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LIFELONG
LEARNING
INSTITUTE

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Curious.

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2025 SPRING COURSE CATALOG

FEATURING
90+ Programs & Activities

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olli@uark.edu
olli.uark.edu



Planning Your Best Retirement



Apartments



Cottages



Village Homes



Butterfield Trail Village offers more options that come standard, more activities and amenities at your fingertips, and more choices than any other active senior living community in the area – all in a beautifully maintained neighborhood setting.

Planning for a move to the perfect retirement community doesn't happen overnight, but as a Carriage Club member, you'll get to enjoy a range of premier amenities – before you move in!

Call to schedule your private consultation and tour today.





OLLI Stay Curious.

Spring 2025

Content

Activity Levels	7
Benefits of OLLI Membership	4
Cancellation and Refund Policy	30
Class Index (Classes at a Glance)	9
Class Listings by Category	8
Class Listings in Detail	13
Course Locations & Key	12
OLLI Staff and Volunteer Committee Members	6
Policies and Procedures	30
Registration Form	29
Social Activities & Events	28
Special Interest Groups (SIGs)	31
Volunteer Information	6
YouTube Channel Info	31

Teaching Opportunities

Share your knowledge and experience with an audience that is hungry for learning and lively discussion.

*Scan QR code
for details!*



“The Canasta for Beginners class was such a fun and engaging experience! The excellent instructors patiently answered all our questions and provided fantastic, easy-to-follow handouts. I loved learning a new game while making new friends—we helped each other every step of the way. It was the perfect mix of learning, interaction, and fun!”

*Judy Unrath, OLLI Member
and Volunteer*

See
“Canasta Craze:
Master the Game
and Make New
Friends!”
page 14!

What Our Members Are Saying

“Want to add mind stimulation to your life, get an OLLI catalog & choose some classes. It's like feeding your brain!”

Faye Jones, OLLI Member & Volunteer

“It was a pleasure to interact with such a great bunch of people. I've missed teaching and it was a wonderful experience. I would do this class again whenever you wanted and give a lot of new material.”

Stanley Rest, OLLI Instructor

“Volunteering for OLLI has been a great way to get involved in our community and with OLLI. Meeting other members is always fun. Collaborating with other volunteers and staff to move our OLLI to the next level is rewarding and a great way to spend my time!”

*Alishia Ferguson, OLLI Member
and Volunteer*

All About OLLI

Welcome to the Osher Lifelong Learning Institute (OLLI) at the University of Arkansas!

The Osher Lifelong Learning Institute (OLLI) Network is a dynamic consortium of more than 120 lifelong learning institutes dedicated to serving adults aged 50 and better. Funded in part by The Bernard Osher Foundation, each independent Institute is affiliated with a college or university, offering intellectually stimulating, non-credit courses and learning opportunities tailored to meet the diverse interests and needs of their local communities.

Our Mission and Values

The mission of the Osher Lifelong Learning Institute at the University of Arkansas (U of A) is to provide a community of adults with a lifelong learning venue that promotes intellectual and cultural growth through exploration and discussion via diverse, high quality and affordable educational programs.

High Quality Programs and Engaging Courses

The OLLI curriculum committee annually develops hundreds of stimulating courses in a variety of fascinating topic areas. Programs range from one-time lectures, tours, workshops, and day hikes to eight-week seminars or study groups. Courses are engaging, innovative, lively, hands-on, informative, and offered in a variety of settings. There are no prerequisites, no tests or exams, and no age restrictions. OLLI courses provide the ideal environment for learning.

Exceptional Instructors

Along with university professors and other educators, those who facilitate OLLI courses include experienced professionals, passionate hobbyists, researchers and distinguished scholars. OLLI instructors are there both to educate and to engage, and they love sharing their knowledge, expertise and fascinating stories.

Special Events and Programs

In addition to regular courses, OLLI members enjoy the opportunity to engage in monthly social and cultural events, special programs, special interest groups, and much more. These special programs provide an opportunity to take the discussion outside the classroom, meet new people, and engage in unique experiences only offered through our institute.

