# **BIJAN**

**BOSTON IMMIGRATION JUSTICE ACCOMPANIMENT NETWORK** 

## Letter Writing

**CAEP1280** 

Introduction to Mindfulness Brooke Kotopoulos, Lillian Moffett, Indya Steains & Avery Houston

#### WHAT IS BIJAN?

BIJAN raises money to help people detained by ICE with a connection to Massachusetts pay for immigration bond. They help free people and reunite families by paying legal fees.



### WHAT ARE SYMPATHY LETTERS?



Sympathy letters are written to people who have been detained by ICE for suspicion of breaking immigration customs. Immigrants who have been detained are severely isolated from the outside world and the conditions they are held in do not have to be held to the standard of living for U.S. jails and prisons due to their perceived short stay. Immigrants are often held in unsafe and inhuman conditions which is largely unknown to U.S. citizens.

### WHAT IS ICE?

ICE is the U.S. Immigration and Customs Enforcement agency. In recent years, an increasing number of people have been detained. In detention, they often face cramped condition, abuse, and a feeling of isolation.





#### **HOW YOU CAN HELP!**

You can write letters of your own to detained people. These letters can offer encouragement, support, and hope to those detained by ICE. You can find instructions on how to write letters or donate to the cause on BIJAN'S website or by contacting the email or phone number below.

BIJAN'S FREE HOT LINE FOR PEOPLE IN DETENTION 617-637-8195

Contact BIJAN at: bijan.accompaniment@gmail.com 617-396-7143