim \lambda^2/2\pi n_0 n_2 \epsilon_{cr}$. [31] are the critical energy and power for self-focusing collapse for a small section of the LG$_{01}$ ring containing energy $\epsilon_{cr}$.\[011006-2\]
and where Eq. (1) is adapted from Ref. [27]. The critical power ranges over $P_{\text{cr}} = 13–3$ GW for laser-pulse widths $\tau = 45–300$ fs used in these experiments. This stems from the pulse-width dependence of the effective nonlinear refractive index $n_{\text{2,eff}} \approx 0.8–3.8 \times 10^{-19}$ cm$^2$/W in this range, owing to the delayed molecular rotational nonlinearity [14]. For example, for one set of our experimental parameters chosen for generating long waveguides with good azimuthal filament coverage ($d_{\text{ring}} = 0.45$ cm, $\epsilon_{\text{LG}} = 90$ mJ, $F_0 = 0.21$ J/cm$^2$, $\tau = 100$ fs), the expected number of filaments is $n_{\text{fil}} \approx 20$.

Considering the air waveguide as a step-index fiber with V parameter [32] $V = (2\pi a/\lambda)(n_{\text{co}} - n_{\text{cl}}^2)^{1/2}$ enables an estimate of the cladding air density reduction needed for guiding. Here, $a = d_{\text{ring}}/2$ is the waveguide core radius, and the core and cladding refractive indices are $n_{\text{co}} = n_0 + \delta n_{\text{co}}$ and $n_{\text{cl}} = n_0 + \delta n_{\text{cl}}$ ($n_0$ is the unperturbed air refractive index), with $\delta n_{\text{cl}}/n_0 \ll 1$ and $\delta n_{\text{co}} = 0$ for a thermal waveguide. The condition for guiding of a lowest-order mode is then $V \approx \sqrt{2\pi (d_{\text{ring}}/\lambda)(\delta n_{\text{cl}}/n_0)^{1/2}} > 2.405$ [19], so that the minimum air index reduction in the cladding is $|\delta n_{\text{cl}}| \approx 10^{-8}$. This extremely small index decrement is reflective of the large waveguide core size $a \sim 2$ mm, but it is unrealistic: It is significantly smaller than the index fluctuation associated with our measured lab air turbulence level of $C_n^2 = 6.4 \times 10^{-14}$ m$^{-2/3}$ [33], which gives $|\delta n_{\text{turb}}| \sim 10^{-7}$ across the air-waveguide core. If we impose the conservative condition $|\delta n_{\text{cl}}| = 10|\delta n_{\text{turb}}|$, so that the cladding moat depth greatly exceeds the turbulence fluctuation level, the relative air density reduction in the cladding (or refractive index contrast) should be $|\Delta N_{\text{cl}}|/N_0 = |\delta n_{\text{cl}}|/(n_0 - 1) > \sim 0.4\%$.

Under our conditions, the maximum relative depth of a filament-induced density hole after recombination and thermalization is $\Delta N_{\text{max}}/N_0 \sim 1 - T_h/T_0 \sim 0.25$, where $T_0 \sim 300$ K is the ambient air temperature, and $T_h \sim 400$ K is the typical peak temperature of the density hole [25]. The hole depth slowly declines by thermal diffusion according to $\Delta N_h(t)/N_0 \sim (\Delta N_{\text{max}}/N_0)(1 + 4at/R_0)\sim 1$, where $a = 0.20$ cm$^2$/s is the thermal diffusivity of air, and $R_0 \sim 100$ µm is the initial density-hole radius [25]. Thus, the depth of a density hole will decline from 0.25 to 0.004 over a time $t \sim 10$ ms, giving a good estimate of our thermal waveguide cladding lifetime, as we will see from later comparison with experiment.

The remaining question is whether there is adequate azimuthal cladding coverage by the thermally diffusing density holes. This is what determines the LG$_{01}$ mode energy needed for the filaments leading to cladding formation. After $\sim 1$ µs of delay, the density hole widens by thermal diffusion [25], giving $R_h \sim R_0(1 + 4at/R_0^2)^{1/2} \sim 1$ mm by $t = 10$ ms, so the density-hole spacing $\Delta x_{\text{fil}}$ should be $\sim 1$ mm at most. For example, for $d_{\text{ring}} = 4.5$ mm, the number of filaments needed around the LG$_{01}$ ring is $n_{\text{fil}} \sim \pi d_{\text{ring}}/\Delta x_{\text{fil}} \sim 15–25$ for $\Delta x_{\text{fil}} \sim 0.5–1$ mm, which is consistent with the earlier estimate using $\epsilon_{\text{LG}} \sim 90$ mJ. This enabled estimates for the laser energies needed in the experiments, as we discuss below.

