MCAT Preparation Course

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Materials (provided)
- Exam Krackers MCAT Complete Study Package (11th Edition)
- AAMC Official MCAT Practice Exam
- Session slides, notes, and handouts—housed on blogs.uoregon.edu/mcat

Objectives
The time, energy, and intellect you have invested in your academics thus far have brought you a long way toward performing well on the MCAT. But this last stretch of preparation can be rocky, and we are glad you’re not going it alone. Through our own studies of the exam, subject content, study resources, learning methods, and testing strategies, we are equipped to smooth out the path to test day and guide you along the way. Specifically, our preparation course is designed to help you:

- **Understand the MCAT structure and design**
  - foundational concepts, topics, and skills
  - test sections and timing
  - question types
  - scoring system

- **Develop test-taking strategies tailored to the particular challenges of the MCAT**
  - step-by-step POWER approach
  - reading, highlighting, and note-taking techniques
  - recognition of attractive distractors
  - pacing techniques
  - confident mindset

- **Review MCAT concepts**
  - biology
  - chemistry
  - biochemistry
  - physics
  - psychology
  - sociology

- **Identify strengths and priorities for further preparation**
  - concept and topic knowledge
  - scientific inquiry and reasoning skills
  - critical analysis and reasoning skills
  - testing approach

- **Practice study techniques, habits, and attitudes that foster MCAT success**
## Schedule (subject to change)

<table>
<thead>
<tr>
<th>Date &amp; Time</th>
<th>Topics</th>
<th>Homework</th>
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<tbody>
<tr>
<td><strong>Foundational Concepts</strong></td>
<td><strong>Complete Before Class</strong></td>
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| Jan 21 9-noon | **MCAT Strategies; Biology** (FC 1B & 1C) | 1. Preview blogs.uoregon.edu/mcat (see email for login details)  
                        2. Read EK Biology 1, Lectures 1 & 2 (68 pages) |
| Jan 21 1-4pm | **Biology** (FC 1B & 1C)                  |                                               |
| Jan 28 9-noon | **Biology** (FCs 1D, 2A)                 | Read EK Biology 1, Lecture 3; EK Biology 2 Lecture 1 (61 pages) |
| Jan 28 1-4pm | **Physics and MCAT Math** (FC 4)          | Read EK Physics, Lectures 1 & 2               |
| Feb 4 9-noon  | **Chemistry** (FCs 1, 4, 5)              | Read EK Chemistry, Lectures 1, 4, & 5.        |
| Feb 4 1-4pm  | **Critical Analysis and Reasoning Skills** | Skim/read EK Reasoning Skills Lectures 1-4 and bring book to class. |
| Feb 11 9-noon | **Biology** (FC 3A, 2B)                 | Read EK Biology 2, Lectures 2 & 3 (69 pages)  |
| Feb 11 1-4pm | **Psychology** (FCs 7, 8)                | Read EK Psy/Soc Lectures 4 & 5                |
| Feb 18 9-noon | **Chemistry/Biochemistry** (FCs 1, 5)    | Review EK Biology 1, Lecture 1                |
| Feb 18 1-4pm | **Physics** (FC 4)                       | Read EK Physics, Lectures 3, 4 & 5            |
| Feb 25 9-noon | **Biology** (FCs 3B, 2B)                | Read EK Biology 2, Lectures 4, 5, & 6 (91 pages) |
| Feb 25 1-4pm | **Psychology** (FC 6)                    | EK Psy/Soc Lectures 2 & 3                     |
| Mar 4 9-noon  | **Chemistry** (FCs 4, 5)                 | Read EK Chemistry, Section 3.8; EK Biology 1, Lecture 4  
                        Read EK Chemistry, Lectures 2, 3, 5, & 7. (pages) |
| Mar 4 1-4pm  | **Sociology** (FCs 9, 10)                | 1. EK Psy/Soc Lecture 1.  
| **Apr 8 9am-4pm** | **Proctored Practice Test** (AAMC Practice Exam) |                                               |