

# gapyear

opportunities





## general gap year opportunities

This is a sample listing of opportunities derived from the resources at the Cornell Career Services Library in 103 Barnes Hall and the College of Human Ecology Career Exploration Center in 1203 Martha Van Rensselaer Hall. You are encouraged to use this information as starting ideas to design your own experience. Please stop by Barnes Hall or your College's Career Center for more assistance in exploring gap year opportunities. More information can be found at <https://scl.cornell.edu/get-involved/career-services/jobs-and-internships/gap-or-bridge-year>.

## health/healthcare

### Academic Associate Program at North Shore University Hospital

One or two year full-time position in Northwell Health's Department of Emergency Medicine for those interested in clinical research, biostatistics, quality improvement, and hospital administration. Work closely with experienced emergency department researchers and faculty.

<https://professionals.northwell.edu/emergency-medicine-clinical-research-team>

Benefits: Competitive salary + health benefits

Deadline: February 1st

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### HealthCorps Coordinator

Two-year program in New York City for recent college graduates to work full-time teaching and mentoring high school students about healthy eating, exercise, and taking care of their bodies.

<https://www.healthcorps.org/become-a-coordinator/>

Benefits: Competitive salary starting at \$35,000 + health benefits

Deadline: December 1st, February 1st, April 1st

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### Horseshoe Farm Community Health Fellowship

Thirteen-month fellowship in Greensboro and Marion, Alabama or Pomona, California for recent college graduates interested in community health, innovation in health systems, organizational leadership and management, education, and service to others. Fellows serve in after school programs shadowing activities, and engage in community outreach and health systems activities.

<https://www.projecthsf.org/community-health-fellowship>

Benefits: \$600/month + housing

Deadlines: Early November (first deadline), late February (second deadline)

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### Medical Missionaries Global Health Fellowship

Fellows spend one year in the rural Thomassique, Haiti and work as liaisons between Medical Missionaries and the St. Joseph Clinic's Haitian staff. Fellows can design their own projects and shadow health professionals.

<https://www.medicalmissionaries.org/become-a-fellow/>

Benefits: Housing & food + transportation costs for 2-3 return trips to the U.S.

Deadline: Early October

**AmeriCorps** AmeriCorps provides volunteer opportunities to help others and meet critical needs in communities. AmeriCorps offers several ways to get involved, from part-time local service programs to full-time residential programs. Opportunities are available in all U.S. states

<http://www.americorps.gov/>

Benefits: Up to \$6,095 educational award + monthly living stipend depending on location + health benefits

Deadline: Year-Round

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**City Year AmeriCorps** City Year is an education-focused nonprofit organization that unites young people of all backgrounds for a 10-month period of full-time service to keep students in school and on track to graduation. They are a project under the AmeriCorps. There are 24 locations across the U.S. where tutors and mentors can work.

<https://www.cityyear.org/apply-now/>

Benefits: \$6,000 education award, \$630-\$955 bi-monthly living stipend (varies by location), student loan deferment, and health insurance

Deadlines: September 30th, November 15th, February 15th, and April 30th

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**Echoing Green Public Service Fellowships** A two-year, full time fellowship that provides funding for an individual or partner organization targeting issues of climate change, education, health, human rights, poverty, and racial justice.

<https://echoinggreen.org/fellowship/apply/>

Benefits: Stipend of \$80,000 (individual) or \$90,000 (partnerships) paid in 4 equal installments + flexible benefit stipend.

Deadline: Early January

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**Casa de Esperanza Hands of Hope Internship** Hands of Hope is Casa de Esperanza's service year program that recruits recent college graduates who have a desire to help abused, neglected, and HIV-positive children. This program brings together approximately 25 young adults annually to live and work with some of our society's most vulnerable children in Houston, TX.

<https://www.casahope.org/house-parent-1>

Benefits: \$600 monthly stipend + housing + health and life insurance + two weeks paid vacation

Deadline: Year-Round

**Green Corps** The year-long, paid program includes intensive classroom training, hands-on experience running urgent environmental and public health campaigns, and placement in permanent leadership positions with leading environmental groups.

<http://www.greencorps.org/>

Benefits: \$31,500 salary + competitive health benefits

Deadline: Mid-October to early November (depending on desired location)

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**Peace Corps** Volunteer for two years in a foreign country and take part in one of the six program areas: education, youth and community development, health, business, information and communications technology, and agriculture and environment.

