

Peter P. Ehlinger

Curriculum Vitae

Department of Counseling Psychology and Human Services
5251 College of Education
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EDUCATION

- 2017- present Doctor of Philosophy in Counseling Psychology (APA-Accredited)
University of Oregon: Eugene, OR.
- 2010 – Bachelor of Arts in Psychology, minor in Anthropology, *Magna Cum Laude, Phi Beta Kappa*
- 2014 Lawrence University: Appleton, WI
Senior Thesis: *Mechanisms of Nonsuicidal Self-Injury in Sexual Minority College Students* (advisor: Lori M. Hilt, Ph.D.)
- 2013 Fall term at Lawrence University London Centre, London, England.

HONORS AND SCHOLARSHIP

Grants

- 2018 University of Oregon Center for the Study of Women in Society (CSWS) Graduate Student Research Grant, \$2,495.40.
- 2013 Mellon Senior Experience Grant, \$2,870. University-level award towards senior thesis recruitment, materials, and development
- 2013 William Schutte Research Grant, \$900.00. University-level award towards senior thesis materials

Other Scholarly Awards

- 2017-present University of Oregon First Year Fellowship
- 2014 Inducted into Lambda Alpha International Honor Society in Anthropology
- 2013 Inducted into Mortar Board National Honor Society, Iota Chapter (Vice President)
- 2013 Official delegate for Lawrence University at Mortar Board National Conference, Atlanta GA
- 2011 Inducted into Psi Chi International Honor Society in Psychology
- 2011 Inducted into Lambda Sigma National Honor Society (Secretary)
- 2010-2014 Deans List all terms, Lawrence University

RESEARCH EXPERIENCE

Current Positions:

- 09/2017- Present **Principal Investigator**
University of Oregon, Eugene, OR
Development of a Trans-Affirmative Alcohol Preventive Intervention
- Conduct qualitative focus groups with transgender and gender nonconforming university students.
 - Organize and facilitate community stakeholder panel discussions to further inform intervention development.
 - Aims include the development of a brief, quantitative preventive intervention that will be pilot tested to increase coping skills to minority stressors and reduce problematic alcohol use.
- 06/2018- Present **Research Assistant**
Prevention Science Institute, University of Oregon, Eugene, OR
Brief Substance Use Interventions in General Healthcare Settings: Understanding Variability in Effects
PI: Emily Tanner-Smith, Ph.D.
- Screen abstracts utilizing systematic review protocol for brief substance use interventions delivered in healthcare settings.

- Evaluate eligibility screening for randomized control trial studies.
- Engage in systematic coding
- Analyze data using Cohen's d standardized effect sizes

Previous Positions:

06/2016-
06/2017 **Senior Research Assistant**
The Fenway Institute (TFI)
Fenway Health, Boston, MA

- Managed operations for several existing NIMH and Harvard University CFAR-funded projects, with particular focus on the following:

HIV and Substance Risk among Emerging Adult MSM with a History of Being Bullied (Project RISE)

PI: Michael S. Borroughs, Ph.D.

- Managed the day to day operations, including running study visits and participant scheduling/coordination of clinical time with study interventionists
- Designed mobile data capture system for open pilot phase of study
- Attended and participated in LGBT youth organizations for community engagement-based recruitment
- Performed rapid HIV testing and sexual risk counseling for participants as a trained HIV testing counselor

Behavioral Interventions to Reduce Heavy Drinking in HIV-infected Men Who Have Sex with Men in Primary Care (Project ReACH; P01AA019072-07)

PI: Christopher Kahler, Ph.D.

- Managed the day to day operations, including running of baseline, 6, and 12-month follow-up assessments
- Conducted clinical assessments including the MINI-7, phlebotomy, and specimen collection
- Assisted with participant recruitment efforts from several Fenway Health clinics

HIV Prevention and Trauma Treatment for MSM with Childhood Sexual Abuse Histories (Project THRIVE; R01MH095624)

PI: Conall O'Cleirigh, Ph.D.

- Managed the day to day operations, including running study visits and STI sample collection
- Performed rapid HIV testing and sexual risk counseling for participants as a trained HIV testing counselor
- Managed the integrity of study data, including REDCap, as well as quality control procedures

Harvard University Center for Aids Research (CFAR) Behavioral/Social Science Core (BSS Core)

Supervisors: Kenneth Mayer, MD, Conall O'Cleirigh, Ph.D.