Figure 1(a) and 1(b) shows hydrodynamic simulations [19,25] of thermal diffusion for the cases of $n_{\text{fil}} = 25$ and $n_{\text{fil}} = 15$ filament-induced density holes spread uniformly on a 4.5-mm-diameter ring in air. The initial energy deposition for each filament was taken to be a Gaussian with $1/e$ radius $R_0 = 50$ µm, with temperature increase $T_h - T_0 = 100$ K, giving initial density-hole depth $\Delta N_{\text{max}}/N_0 = 0.25$ (as discussed earlier). This matches typical filament conditions [25]. It is seen that by $\sim 1$ ms, the density holes have sufficiently merged to form a nearly continuous cladding moat surrounding the unperturbed air core. Even out to delays of 10 ms, $|\Delta N_{\text{cl}}|/N_0 \sim 0.22\%$ indicates that reasonable guiding confinement could be expected based on the conservative estimate made earlier in this section. As we will see, this is borne out in our guiding experiments. Owing to the much wider waveguides produced in the current experiment, their lifetime is expected to be considerably greater than the millisecond duration of the $\sim 200$-µm-wide guides of our earlier work [19].

Figure 1(c) shows a sequence of 3D + 1 (three space dimensions plus time) YAPPE (yet another pulse propagation effort) simulations (Ref. [34] and Appendix) of the filamentation of 100-fs LG$_{01}$ pulses for several beam waists $w_0 = d_{\text{ring}}/\sqrt{2}$, with pulse energy scaled to maintain constant initial peak fluence $F_0$. In each case, the pulse was propagated to the onset of filamentation. The LG$_{01}$ pulses were initialized with a white-noise amplitude mask with a fluence standard deviation of 1% of $F_0$ to seed filamentation. It is seen that the LG$_{01}$ ring self-focuses to a narrow shell before filaments nucleate. For each beam size, repeated simulations with different white-noise masks of the same standard deviation show a similar number of filaments. For increasing $d_{\text{ring}}$ with $F_0$ constant, the simulations show that $n_{\text{fil}} \propto \sqrt{\epsilon_{\text{LG}}}$ in agreement with Ref. [27] and Eq. (1). For $d_{\text{ring}} = 4.5$ mm, $n_{\text{fil}} = 15–20$, in reasonable agreement with the estimate based on Eq. (1).

To conclude this section, it is important to explain why a LG$_{0m}$ mode with $m = 1$, rather than $m > 1$, is preferred for generating a ring of filaments. Practically, a LG$_{0m}$ mode is generated by passing a Gaussian beam of spot size $w_0$ through an $m$th-order spiral phase plate. For a given pulse energy $\epsilon_{\text{LG}}$, the peak fluence in the LG$_{0m}$ ring is $F_0 = (2\epsilon_{\text{LG}}/\pi w_0^2)g(m)$, where $g(m) = (m/e)^m/m!$ is a decreasing function of $m$: for example, $g(1)/g(5) \approx 2$. So, a LG$_{01}$ mode provides the highest ring fluence $F_0$ for a given laser energy. In addition, higher-order vortex modes diverge faster: $\Delta \theta_{\text{m}} = \sqrt{m} \Delta \theta_{\text{01}}$, where $\Delta \theta_{\text{0m}}$ is the angular divergence of the ring in a LG$_{0m}$ mode.
III. EXPERIMENTAL SETUP

Our air-waveguide experiments were separated into medium-range (\(<8\) m, in lab) and longer-range (\(<50\) m, in hallway outside lab) experiments depicted in Figs. 2(a) and 2(b). Filaments for the air waveguide were generated using a 10-Hz Ti:sapphire laser system with \(\lambda_0 = 800\) nm and pulse width \(\tau = 45–300\) fs (FWHM), with the pulse width adjusted using the grating compressor. The air-waveguided probe was a \(\lambda_0 = 532\) nm, \(\tau \sim 7\) ns, 1-mJ pulse from a frequency-doubled Nd:YAG laser. Filaments were generated with postcompression energies up to 120 mJ (up to 2.7-TW peak power) controlled by a \(\lambda/2\) wave plate and a thin-film polarizer [TFP in Fig. 2(a)] before pulse compression.

