

Lauren A. Milner

Department of Psychology, University of Arkansas
216 Memorial Hall Fayetteville, AR 72701
lamilner@uark.edu

ACADEMIC BACKGROUND

Ph.D. in Clinical Psychology, University of Arkansas, Fayetteville, AR	Expected 2014
M.S. in General Psychology, DePaul University, Chicago, IL	2009
Master's Thesis: Student identity styles: Changes over time through mission engagement	
B.A in Psychology, Wake Forest University, Winston Salem, NC	2007

CERTIFICATIONS

National Institute of Health Research with Human Subjects Training Certified
Collaborative Institutional Training Initiative Research Ethics Certified

PROFESSIONAL EXPERIENCE

08/2010-present **Graduate Research Assistant, Lab Coordinator** Supervisor: Lindsay S. Ham, Ph.D.
Laboratory for Anxiety and Substance Abuse Research, University of Arkansas

Serve as Lab Coordinator for the Laboratory for Anxiety and Substance Abuse Research. Duties include mentoring undergraduate researchers, organizing study details, collecting, analyzing, and managing research focused on the effects of alcohol on social anxiety and related processes. Conduct medical, physiological, and psychological screenings.

07/2009-08/2010 **Visiting Research Specialist** Supervisor: Kathleen Rospenda, Ph.D.
Department of Psychiatry, University of Illinois at Chicago

Employed as a research specialist in the Department of Psychiatry at University of Illinois at Chicago. This research focused on occupational contributors to alcohol use and abuse. Duties included collecting, analyzing, and managing both quantitative and qualitative data for the use of independently authored research reports and access to further funding and grant opportunities. This research was part of an ongoing longitudinal study which was funded by the National Institute of Health (NIH).

08/2007-06/2009 **Graduate Research Assistant** Supervisor: Joseph Ferrari, Ph.D.
Mission and Values Laboratory, DePaul University

Worked in collaboration with the Office of Mission and Values at DePaul University. Duties included creating measures to analyze mission and values engagement and perception for use with various stakeholders at the university. Collected, managed, and analyzed data for use in conference presentation and independently authored research reports, both for the academic world as well as reports for use by the Office of Mission and Values in evaluating current efforts and informing future programming.

06/2007-08/2007 **Case Manager** Supervisor: Amy Wilson, LCSW.
11/2007-12/2007 *Meridian Behavioral Health Services, Waynesville, NC*
11/2008-12/2008

Worked as case manager for the Assertive Community Treatment Team (ACTT) in Haywood County, NC. Provided comprehensive mental health treatment to individuals with the most difficult and complex needs, addressing the issues of chronic mental illness and dual diagnosis. Experience working in outpatient settings with low-income adult client populations with chronic mental illness and/or substance abuse; including: schizophrenia, bipolar disorder, schizoaffective disorder, borderline personality disorder, anti-social personality disorder, clinical depression, and anxiety disorders. Promoted symptom stability and appropriate use of medication; provided support and encouragement for clients to restore community living and social skills; supported clients in attaining vocational and educational goals; promoted clients to maintain the highest possible level of functioning in the community.

09/2008-06/2009 **Graduate Representative**
Department of Psychology, DePaul University

Student representative for the Master's program at DePaul University during monthly psychology department meetings.

04/2008-05/2008 **Graduate Research Assistant** Supervisor: Howard Rosling
Steans Center, DePaul University

Worked on a qualitative evaluation of the Steans Center community service program at DePaul University. Evaluation duties included developing and refining overall themes for open-ended responses and conducting qualitative data analysis. The evaluation is designed to produce several internal and external reports relating to community service programs through the classroom.

01/2007-05/2007 **Undergraduate Research Assistant** Supervisor: James Schirillo, Ph.D.
Perception Laboratory, Wake Forest University

Worked as an undergraduate research assistant on two separate lines of research. The first study looked at multi-sensory integration: tested how a flashing light can bias the location of a burst of sound in three-dimensional space. The second study looked at judgments of the aesthetics of Mondrian's abstract paintings: analyzed eye-tracking data, which was taken while subjects made aesthetic judgments of paintings. Duties for both studies included entering data into SPSS and assisting in analyzing results.