OLLI Memberships

Benefits of an OLLI Membership

- ◆ Memberships are tax deductible.
- ◆ Priority registration on ALL courses and events.
- ◆ Access to members only programs and courses.
- ◆ Access to member-exclusive Special Interest Groups.
- ◆ Advanced notice of OLLI programs, cultural events and socials via newsletters and special announcements.
- ◆ Discounted tickets to limited UA Theatre and Faulkner Performing Arts Center productions. To learn more email tickets@uark.edu or call (479) 575-5387
- ◆ Current members of the Osher Lifelong Learning Institute (OLLI) are eligible to purchase a UREC (University Recreation) Membership. A UREC membership provides access to:
 - HPER Building
 - UREC Fitness Center (ARKU location)
 - UREC Sports Complex
 - UREC Tennis Center
 - Group Fitness Program - The membership allows unlimited attendance to all Group Fitness,
 - Group Cycle, Mind/Body, and Water Fitness classes for the semester.
 - Guest Pass at \$10.00, with a limit of three (3) guests per visit

\$35 Special limited Spring 2025 Membership.*
*Membership Jan. 1 through June 30, 2025.

To join or renew scan this QR code with your smartphone or tablet.

Other Ways You Can Join or Renew:

Online: olli.uark.edu
Phone: 479-575-4545
Email: olli@uark.edu



Share your love of learning with a Linked Membership

Linking a membership online provides a unique feature allowing members to register one another for courses and events. Just select the linked membership option when you join or renew!



481 S. Shiloh Dr., Fayetteville, AR 72704
Weekdays 9:00 a.m. – 4:00 p.m.



@ OLLIatUofA



olli@uark.edu



479-575-4545

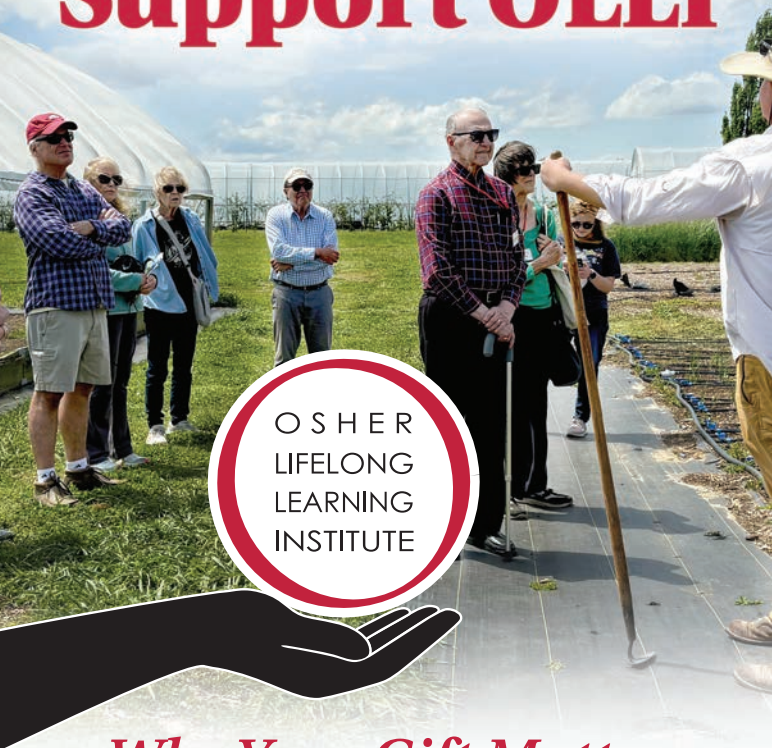


olli.uark.edu



Courses listed in this catalog are offered in the spirit of academic freedom. The Osher Lifelong Learning Institute and the University of Arkansas do not endorse any creed, concept, service or product that might be presented by the instructors.

Support OLLI



Why Your Gift Matters

When you support OLLI @ the University of Arkansas, you make an immediate positive investment in the life and future of our learning community. Contributions to our annual fund account for nearly 15% of our yearly budget. Your gift will help us:

- ◆ Enhance the Environment of Our Programs and Activities
- ◆ Develop New & Exciting Opportunities
- ◆ Build a Strong Community of Lifelong Learners

Consider making a tax-deductible gift to the OLLI Giving Fund.