The key diagnostics for the in-lab experiments [Fig. 2(a)] are a translatable helium-cell-based imaging system [35,36] and a microphone array [33]. The filaments from the air side of the helium cell were terminated over a \(< \sim 4\) mm air-to-helium transition in the cell’s slow-outflow nozzle [see Fig. 2(a)] owing to the \(\sim 20 \times\) lower nonlinear refractive index of helium compared to air [37]. This enabled direct in-flight linear imaging through the helium cell of \(\text{LG}_{01}\) beam filamentation and guided-mode evolution along the 8-m propagation path. The microphone array, consisting of 64 equally spaced, synchronized microphones spanning 126 cm, was used to map axial energy-deposition profiles of the beams generating filament-induced air waveguides. The array captures 126-cm-long single-shot records of the filament energy deposition per unit length, which are concatenated over the full filament propagation path [33]. The local filament energy absorption drives the generation of air density holes, which form the air-waveguide cladding.

The high-energy \(\text{LG}_{01}\) donut mode used to form air waveguides is generated by passing the precompressor laser pulse through a 16-step first-order spiral phase plate (2\(\pi\) azimuthal phase shift around the beam) followed by a vacuum spatial filter to smooth the beam, removing high spatial frequency nonuniformities including those introduced by the phase-plate steps. The spiral phase plate imposes a phase defect or singularity in the beam center.
which must be accompanied by an amplitude null, ensuring that the donut hole of the $L_{G01}$ mode never fills in. Applying the spiral phase to the precompression beam eliminates nonlinear phase accumulation in the phase plate (another method for high-power vortex beam generation is to directly pass the compressed beam through a spiral phase plate provided the beam diameter is sufficiently large [38]). Additionally, the 0.5-mm-thick phase plate’s chromatic dispersion is too insignificant to affect pulse compression. The resulting beam is then passed through the pulse compressor, followed by a $3 \times$ down-collimating reflective telescope (used for both the lab and hallway experiments) to produce a high-quality $L_{G01}$ beam whose waist is located at the telescope output. The in-lab experiments used ring diameters of $d_{ring} = 4.5$ and 3 mm, giving $w_0 = d_{ring}/\sqrt{2} \approx 3.2$ and 2.1 mm, where $w_0$ is the $e^{-2}$ intensity radius of the corresponding lowest-order LG mode. These values of $w_0$ correspond to Rayleigh ranges $z_0 = \pi w_0^2/\lambda \approx 40$ and 17 m. For the hallway, $d_{ring} = 5.6$ mm and $z_0 \sim 60$ m. The aim was to produce “natural” $L_{G01}$ filamentation generated purely by nonlinear self-focusing (without the assistance of external focusing) to maximize the beam’s Rayleigh range and, therefore, the waveguide length. In both the in-lab and hallway experiments, the green probe laser pulse is injected through the second mirror of the down-collimating telescope and copropagated with the waveguide-forming $L_{G01}$ beam. A lens was placed upstream of the telescope mirror in the probe beamline to form a telescope whose effect is a $\sim f/950$ defocus on the probe for injection into the waveguide.

IV. EXPERIMENTAL RESULTS AND DISCUSSION

A. Measurements of $L_{G01}$ filament formation

Experiments for air waveguides up to 8 m took place inside the lab with the configuration shown in Fig. 2(a).
To determine the optimum laser-pulse width for extended filament generation, we first employed the microphone array to measure the pulse-width-dependent energy deposition profiles for single filaments generated with Gaussian LG$_{00}$ pulses with $w_0 = 1$ mm ($c_0 = 4$ m). The results are shown in Fig. 3(a), where the curves are 100-shot averages of concatenated 1.26-m longitudinal sections. Here the peak pulse power was kept constant at $\sim 6P_{cr}$ accounting for pulse-width-dependent $n_{2, eff}$ [14]. It is seen that while the peak energy deposition is highest using shorter pulses, owing to more plasma generation from optical field ionization at the highest intensities, the axial extent of filamentation increases at longer pulse widths. This originates from the increased contribution of molecular rotation of N$_2$ and O$_2$ to $n_{2, eff}$ of air as pulse widths exceed $\sim 50$ fs [14], leading to extended filamentary propagation [20]. Based on these results, we chose 100-fs pulses for the in-lab experiments because their filaments extended 8 m to the end of the available lab space. Pulse energies in the range 80–90 mJ generate the needed number of filaments ($n_{fil} \sim 20$) for good azimuthal cladding coverage; filaments begin within 1 m of the down-collimating telescope. Figure 3(b) shows the composite microphone array signal from overlapping 1.26-m longitudinal sections over the propagation range of the filamenting LG$_{01}$ pulse, where it is seen that filament energy is absorbed over a range $> 7$ m.

