



**Coffee Hour With
Meggie :**

Reading

10/20/22

Open Question...

Would you consider yourself an avid reader? Why? Why not?

[Article Link: "6 strategies to make you a better reader - and a better person" \(Ryan Holiday\)](#)



“Stop Reading Books You Aren’t Enjoying”

- Are there some books you think people should read for the case of cultural competence? Ex. “Harry Potter,” “To Kill a Mockingbird”
- Do you think it is better to push through books you don’t like for the sake of reading?

“Keep A Commonplace Book”

- How does collecting quotes and themes from books benefit our lives? Why is taking lessons away from books important?
- Strategies: Keep a highlighter on you as you read, keep a journal of quotes or chapters you find interesting, etc.

“Reread the Masters”

- What is a classic book that you found particularly inspiring?
- Do you think schools should limit the types of books they allow students to read?
- <https://www.insider.com/banned-books-schools-2018-11#both-classic-books-and-contemporary-novels-have-been-banned-in-schools-for-a-variety-of-reasons-1>

“Ask people you admire for book recommendations”

- What book would you recommend that changed your life, or profoundly impacted the way that you think about life? (because I admire you all:))

“Don’t Just Learn from your own experience”

- What do you think is more beneficial? Learning from books or learning from experience?

“Get out of the dry spell”

- Reading Resolutions!
- How do you think you, yourself, can get out of a dry spell...

Book finding resources...

- <https://www.nytimes.com/books/best-sellers/>
- <https://www.newsweek.com/best-selling-books-all-time-1628133>

Reading Preferences



Romance



Mystery



History

11.

Conclusion

Why are books important? Why should we all read more?

A stack of five books is placed on a dark wooden table in a library. The books have various colored covers: a dark blue/black one on top, followed by a light pink one, a greenish-grey one, a yellow one with a red bookmark, and a red one at the bottom. The background shows a bookshelf filled with books, slightly out of focus. A white callout box with rounded corners is positioned in the upper right, containing the text 'Questions?'. The image is decorated with colorful abstract shapes: a purple circle in the top left, a blue circle in the top right, a pink circle in the bottom center, and a blue circle with a white arc in the bottom right.

Questions?