

CHERYL A. DELLASEGA

TITLE:

Professor of Humanities & Women's Studies
The Pennsylvania State University

EMPLOYMENT ADDRESS:

500 University Drive – H134
Hershey, PA 17033
(717)-531-8778 phone
(717) 531-3894 fax
cdellasega@psu.edu

PROFESSIONAL NURSE LICENSURE:

PA: RN-198598-L
PA: SP-000952-H (Certified Registered Nurse Practitioner)

EDUCATION:

<u>Date</u>	<u>Degree</u>	<u>Institution</u>	<u>Major</u>
1974	R.N. Diploma	Lancaster General Hospital Lancaster, PA	Nursing
1981	B.S.	Millersville University Millersville, PA	Nursing
1982	M.S., G.N.P.	University of Delaware Newark, DE	Nursing
1988	Ph.D.	Temple University Philadelphia, PA	Health Education & Counseling

PROFESSIONAL POSITIONS HELD:

<u>Date</u>	<u>Institution</u>	<u>Position</u>
2005-	The Pennsylvania State University	Professor

present	Department of Women's Studies	
1999-present	The Pennsylvania State University College of Medicine, Department of Humanities	Professor
1995-1999	The Pennsylvania State University School of Nursing and Department of Biobehavioral Health University Park, PA	Associate Professor
1995-1996	The Pennsylvania State University School of Nursing and Department of Biobehavioral Health University Park, PA	Assistant Professor and Coordinator, FNP Program
1994	The Pennsylvania State University School of Nursing and Department of Biobehavioral Health University Park, PA	Assistant Professor
1994-1996	Geisinger Medical Group State College, PA	Geriatric Nurse Practitioner
1992-1993	Dr. Jon Evans State College, PA	Geriatric Nurse Practitioner
1989-1992	Dr. Betsy Eggler Reedsville, PA	Nurse Practitioner, Geriatrics
1988-1995	The Pennsylvania State University School of Nursing University Park, PA	Assistant Professor
Summer, 1988	Southern Huntingdon County Family Health Center Orbisonia, PA	Nurse Practitioner, Rural Primary Care
Summer, 1987	The Rehab Hospital for Special Services Bellefonte, PA	Nurse Practitioner, Rehabilitation
<u>Date</u>	<u>Institution</u>	<u>Position</u>
1986-1988	The Pennsylvania State University School of Nursing University Park, PA	Instructor
Summer,	Susquehanna Nursing Services	Nurse Practitioner

1985	Harrisburg, PA	
1984- 1985	Messiah College Department of Nursing Grantham, PA	Instructor
1982- 1984	Millersville University Department of Nursing Millersville, PA	Instructor
Spring, 1982	Lancaster General Hospital School of Nursing Lancaster, PA	Clinical Instructor
1980- 1981	Lancaster General Hospital Lancaster, PA	Staff Nurse/Recovery Room
1978- 1980	St. Joseph's Hospital and Health Care Center Lancaster, PA	Charge Nurse/Infirmary
1977- 1978	Centre Community Home Health Agency Bellefonte, PA	Visiting Nurse, Team Coordinator
1977	Muhlenburg Hospital South Plainfield, NJ	Staff Nurse/CCU
1976	Lancaster General Hospital Lancaster, PA	Staff Nurse/CCU
1975- 1976	Medox Nursing Pool Philadelphia, PA	Staff Nurse
1974- 1975	Hospital of the University of Pennsylvania Philadelphia, PA	Staff Nurse, Cardiovascular

PUBLICATIONS:

Articles in refereed journals:

Levi, B., Dellasega, C., & Boehmer, S. (In press). What is reasonable suspicion of child abuse? *Journal of Public Child Welfare*.

George, DR. Dellasega, C. (2011). Social Media in Medical Education. *Medical Education*.

George, DR. Dellasega, C. (2011). Use of Social Media in Graduate-Level Medical Humanities Education: Two Pilot Studies From Penn State College of Medicine. *Medical Teacher*.

Levi BH, Dellasega C, Whitehead M, Green MJ. (2010). What influences individuals to engage in advance care planning? *American Journal of Hospital and Palliative Care*;27(5):306-312. Epub 2010 Jan 26.

Dellasega, C., Gabbay, R., Durdock, K., and Martinez-King, N. (2010). Motivational interviewing to change type 2 diabetes self-change behaviours. *Journal of Diabetes Nursing*, (14)3, 112-119.

Dellasega, C., Gabbay, R., Durdock, K., and Martinez-King, N. (2009). An exploratory study of the orientation needs of experienced nurses. *The Journal of Continuing Education in Nursing*, 40(7), 311-316.

Dellasega, C. (2009). Bullying among nurses. *American Journal of Nursing*, 109(1), 52-58.

Stuckey HL, Dellasega C, Graber NJ, Mauger DT, Lendel I, Gabbay RA. (2009). Diabetes nurse case management and motivational interviewing for change (DYNAMIC): study design and baseline characteristics in the Chronic Care Model for type 2 diabetes. *Contemporary Clinical Trials*;30(4):366-374. PMID: PMC2740652.

