

# My Family Health Portrait

A tool from the Surgeon General

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Using My Family Health Portrait you can:

- Enter your family health history.
- Learn about your risk for conditions that can run in families.
- Print your family health history to share with family or your health care provider.
- Save your family health history so you can update it over time.

Talking with your health care provider about your family health history can help you stay healthy!

**Note:** You must use the “Use a Saved History” button to open the family history file you created.

Create a Family Health History

Use a Saved History



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Created By [NIH NHGRI](#) Updated By [CDC OGPPH](#) Hosted By [CIMS](#) @ [CSU](#)

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