06/2006-08/2006 **Psychosocial Rehabilitation Intern**
Meridian Behavioral Health Services, Waynesville, NC

Worked as a volunteer intern for the Psychosocial Rehabilitation Program in Haywood County, NC. Provided support to adult clients with psychiatric disabilities. Focused on skill and resource development related to life in the community; increasing the participant's ability to live as independently as possible, and to manage their illness and their lives with as little professional intervention as possible. Responsibilities included leading group sessions, which provided information to clients about general life issues in order to help them function as independently as possible in the community.

CLINICAL EXPERIENCE

06/2011-present **Graduate Student Clinician** Supervisor: Patricia Petretic, Ph.D.
Psychological Clinic, University of Arkansas

Duties include outpatient psychological assessment and treatment services to University of Arkansas students and members of the community.

08/2010-05/2011 **Clinical Observation** Supervisor: Patricia Petretic, Ph.D.
Psychological Clinic, University of Arkansas

Attend group practicum meetings involving case conceptualization and treatment by student clinicians.
 Followed individual cases of student clinicians.

PROFESSIONAL / ACADEMIC HONORS AND AWARDS

Distinguished Academy Fellowship, University of Arkansas, Fayetteville, AR
 Presidential Mission and Values Scholarship, DePaul University, Chicago, IL
 Dean's List: Wake Forest University, Winston Salem, NC

PUBLICATIONS

Wolff, J. M., Rospenda, K. M., Richman, J. A., & **Milner, L. A.** (*submitted, Social Science & Medicine*).
 Work-family conflict and alcohol use: Examination of a moderated mediation model.

Milner, L. A. & Ferrari, J. R. (2010). The role of goal orientation in late adolescent identity processing styles.
Identity, 10(4), 270-283. doi: 10.1080/15283488.2010.523645

Rospenda, K. M., Minich, L. M., **Milner, L. A.**, & Richman, J. A. (2010). Caregiver burden and alcohol use in a community sample. *Journal of Addictive Diseases, 29*(3), 314-324. doi: 10.1080/10550887.2010.489450

Milner, L. A. & Ferrari, J. R. (2010). Embracing the institutional mission: Influences of identity processing styles. *Journal of Catholic Higher Education, 29*(2), 255-268.

Ferrari, J. R., Mader, M. C., **Milner, L. A.**, & Temperato, J. R. (2010). Making a positive impression about the mission of an urban, catholic university: Gender, first generation college, and religious preference comparisons *Journal of Catholic Higher Education, 29*(2), 243-253.

Ferrari, J. R., Cowman, S. E., & **Milner, L. A.** (2010). A pilot assessment of student leader involvement in campus organizations: Be true to your school. *Journal of Catholic Higher Education, 29*(2), 215-226.

Ferrari, J. R., Cowman, S. E., **Milner, L. A.**, Gutierrez, R.E., & Drake, P.A. (2009). Impact of school sense of community within a faith-based university: Staff and faculty perceptions on institutional mission and values. *Social Psychology in Education, 12*(4), 515-528. doi: 10.1007/s11218-009-9093-3

Ferrari, J. R., McCarthy, B. J., & **Milner, L. A.** (2009). Involved and focused? Students' perceptions of the institutional identity, personal goal orientation and levels of campus engagement. *College Student Journal*, 43(3), 886-896.

BOOK CHAPTERS

Ham, L. S., Connolly, K. M., **Milner, L. A.**, Lovett, D. E., & Feldner, M. T. (in press). Substance abuse and anxiety disorders: The case of social anxiety disorder and PTSD. In E. Storch & D. McKay (Eds.), *Handbook of treating variants and complications in anxiety disorders*. New York: Springer.

TECH REPORTS

Milner, L. A., Temperato, J. R., & Ferrari, J. R. (2009). *Percentage Breakdowns Among Various Demographics for Vincentian Mission Fellows Students*. DePaul University: Office of Mission and Values.

Milner, L. A. (2009). *The Vincentian Mission Fellows: A Program Evaluation for Future Direction*. DePaul University: Office of Mission and Values.