Dellasega C, Gabbay R, Durdock K, Martinez-King N. (2009). An exploratory study of the orientation needs of experienced nurses. *Journal of Continuing Education in Nursing*;40(7):311-316.

Humbert, J., Gallagher, K., Gabbay, R., & Dellasega, C. (2008). Intensive insulin therapy in the critically ill geriatric patient. *Critical Care Nursing Quarterly*, 31(1), 14-18.

Dellasega, C., Milone-Nuzzo, P., Curci, K., Ballard, J., & Kirch, D. (2007). The humanities interface of nursing and medicine. *Journal of Professional Nursing*, 23(3), 174-179.

Dellasega, C. & Haagen, B. (2004). A different kind of caregiving support group. *Journal of Psychosocial Nursing*, 42(8), 46-55.

Dellasega, C. (2004). Healing in spaces. *Journal of the American Medical Association*, 292(7), 780

Dellasega, C. (2003). Conflict of interest. *Journal of the American Medical Association*,

Dansky, K. H., Yant, B., Jenkins, D. & Dellasega, C. (2003). Qualitative analysis of telehomecare nursing activities. *Journal of Nursing Administration*, 33(7/8), 372-375.

Zerbe, T. M., & Dellasega, C. (2002). Caregivers of frail rural older adults: Effects of an advanced practice nursing intervention. *Journal of Gerontological Nursing*, 28(10), 40-51.

Dellasega, C. A. (2002). Commentary on life after hospital discharge. *Clinical Nursing Research*, 11(3), 264-266.

Dellasega, C. A. (2001). Using structured writing experiences to promote mental health. *Journal of Psychosocial Nursing*, 39(2), 14-23.

Dellasega, C. A., & Fisher, K. M. (2001). Posthospital home care for frail older adults in rural locations. *Journal of Community Health Nursing*, 18(4), 247-260.

Dellasega, C. A., Salerno, F. A., Lacko, L. A., & Wasser, T. (2001). The impact of a geriatric assessment team on patient problems and outcomes. *MEDSURG Nursing*, (1):202-209. [Winner of the 2001 Writer's Award] .

Dellasega, C. A., Lacko, L., Singer, H., & Salerno, F. (2001). Use of the orientation-memory-concentration Test to screen cognition in older adults by telephone. *Geriatric Nursing*, 22(5), 253-257.

Penrod, J., & Dellasega, C. (2001). Caregivers' perspectives of placement: Implications for practice. *Journal of Gerontological Nursing*, 27(11), 28-36.

Dellasega, C. A. (2001). Using structured writing experiences to promote mental health. *Journal of Psychosocial Nursing*, 39(2), 14-23.

Morse, J. M., Penrod, J., Kassab, C., & Dellasega, C. (2000). Evaluating the efficiency and effectiveness of approaches to nasogastric tube insertion during trauma care. *American Journal of Critical Care*, 9(3), 325-333.

Dellasega, C. A., & Zerbe, T. M. (2000). A multimethod study of APN post discharge care. *Clinical Excellence for Nurse Practitioners*, 4(5), 286-293.

Dellasega, C., Klinefelter, J. M., & Halas, C. J. (2000). Psychoactive medications and the elderly patient: Ensuring safe long-term use. *Clinician Reviews*, 10(6), 53-74.

Lacko, L. A., Dellasega, C., Salerno, F. A., Singer, H., DeLucca, J., & Rothenberger, C. (2000). The role of the advanced practice nurse in facilitating a clinical research study: Screening for delirium. *Clinical Nurse Specialist*, 14(3), 110-115.

Dellasega, C., Orwig, D., Ahern, F., & Lenz, E. (1999). The post-discharge medication use of elderly cardiac patients from urban and rural locations. *Journal of Gerontology*, 54A(10), M514-M520.

Dellasega, C., Hupcey, J., & Fisher, K. (1999). Culturalizing health care for a culturally diverse population: The Amish. *Clinical Excellence for Nurse Practitioners*, 3(1), 10-15.

Dellasega, C., Orwig, D. L., & Heller, D. A. (1999). OBRA guidelines: How do community prescribers compare? *Pharmacoepidemiology*, 8(Suppl. 2), S131.

Lacko, L., Bryan, Y., Dellasega, C., & Salerno, F. (1999). Changing clinical practice through research: The case of delirium. *Clinical Nursing Research*, 8(3), 235-250.

Nolan, M., & Dellasega, C. (1999). 'It's not the same as him being at home': Creating caring partnerships following nursing home placement. *Journal of Clinical Nursing*, 8(6), 723-730.

Orwig, D., Dellasega, C., & Berg, S. (1999). *The use of psychoactive medications and cognitive function in the very elderly*. Abstracts of the joint meeting of 3rd Congress of the European Association for Clinical Pharmacology and Therapeutics (EACPT) & 4th Jerusalem Conference on Pharmaceutical Sciences and Clinical Pharmacology (JC4).

Penrod, J., & Dellasega, C. (1998). Caregivers' experiences in making placement decisions. *Western Journal of Nursing Research*, 20(6), 706-732.

Clark, D., & Dellasega, C. (1998). Unmet health care needs: A comparison of rural and urban senior center attendees. *Journal of Gerontologic Nursing*, 24(12), 24-33.