To capture the onset and formation of filaments in a LG$_{01}$ beam, we used the in-lab translatable helium cell to interrupt propagation and directly image the beam cross section. Figure 4(a) shows single-shot beam images from a pulse energy scan at a fixed longitudinal location ($z = 1.5$ m from the down-collimating telescope), using a LG$_{01}$ beam with $d_{ring} = 3.8$ mm to highlight the pre-filamentation phase of propagation. Already with 7.2 mJ, the beam’s ring is narrowed, with the clear enhancement of slight beam nonuniformities. The ring width dramatically narrows further as the pulse energy increases, with filaments nucleating at the local beam intensity maxima. For a 34-mJ, 45-fs, $d_{ring} = 4.5$-mm beam, Fig. 4(b) shows single-shot images of increasing multifilamentation with propagation up to $z \sim 2.6$ m, after which the total number of filaments stays roughly constant at $n_{fil} \sim 15–20$, where both bright and fainter (incipient) filamentary hot spots are counted. The number of filaments is consistent with the $n_{fil}$ estimates made in Sec. II and the 3D + 1 simulations of Fig. 1(c). While the filament locations on the ring change shot to shot, their azimuthal distribution remains relatively uniform: This illustrates the advantage of air-waveguide generation by a smooth LG$_{01}$ mode over a beam generated by a fixed binary phase plate.

Additional beam measurements were taken using burn paper, which is needed for the hallway experiments in the absence of the helium cell. To capture single shots, the paper was quickly passed through the filamenting beam as it pulsed at the 10-Hz repetition rate of our laser system. To compare with the helium cell images, an in-lab burn paper scan vs distance is shown in Fig. 4(c). The scan qualitatively shows (despite the paper saturation) good azimuthal filament coverage over the 8-m propagation range, consistent with the $\leq 3$-m helium cell measurements in Fig. 4(b). The hallway burn patterns up to 42 m similarly show good azimuthal coverage, with the number of filaments decreasing at the longest distances owing to the beam intensity decrease from diffractive spreading.

### B. 8-m air-waveguiding experiments

Having confirmed that both the longitudinal energy deposition profile and azimuthal filament coverage of filamenting LG$_{01}$ beams are sufficient to generate very long air waveguides, we now present experimental demonstration of guiding, first over 8 m in the laboratory. Injection of the $\lambda = 532$-nm probe pulse into the air waveguide was delayed by 800 µs after LG$_{01}$ multifilament
initiation to ensure that the individual density holes thermally diffused into a relatively continuous lower-density cladding moat. The $\lambda = 532$-nm probe pulse is coupled into the guide in copropagating geometry (unlike the counterpropagating geometry of Ref. [19]) by passing it through a lens followed by the dielectric curved mirror of the 800-nm reflective telescope [see Fig. 2(a)], imposing a diverging phase curvature with Rayleigh length $z_{pr} \sim 60$ cm, equivalent to defocusing at $f = 950$.

Use of the diverging probe provides a more rigorous test of the waveguide than a collimated probe, enabling demonstration of guiding over $\sim 13 z_{pr}$ in the lab and $70 z_{pr}$ in the hallway. For an air waveguide with an index contrast $|\Delta n_{cl}|/N_0 = (\delta n_{cl}/(n_0 - 1) \sim 0.5%$ [see prior discussion and Fig. 1(a)] and $d_{ring} = 4.5$ mm, $V = 44$ and the numerical aperture is $NA = \lambda V/\pi d_{ring} \sim 1.7 \times 10^{-3}$, supporting coupling $f/# = 0.5/NA \sim 300$ or larger. This guide easily traps and guides our defocusing $f/950$ probe pulse; such a guide is highly multimodal, trapping approximately $V^2/2 \sim 10^3$ modes [32].