Milner, L. A., Temperato, J. R., & Ferrari, J. R. (2008). *Percentage Breakdowns Among Various Demographics for Vincentian Mission Fellows Students*. DePaul University: Office of Mission and Values.

Milner, L. A., Temperato, J. R., & Ferrari, J. R. (2008). *A Qualitative Analysis of the Vincentian Mission Institute Report*. DePaul University: Office of Mission and Values.

Milner, L. A., Temperato, J. R., & Ferrari, J. R. (2008). *A Qualitative Analysis of the Mission and Values Lecture Series for 2007*. DePaul University: Office of Mission and Values.

Milner, L. A., Drake, P. A., Gutierrez, R. E., & Ferrari, J. R. (2008). *Qualitative Analysis of the Students DMV Data for 2007*. DePaul University: Office of Mission and Values.

McCarthy, B. J., **Milner, L. A.**, & Ferrari, J. R. (2007). *A Qualitative Analysis of the Mission and Values Lecture Series for 2006*. DePaul University: Office of Mission and Values.

Milner, L. A. & Ferrari, J. R. (2007). *Percentage Breakdowns Among Various Demographics For Students, 2007*. DePaul University: Office of Mission and Values.

Milner, L. A., Gutierrez, R. E., & Ferrari, J. R. (2007). *Psychometric Analysis and Single Comparisons for Student Samples, 2005 and 2007*. DePaul University: Office of Mission and Values.

Gutierrez, R. E., **Milner, L. A.**, & Ferrari, J. R. (2007). *Psychometric Analysis and Single Comparisons for Students, 2007*. DePaul University: Office of Mission and Values.

CONFERENCE SYMPOSIA

- Casner, H. G., Olthuis, J. V., **Milner, L. A.**, Bacon, A. K., Ham, L. S., & Zamboanga, B. L. (2011, November). *The effects of social phobia, alcohol outcome expectancies and motives for playing drinking games on drinking game participation in a college student sample*. In J. Buckner (Chair), Understanding Social Anxiety's Role in Risky Alcohol and Marijuana Use: Clinical Implications of Research Data. Symposium accepted for presentation at the 45th annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- Ham, L. S., Casner, H. G., Carrigan, M. H., Bacon, A. K., **Milner, L. A.**, & English, E. (2011, November). *The role of expectancies about the social effects of alcohol in the association between social anxiety and drinking behavior: A laboratory-based study*. In J. Buckner (Chair), Understanding Social Anxiety's Role in Risky Alcohol and Marijuana Use: Clinical Implications of Research Data. Symposium accepted for presentation at the 45th annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- Gutierrez, R. E., **Milner, L. A.**, Temperato, J. R., Janulis, P. (2009, June). *Taking stock: A detailed look at 30 years of community literature*. Symposia presented at the biennial meeting of Society for Community Research and Action, Montclair, NJ.
- Milner, L. A.**, Temperato, J. R., Janulis, P., Droege, J. R., & Ferrari, J.R. (2009, March). *Spirituality, community, and identity: Empowering students, staff and faculty*. Symposia presented at the annual meeting of the Eastern Psychological Association, Pittsburgh, PA.
- Ferrari, J. R., Gutierrez, R. E., **Milner, L. A.**, Droege, J. R., Temperato, J. R., Janulis, P., & Mader, M. C. (2009, February). *On being "happy" but not gullible: Impact of university identity on students, staff, and faculty*. Symposia presented at the annual meeting of the Institute on College Student Values, Tallahassee, FL.
- Gutierrez, R. E., Drake, P. A., **Milner, L. A.**, McCarthy, B. J., Mader, M. C., & Ferrari, J. R. (2008, May). *Finding common ground: Institutional mission as a community building tool*. Symposia presented at the annual meeting of the Midwest Psychological Association, Chicago, IL.
- Drake, P. A., Gutierrez, R. E., McCarthy, B. J., **Milner, L. A.**, Mader, M. C., & Ferrari, J. R. (2008, March). *Self reflection toward community action: Mission engagement across the university community*. Symposia presented at the annual meeting of the Eastern Psychological Association, Boston, MA.
- Drake, P. A., Gutierrez, R. E., Mader, M. C., **Milner, L. A.**, & Ferrari, J. R. (2008, January). *Different perspectives – common values: Finding value in mission*. Symposia presented at the annual meeting of the Institute on College Student Values, Tallahassee, FL.
- Drake, P. A., Gutierrez, R. E., **Milner, L. A.**, Mader, M. C., & Ferrari, J. R. (2007, October). *Embracing the institutional mission: Toward a life of community service*. Symposia presented at the annual meeting of the Midwest Ecological-Community Psychology Conference, Chicago, IL.