Gifts can be made in one of the following ways:

Online: Donate online with a credit card at <http://onlinegiving.uark.edu> and use the drop-down menu to designate your gift to the OLLI Giving Fund.

Check: Mail or drop off a check to OLLI, 481 S. Shiloh Dr., Fayetteville, AR 72701

Gifts That Will Cost You Nothing Now

You can ensure that Arkansas' lifelong learners have access to continued life-enriching learning

opportunities and social engagements throughout the year by including the Osher Lifelong Learning Institute in your will. Your gift through a will, trust, or other account will be your legacy to improve the lives of seniors in your area, empowering them to continue being active participants in the community. If you intend to leave an outright gift of cash, securities, or other property in your estate planning to Osher Lifelong Learning Institute to build our future, contact Josh Raney, OLLI Director, at 479-575-3541 or jraney@uark.edu.

OLLI U of A Partners

**OLLI MEMBERS
GET AN ANNUAL
UREC MEMBERSHIP
AT A DISCOUNTED
RATE OF \$233!**

CALL 479.575.4646 TO JOIN TODAY



OLLI U of A Partners



DEPARTMENT OF THEATRE
J. WILLIAM FULBRIGHT COLLEGE OF ARTS & SCIENCES



OLLI members receive discounted tickets to limited UA Theatre and Faulkner Performing Arts Center productions. Contact us for details at:
EMAIL: tickets@uark.edu | **CALL:** (479) 575-5387

OLLI UA Staff



Josh Raney
DIRECTOR



Sandra Sawyer
ASST. DIRECTOR

VOLUNTEER COMMITTEES

OLLI VOLUNTEER ADVISORY COUNCIL

Chair: Alishia Ferguson
Essie Anderson
Janet Boote
Conrad Botha
Mike Horsman
Doug Talbott
Judith Tavano
Emma Weiderhoft

MEMBERSHIP/ MARKETING

Chair: Essie Anderson
Janet Boote
Rita Daniel
Penny Davis
Judy Sabag
Judith Tavano
Judy Unrath

SOCIAL

Chair: Conrad Botha
Vergean Ward
Betty Williams
Calvin Jarrett
Shawna Jarrett

DEVELOPMENT

Chair: Emma Weiderhoft
Tracee Norris
Alishia Ferguson

CURRICULUM

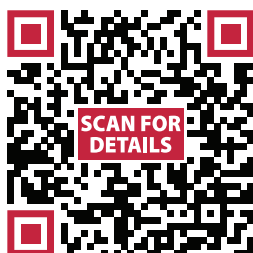
Chair: Doug Talbott
Trisha Beland
Malcolm Cleaveland
Hugh Earnest
Mike Horsman
Faye Jones
Doris Calleja
Tom O'Neal
Judith Tavano
Marv Wiseman

SPECIAL INTEREST COORDINATORS

Wine Enthusiasts:
Conrad Botha
OLLI For Coffee:
Karen Smenner
Puzzle Club:
OLLI Staff
Walk On Group:
Shari Withey

Volunteers Needed

Volunteers are highly important to OLLI's mission and there are many opportunities for you to help. Scan the QR code at right to discover how you can get involved.



The **College of Education and Health Professions** is proud to work with the **Osher Lifelong Learning Institute** to provide educational programs and opportunities for the community.



**Wellness and
Education Commitment
to Arkansas Excellence**



UNIVERSITY OF
ARKANSAS

College of Education
& Health Professions



IMPACT TOMORROW WITH A GIFT TODAY

Invest in student success and the future of the U of A with a planned gift.

Your charitable contribution can support students on their academic journey and establish a legacy reflecting your goals and passions.

Interested?
Have a confidential conversation with one of our Planned Giving specialists.
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UNIVERSITY OF
ARKANSAS



Get Active with OLLI

Many of OLLI's courses are designed to get you moving, enjoying the great outdoors and traveling to see new things! "Classes by Category" on page 8 will give you a better idea of the more active courses available this spring. *Some activities may require completion of a waiver of liability,*

LEVEL 1 Low Intensity

Activities that require minimal effort and do not significantly elevate the heart rate or breathing. Examples include leisurely walking on flat surfaces, stretching, yoga, standing without sitting, boarding, and exiting a van or bus.