As depicted in Fig. 2(a), the guided beam is directly imaged from the helium-cell-scanned exit of the air waveguide onto a CMOS camera (through a 532-nm bandpass filter); the guided beam is effectively imaged inside the waveguide as a function of the propagation distance. Copropagating supercontinuum light generated by the multiple LG$_{01}$ filaments is attenuated by a bandpass filter and linear polarizer in front of the camera. The camera exposure is temporally gated to eliminate any residual supercontinuum light.

Figure 5 shows optical guiding of the probe beam injected at 800-µs delay into an air waveguide formed by an 80-mJ, 100-fs LG$_{01}$ pulse with $d_{ring} = 4.5$ mm, with Figs. 5(a) and 5(b) showing the probe maintaining a constant guided-beam diameter of $\sim 4$ mm over an effective Rayleigh range of $\sim 13 z_{pr}$. As predicted, these beams are highly multimodal. For the shorter $z$ images in Fig. 5(a), one can clearly see the imprints of the circumferential array of density holes on the outside edge of the guided beam. Without the guide present, the probe rapidly diverges. The gap in measurements between $z = 5$ and 8 m [Fig. 5(c)] is...
due to a gap in helium cell travel constrained by our optical table arrangement.

To characterize the guiding efficiency, a chopper wheel was inserted to block the waveguide-generating beam [see Fig. 2(a)] on every other shot in order to collect sequential guided and unguided probe images; 100 consecutive images were saved for every point in Fig. 5, and the average of 50 guided and 50 unguided laser shots is displayed. The 100-ms interval between shots is enough that the waveguide from a guided shot will have completely dissipated in time for the following (unguided) shot. The guiding efficiency metric defined in our previous work [19] is

$$\eta = \frac{(E_g - E_{ug})}{(E_{tot} - E_{ug})}$$

where $E_g$ and $E_{ug}$ are the guided and unguided energy within the central mode area (that is, with and without the waveguide), and $E_{tot}$ is the total beam energy. The efficiency $\eta$ ranges from 0 to 1 and gives the fraction of energy retained within the waveguide that would otherwise diffract from within the guided mode area [inside the circle in Fig. 5(b)].

Figure 5(c) plots the guiding efficiency $\eta$ vs propagation distance for the waveguide. The increase in $\eta$ with distance results from its definition: As $z$ increases, the unguided mode freely diffracts, decreasing the amount of energy in the central mode area, whereas the guided mode remains well constrained within the central mode area. The maximum guiding efficiency of 60% is comparable to that achieved over $<1$ m of guiding in our previous work [19]. Each point is a 50-shot average, with the vertical bars showing the ± standard deviation. The fluctuations are dominated by shot-to-shot fluctuations in probe beam energy; the guided mode profiles are very stable, and the
50-shot-average images in Fig. 5(a) closely resemble those of individual shots.

The results from a smaller-diameter air waveguide are shown in Fig. 6. Here the waveguide generator was a 70-mJ, 100-fs LG01 pulse with \(d_{\text{ring}} = 3 \text{ mm}\) (\(w_0 = 2.1 \text{ mm}\)). The smaller guided mode diameter of \(\sim 2.5 \text{ mm}\) is immediately apparent in Fig. 6(a). Because the probe laser geometry is the same as for Fig. 5, the guiding efficiency plotted in Fig. 6(b) and peaking at \(\sim 40\%\) is smaller, consistent with the smaller waveguide numerical aperture.

Linear guiding of the diverging \(f/950, \lambda = 532\text{-nm}\) probe pulse in our 8-m, \(d_{\text{ring}} = 4.5 \text{ -mm}^2\) air waveguide was simulated using the beam propagation method (BPM) [39], which computes propagation assuming a time-independent laser field. This is appropriate for our very-long-lived air waveguides. Figure 7(a) shows the cross sections of two air waveguides at 800-\(\mu\)s delay: one with 15 uniformly spaced density holes and the other with 8 density holes and two azimuthal gaps.

