Who We Are

The Acculturation, Diversity, and Psychopathology Team (ADAPT) is a research lab in the Department of Psychology at the University of Washington. ADAPT is led by Dr. Priscilla Lui, a clinical psychologist with expertise on mental health and ethnic/racial health disparities.

What We Do

We conduct research to examine the impact of culture, ethnicity, race and racism on psychopathology and addictive behaviors. We take a multicultural perspective to understand mental health among people of color, and health disparities. We are interested in cognitive, emotional, and sociocultural determinants of alcohol and drug use, and other mental health outcomes. The ultimate goal of our research is to inform culture-centered interventions that are most effective in alleviating distress and improving psychological functioning among people from diverse ethnocultural backgrounds.
What We Have Been Busy With
Recent and Upcoming Studies

Our recent endeavors include the Social Interactions Study (SIS) and an upcoming study, the Black Adult Resilience Study (BARS).

In SIS, we examined how people of color respond to the use of virtual reality (VR) technology in psychological research, and how people react to different social situations. This research project led to the following publications:

- **Effects of Racial Discrimination on Stress, Negative Emotions, and Alcohol Craving: A Registered Report of a Virtual Reality Experiment** in Cultural Diversity and Ethnic Minority Psychology

- **Advancing Knowledge on the Health Consequences of Discrimination: The Potential of Virtual Reality** in Cultural Diversity and Ethnic Minority Psychology

Black Adult Resilience Study (BARS)

We are excited to initiate this research, funded by the National Institutes of Health (R01DA058626).

Using virtual reality experimentation, we are looking at:

- How Black/African American young adults respond to different social interactions that may elicit stress?

- When and where do Black/African American young adults consume alcohol and/or use cannabis (i.e., marijuana)?

- What personal and cultural assets protect Black/African American young adults from everyday and racial stress?

- What prevents Black/African American young adults from engaging in alcohol and cannabis use?

Stay tuned for participant recruitment
Seattle, WA and Dallas-Fort Worth, TX

https://sites.uw.edu/bars/
April 4, 2023
2022-2023 ADAPT Members

May 19, 2023
26th Annual Undergraduate Research Symposium
UW

May 19, 2023
UW ADAPT Research Assistants at URS

July 15, 2023
Former ADAPT Research Assistants (from Southern Methodist University) at APA Division 45 Conference

Interested in: Undergraduate research assistant (RA) credits?
Work study job?
Volunteer/paid staff opportunity?
Study participation?

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