Lane County Family Mediation Family Check-Up Service

Are you the parent or guardian of a child aged 2 to 17? Are you interested in earning \$150?

Would you enjoy:

- Enhancing your parenting skills?
- Encouraging positive behaviors and effective limit-setting?
- Increasing your ability to work with your child's emotions?
- Setting parenting goals?

Families can earn \$150 (provided in gift cards) by attending three appointments, which take place over a three- to fourweek period. The appointments involve the following:



- Work on tasks with your child in a video-recorded session.
- Discuss parenting strengths in a feedback session.

This service is available for members of the Trillium Community Health Plan only.

For more information:

Lane County Family Mediation 151 W. 7th Avenue, Suite 360 Eugene, OR 97401 Call (541) 682-3962 (press #2) to schedule an appointment. lanecounty.org/mediation