OLLI Activity Levels

All participants in programs or activities involving physical activity must annually complete an activity acknowledgement form prior to participation.

LEVEL 2 Moderate Intensity

Activities that moderately elevate the heart rate, and breathing and require good balance. Participants should have a good balance and be able to walk or hike 1 – 3 miles on uneven surfaces, climb at least 2 flights of stairs, and participate in leisure recreation such as light bicycling, bowling, dancing, etc.

LEVEL 3 High Intensity

Activities that substantially increase heart rate, breathing, and energy level. Participants should have an outstanding balance and an active lifestyle. Examples of activities include hiking 4 or more miles on uneven surfaces, brisk walking, aerobics, water activities, pickleball/tennis, and other recreational sports.

Disclaimer: OLLI at U of A is not responsible for any damage or personal injury sustained when a member is participating in any OLLI sponsored activity on or off the UA campus.

SENIOR SMART TALK COME FOR EDUCATION. STAY FOR CONNECTION.



- **LET'S TALK: NAVIGATING TRUSTS, WILLS, AND ESTATE PLANNING**
February 11 – 10:00-11:30am CST
Fayetteville Public Library
- **LET'S TALK: LOVE & RELATIONSHIPS AS WE AGE**
February 13 – 10:00-11:30am Central
Bentonville Community Center
- **LET'S TALK: DOWNSIZING MADE EASY**
March 11 – 10:00-11:30am CST
Fayetteville Public Library
- **LET'S TALK: DOWNSIZING, RIGHTSIZING AND SIMPLIFYING**
March 13 – 10:00-11:30am CST
Bentonville Community Center

JOIN US!
REGISTER ONLINE



DOWNSIZING?



Sort • Pack • Move • Sell & More!

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Art & Architecture

Acrylic Painting For Beginners.....	16
Blooming Beauties: A Hands-On Floral Workshop	25
Clay Creations: A Beginner's Guide to Hand-Building	27
Foundations Of Drawing: Portraits, Perspective, and Landscapes.....	20
Mastering Watercolor: Techniques For Every Artist	16
Revealing The Wonders of Romanesque and Gothic Architecture: An Expedition Through Time, 1100-1500 (OOL)	21
Scratchboard Art	21
Strolling With the Masters: Tour the Collection Highlights at Crystal Bridges.....	17
200 Years of Jewelry	14

Computer/Technology

Empowering Yourself Against Modern Scams	15
Tech Terrors- Securing Your Information In A Connected World	26
QR Curious	21

Food/Beverage

Dine and Discover at Black Apple Cidery ...	17
Exploring the Market Center of the Ozarks.....	26
Sweet Creations: Cake Decorating 101.....	17

Government, Politics & Economics

Follow the Money: Financing the November 2024 Federal Campaigns	25
Great Decisions 2025	13
Investigative Insights Into A Fayetteville Homicide Case	15
Preserving Arkansas's Historic Places.....	14
Transforming Communities: The Economic Role of Universities.....	25
Understanding Property Taxes In Arkansas...	17
What Is the McClellan-Kerr Arkansas River Navigation System?.....	16

Health & Well-Being

A Guide to Skincare and Aesthetic Treatments.....	17
Dismantling Bias In Healthcare	16
Future Proofing Your Healthspan and Longevity (OOL).....	20
Innovations In Healing	27
Memory 101-Brain Health and Wellness.....	18
Moving With Ease-Rosen Movement	13

Neurology In A Nutshell: The Brain Explained (OOL)	22
Staying Steady: Enhancing Balance and Coordination As We Age	24
Unlocking Restful Sleep: Understanding Changes and Strategies For Seniors	22
Yoga For Healthy Aging.....	14

Hikes

Hike To Buckhorn Creek.....	24
Hike On Devil's Den Trail	23
Hike To Kings Bluff Falls.....	19