Dellasega, C. (1998). Assessment of cognition in the elderly: Pieces of a complex puzzle. *Nursing Clinics of North America*, 33(3), 395-405.

Dellasega, C., & Kaiser, C. (1997). Pharmacologic approaches to chronic pain in the older adult. *Nurse Practitioner*, 22(5), 22-37.

Dellasega, C., & Nolan, M. (1997). Admission to care: Facilitating role transition among family carers. *Journal of Clinical Nursing*, 6, 443-451.

Dellasega, C., Frank, L., & Smyer, M. (1996). Medical decision-making capacity in elderly hospitalized patients. *Journal of Ethics, Law and Aging*, 2(2), 65-74.

Dellasega, C., Frank, L., & Smyer, M. (1996). Medical decision-making capacity in elderly hospital patients. *Journal of the American Geriatrics Society*, 44(3), 336-337.

Dellasega, C., & King, L. (1996). The psychogeriatric nurse in home health care: Use of research to develop the role. *Clinical Nurse Specialist*, 10(2), 64-68.

Dellasega, C., & Stricklin, M. (1996). Use of CNS medications by elderly home health clients. *Applied Nursing Research*, 9(3), 130-135.

Berg, S., & Dellasega, C. (1996). The use of psychotropic medications and cognitive function in older adults. *Aging and Behavior*, 8(1), 136-149.

Dansky, K., Dellasega, C., Shellenbarger, T., & Russo, P. (1996). After hospitalization: Home health care for elderly persons. *Clinical Nursing Research*, 5(2), 185-198.

Mastrian, K., & Dellasega, C. (1996). Helping families with long-term care decisions. *Caring*, 15(2), 68-72.

Dellasega, C., Brown, R., & White, A. (1995). Cholesterol-related health behaviors in rural elderly persons. *Journal of Gerontological Nursing*, 21(5), 6-12.

Dellasega, C., & Clark, D. (1995). SCOPE: A practical method for evaluating the self-care status of older adults. *Rehabilitation Nursing Journal*, 4(4), 128-135.

Dellasega, C., & Mastrian, K. (1995). The process and consequences of institutionalizing an elder. *Western Journal of Nursing Research*, 17(2), 123-140.

Dellasega, C., Clark, D., Helmuth, A., McCreary, D., & Schan, P. (1994). Teaching elderly patients: A nursing process approach. *Journal of Gerontological Nursing*, 20(1), 1-8.

Dellasega, C., & Cutezo, B. (1994). Strategies used by home health nurses to assess the mental status of homebound elders. *Journal of Community Health*, 11(3), 129-138.

Dellasega, C., Dansky, K., King, L., & Stricklin, M. (1994). Use of home health services by elderly persons with cognitive impairment. *Journal of Nursing Administration*, 24(6), 20-26.

Dellasega, C., & Cutezo, E. (1993). Home health nurses' strategies for assessing mental status. *Nursing Research Congress Abstracts*, Sigma Theta Tau International, Madrid, Spain.

Dellasega, C., & Morris, D. (1993). Use of the mini-mental state exam to assess cognition in nursing practice and research. *Journal of Neurological Nursing*, 4, 147-152.

Dellasega, C., & Stricklin, M. (1993). Cognitive impairment in elderly home health clients. *Home Health Care Services Quarterly*, 14(1), 81-92.

Jaskowski, S., & Dellasega, C. (1993). Effects of divorce on the grandparent-grandchild relationship. *Issues in Comprehensive Pediatric Nursing*, 16, 125-133.

Morse, J., Dellasega, C., & Doberneck, B. (1993). Evaluating abstracts: Preparing a research conference. *Nursing Research*, 42(5), 307-310.

Dellasega, C. (1992). An observational analysis of professional nurses' assessments of mental status in elderly home health clients. *Applied Nursing Research*, 5(3), 127-133.

Dellasega, C. (1992). Home alone. *Journal of Gerontological Nursing*, 18(2), 4.

Dellasega, C., & Shellenbarger, T. (1992). Discharge planning for cognitively impaired elderly adults. *Nursing and Health Care*, 13(10), 526-531.

Cutezo, B., & Dellasega, C. (1992). Substance abuse in the homebound elderly: A casefinding approach. *Home Healthcare Nurse*, 10, 19-23.

Dellasega, C. (1991). Caregiving stress among community caregivers for the elderly: Does institutionalization make a difference? *Journal of Community Health Nursing*, 8, 197-205.

Dellasega, C. (1991). Meeting the mental health needs of elderly clients. *Journal of Psychosocial Nursing*, 29(2), 10-14.

Dellasega, C., & Burgunder, C. (1991). Perioperative nursing care for the elderly surgical patient. *Today's OR Nurse*, 13(6), 12-17.

Dellasega, C., & Curriero, F. (1991). The effects of institutional and community experiences on nursing students' intentions toward work with the elderly. *Journal of Nursing Education*, 30, 405-410.

Dellasega, C., & Hupcey, J. (1991). Intents and perceptions of graduating BSN students toward the nurse practitioner role. *Journal of the American Academy of Nurse Practitioners*, 3(1), 30-34.

