Where the Wind Blows

- Arrange the chairs in a circle. Remove one chair so that there is one fewer chairs than participants.

- Everyone sits in a chair except one person who is designated as “It”.

- Explain to the group that whoever is “It” will stand in the middle of the circle and say “The wind blows for anyone who…” . The “It” must insert a statement at the end of the sentence that he or she believes might apply to the people in the circle. For example, “The wind blows for anyone who... is wearing the color red.”

- After “It” says the statement, participants to whom the statement applies must find another seat in the circle. They cannot sit in the chair directly to the right or left of their current chair. Whoever ends up without a chair goes to the middle and becomes the new “It”. They then say the next statement, for example, “The wind blows for anyone who... has an older brother” or “The wind blows for anyone who... is wearing glasses”.

- The examples given above are generic ones for this game. They might be good to use at the beginning, just to get the game rolling. But soon after, encourage the group to tailor their statements to the theme of the food system. For example, “The wind blows for anyone who knows a farmer” or “The wind blows for anyone who has grown their own tomato” or “The wind blows for anyone who has composted before” or “The wind blows for anyone who has been part of a community campaign”. Encourage them to be creative with their statements, but to still try and stay on the theme.