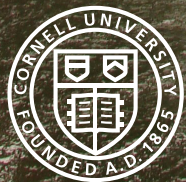


GORGES

The Nathaniel Rand '12 Memorial Gorge Safety Education Program



The Fall Creek and Cascadilla gorges frame the Cornell campus to the north and south—distinguishing the campus’ natural beauty, while providing unique opportunities to study geology and the ecology of remarkably different habitats within and around the gorges. Trails built in the gorges allow us to explore and enjoy the stunning landscapes safely.

The gorges are beautiful, but dangerous too.

- Respect and use the gorges safely.
- Many people have been injured or killed through the misuse of the gorges and failure to pay attention to posted warning signs and gorge safety rules.
- Risks of falling from gorge rims, being hit by falling rocks, and drowning in dangerous streams are always present.
- Stay out of the gorges if you are under the influence of alcohol or other substances.
- Be familiar with the gorge rules listed on the next page and remember to obey them.

gorgesafety.cornell.edu

Cover: Overlooking Forest Falls in Fall Creek Gorge



The gorges are particularly dangerous after large storms. Remain on trails, and do not enter when trails are closed.

Fall Creek Gorge Trails

Fall Creek Gorge begins west of Beebe Lake and ends after spilling over 150-foot-high Ithaca Falls near Lake Street in downtown Ithaca. You can experience the steep gorge and its forested rocky slopes from five trails. The Risley Trail and the Horseshoe Falls Trail follow steps down to viewing areas at creek level. The Rim Trail and the pedestrian suspension bridge offer stunning views of the gorge. The Triphammer Foot Bridge offers a bird’s-eye view of Triphammer Falls below. Though the trails are open year round, only a small portion is maintained during winter.

Cascadilla Gorge Trail

Running from College Avenue in Collegetown to Linn Street in downtown Ithaca, this trail descends 400 feet, past several picturesque waterfalls within a deeply cut gorge. The trail is closed during winter.

Upper Cascadilla Gorge Trail

This trail is accessible from seven entry points and follows Cascadilla Creek along a gentler grade, offering an easy hike. Eddy Dam Bridge crosses over a scenic waterfall at the trail’s east end. The trail is open year round, but only a small portion is maintained during winter.

Tour Fall Creek Gorge, Cascadilla Gorge or around Beebe Lake with your mobile device. Download “Pocketsights Tour Guide” from the App Store or Google Play. Scroll to select your desired tour.



Cascadilla Gorge near Stewart Avenue



If you need emergency assistance in a gorge, call 911 and reference the letters and numbers on the closest red emergency locator sign to help first responders locate you.



Enjoy the walking trail adjacent to Fall Creek Gorge.



LIKE TO HIKE?



Scan here for more trails around campus



cornellbotanicgardens.org/trails

**FOR EMERGENCIES
IN THE GORGE,
CALL 911**

**FOR CAMPUS POLICE,
CALL 607-255-1111**



Gorge stewards hike the gorges to provide information about trails, safety rules, natural history, activities, and swimming alternatives.

The Nathaniel Rand '12 Memorial Gorge Safety Education Program, Cornell University's gorge safety educational effort, is named in memory of a student who died in a gorge drowning accident in July 2011. The program's goal is to prevent future tragedies by informing visitors about safe and responsible use of the gorges. The program currently includes educational initiatives such as the gorge stewards, orientation hikes for new students, educational programming for orientation leaders and residence advisors, a gorge safety website and video, and this brochure.

Care of the Gorges

Stewardship of Fall Creek and Cascadilla gorges is shared by Facilities and Campus Services, which maintains and repairs trails, and Cornell Botanic Gardens, which stewards the natural areas. These iconic campus gorges are among 3,700 acres of natural areas managed by Cornell Botanic Gardens in support of Cornell's academic mission. For more information, visit cornellbotanicgardens.org.



GORGE REGULATIONS

- Do not leave marked trails.
- Walking in restricted areas creates an imminent risk of falling from cliffs or being hit by falling rocks.
- Swimming is prohibited.
- Streams in the gorges have dangerous, hidden currents and people have drowned in them.
- Violations of these safety rules may jeopardize your life and the lives of rescue workers and result in your arrest and prosecution.
- Use of alcohol or other substances increases all of the dangers outlined here.
- Bicycles are prohibited.
- Hike only on lighted trails after dark—cliff edges are closer than they look and it is easy to become disoriented in the dark.
- Do not use trails that are closed in the winter.

Be aware of

- Cliff edges
- Falling rocks and trees
- Hazardous trail surfaces