Conveyor Belt

This icebreaker activity will get the room buzzing and give everyone a chance to meet each other.

Activity directions:
Put a long piece of tape down on the floor in the center of the room. Ask everyone to stand in two lines, facing each other along the tape. As the facilitator, you should not get in the line. Explain that you are going to read a series of questions. Those standing on the left side of the line will answer the questions first. When you say “switch” the person to the right of the line will then answer the question. After a minute or two, say “rotate”. At that point, everyone should stop talking and take one step to the right. The idea is that the lines should rotate just as a conveyor belt would. Once everyone has rotated, read another question. Again the person on the left will speak first, while the person on the right listens. After you say “switch”, the person on the right will speak. Practice the “switch” and “rotate” commands with the group a few times before beginning the activity.

Questions:
Here’s a list of questions to ask the group. They are intended to get the group to feel comfortable with each other and to gradually open up. Feel free to modify the questions as needed for your group.

1. If you were an animal, what kind of animal would you be and why?
2. If you had to eat the same food every day for an entire month, what would it be and why?
3. If you could go anywhere in the world, where would you go and what would you do there?
4. If you could learn any skill and excel at it, what would it be?
5. What is one of the hardest things that you have ever done?
6. If you could change one thing in your community, what would it be and why?
7. What do you think is the biggest problem with the way food is produced today?
8. What is one thing that you’re look forward to during this workshop and one thing that you’re dreading, and why?
9. If you could have your dream job in 10 years from now, what would it be?
10. Who is a leader that you admire and why?