- Coordinated annual CFAR progress report
- Facilitated focus groups, monthly, and weekly meetings with CFAR BSS Core staff
- Attended and coordinated meetings of the HU CFAR Community Action Board comprised of Boston HIV/AIDS community workers

07/2014-
06/2016 **Clinical Research Coordinator**
Behavioral Medicine Service, Department of Psychiatry
Massachusetts General Hospital/Harvard Medical School, Boston, MA

- Coordinated and managed study implementation across 8 federally-funded projects including the following:

Fostering Resilience to HIV and Psychosocial Risk in Indian MSM (R01MH100627-02)

PIs: Steven A. Safren, Ph.D., ABPP; Matthew Mimiaga, Sc.D.; Conall O'Cleirigh, Ph.D.

- Assisted with study startup, including implementing the intervention, open pilot, and RCT
- Coordinated across two project sites in India with multiple weekly meetings and conference video calls

- Worked with technology companies to develop tablet-based data collection software app for measuring study outcomes, as well as a video-based app for sexual risk assessment
- Assisted study PI and Project Director with clinical supervision of study therapists
- Coordinated adherence to intervention protocol by assisting with distribution of audio recordings of therapy sessions and assessments to be reviewed by clinical supervisor
- Assisted with intervention manual and materials development
- Traveled to India to assist in training of site staff on intervention and data collection

Body Image and Self-care in HIV-Infected MSM: Phase II (K23MH096647-04)

PI: Aaron J. Blashill, Ph.D.

- Maintained communication and coordinated study efforts between MGH (coordinating site) and Fenway Health (project site)
- Coordinated adherence to intervention protocol by assisting with distribution of audio recordings of therapy sessions and assessments to be reviewed by clinical supervisor
- Performed quality checks on data entered in to online database

Harvard University Center for AIDS Research (CFAR) Behavioral/Social Science Core (BSS Core)

Supervisors: Steven A. Safren, Ph.D., ABPP, Conall O’Cleirigh, Ph.D.

- Coordinated annual CFAR progress report
- Facilitated focus groups, monthly, and weekly meetings with CFAR BSS Core staff
- Coordinated weekly Massachusetts General Hospital Center for Global Health and Behavioral Medicine research in progress meetings, where investigators and physicians come together to discuss issues with their current research, plans for future proposals, and gain insight into the grant submission process

06/2013- **Lawrence University Senior Thesis.**

06/2014 *Mechanisms of Nonsuicidal Self-Injury in LGBTQ College Students.*

Department of Psychology, Lawrence University, Appleton, WI.

Supervisor: Lori M. Hilt, Ph.D.

- Completed literature reviews in developing research question and manuscript preparation
- Completed and submitted IRB proposal
- Executed data collection and analysis
- Presented a 6-session series to psychology undergraduate students on the development of the project, as well as the scientific and theoretical basis of the project
- Prepared and presented an APA-style research paper in a public presentation

09/2012- **Research Assistant.**

06/2013 *Stress-Reactive Rumination Among Self-Injurers: A Laboratory Study of an Interpersonal Stressor.*

Department of Psychology, Lawrence University, Appleton, WI.

Supervisor: Lori M. Hilt, Ph.D.

- Scored measures, entered data, and managed study database in SPSS
- Responsible for running participants and administering various computer tests, including eye tracking. Also responsible for psychophysiology measurements, including cortisol sample collection, and heart rate monitoring
- Attended weekly lab meetings to discuss theoretical concepts, study design, and data coding procedures

01/2012- **Co-Researcher.**

06/2012 *Negative Generalizations: Reactions to Norm Violating Behavior with System Justification vs. Personal Consequences.*

Department of Psychology, Lawrence University, Appleton, WI.

Supervisors: Peter Glick, Ph.D.; Matthew Ansfield, Ph.D.