History

All Roads Lead To Cane Hill.....	23
Georgia On My Mind.....	15
Judgment At Nuremberg: Holding Nazi Leaders Accountable	13
Pursuit Of Freedom: Nelson Hackett and the Path To Abolition	13
Russia Beyond Russians (OOL).....	20
Terrorism In The Heartland	21
Tour Historic Peabody Hall.....	18
Women: The Forgotten "Men" In History (OOL).....	18

Languages

Survival Italian	22
------------------------	----

Leisure & Hobbies

Canasta Craze: Master the Game and Make New Friends!	14
Cycling Can Be For Everyone.....	18
Knit Like A Pro: Essential Tips and Tricks For Every Knitter	27
Take Me Out To the Ballgame!	16

Literature

Creative Journaling.....	23
Huck & Jim in 1885.....	15
Huck & Jim in 2024.....	19
Ozark-Arkansas Writers Book Club.....	16
The Essential Jane Austen (OOL).....	19

Philosophy & Religion

The Byzantine Empire	14
----------------------------	----

Science & Nature

Arkansas, the Nation's Leader In Rice Production.....	25
Discover the Geology Of Arkansas.....	23
Field Birding Basics	26
Harvesting History: An In-Depth Study of Arkansas' Essential Crops.....	17
Illuminating The Night: Understanding and Mitigating Light Pollution	26

Overnight ONSC Camp For Adults!.....	27
Science Charcuterie (OOL)	20
What Makes the Grand Canyon Grand	26

Special Interest

Bella Napoli: Italy's (Other) "Eternal City" ...	22
Car Crazy: 1950s Onward (OOL)	21
Following Darwin: A Photographic Tour of the Galapagos Islands	20
Innovative Approaches To Supporting Individuals Experiencing Homelessness In Northwest Arkansas	24
LGBTQ+: Building Understanding and Awareness (OOL)	18
Mainstreaming the Margins: A History of LGBTQ+ America	19
Planning For Tomorrow.....	15
Planning Your Own Funeral	16
Self Defense Class.....	24

Space And Planetary

James Webb Space Telescope: Changing Our View Of The Universe	22
Studying Mars To Better Understand Earth's Climate Changes	27
UAPs (UFOs): We Are Definitely Not Alone!....	18

Theatre & Film

Chaplin Unmasked: Celebrating The Legacy Of The Tramp In <i>The Gold Rush</i>	19
Cinema In Transition: Exploring Change Through Classic Films (OOL).....	21
Communicating Through Music	26
From Script To Stage: Discovering Twelfth Night At TheatreSquared.....	15
Shakespeare's Comedies: What's So Funny? ..	13
The Soundtrack Of Rock & Pop In the 50s & 60s: The Magic of Brill Building Era (OOL).....	19
The Violin: History, Sound, and Craftsmanship	14
Virtuosos In Classical Music (OOL)	23

Tours & Day Trips

A Day At Philbrook Museum Of Art	25
Delightful Dogwoods: Touring Dogwood Canyon Nature Park.....	24
Trip To George Washington Carver National Memorial and Museum.....	20
Tyson Art Tour: Behind Closed Doors (4/24) ..	24
Tyson Art Tour: Behind Closed Doors (5/8).....	25



Spring 2025 Courses At A Glance By Calendar Date

CR = Commuter Rate
TR = Transportation Provided

4 WAYS TO REGISTER! **1. ON-LINE** olli.uark.edu **3. IN PERSON** OLLI office Mon.-Fri., 9:00 am-4:00 pm
2. PHONE 479-575-4545 **4. MAIL** OLLI, 481 S. Shiloh Dr., Fayetteville, AR 72704