Dellasega, C. (1990). Coping with caregiving: Stress management for caregivers of the elderly. *Journal of Psychosocial Nursing*, 28(1), 15-21.

Dellasega, C. (1990). The relationship between caregiving and employment: A study of stress in employed and unemployed caregivers of elderly persons. *AAOHN Journal*, 38, 154-159.

Hupcey, J., & Dellasega, C. (1990). Nurse practitioner: A viable future role of undergraduate baccalaureate nursing students? In J. Wang (Ed.), Research Symposium. Charleston, WV: West Virginia Nurses' Association. P. Simoni & C. Nath (Eds.), *Proceedings of the West Virginia Nurses' Association 1990*.

Preston, D., & Dellasega, C. (1990). Elderly women and stress: Does marriage make a difference? *Journal of Gerontological Nursing*, 16(4), 26-32.

Dellasega, C. (1989). Health in the sandwich generation. *Geriatric Nursing*, 10(5), 242-243.

Dellasega, C. (1989). Promoting self care in the elderly diabetic client. *Journal of Gerontological Nursing*, 16, 16-19.

Dellasega, C. (1987). The 5% fallacy. *Journal of Gerontological Nursing*, 13(2), 7.

Dellasega, C. (1986). Inaccurate technique? *American Journal of Nursing*, 86(12), 1337.

Books:

Dellasega, C. & Volpe, R. (in progress). *Helping nurse managers deal with calamity, crises, and chaos*.

Dellasega, C. (2012). *When nurses hurt nurses*. Indianapolis, IN: Sigma Theta Tau International.

Dellasega, C. (2007). *Forced to be family: A guide for living with sinister sisters, drama mamas, and infuriating in-laws*. Hoboken, NJ: John Wiley & Sons

Dellasega, C. (2005). *Mean girls grown up: Adult women who are still queen bees, middle bees and afraid-to-bees*. Hoboken, NJ: John Wiley & Sons

Dellasega, C. (2005). *The starving family*. WI: Champion Press. (Proceeds donated to the PSU EDU.)

Dellasega, C., & Nixon, C. (2003). *Girl wars: 12 strategies that will end female bullying*. New York: Fireside.

Dellasega, C. (2001). *Surviving ophelia: Mothers share their wisdom about surviving the tumultuous teenage years*. New York: Ballantine.

Book Chapters:

Polomano, R., & Dellasega, C. (2001). Acute pain. In M. Mezey (Ed.), *The encyclopedia of the care of the elderly* (pp. 488-491). New York: Springer.

Morse, J., & Dellasega, C. (1998). Qualitative research: Overview of living with a chronic illness. In L. Swanson & T. Tripp-Reimer (Eds.), *Advances in gerontologic nursing*. Thousand Oaks, CA: Sage.

Dellasega, C., Clark, D., Helmuth, A., McCreary, D., & Shan, P. (1996). Nursing process: Teaching elderly clients. In V. Burggraf & R. Barry (Eds.), *Gerontologic nursing: Current research and practice*. Thorofare, NJ: Slack.

Dellasega, C., Yonushonis, M., & Johnson, P. (1995). The endocrine system and its problems in the elderly. In M. Stanley & P. Beare (Eds.), *Gerontologic Nursing*. Philadelphia: F. A. Davis.

Dellasega, C., Smyer, M., Frank, L., & Brown, R. (1995). Decision-making capacity in the acutely ill elderly. In M. Smyer, K. Schaie, & M. Kapp (Eds.), *Older adults' decision-making and the law* (pp. 142-151). New York: Springer.

Dellasega, C., & Rothrock, J. (1990). The elderly client. In J. Rothrock (Ed.), *Perioperative care planning* (pp. 448-464). St. Louis, MO: C. V. Mosby.

Other Scholarly Work:

Dellasega, C. (2005). It's not about the food. *Advance for Nurse Practitioners*, 11(2):92.

Dellasega, C. (2005). Tortured bodies, defeated spirits. *Advance for Nurse Practitioners*, 12(2):103.

Dellasega, C. (2004). Accidental diplomat. *Advance for Nurses*, 6(27):35-36.

Dellasega, C. (2000). *How writing can be good for your health*.

Dellasega, C. (2000). *A writing support group for caregivers*.

Dellasega, C. (1998). Degenerative joint disease. *ASLTCN Journal*.

Dellasega, C. (1996). The role of the gerontologic nurse practitioner. *ASLTCN Journal*, 14-19.

Dellasega C. (1994). *Nursing care of the elderly client*. Medi-Sim Computer-Assisted Instruction. Baltimore: Williams and Wilkins.

Dellasega, C. (1990). *Physical assessment of the elderly client*. University Park, PA.: Coordinating Council for Continuing Education in Health Care.

RESEARCH AND TRAINING GRANTS:

Ongoing Research Support

2011 Dellasega, C. & George, D. The Woodward Endowment for Medical Science Education, Pennsylvania State University. (25,000).