- Designed a study with co-researchers on measuring reactions to social norm violation in a laboratory setting
- Completed and submitted IRB application
- Executed data collection and analysis using SPSS statistical software
- Completed APA-style empirical paper and presented results in a public poster presentation for the president of the University and other psychology undergraduate students

PUBLICATIONS

Peer-Reviewed Articles

1. O’Cleirigh, C., Elssesser, S., King, D., **Ehlinger, P. P.**, Bradford, J., Grasso, C., & Mayer, K. H. (2018). Characteristics and correlates of tobacco use in a community sample of sexual minority men and women: Implications for smoking cessation program development for LGBT health. *LGBT Health*, 5(3), 197-202.
2. Choi, K. W., Batchelder, A. W., **Ehlinger, P. P.**, Safren, S. A., & O’Cleirigh, C. (2017). Applying network analysis to psychological comorbidity and health behavior: Depression, PTSD, and sexual risk in sexual minority men with trauma histories. *Journal of Consulting and Clinical Psychology*, 85(12), 1158-1170.
3. Batchelder, A. W., **Ehlinger, P. P.**, Boroughs, M. S., Shipherd, J. C., Safren, S. A., Ironson, G. H., & O’Cleirigh, C. (2017). Psychological and behavioral moderators of the relationship between trauma severity and HIV transmission risk behavior among MSM with a history of childhood sexual abuse. *Journal of Behavioral Medicine*, 1-9.
4. **Ehlinger, P. P.**, & Blashill, A. J. (2016). Self-perceived vs. actual physical attractiveness: Associations with depression as a function of sexual orientation, *Journal of Affective Disorders*, 189, 70-76.
5. Blashill, A. J., **Ehlinger, P. P.**, Mayer, K. H., & Safren, S. A. (2015). Optimizing adherence to preexposure and postexposure prophylaxis: The need for an integrated biobehavioral approach. *Clinical Infectious Diseases*, 60(suppl 3), S187-S190.
6. Muehlenkamp, J. J., Hilt, L. M., **Ehlinger, P. P.**, & McMillan, T. (2015). Nonsuicidal self-injury in sexual minority college students: A test of theoretical integration. *Child and Adolescent Psychiatry and Mental Health*, 9(1). 1-8.

Book Chapters

1. Bedoya C. A., Dale S. K., **Ehlinger P. P.** (2017). Cultural Competence Within Behavioral Medicine: Culturally-Competent CBT with Diverse Medical Populations. In A. Vranceanu, J.A. Greer, S.A. Safren (Eds.), *The Massachusetts General Hospital Handbook of Behavioral Medicine*. New York: Springer.

Manuscripts Under Review

1. O’Cleirigh, C., Batchelder, A. W., Taylor, W. S., **Ehlinger, P. P.**, Goshe, B. M., Shipherd, J., & Safren, S. A. Program development, clinical practice, and policy considerations in the treatment of sexual minority men with childhood sexual abuse histories. *Cognitive and Behavioral Practice*.
2. Boroughs, M. S., **Ehlinger, P. P.**, Batchelder, A. W., Safren, S. A., & O’Cleirigh, C. Trauma among emerging adult sexual minority men: Implications for assessment and treatment of childhood sexual abuse and other traumas such as bullying. *Journal of Traumatic Stress* (invited for revise and resubmit).

PRESENTATIONS

1. **Ehlinger, P.P.**, Cronic, J. M., & Hilt, L. M. (2018, May). *A Possible Moderation Model of Body Dissatisfaction and Depressive Symptoms in Trans and Gender Nonconforming College Students*. Poster presented at the University of Oregon Graduate Research Forum, Eugene, OR.
2. **Ehlinger, P. P.** & Cronic, J. M. (2018, August) *A Mediation Model of Risk Perception and Depression in Sexual Minorities*.

Poster to be presented at the American Psychological Association 126th Annual Convention, San Francisco, CA.