POSTER PRESENTATIONS

- Milner, L. A.**, Fugitt, J. L., Chappell, C. L., Gilbertson, E. N., Ham, L. S., & Zamboanga, B. L. (2011, November). *Risky behaviors and impulsivity among adolescent prescription drug abusers*. Poster accepted for presentation at the 45th annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- Shaver, J. A., Lohr, J. L., **Milner, L. A.**, Lovett, D. E., & Ham, L. S. (2011, November). *Acceptance: Preliminary construct validation and test of DBT and ACT-based behavioral models*. Poster accepted for presentation at the 45th annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- Shaver, J. A., Ham, L. S., Lovett, D. E., & **Milner, L. A.** (2011, June). Anxiety sensitivity, non-acceptance, and residual drinking to cope in college drinkers. Poster presented at the 34th annual meeting of the Research Society on Alcoholism, Atlanta, GA.
- Shaver, J. A., Ham, L. S., Lovett, D. E., & **Milner, L. A.** (2011, February). Anxiety sensitivity, non-acceptance, and residual drinking to cope. Poster presented at the 11th annual meeting of the Samuel B. Guze Symposium on Alcoholism, St. Louis, MO.
- Bacon, A. K., Ham, L. S., Casner, H. G., Shaver, J. A., **Milner, L. A.**, & Zamboanga, B. L. (2010, November). *Situation-Specific Alcohol Outcome Expectancies and the Relationship between Social Anxiety and Hazardous Alcohol Use*. Poster session presented at the Association for Behavioral and Cognitive Therapies annual conference, San Francisco, CA.
- Milner, L. A.**, Rospenda, K. M., & Richman, J. A. (2010, April). *Work-family conflict and drinking behavior: The mediating roles of depression and anxiety*. Poster session presented at the annual meeting of the Midwest Psychological Association, Chicago, IL.
- Minich, L. M., Rospenda, K. M., Richman, J. A., **Milner, L. A.** (2009, November). *Caregiving burden predicts problematic drinking in an employed community sample*. Poster session presented at the annual meeting of Work, Stress, and Health, San Juan, Puerto Rico.
- Gutierrez, R. E., **Milner, L. A.**, Temperato, J. R., & Janulis, P. (2009, June). *Who do we serve: A content analysis of community psychology literature*. Poster session presented at the biennial meeting of Society for Community Research and Action, Montclair, NJ.
- Milner, L. A.**, & Ferrari, J. R. (2009, May). *First generation college students: Exploring their institutional perceptions*. Poster session presented at the annual meeting of the Midwest Psychological Association, Chicago, IL.
- Temperato, J. R., **Milner, L. A.**, & Ferrari, J. R. (2009, May). *Evaluating a student leadership program: Longitudinal analysis of mission engaged students*. Poster session presented at the annual meeting of the Midwest Psychological Association, Chicago, IL.
- Mader, M. C., **Milner, L. A.**, & Ferrari, J. R. (2009, May). *Say what? Social desirability regarding students and their school sense of community*. Poster session presented at the annual meeting of the Midwest Psychological Association, Chicago, IL.