Completed Research Support

2010 Gabbay, R. & Dellasega, C. Impact of Nurse Case Management on Diabetes Co-Morbidity. NIH/NIDDK. (\$1,500,000)

2009 Dellasega, C., & Ulbrecht, J. Writing and the Daily Experience of Illness. NIH/NCAAM. (\$263,520).

2006 Green, M. J., Dellasega, C. A., Levi, B. H. A Computer Based Decision Aid for Advance Care Planning. NINR. (\$449,100).

2004 Dellasega, C., & Ulbrecht, J. Emotion expression and glycemic control in adults with Type 2 Diabetes. The Dean's Feasibility Grant Program, Pennsylvania State University College of Medicine. (\$15,000).

2000 Dansky, K. H., & Dellasega, C. A. Telehomecare and Adherence to Medications Regimens. National Institute of Nursing Research 1R55NR0535601 (\$50,000).

2000 Green, M. J., Dellasega, C. A., Levi, B. H., & Ballard, J. O. Advance Care Planning: An Interactive Computer Program. The Pennsylvania State University College of Medicine Dean's Feasibility Program (\$24,926).

2000 Baird, I. C., & Dellasega, C. A. Reclaiming the Self: Fostering Education & Equity for Abused Incarcerated Women. The American Association of University Women Educational Foundation (\$7,000).

2000 Dellasega, C., & Baird, I. C. Education for Empowerment: Use of Writing to Promote Self Esteem in Incarcerated Women. Penn State Outreach and Cooperative Extension Program Innovation Fund (\$7,000).

- 2000 Dellasega, C. Coping Through Creativity. American Cancer Society (\$5,000).
- 1999 Dellasega, C. A. A Writing Support Group for Caregivers of Older Adults. NOVARTIS Foundation for Gerontology (\$5,500).
- 1998 Fisher, K., Dellasega, C., Hupcey, J. Health Care for Elderly Amish Patients. Partial funding from the Pennsylvania State University College of Health and Human Development Alumni Society (\$500).
- 1997 Dellasega, C. Longitudinal Use of Psychoactive Medications in Community Dwelling Elders. Glaxo Wellcome, Inc. (\$20,000).
- 1997 Corwin, E., Gueldner, S., Dellasega, C. FNP Program Expansion to Rural Pennsylvania. Department of Health & Human Services Health Resources and Services Administration. 1 D24 NU00726-01. (\$336,629).
- 1997 Dellasega, C., Dansky, K., Gueldner, S., Preston, D., Rovine, M., Youtz, S., and Zarit, S. Nurse Specialist Transitional Care for Rural Elders. National Institute for Nursing Research 1R15NRO4464-01 (\$106,062).
- 1995 Dellasega, C., Lenz, B. and Ahern F. Post-Discharge Outcomes of Elderly Patients from Rural and Urban Locations. Component study on National Institute on Aging Grant #5-P20-Ag09-646-1653). Center for Aging and Health in Rural America. (\$35,000).
- 1994 Dellasega, C. Post Placement Stress in Caregivers for Older Persons. Alzheimer's Association, Gerontology Center, The Pennsylvania State University. (\$4,000).
- 1993 Dellasega, C., Dansky, K., & Shellenbarger, T. The Post-Discharge Course of Elderly Hospital Patients with Delirium. College of Health and Human Development Seed Grant. (\$3,500).
- 1993 Dellasega, C., Dansky, K., & Shellenbarger, T. Follow-up Home Visits to Rural Elderly Hospital Patients. College of Health and Human Development Service Endowment Fund. (\$1,850).
- 1992 Dellasega, C. & Smyer, M. Decision-Making Capacity in Elderly Persons Newly Admitted to the Acute Care Setting. College of Health and Human Development Seed Grant. (\$5,000).
- 1991 Dellasega, C. & King, L. Follow-up Study of Cognitively Impaired Elderly Home Health Clients. Intramural funds from the College of Health and Human Development. (\$1,500).
- 1990 Dellasega, C. Postdoctoral Fellowship in Applied Gerontology. The Gerontological Society of America. (\$6,000).
- 1988 Dellasega, C. Effects of a Stress Management Program for Caregivers of Elderly Persons on Their Level of Burden and Coping Effectiveness. Dissertation, Temple University.

1982 Dellasega (Miller-Thorn), C. A Comparison of Life Satisfaction Scores Between Employed Middle Aged Married Couples and Retired Elderly Married Couples. Master's Thesis, University of Delaware.

PAPERS AND WORKSHOPS PRESENTED: [Not current]

Dellasega, C. (2003, May). *Evidence-based nursing: Why you should care and Improving practice through research*. Presented at a two-day program for nurses in Pinnacle Health System, Harrisburg, PA.

Dellasega, C. (2003, May). *The financial, emotional, and physical impact of caregiving for a girl with eating disorder*. Presented at the Annual Meeting of the Academy of Eating Disorders, Boulder, CO.

Dellasega, C. (2003, March). *The impact of therapeutic writing on identity formation in incarcerated women*. Presented at the Annual Meeting of the Society for Arts in Healthcare, San Diego, CA.

Dellasega, C. (2002, August). *Therapeutic writing and type 2 DM*. Presented at the Annual Meeting of the American Association for Diabetes Educators, Philadelphia, PA.

