To them, if they want to continue, you know, because this is not just a one-time thing. This is a way of life, this is how I live, how I breath, how I am. This is who I am every day, so putting an altar and saying

okay I’ll come back in two or three weeks is not okay. Uhm, you know, being part of it and growing with it is important part of it because people’s ancestors are who they are today, you know. Your ancestors made you who you are today, you know,

and it is very important to me that every person that is going to start doing stuff with me get involved in that, like learn, you know. There’s people that have come into my house and be like “well, I don’t want to know nothing about my great grandfather, he did this to my great grandmother”.

I don’t care because you need to know what’s going on, and even if they did something, you need to open up to that, you know, and start praying to see, make sure that he’s okay too, you know,
make sure that he’s at the level that he needs to be, that your grandmother is at the level, that everybody is at the level and they’re here to help you, you know, that is — Sometimes people have a hard time with that because they don’t want to get there, they don’t want to

open that -- that road, you know, and they, but then they have to realize, too, that – when people do wrong things in their life, you know, they also have the opportunity as spirits to make it right. Sometimes they want to help those people that are here,

you know, so many times I see, you know, we can have this me sending the spirit, and I was like, oh, your great grandmother’s there and she’s saying please forgive her. She wants to help you, she wants to, you know, she, you know, just put a candle for her or just put a cup of water for her

and just pray to her. Uhm so, I do try to really tell people how important that is. I will not allow anybody to get crowned or start doing things to get to that path

without them doing their spiritual work, whether it’s I have to give them remedies or whether I have to have them there every week or whatever it may be, it is important for them to do that because they’re not going to be okay if they don’t do that.

[ END ]

You can find this healer interview and others on the Caribbean Women Healers Website.