3. Boroughs, M. S., Provenzano, D. A., **Ehlinger, P. P.** & O'Cleirigh, C. (2017, November). *Promising Guidance for Intervention Development: A Transdiagnostic CBT Integrated Treatment Platform to Address Bullying Sequelae Among Emerging Adult Sexual Minority Men*. Symposium presented at the 51st Annual Convention for Behavioral and Cognitive Therapies, San Diego, CA.
4. Choi, K., Batchelder, A. W., Boroughs, M., **Ehlinger, P. P.**, & O'Cleirigh, C. (2017, March). *Examining the Symptom Network of Depression and PTSD in Relation to Sexual Risk Behavior in MSM with Childhood Sexual Abuse*. Oral presentation at the Society of Behavioral Medicine 38th Annual Convention, San Diego, CA.
5. Batchelder, A. W., Boroughs, M. S., **Ehlinger, P. P.**, Shipherd, J., Safren, S. A., & O'Cleirigh, C. (2016, October). *Psychological and Behavioral Moderators of Relationship Between PTSD & HIV Risk Behavior among MSM with a History of CSA*. Symposia presented at the Association for Behavioral and Cognitive Therapies 50th Annual Convention, New York, NY.
6. **Ehlinger, P. P.**, & Blashill, A. J. (2015, November). *Self-Perceived vs. Actual Attractiveness: Associations with Depression as a Function of Sexual Orientation*. Poster presented at the Association for Behavioral and Cognitive Therapies 49th Annual Convention, LGBT Special Interest Group in Chicago, IL.
7. Boroughs, M. S., Ironson, G. H., Shipherd, J., **Ehlinger, P. P.**, Safren, S. A., & O'Cleirigh, C. (2015, November). *The Associated Health Impact of Childhood Sexual Abuse Trauma among Sexual Minority Emerging Adult Men: Implications for Bullying-related Trauma*. Symposia presented at the Association for Behavioral Cognitive Therapies 49th Annual Convention, Chicago, IL.
8. **Ehlinger, P. P.**, Hilt, L., McMillan, T., & Muehlenkamp, J. J. (2014, June). *Mechanisms of Nonsuicidal Self-injury in Sexual Minority College Students*. Poster presented at the International Society for the Study of Self-Injury 9th Annual Convention, Chicago, IL.
9. **Ehlinger, P. P.** & McMillan, T. (2014, May). *Mechanisms of Nonsuicidal Self-Injury in Sexual Minorities*. Oral presentation at the University of Wisconsin, Eau-Claire Annual Provost Honors Symposium, Eau-Claire, WI.
10. **Ehlinger, P. P.** (2014, March). *Nonsuicidal Self-injury in Sexual Minority College Students*. Oral presentation at Lawrence University Capstone Presentation Seminar, Appleton, WI.
11. **Ehlinger, P.P.**, Hamm, E.H., & Hilt, L.M. (2013, November). *Stress-Reactive Rumination Among Self-Injurers: A Laboratory Study of an Interpersonal Stressor*. Poster presented at the Association for Behavioral and Cognitive Therapies 47th Annual Convention, Clinical Psychology in Liberal Arts Colleges Special Interest Group in Nashville, TN.

CLINICAL EXPERIENCE

Post Baccalaureate Clinical Experience:

06/2016- **Administered the MINI-International Neuropsychiatric Interview (MINI-7)**
 06/2017 Position: Senior Research Assistant, The Fenway Institute (TFI) of Fenway Health, Boston, MA
Supervisors: Christopher Kahler, Ph.D.; David Pantalone, Ph.D.; Conall O'Cleirigh, Ph.D.
Client population: HIV-positive men-who-have-sex-with-men (MSM) with problematic alcohol use; HIV-positive MSM ages 60+
 MSM living with chronic pain and abusing substances.

Administered neurocognitive testing using the Wechsler Adult Intelligence Scale (WAIS), the Controlled Oral Word Association Test (COWAT), and the Trail Making Test (TMT)

Position: Senior Research Assistant, The Fenway Institute (TFI) of Fenway Health, Boston, MA

Supervisors: Christopher Kahler, Ph.D.; David Pantalone, Ph.D.

Client population: HIV-positive MSM with problematic alcohol use.

Administered the Structured Clinical Interview for the DSM (SCID-CT) for PTSD; the Davidson Trauma Scale for PTSD; and the Addictions Severity Index Lite (ASI-Lite)

Position: Senior Research Assistant, The Fenway Institute (TFI) of Fenway Health, Boston, MA

Supervisors: Conall O'Cleirigh, Ph.D.

Client population: HIV-positive MSM ages 60+ living with chronic pain and abusing substances.

Conducted HIV testing and pre-post-test counseling as an HIV risk counselor

Position: Senior Research Assistant, The Fenway Institute (TFI) of Fenway Health, Boston, MA

Supervisors: Michael Boroughs, Ph.D.

Client population: Young adult (ages 18-29) MSM with a bullying history and substance use.

07/2014-
06/2016 **Co-lead clinical supervision of study therapists and coordinated/attended group clinical supervision with study therapists**

Position: Clinical Research Coordinator, Behavioral Medicine Program, Department of Psychiatry. Massachusetts General Hospital/Harvard Medical School, Boston, MA.