The peak hole depth variation along the guide is plotted in Fig. 7(b), scaled using the measurement of Fig. 3(b). The guided modes for the 15-hole case are shown in Fig. 7(c) (top row), and clearly resemble the experimental images of Fig. 5, with similar rings and azimuthal modulations indicating multimode guiding in an azimuthally modulated guide. Guided modes for the 8-hole case are shown in Fig. 7(c) (bottom row), with significant side leakage through the azimuthal gaps in filament coverage. The corresponding guiding efficiency \(\eta\) is plotted in Fig. 7(d) for the 15-hole and 8-hole guides. For each guide, the efficiency falls from \(\eta = 1\) at \(z = 0\) because the probe diameter begins smaller than the guide core and therefore, \(E_{\text{tot}} = E_{\text{g}}\). The efficiency decreases as the probe beam diffracts until a significant fraction of beam energy reaches the guide cladding and is constrained. For the 15-hole guide, the efficiency quickly rises from a minimum of \(\sim 60\%\) to \(\sim 90\%\) and stays at that level, higher than our peak experimental efficiency of \(\sim 60\%\) from Fig. 5(d). An explanation for this difference is nonuniform azimuthal
filament coverage for some sections of the waveguide in the experiment. This is borne out by the simulations: for the nonuniform 8-hole case, the guiding efficiency is significantly reduced owing to the leakage seen in Fig. 7(c). Future experiments will be dedicated to optimizing guiding efficiency by improving the azimuthal uniformity of filament coverage.

C. 50-m-range air-waveguiding experiments

Based on the detailed in-lab investigation described in the prior section, we next demonstrated air waveguiding over ~50 m in the hallway adjacent to the lab, using the setup of Fig. 2(b). To extend the LG$_{01}$ filamentation over this longer range, we used $d_{\text{ring}} = 4.5$-mm-diameter density-hole array at 800-μs delay. Peak hole depth is $|\Delta N|_{\text{max}}/N_0 = 0.034$. Top panel: 15 filaments. Bottom panel: 8 filaments. (b) Peak hole depth vs axial location in guide scaled from measurements in Fig. 3(b). (c) Guided-mode profile vs distance for the 15-filament and 8-filament guides. The 15-filament guide is highly multimodal, with $V^2/2 \sim 10^3$ modes, while the 8-filament guide shows significant side leakage. (d) Simulated guide efficiency $\eta$ [Eq. (2)] for the 15-filament guide and 8-filament guide.

Given the increased size of the LG$_{01}$ ring and the expected longer waveguide formation timescale and lifetime, we first measured guiding efficiency $\eta$ (at $z = 42$ m) vs probe-pulse injection delay, as plotted in Fig. 8(a). An injection delay of 2–5 ms yields the maximum guiding efficiency of 15%–20%. Efficiency vs propagation distance for a 5-ms injection delay is plotted in Fig. 8(b). The increase and then decrease of $\eta$ with delay in Fig. 8(a) appears as increasing and then decreasing mode confinement, as shown in the sequence of guided-beam images in Fig. 8(c) measured at $z = 42$ m. While there is still noticeable beam confinement up to 20-ms delay, by 30 ms the guided and unguided modes are almost indistinguishable owing to thermal dissipation of the guiding structure.

A comparison of guided and unguided modes as a function of longitudinal position is shown in Fig. 8(d).
As in the in-lab experiments, this is a highly multimodal waveguide. BPM simulations predict efficiency $\eta \sim 50\%$ at $z = 42$ m for a guide with 18 density holes at 5-ms delay on a ring of diameter $d_{\text{ring}} = 5.6$ mm, significantly higher than the experiment. As with the 8-m guide experiments and simulations, part of the discrepancy between the simulated and measured efficiency is attributable to non-uniform and sparser azimuthal density-hole coverage. This is evidenced by the burn patterns at longer distances in Fig. 4(d) and the asymmetric imprint of the density holes on the guided-beam edge in Fig. 8(d). An additional important factor, especially for the 50-m propagation experiments, is the $\sim 200$ mrad pointing wander of the probe beam, primarily from thermal drift in the probe laser and air turbulence. Simulations show that 200-mrad off-axis injection into a guide with uniformly distributed density holes decreases the efficiency to $\eta \sim 25\%$.

The fact that waveguide efficiency $\eta(z)$ in Fig. 8(b) trends to a constant level out to $z = 42$ m is evidence that the guide extends the full 42 m. This is supported by the BPM simulations in Fig. 9 of $\eta(z)$ for two lengths (30 and 42 m) of the 18-density-hole waveguide discussed above. Figure 9(a) shows the prescribed density hole depth vs $z$ [scaled to measurements of Fig. 3(b)] used in the simulations, and Fig. 9(b) plots $\eta(z)$ for the two guides. For the 30-m guide, the rapid drop in $\eta(z)$ for...
z > 30 m stems from the rapid diffractive spreading as the confined mode exits the end of the guide; this spreading significantly exceeds that of the unguided beam. For the 42-m guide, it is seen that $\eta(z)$ remains roughly constant for $z > 30$ m as expected and in qualitative agreement with the measurements.