Dellasega, C. (2001, March). *The state of the art in measuring outcomes for family caregivers of the elderly*. Paper presented at the Pennsylvania State University Outcomes in Health Care Data Conference, Harrisburg, PA.

Dellasega, C., Orwig, D., Berg, S., & Walker, J. (2000, May). *The cognitive consequences of long-term psychoactive medication use for the oldest old*. Poster presented at the Annual Scientific Meeting of the American Geriatrics Society/American Federation for Aging Research, Nashville, TN.

Lacko, L., Dellasega, C., Brady, D., & Singer, H. (2000, May). *Use of the OMC as a telephone screen of cognitive impairment in homebound elders*. Poster presented at the Annual Scientific Meeting of the American Geriatrics Society/American Federation for Aging Research, Nashville, TN.

Salerno, F., Dellasega, C., & Lacko, L. (2000, May). *Cognitive impairment in elderly hospital patients*. Poster presented at the Annual Scientific Meeting of the American Geriatrics Society/American Federation for Aging Research, Nashville, TN.

Salerno, F. A., Dellasega, C., & Lacko, L. A. (2000, March). *The impact of an acute care geriatric team on outcomes of frail elders with geriatric syndrome*. Paper presented at the 46th Annual Meeting of the American Society on Aging, San Diego, CA.

Lacko, L. A., Dellasega, C., & Salerno, F. A. (2000, March). *Postdischarge outcomes of cognitively impaired elders: Implications for discharge planning*. Paper presented at the 46th Annual Meeting of the American Society on Aging, San Diego, CA.

Orwig, D., Dellasega, C., & Berg, S. (1999, October). *The use of psychoactive medications and cognitive function in the very elderly*. Paper presented at the 3rd Congress of

the European Association for Clinical Pharmacology and Therapeutics (EACPT) & 4th Jerusalem Conference on Pharmaceutical Sciences and Clinical Pharmacology (JC4), Jerusalem, Israel.

Orwig, D. L., Dellasega, C. A., & Heller, D. A. (1999, August). *OBRA guidelines: How do community prescribers compare?* Paper presented at the 15th International Conference of the International Society for Pharmacoepidemiology, Boston, MA.

Dellasega, C. (1999, April). *Collaborative research*. Health Services Research Day, The Pennsylvania State University, University Park, PA.

Dellasega, C. (1999, April). Culturalizing health care. In K. M. Fisher (Chair), *Conducting research within a unique community: The old order amish of Pennsylvania*. Symposium conducted at the Eastern Nursing Research Society 11th Annual Scientific Sessions, New York, NY.

Dellasega, C., & Penrod, J. (1998, November). *Family needs during the placement process*. Paper presented at the Annual Meeting of the Gerontologic Society of America, Philadelphia, PA.

Dellasega, C., Burkhart, V., & Burr, C. (1998, May). *Effects of an advanced practice nursing intervention for frail rural elders*. Paper presented at the Fourth Meeting of the International Network for Studies Concerning Older Adults in Swansea, Wales.

Dellasega, C. (1996). *The nurse practitioner in rural settings*. Annual Rural Health Conference, Pennsylvania State University, University Park, PA.

Dellasega, C. (1996, February). *The geriatric nurse practitioner. The nuts and bolts of advanced practice*. State College, PA.

Dellasega, C. (1995, November). *Nursing home placement: Family issues*. Geriatric Nursing Conference, State College, PA.

Dellasega, C. (1994, May). *Clinical issues in geriatric practice*. Geriatric Education Center of Pennsylvania, Harrisburg, PA.

Dellasega, C. (1994, May). *Gerontologic nursing research: What's in it for me?* Altoona Hospital Nursing Research Committee Conference, Altoona, PA.

Lundh, U., & Dellasega, C. (1994, November). *Differences between old clients who do and do not receive district nurse care*. 47th Annual Scientific Meeting of the Gerontological Society of America, Atlanta, GA.

Dellasega, C. (1993, December). *Research on older adults: A transatlantic perspective*. Invited speaker at the International Network for Geriatric Nursing Research, Jonkoping, Sweden.

Dellasega, C., Smyer, M., Frank, L., & Brown, R. (1993, November). *Assessment of decision-making ability in newly hospitalized elders*. The Gerontologic Society of America's 46th Annual Scientific Meeting Program, New Orleans, LA.

Dellasega, C., & Mastrian, K. (1993, November). *Institutionalizing an elder: Process and consequences*. Villanova University College of Nursing Conference: Qualitative Nursing Research: Substance and Form, Villanova, PA.

Dellasega, C., & Cutezo, E. (1993, June). *Home health nurses' strategies for assessing mental health*. Sigma Theta Tau International Conference. Madrid, Spain.

Dellasega, C., & King, L. (1992). *Use of home health services by cognitively impaired and intact elders*. The 45th Annual Meeting of the Gerontological Society of America, Washington, DC.

Dellasega, C. (1992, May). *Cognitive impairment in the elderly: Clinical implications of conceptual and operational Issues*. Symposium presented at Sigma Theta Tau, International Honor Society of Nursing's International Nursing Research Conference, Columbus, OH.

Dellasega, C. (1992, June). *Alzheimer's disease*. Presented at the 24th Annual Therapeutic Recreation Institute, University Park, PA.

