## Caribbean Women Healers Decolonizing Knowledge Within Afro-Indigenous Traditions

## Clip of Interview Tuwaliri, Health Economics (Translation)

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I got a master's degree in public health, in epistemological research. Also, occupational health, in Israel.

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But then it became more complex and I know, for example that in my studies we studied the determinants of health and disease. Because it is not only the harmony or disharmony that a person can have.

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It's also how they eat, their work environment, and how they live – all of these aggressors impact us internally. So, uh, what can I say, that health, the latest epidemiological trend says that

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it is socially, historically determined. It means that the things that made my ancestors ill are not the same thing that make me ill now. That is what they call deterministic.

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I know there are social determinants. Economic conditions in a general sense, determine your well-being. It's a materialistic approach. That your material conditions determine your health

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and your physical, spiritual and mental state of well-being. But, the theories or the experiences of humanity tell you otherwise. Many people have everything and are still not happy.

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Many very poor people are content.

[END]

You can find this healer interview and others on the <u>Caribbean Women Healers Website</u>.

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