<http://www.peacecorps.gov/>

Benefits: Student loan assistance + \$10,000 after two years of service + travel to and from country of service + monthly living and housing allowance + full medical and dental coverage

Deadline: January 1st

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**Public Allies Program  
Apprenticeships**

For a 10-month appointment, Public Allies address issues in youth development, education, public health, economic development, and the environment. Opportunities for leadership training are available through weekly seminars and teamwork projects.

<https://publicallies.org/be-an-ally/>

Benefits: Monthly stipend + health benefits + loan deferment + \$5,920 education award

Deadline: June 1st

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**Samuel Huntington  
Public Service  
Fellowship Award**

Provides funding for graduating college seniors to pursue public service anywhere in the world. The Award allows recipients to engage in a meaningful public service activity for one year before proceeding on to graduate school or a career. To apply, student must develop a proposal for public service in the U.S. or abroad.

<https://www.samuelhuntingtonaward.org/>

Benefits: \$30,000 stipend for the year

Deadline: Mid-January

**Teach for America** Offers full-time paid positions throughout the U.S. for recent college graduates to teach students from low-income communities who are enrolled in schools in high-need areas. New teachers are provided intensive training and career development support that helps increase their impact on closing the achievement gap and refining their leadership skills.

<http://www.teachforamerica.org/why-teach-for-america/how-to-apply>

Benefits: \$25,000-\$51,000 salary + health benefits + retirement benefits + loan forbearance and paid interest for two years + up to \$11,110 education award + \$6,000 no-interest loans/travel grants

Deadlines: Application cycles in September, October, February, March, and April

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**Woodrow Wilson  
Teaching Fellowships**

This fellowship welcomes current undergraduates, recent graduates, and career changers with backgrounds in the STEM fields—science, technology, engineering, and mathematics—into teaching in high-need secondary schools in Pennsylvania. Fellowships also open the opportunity for additional teaching/mentoring beyond the first year.

<https://woodrow.org/fellowships/ww-teaching-fellowships/>

Benefits: \$32,000 stipend for the year

Deadline: October 15 (Round 1), Early December (Round 2), Mid-January (regular decision)

## public/international affairs

### Carnegie Endowment for International Peace Junior Fellows Program

This year-long paid research assistant internship for graduating seniors interested in careers in international affairs. Internship is at the Carnegie Endowment for World Peace in Washington, D.C. Although U.S. citizenship isn't necessary, applicant must be eligible to work in the U.S. Cornell endorsement is required.

<https://carnegieendowment.org/about/jr-fellows/>

**Benefits:** \$45,000 stipend for the year with full benefits package

**Campus Deadline:** Early December

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### City of New York Urban Fellows Program

Nine-month program for recent college graduates consisting of intensive seminars on urban issues impacting public policy and the structure of the NYC government. Fellows are placed in an array of agencies to learn about public policy through a hands-on approach. Training programs are available in human services, criminal justice health, housing, transportation, and economics.

<https://www.nyc.gov/site/dcas/employment/urban-fellows-program-information.page>

**Benefits:** \$31,563 stipend + health insurance coverage

**Deadline:** Early-Mid January

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### Coro Fellows Program in Public Affairs

A nine-month, full-time, postgraduate training program in effective and ethical leadership in Government, Business, Electoral Politics, Organized Labor, Media, or Non-profit/Philanthropy, offered in New York City, San Francisco, Los Angeles, and Pittsburgh. Participants are placed in project in public issues.

<http://www.corofellowship.org/>

**Benefits:** Qualifying fellows can receive a monthly stipend + health insurance premium reimbursements + benefits with graduate schools

**Deadline:** Early-Mid January

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### El Pomar Fellowship in Community Service

Two-year program for recent college graduates who have a Colorado connection or explicit interest in serving the communities of Colorado. Program participants engage in professional development through investments, grant writing, public speaking, and business writing. Many internship, fellowship, and project funding opportunities available.

<http://www.elpomar.org/>

**Benefits:** Salary by hourly wage + competitive benefits

**Deadline:** Early-Mid January





Herbert Scoville Jr.  
Peace Fellowships

This full-time fellowship in Washington D.C. is for college graduates to serve 6-9 months with nonprofit, public-interest organizations of their choice addressing peace and security issues. Placements include budget, environmental, energy, and weapons/security issues.

<http://scoville.org/apply/application-information/>

Benefits: Salary of \$3,300/month + \$1,000 per fellow for professional development + health insurance + travel grants to Washington, DC.

