Lydia: [Unintelligible] can be handled and the stick that they were knocking down [unintelligible]. Here, they would knock down the stick and before that, they would knock the vera down.

I don’t know if you know the vera. It’s a precious wood [unintelligible] over there. Uhm, the vera and it was because it was the best coal and everybody wanted their aloe vera because the coal doesn’t – [unintelligible], as it’s said, it heats up a lot, you don’t need to throw a lot of coal for that, doesn’t scratch, nothing like that, it’s the best coal, the vera coal then – [unintelligible]

from the vera from here forward –

Alai Reyes-Santos: [Unintelligible] Reforest to plant again.

Lydia: Yes. We plant trees and – and

we try to plant trees and things such.
You can find this healer interview and others on the Caribbean Women Healers Website.

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