Supervisors: Steven A. Safren, Ph.D., ABPP; Conall O'Cleirigh, Ph.D.; Andres Bedoya, Ph.D.

Client population: Indian MSM with substance use and high-risk sexual behavior

Completed ratings for interventionist competency and intervention fidelity for CBT-based group therapy

Position: Clinical Research Coordinator, Behavioral Medicine Program, Department of Psychiatry. Massachusetts General Hospital/Harvard Medical School, Boston, MA.

Supervisors: Matthew Mimiaga, Sc.D.; Robert Garofalo, MD; Susannah Allison, Ph.D.

Client population: Young adult transgender women at risk for HIV.

Assisted licensed psychologists as a confederate for exposure-based therapy

Position: Clinical Research Coordinator, Behavioral Medicine Program, Department of Psychiatry. Massachusetts General Hospital/Harvard Medical School, Boston, MA.

Supervisors: Jonathan Lerner, PhD.; Susan Sprich, Ph.D.

Client population: Adults living with autism and severe anxiety.

Relevant Undergraduate Volunteer Experiences:

02/2013- **Clinical Psychology Volunteer Intern**

06/2013 Villa Hope Halfway House and Residential Community, Appleton, WI.

Supervisor: Jerry Metalsky, Ph.D.

- Leadership responsibilities involved providing organized entertainment and assisting full-time staff with caring for residents suffering from severe mental illness.
- Learned skills to communicate with residents suffering from dementia, as well as legal proceedings for residential communities housing sex offenders.
- Attended routine psychiatric visits with residents at an Appleton-area hospital clinic.
- Conducted and filmed a diagnostic interview with a consenting resident suffering from Bipolar I disorder, and afterwards received evaluation by Dr. Metalsky during routine supervision.
- Attended biweekly group clinical supervision with Dr. Metalsky and presented three cases from Villa Hope for discussion.

09/2012- **Group Facilitator and Project Worker**

12/2012 Crime Reduction Initiatives (CRI), boroughs of Hammersmith & Fulham, London, England.

Supervisor: Ed Field, M.A.

- Co-led CBT-based treatment groups for recovering heroin and crack cocaine substance abusers and sex workers as a project worker.

Updated May 2018

- Attended regional drug court proceedings as a representative from CRI.
- Worked with full and part-time staff to manage client files and streamline use of computerized database.

06/2012- **Domestic Violence Prevention Intern & Advocate Trainer**

09/2012 Day One Emergency Shelter & Crisis Hotline, Bloomington, MN.

Supervisor: Nicki Tait, M.A.

- Assisted department coordinator with DV work at more than 10 of the state's DV and sexual violence centers.
- Assisted department coordinator on training DV advocates on best practices, advocacy, and LGBTQ awareness.
- Assisted youth counselor with running weekly children's group at the shelter.
- Shadowed current advocates in the domestic violence shelter.

PROFESSIONAL SERVICE

Editorial Experience

2018	Student ad hoc reviewer for <i>Emerging Adulthood</i>
2018	Student ad hoc reviewer for <i>Addictive Behaviors</i>
2014	Student ad hoc reviewer for <i>Psychology of Men and Masculinity</i>

University/Program Service

2018	Co-chaired Counseling Psychology department's graduate admissions hosting committee
2017	Student liaison for first-year doctoral students at Counseling Psychology department faculty meetings

PROFESSIONAL MEMBERSHIPS

American Psychological Association (APA), Student Affiliate

- Society of Counseling Psychology (Div 17)
- Society of Addiction Psychology (Div 50)
- Lesbian, Bisexual, and Transgender Concerns (Div 354)
- Student Affiliates of Division 17 (SAS)

RELEVANT TRAININGS & CERTIFICATIONS

2017/18	Queer Ally Coalition (QAC) training and continuing education, <i>University of Oregon LGBTESS</i>
2017	Naloxone/opiate overdose training, <i>The Fenway Institute/AIDS Action Committee</i>
2016	Phlebotomy training, <i>The Fenway Institute</i>
2016	HIV rapid testing & counseling, <i>The Fenway Institute</i>
2015	Communicating with Study Teams, <i>MGH Clinical Research Program</i>