Finally, as a striking demonstration of the potential quasi-steady-state operation of femtosecond-filament-induced air waveguides, we injected a probe beam from a continuous-wave (CW) 100-mW, $\lambda = 532$-nm laser diode into our long hallway waveguide. The waveguide parameters were the same as in Fig. 8. The probe beam was injected along the green beam path shown in Fig. 2(b) and was collected at $z \approx 45$ m by an integrating sphere, with a 1.3-cm entrance aperture slightly exceeding the mode size of Fig. 8. The goal was to directly measure the guiding lifetime of the waveguide. Figure 10 plots the average of 100 diode signal traces of the guided beam collected by the integrating sphere, with ± standard deviation bars overlaid on the curve. This shows that measurable guiding over 45 m persists to $\sim 20$ ms, declining to a negligible level at $> 30$ ms owing to thermal diffusion of the waveguide. This is consistent with the ≥20-ms guided-mode images of Fig. 8(c). The initial temporal spike in the diode signal is from LG$^{01}$ filament-generated supercontinuum emission that transmits through the 532-nm interference filter in front of the integrating sphere. The secondary peak at $\sim 3–5$ ms follows the maximum guiding efficiency corresponding to optimal waveguide cladding performance from diffusive merging of density holes; this is consistent with the peak in Fig. 8(a). These results strongly suggest that for guide parameters similar to those in Figs. 8 and 10, a $\sim 100$-Hz filament-forming laser could maintain a quasicontinuous air waveguide.

V. CONCLUSIONS

We have demonstrated optical guiding of probe pulses up to $\sim 45$ m, or 70 Rayleigh ranges, in air waveguides formed from the long-lived thermal response of air to filamenting ultrashort laser pulses. The guide lifetime is tens of milliseconds, showing that a quasi-steady-state air waveguide could be supported by a $> \sim 100$-Hz repetition-rate filament-forming laser. The guides are generated using a new method: multifilamentation of LG$^{01}$ donut modes, and are more than 60 $\times$ longer than the guides in our prior air-waveguiding demonstration [19], which used a binary phase mask for filament formation. Our results pave the way for a wide range of applications requiring either
projection or collection of optical signals in the atmosphere and represent an essential step toward kilometer-scale air waveguides.

The long-propagation-range experiments performed in the hallway adjacent to our laser lab were preceded by more detailed measurements of waveguiding over 8 m (~13 Rayleigh ranges) in the lab, using a synchronized microphone array and a helium imaging cell as important and unique auxiliary diagnostics. The in-lab experiments verified our new method for waveguide generation: the development of a thin ring of filaments by the LG01 mode, which heat the air and form a cladding moat surrounding a core of unperturbed air. For the 8-m guides, the maximum guiding efficiency was ~60%, and ~20% for the 45-m-long waveguides. While lower than in the ideal case, these reduced efficiencies are quite likely due to nonuniform azimuthal coverage by the ring of filaments. This is directly borne out by simulations, which provide a path for straightforward efficiency improvements in future experiments.

While guiding in this experiment was demonstrated using a relatively weak probe laser pulse, air waveguides can support high-peak laser powers and are especially suited to high average powers, limited in the first case by self-focusing and in the second case by thermal blooming. Using the scaling developed in Ref. [19], the peak intensity \( I_p \) limited by self-focusing is \( I_pL_g < 2 \times 10^{14} \text{ W/cm}, \) where \( L_g \) is the guide length. Taking \( L_g = 100 \text{ m} \) gives \( I_p < 20 \text{ GW/cm}^2 \). For an approximate 5-mm-diameter waveguide and a 10-ns pulse, the guided energy can be 40 J.