Dellasega, C. (1992, August). *Preparing the acutely ill elderly patient for discharge*. 14th Annual Conference on Geriatrics and Gerontology in Primary Care, Hershey Medical Center, Hershey, PA.

Dellasega, C. (1992). *Gerontological nursing review course*. Three day workshop presented through Penn State Continuing Education, University Park, PA.

Dellasega, C. (1992). *Age related changes*. Workshop presented to staff of Nittany Valley Rehabilitation Hospital, State College, PA.

Dellasega, C. (1991). *Elder abuse*. Workshop presented to staff of extended care unit, Lewistown Hospital, Lewistown, PA.

Brown, R., & Dellasega, C. (1991). *Knowledge and concerns of elderly persons about cholesterol*. Second Annual Research Day, Beta Sigma Chapter of Sigma Theta Tau, Hershey, PA.

Dellasega, C., & Moore, D. (1991). *Cognitive impairment among elderly newly admitted as patients of a visiting nurse association*. Third National Conference on Research for Clinical Practice, Chapel Hill, NC.

Dellasega, C., & Moore, D. (1991). *Quality home care for the cognitively impaired elderly*. The 1991 Phyllis Verohnick Research Conference, Charlottesville, VA.

Dellasega, C. (1990). *The prevalence of cognitive impairment in a cohort of new admissions to the VNA of Cleveland*. The Gerontological Society of America's 43rd Annual Scientific Meeting, Boston, MA.

Dellasega, C. (1990). *Nurse practitioner: A viable future role for undergraduate nursing students?* WVNA Research Symposium: Vision of Excellence: The Decade of the Nineties,

Charleston, WV.

Dellasega, C. (1990). *The nursing process and clinical decisions: A comparison of novice and experienced baccalaureate nursing students*. Boston College of Nursing National Conference on Clinical Judgment: Diagnostic, Therapeutic, Ethical, Boston, MA.

Dellasega, C. (1990). *Confusion in the elderly*. One session, teleconference. The Pennsylvania State University; Coordinating Council for Continuing Education in Health Care, University Park, PA.

Dellasega, C. (1989). *Coping with caregiving: Promoting adaptation to caregiving stress*. Iota Alpha Chapter of Sigma Theta Tau Research Conference: An Adaptation Approach to Stress and Coping, Wayne, NJ.

Dellasega, C. (1989). *A functional assessment tool for institutionalized elderly persons*. Eta Beta Chapter of Sigma Theta Tau's 5th Annual Research Day, Widener University, West Chester, PA.

Dellasega, C. (1989). *Helping victims of elder abuse*. Two-part teleconference. The Pennsylvania State University; Coordinating Council for Continuing Education in Health Care, University Park, PA.

Dellasega, C. (1989). The Pennsylvania Long Term Care Council, Mifflin County Area Agency on Aging and Human Resource Council.

Dellasega, C. (1988). *Physical assessment of the elderly client*. Videotape produced by Pennsylvania State Continuing Education Coordinating Council, University Park, PA.

Dellasega, C. (1988). *Development of a nursing tool to assess the functional status of institutionalized elderly persons*. 3rd Annual Gerontological Nursing Research and Clinical Conference, Greenville, SC.

Dellasega, C. (1987). *Social support as a means to improve health status in newly institutionalized elderly persons and their former caregivers*. 4th National Gerontologic Nursing Conference, Halifax, Nova Scotia.

Dellasega, C. (1987). *Assessing the elderly client*. Eight-hour workshop presented through Continuing Education Department, Penn State-Worthington, Scranton, PA.

Dellasega, C. (1986). *A comparison of stress levels in three groups of nursing students*. Poster presentation at Region 6 Conference Sigma Theta Tau National Nursing Honor Society, Philadelphia, PA.

MEDIA APPEARANCES AND INTERVIEWS:

Dellasega, C. (October 24, 2011) Relational aggression. The Gayle King Show, Gayle King live interview.

Dellasega, C. (2010, August 24) Forced to be family. Good morning America [Video Interview]. *Penn State Hershey*. Available from: <http://www.youtube.com/user/PennStateHershey#p/search/0/ky47TPFgVa4>

Dellasega, C. (2010, August 24) Holiday family stress. CBS morning show. [Video Interview]. *Penn State Hershey*. Available from: <http://www.youtube.com/user/PennStateHershey#p/search/1/48-0e3pwZPE>

Dellasega, C. (2010, May 6) Interview by Mimi Jung. Cyberbullying growing among adult women [Video]. *KING 5 NEWS*. Available from: <http://www.king5.com/news/consumer/Adult-women-also-engaging-in-cyberbullying--92988949.html>

Dellasega, C. (2007, December 7) Forced to be family [Radio Interview]. *ABCNews.com* Available from: <http://abcnews.go.com/GMA/AmericanFamily/story?id=3654123&page=1>

Dellasega, C. (2005) In conversation: Friends or foe? Redefining female bonds [Podcast Series]. *Research Penn State*. Available from: <http://www.rps.psu.edu/bullies/meangirls.html>

Dellasega, C. (2005). Mean girls grown up. Good Morning America, Diane Sawyer live interview.