- Milner, L. A.** & Ferrari, J. R. (2009, March). *Adolescent identity formation: Effects of the college campus climate*. Poster session presented at the annual meeting of the Eastern Psychological Association, Pittsburgh, PA.
- Milner, L. A.**, Gutierrez, R. E., & Ferrari, J. R. (2009, March). *School sense of community among faculty and staff: Impact on perceptions of institutional mission and activities*. Poster session presented at the annual meeting of the Eastern Psychological Association, Pittsburgh, PA.
- Temperato, J.R., **Milner, L.A.**, & Ferrari, J.R. (2009, March). *Evaluation of a mentoring program for students: Learning to live the institutional mission*. Poster session presented at the annual meeting of the Eastern Psychological Association, Pittsburgh, PA.
- Temperato, J.R., **Milner, L.A.**, & Ferrari, J.R. (2009, February). *Engaged student, happy student?: Examining attitudes with regard to academic goal attainment*. Poster session presented at the annual meeting of the Institute on College Student Values Conference, Tallahassee, FL.
- Gutierrez, R. E., **Milner, L. A.**, & Temperato, J. R. (2008, October). *Taking stock of the field: An analysis of the community psychology literature*. Poster session presented at the annual meeting of the Midwest Ecological-Community Psychology Conference, Battle Creek, MI.
- Milner, L. A.**, Drake, P. A., Gutierrez, R. E., & Ferrari, J. R. (2007, November). *Young and old, native and transfer, beginning and ends: Examining demographic profile among student engagement development*. Poster session presented at the annual meeting of the Tri-state Psychology Conference, Rockford, IL.

INVITED PRESENTATIONS

- Milner, L. A.** & Ferrari, J. R. (2008, September). *Perception of a University's Mission: Exploring Differences of Ethnic Identity*. Presentation to university officials at DePaul University to assess the perceptions of the institutional mission across various stakeholders . Chicago, IL.
- Temperato, J. R., **Milner, L. A.** & Ferrari, J. R. (2008, September). *Vincentian Mission Fellows Program: Living the Mission, For Life?* Presentation to university officials at DePaul University to assess the perceptions of the institutional mission across various stakeholders. Chicago, IL.
- Mader, M. C., **Milner, L. A.** & Ferrari, J. R. (2008, September). *Telling You What You Want to Hear: Controlling for Socially Desirable Responding*. Presentation to university officials at DePaul University to assess the perceptions of the institutional mission across various stakeholders . Chicago, IL.
- Milner, L. A.** & Ferrari, J.R. (2008, September). *Perception of Institutional Mission: Capturing Undergraduate Voices*. Presentation to graduate students at Loyola University. Chicago, IL.

ACADEMIC/RESEARCH INTERESTS

Alcohol/Drug Addiction	Identity Formation
Prescription Drug Misuse	Sense of Community
Anxiety Disorders	Program Evaluation

GRADUATE CLASSES COMPLETED

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| - Introduction to Clinical Practice | - Advanced Personality Assessment and Clinical Diagnosis |
| - Introduction to Clinical Science | - Assessment of Intellectual and Cognitive Abilities |
| - Advanced Developmental Psychology | - Personality: Theory and Disorder |
| - Psychopathology | - Social and Emotional Development |
| - Advanced Physiological Psychology | - Advanced Social Psychology |
| - Advanced Statistics I (Univariate Statistics) | - Queer Theories |
| - Advanced Statistics II (Regression) | - Advanced Learning and Cognitive Psychology |
| - Advanced Research Methods | - Prevention and Intervention |
| - Advanced Psychological Measurement | - Values-centered Leadership |
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AFFILIATIONS/MEMBERSHIPS

Association for Behavioral and Cognitive Therapies, Student Member
American Psychological Association, Student Affiliate

OTHER ACTIVITIES

Wake Forest Alumni Association, Chicago Chapter (President, October 2009-August 2010)
Alumni-In-Admissions (AIA) Volunteer Organization

REFERENCES

Lindsay S. Ham, Ph.D.

Department of Psychology,
University of Arkansas
211B Memorial Hall Fayetteville, AR 72701
lham@uark.edu; 479.575.4256

Joseph Ferrari, Ph.D.

Department of Psychology,
DePaul University
2219 N. Kenmore Ave. Chicago, IL 60614
jferrari@depaul.edu; 773.325.4244

Kathleen Rospenda, Ph.D.

Department of Psychiatry
University of Illinois at Chicago
1601 W. Taylor St. Suite 481 Chicago, IL 60612
krospenda@psych.uic.edu; 312.413.4528

Joseph Ferrara, M.S., CEO

Meridian Behavioral Health Services
154 Medical Park Loop, Sylva, NC 28779
joe.ferrara@meridianbhs.org; 828.631.3973 ext. 1456