Resources for First Year UO Students

Getting Connected

One Stop Student Resources | onestop.uoregon.edu
Includes: Club information, academic support, financial information, housing, dining, wellness, safety, transportation

UO Events Calendar | calendar.uoregon.edu
Includes: On-campus and off-campus events. Calendar is updated every day

First Year Programs | fyp.uoregon.edu
Includes: First Year Interest Groups (FIGs), Academic Residential Communities (ARCs), first year experience community, events, and share stories and experiences through common reading

TRIO Student Support Services | triosss.uoregon.edu
Includes: Academic Advising, Academic Support, Financial Assistance, Space and Referrals, Mentors and Community, must apply to qualify. For students (1) whose parents did not complete 4-year college degree (2) low-income students, and/or (3) students who have accommodations through the Accessible Education Center

Claiming UO ID/PAC and Additional Services

UO Office of Registrar | registrar.uoregon.edu
Includes: ID/PAC reset, academic calendars and schedule, DuckWeb information, registering for classes, tuition, and fees, grading system, and transcripts

UO Service Portal | service.uoregon.edu
Includes: Claiming duck ID account, creating PAC, where to find help for duck ID and PAC

Duck ID Self-Service | duckid.uoregon.edu
Includes: Manage duck ID, expired password, forgotten password, claim duck ID
Erb Memorial Union | emu.uoregon.edu/card
   Includes: ID card services

University of Oregon Housing | housing.uoregon.edu
   Includes: What types of housing options, information on Academic Residential Communities (ARCs), on campus dining, where to register for housing

Financial Aid Information

Federal Student Aid | studentaid.gov
   Includes: FAFSA, Parent Plus Loan application, Undergraduate Entrance Counseling, and Undergraduate and Parent Master Promissory Note, information about different forms of aid and loans, and loan servicer information

UO Financial Aid | financialaid.uoregon.edu
   Includes: Scholarships for incoming freshman, applying for aid, different aid types, costs, financial aid checklist

UO Financial Wellness | financialwellness.uoregon.edu
   Includes: How to plan a budget, financial wellness, financial aid seminars, workshops about budgeting, loans, credit management, savings, post-grad, and obtaining scholarships

PathwayOregon | pathway.uoregon.edu
   Includes: Covers tuition and fees for 4 years at UO, connecting with pathway advisors, tutoring, and workshops

Health, Mental Health, and Support Resources

Office of the Dean of Students | dos.uoregon.edu
   Includes: Information about support, different community groups/connections like LGBTQIA group/center, BCC, etc., leadership, prevention, code of conduct

Dean of Students - Food Security | dos.uoregon.edu
   Includes: Produce drop, Ducks Feeding Ducks, SNAP, student food pantry, Ducks’ Leftover Textover, cooking classes
Health Centers | health.uoregon.edu
Includes: Health requirements, primary care, acute care, sports medicine, psychiatry, counseling, dental, UO health insurance

Counseling Services | counseling.uoregon.edu
Includes: consultations, wellbeing assessments, crisis support, group therapy, individual therapy, event information, single-session intervention and short-term focused individual therapy (one to six sessions per academic year)

Division of Equity and Inclusion | inclusion.uoregon.edu
Includes: Center for Multicultural Academic Excellence, Center on Diversity and Community, Multicultural Center, Campus and Community Engagement, support for historically underrepresented students

Accessible Education Center | aec.uoregon.edu
Includes: Educational accommodations, advising, facilitating and supporting accessible education, helps students have access to full inclusion

UO Duck Nest | health.uoregon.edu/ducknest
Includes: helping you develop self-care and life-balance strategies related to stress, food security, physical health, and general wellness

Getting Involved Around Campus

UO Explore-Engage | uoregon.campuslabs.com/engage
Includes: Events/organizations around campus

UO Holden Center | holden.uoregon.edu/leadership
Includes: Leadership workshops, 1:1 peer coaching, community service opportunities

Erb Memorial Union | emu.uoregon.edu
Includes:
- Events and programs around campus
- Food and Retail (Ace Sushi, Bartolotti’s Pizza Bistro, Chipotle, Fresh Corner Market, Jamba, Little Big Burger, Panda Express, Starbucks, Subway, The Duck Store)
• Student Involvement (craft center, ASUO, CSI, club sports, esports, sustainability center, KWVA 88.1 FM, mills international center, outdoor and bike program, student veterans center)

• Services (guest service desk, duck bucks, ticket office, card office, Moss Street Children’s Center, Childcare subsidy, copy center, tech services, lost and found, duck nest)

Student Employment

Handshake | career.uoregon.edu/handshake
Includes: Information about on and off campus jobs and ability to apply for available positions

Tutoring and Academic Advising

Tutoring and Academic Engagement Center | engage.uoregon.edu
Includes: Tutoring, enhancing skills for academic success, class encore, peer academic coaching, test prep, workshops for academic success

The Hub | engage.uoregon.edu/thehub
Includes: Peer academic advising, CHEM support, math/writing tutoring, computer science tutoring, class encore study groups, STEM runway program

Academic Advising | advising.uoregon.edu
Includes: Find an advisor, explore majors, support, resources; connect with UO PeerLink advisors to navigate campus, first term, general questions about campus resources

Books and Library Resources

The Duck Store | uoduckstore.com/book-search
Includes: Books needed for each class, purchasing books

UO Libraries | library.uoregon.edu
Includes: Hours, locations, and contact information for each library around campus
UO Library Course Reserves | library.uoregon.edu/course-reserves
 Includes: materials required for coursework that are placed in specially designated areas within the library and given shortened loan periods. Course Reserves include library- and instructor-owned books, videos, audio recordings, and other relevant materials in support of instruction.

UO Library Reservable Study Rooms | library.uoregon.edu
 Includes: Reserve study rooms, classrooms, and presentation rooms

Thrift books | thriftbooks.com
 Includes: Website that has used books for sale

Getting Around Campus and Eugene

UO Transportation Services | transportation.uoregon.edu/bus
 Includes: How to ride the bus, UO park and ride, parking information, citations, parking rules, emergency rides home

Duck Rides | duckrides.uoregon.edu
 Includes: Information about nighttime transportation services

Land Transit District | ltd.org
 Includes: riding LTD, planning trips, routes, bus passes, accessibility information

Additional Food Resources (off campus):

Food pantries:
• St Vincent de Paul: svdp.us/services/emergency-services/food-assistance
• St Matthew’s Episcopal Church: stmatthewseugene.com/food-pantry
• Salvation Army: eugene.salvationarmy.org/eugene/cure-hunger
• Eugene Christian Fellowship: foodpantries.org/li/eugene_christian_fellowship_97408
• Eugene Faith Center: eugenefaithcenter.org/food-pantry
• Catholic Community Services: ccslc.org
• Larry Collins Memorial Pantry: foodpantries.org/li/or_97404_larry-collins-memorial-pantry
• Bethel Food Pantry: bethesdalutheranchurch.com/food-assistance

Other Resources:
• Burrito Brigade: https://burritobrigade.org/