Deadline: Mid-December to Early January

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Rotary Peace  
Scholarships

Rotary Peace Fellows are leaders promoting national and international cooperation, peace, and the successful resolution of conflict throughout their lives, in their careers, and through service activities. Fellows receive full funding for either a master's degree or a professional development certificate in peace and development issues.

<https://www.rotary.org/en/our-programs/peace-fellowships>

Benefits: Covered tuition and fees, room and board, round-trip transportation, and all internship and field-study expenses.

Deadline: July 1st

Donald J. Cohen  
Fellowship in  
Developmental Social  
Neuroscience

The Donald J. Cohen Fellowship in Developmental Social Neuroscience provides recent college graduates with the opportunity to spend two years engaged in state-of-the-art clinical and basic research with children and families affected by autism spectrum disorders (ASD).

<https://med.emory.edu/departments/pediatrics/divisions/autism/fellow/cohen.html>

Benefits: \$35,000 (year 1), \$37,000 (year 2) + full healthcare coverage

Deadline: Early January

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National Institute  
of Health  
Postbaccalaureate  
Intramural Research  
Training Award (IRTA)

The NIH Postbac IRTA program provides recent college graduates who are planning to apply to graduate or professional school an opportunity to spend one or two years performing full-time research at the NIH. Postbac IRTAs/CRTAs work side-by-side with some of the leading scientists in the world, in an environment devoted exclusively to biomedical research.

[https://www.training.nih.gov/programs/postbac\\_irta](https://www.training.nih.gov/programs/postbac_irta)

Benefits: \$30,650 (year 1), \$32,850 (year 2)

Deadline: Year-Round

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Sens Research  
Foundation  
Postbaccalaureate  
Fellowship Program

This 9-month fellowship trains recent graduates in regenerative medicine, with paid research opportunities from the Buck Institute for Research on Aging, Sanford Consortium for Regenerative Medicine, Stanford University, and the SRF Research Center.

<https://www.sens.org/education-opportunities/postbacc-fellowship/>

Benefits: Varying stipends + benefits available after 3 months of employment

Deadline: Early-Mid February

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Yale Fellowship  
in Developmental  
Psychopathology and  
Social Neuroscience

The Yale Child Study Center (YCSC), a leading institution research on childhood developmental and mental health disorders offers this research fellowship for college graduates. This fellowship offers opportunities to be involved in all parts of the research process and participate in didactic experiences at the Yale Child Study Center, School of Medicine, and Departments of Psychology and Statistics.

<https://medicine.yale.edu/lab/chawarska/jobs/postgrad/>

Benefits: \$38,000 + full healthcare coverage

Deadline: Mid-January

## additional self-search resources & opportunities

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| Education/Child Development             | Eckerd Connections<br><a href="https://eckerd.org/about-us/careers/jobs/">https://eckerd.org/about-us/careers/jobs/</a>                        |
|   | World Teach<br><a href="http://www.worldteach.org">www.worldteach.org</a>  |
| Science/Research                        | Pathways To Science<br><a href="http://www.pathwaystoscience.org">www.pathwaystoscience.org</a>  |
|   | Smithsonian<br><a href="https://www.smithsonianofi.com/internship-opportunities/">https://www.smithsonianofi.com/internship-opportunities/</a> |
| Volunteer/Community Service Aboard      | International Volunteer Program<br><a href="http://www.volunteerinternational.org">www.volunteerinternational.org</a>                          |
|   | United Nations Volunteer<br><a href="http://www.unv.org">www.unv.org</a>   |
|   | Partnership for Service Learning<br><a href="http://www.ipsl.org">www.ipsl.org</a>   |
|   | Volunteers for Peace<br><a href="http://www.vfp.org">www.vfp.org</a>   |
| Health                                  | Global Health Corps<br><a href="http://www.ghcorps.org">www.ghcorps.org</a>  |
| Volunteer/Community Service in the U.S. | USA Freedom Corps<br><a href="http://www.serve.gov">www.serve.gov</a>  |
|   | New York City Civic Corps<br><a href="http://www.nycservice.org">www.nycservice.org</a>  |
|   | Habitat for Humanity<br><a href="http://www.habitat.org">www.habitat.org</a>   |
| Environmental/Outdoor                   | Earthwatch<br><a href="http://www.earthwatch.org">www.earthwatch.org</a>   |
|   | National Park Service<br><a href="http://www.nps.gov/personnel">www.nps.gov/personnel</a>  |
|   | The Student Conservation Association<br><a href="http://www.thesca.org">www.thesca.org</a>   |