Dellasega, C. (2003). Girl wars. The Today Show, Kelly O'Donnell live interview.

Also: Numerous radio appearances as an expert on female relations. Broadcasters include: USA Radio Network; Voice of America; Sirius Satellite *Wisdom Today*, *WGVU*, Grand Rapids; *KTKK*, Salt Lake; *WPIS*, Boston; *WLW*, Cincinnati; *WVSN*, Chicago; *KTRS*, St. Louis. [Not current.] Citations in *The New York Times*, *The Wall Street Journal*, *Christian Science Monitor*, *Boston Globe*, *Philadelphia Inquirer*, *Glamour Magazine*, *Cosmopolitan*, *Health*, *SELF*, *Teen Vogue*, and others.

PROFESSIONAL MEMBERSHIPS AND ACTIVITIES:

Memberships:

Faculty Advisor, Gold Humanism Honors Society
Sigma Theta Tau Honor Society, Beta Sigma Chapter

State and National:

1990	Member	Sigma Theta Tau Council of Nurse Researchers listed in 1990 Directory of Nurse Researchers, 3rd edition
1990	Member	Who's Who in American Nursing
1990	Member	Phi Delta Kappa Honor Society, Penn State Chapter
1981	Member Chair	Beta Sigma Chapter of Sigma Theta Tau Research Committee, Beta Sigma Chapter of Sigma Theta Tau

HONORS AND AWARDS:

- 2007 The Reilly Award, Harrisburg YWCA
- 2007 Women Who Care, Open Stage, Harrisburg, PA
- 2004 Penn State University Faculty Outreach Award
- 2004 Mae Carvell Award, Venture Club, Harrisburg PA
- 1997 Visiting Scholar, John Hartford Institute for Geriatric Nursing, New York University
- 1992 Outstanding Alumni Award - Millersville University
- 1992, 1997 Visiting Professor - Halsohogskolan, Jonkoping, Sweden
- 1987 Faculty Fellowship - Institute of Aging, Temple University, Philadelphia, PA
- 1981 Sigma Theta Tau, National Honor Society in Nursing

EDITORIAL BOARDS/REVIEW:

- 2007-present Editor, *International Journal of Healthcare and Humanities*
- 2000-present Reviewer, *Qualitative Health Care Research*
- 2004-present Reviewer, *American Journal of Nursing*
- 2001 Reviewer, National Scientific Advisory Council, American Federation for Aging Research
- 1999 Reviewer, *Clinical Nursing Research*
- 1999 Reviewer, *Western Journal of Nursing Research*
- 1999 Reviewer, Sarah Cole Hirsh Institute for Best Nursing Practices
- 1995-present Reviewer, *Qualitative Health Research*
- 1992 Reviewer, *The Gerontologist*
- 1991 Reviewer, Sigma Theta Tau International (Grants & Conference Abstracts)
- 1990 Reviewer, *Research in Nursing and Health Care*

- 1990 Reviewer, *Journal of Applied Gerontology*
- 1987 Book Reviewer, *Journal of Gerontological Nursing*

CONSULTATIONS:

- 2009 Creative Coalition, Advisory Board
- 2008 Girl Scouts of the USA
- 2008 Mattel Corporation
- 2004 New Moon magazine for girls, Advisory Board
- 1992-present Legal expert witness, geriatric & nursing malpractice (SBNE) cases
- 1989-1992 Mifflin County Area Agency on Aging, Lewistown, PA
- 1991 Altoona Home Nursing Agency, Altoona, PA
- 1985 Consultant on Development of Geriatric Assessment Team, Carlisle Hospital, Carlisle, PA

UNIVERSITY SERVICE: (Last five years)

University Committees/Governance:

- 2001-present Penn State Gerontology Center Advisory Board
- 1998 Institutional Review Board, Behavioral and Social Sciences Committee
- 1995 Faculty Senator

College of Medicine Committees:

- 2006-present: Medical Student Research Advisor (MSR) chair of four completed projects and three ongoing
- 2009 Elected Faculty Senate Member (University)
- 2009 Search Committee, Faculty
- 2008 Promotion & Tenure Committee
- 2005 Search Committee, Chair of ED
- 1999-present Women's Health Conference Committee

2000-present Doctors Kienle Center for Humanistic Medicine

Other Service:

2006-present: Facilitator, First Friday community outreach program

2008-present: Faculty advisor, Gold Humanism Honor Society

1999-present Member, the Pennsylvania State University Cancer Center,
The Milton S. Hershey Medical Center

1999-present Member, Penn State Gerontology Center & Geriatric Education Center of PA

CIVIC AND COMMUNITY SERVICE:

2001-present Founder, Club & Camp Ophelia, Programs for Adolescent Girls

1997-present Volunteer, Life Skills Programs, Woodside Family Center,
Dauphin County Prison

1990 Tressler Lutheran Social Services, Board of Directors for the
State of Pennsylvania

1990 Pennsylvania Long Term Care Council, Labor Workgroup

1989 Legal Advocacy Fund Representative, AAUW, Lewistown, PA

1988 Pennsylvania Long Term Care Council, System Organization Subcommittee
(appointed by Governor Casey)