For quasi-CW-guided beams, thermal blooming can limit the average laser power guided by spoiling the airwaveguide structure. However, this will occur only at very large powers when sufficient laser energy is absorbed that the relative on-axis air temperature increase \( \delta T = \Delta T/T_0 \) dominates the waveguide core-cladding density contrast \( \Delta N/N_0 \). The relative temperature increase for average guided power \( P_g \) over a duration \( \Delta t \) is given by \( P_g \Delta t/A = 1.5\beta_T \alpha^{-1} \rho_0 \), where \( \rho_0 \) is the ambient air pressure, \( \alpha \) is the air absorption coefficient, and \( A \) is the waveguide core cross-sectional area. For the approximate 8- and 50-m waveguides of this paper, a conservative estimate for the typical core-cladding density contrast is \( \Delta N/N_0 \approx 0.01 \) from inspection of Fig. 7(b). Using an absorption coefficient \( \alpha = 2 \times 10^{-8} \text{ cm}^{-1} \), which accounts for molecular and aerosol contributions in realistic environments [40], a 5-mm waveguide core diameter, and a quasi-CW burst duration of 5 ms, gives an estimated thermal-blooming limited-guided energy of \( P_g \Delta t \sim 15 \text{ kJ} \) and peak average power limit \( P_g \sim 3 \text{ MW} \).

For applications such as distant projection of high average powers or remote collection of optical signals [41], kilometer-length and longer air waveguides may be of interest. The laser requirements for their generation can be obtained from scaling the results of our experiments. Because filamentation occurs over approximately a Rayleigh range of the driving beam, a LG01 beam of diameter \( d_{beam} \sim 2w_0 = 3.2 \text{ cm} \) and sufficient power will generate filaments of 1 km scale. Each filament is much shorter than this, owing to the interaction of the filament with its local laser energy “reservoir,” with some filaments decaying and others starting at multiple locations along the propagation path, but remaining, on average, uniformly spaced on the ring. Based on our 50-m experiments, which used 120-mJ, 300-fs LG01 pulses with \( d_{ring} = 0.56 \text{ cm} \) \( d_{beam} \sim w_0 = 0.79 \text{ cm} \), a 1-km air waveguide using \( d_{beam} = 3.2 \text{ cm} \) needs approximately \( (3.2/0.79)^2 \sim 16 \times \) more energy, or \( \sim 2 \text{ J} \), to maintain the fluence and keep the spacing between filaments on the ring approximately the same. Our prior measurements [18] have established average single-filament energy deposition of \( \sim 0.25–0.5 \text{ µJ/cm} \) in the extended propagation range of a filament. Therefore, for each density hole generated by filaments on the ring, an average of approximately 0.025–0.05 J is needed over 1 km. A 2-J LG01 pulse could then support ring coverage of approximately 40–80 filaments to form a waveguide cladding over approximately 1 km.

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**APPENDIX: NONLINEAR PROPAGATION SIMULATIONS**

The 3D + 1 simulations of LG01 pulse propagation are performed using our UPPE (unidirectional pulse propagation equation) [42] implementation called YAPPE. UPPE is a system of ordinary differential equations of the form

\[
\frac{\partial}{\partial z} A_{k_x, k_y}(\omega, z) = i2\pi Q_{k_x, k_y}(\omega) P_{k_x, k_y}(\omega, z) e^{-i(k_z - \omega n_z / \omega_p)z}.
\]

(A1)

In Eq. (A1), \( A_{k_x, k_y}(\omega, z) \) is the 3D inverse Fourier transform of the spacetime auxiliary field \( A_{k_x, k_y}(\omega, z) = \mathcal{F}_{x,y,z}^{-1} \{ E(x, y, \xi, z) e^{-i k_z \xi} \} \), where \( \xi = t - z / v_g(\omega) \) is time in the pulse frame of reference, and \( \Delta z \) is the simulation step size. The transverse spatial frequencies \( (k_x, k_y) \) index a system of ordinary differential equations which are numerically solved. \( P_{k_x, k_y}(\omega, z) \) is the nonlinear polarization of the medium, including Kerr self-focusing, rotational nonlinearities [43], ionization dynamics [44], and a nondispersive
plasma response. The other variables are defined as follows: \( \omega \) is the angular frequency, \( v_g(\omega) \) is the group velocity of the medium as a function of the frequency, \( k_z = \left( \frac{\omega}{v_g(\omega)} \right)^2 - (k_x^2 + k_y^2) \right)^{1/2} \) is the longitudinal spatial frequency, and \( Q_{k_x,k_y}(\omega) = \omega/c k_z \). To recover the field in the spacetime domain, the auxiliary field is converted back to the electric field \( E_{k_x,k_y}(\omega,z) = A_{k_x,k_y}(\omega,z)e^{ik_zz} \), and a 3D Fourier transform is performed on the electric field, \( E(x,y,z) = \mathcal{F}_{k_x,k_y}(E_{k_x,k_y}(\omega,z)) \).