BEGIN DATE	DAY	TIME	LOCATION	COURSE	SESSIONS	OLLI MEMBER	NON OLLI MEMBER	PG #
FEB. 17	MON	10:00 AM	OLLI	SHAKESPEARE'S COMEDIES: WHAT'S SO FUNNY?	1	\$25.00	\$40.00	13
FEB. 18	TUE	10:00 AM	OLLI	PURSUIT OF FREEDOM: NELSON HACKETT AND THE PATH TO ABOLITION	1	\$25.00	\$40.00	13
FEB. 18	TUE	1:30 PM	OLLI	MOVING WITH EASE-ROSEN MOVEMENT	1	\$25.00	\$40.00	13
FEB. 19	WED	10:00 AM	OLLI	GREAT DECISIONS 2025	8	\$79.00	\$94.00	13
FEB. 19	WED	1:00 PM	OLLI	JUDGMENT AT NUREMBERG: HOLDING NAZI LEADERS ACCOUNTABLE	1	\$25.00	\$40.00	13
FEB. 20	THU	9:00 AM	OLLI	YOGA FOR HEALTHY AGING	8	\$59.00	\$74.00	14
FEB. 20	THU	10:00 AM	OLLI	PRESERVING ARKANSAS'S HISTORIC PLACES	1	\$49.00	\$64.00	14
FEB. 20	THU	1:00 PM	OLLI	CANASTA CRAZE: MASTER THE GAME AND MAKE NEW FRIENDS!	4	\$25.00	\$40.00	14
FEB. 21	FRI	10:00 AM	OLLI	200 YEARS OF JEWELRY	1	\$25.00	\$40.00	14
FEB. 24	MON	10:00 AM	SNOC	THE BYZANTINE EMPIRE: ITS HISTORY	1	\$19.00	\$34.00	14
FEB. 25	TUE	10:00 AM	OLLI	THE VIOLIN: HISTORY, SOUND, AND CRAFTSMANSHIP	1	\$25.00	\$40.00	14
FEB. 25	TUE	3:30 PM	OLLI	GEORGIA ON MY MIND	1	\$15.00	\$30.00	15
FEB. 26	WED	1:00 PM	ZOOM	EMPOWERING YOURSELF AGAINST MODERN SCAMS	1	\$19.00	\$34.00	15
FEB. 28	FRI	11:30 AM	OLLI	PLANNING FOR TOMORROW: AN ESTATE PLANNING LUNCHEON	1	FREE	FREE	15
MAR. 3	MON	10:00 AM	OLLI	INVESTIGATIVE INSIGHTS INTO A FAYETTEVILLE HOMICIDE CASE	1	\$19.00	\$34.00	15
MAR. 3	MON & TUE	3:00 PM (1st Day) 7:00 PM (2nd Day)	TSQ	FROM SCRIPT TO STAGE: DISCOVERING TWELFTH NIGHT AT THEATRESQUARED	2	\$29.00	N/A	15
MAR. 4	TUE	10:00 AM	OLLI	HUCK & JIM IN 1885	3	\$25.00	\$40.00	15
MAR. 5	WED	1:00 PM	OLLI	OZARK-ARKANSAS WRITERS BOOK CLUB	4	\$29.00	N/A	16
MAR. 5	WED	1:00 PM	BWS	TAKE ME OUT TO THE BALLGAME!	1	\$35.00	N/A	16
MAR. 6	THU	10:00 AM	OLLI	PLANNING YOUR OWN FUNERAL	2	\$25.00	\$40.00	16
MAR. 7	FRI	9:00 AM	CIEL	WHAT IS THE MCCLELLAN-KERR ARKANSAS RIVER NAVIGATION SYSTEM?	1	\$19.00	\$34.00	16
MAR. 10	MON	10:00 AM	OLLI	ACRYLIC PAINTING FOR BEGINNERS - SPRING	1	\$39.00	\$54.00	16
MAR. 10	MON	1:00 PM	OLLI	DISMANTLING BIAS IN HEALTHCARE	3	\$25.00	\$40.00	16
MAR. 11	TUE	10:00 AM	CCC	MASTERING WATERCOLOR: TECHNIQUES FOR EVERY ARTIST	3	\$99.00	N/A	16
MAR. 11	TUE	3:00 PM	BAC	DINE AND DISCOVER AT BLACK APPLE CIDERY	1	\$25.00	\$40.00	17
MAR. 12	WED	10:00 AM	RBK	SWEET CREATIONS: CAKE DECORATING 101	1	\$59.00	\$74.00	17
MAR. 12	WED	1:00 PM	OLLI	A GUIDE TO SKINCARE AND AESTHETIC TREATMENTS	1	\$19.00	\$34.00	17
MAR. 14	FRI	1:00 PM	OLLI	HARVESTING HISTORY: AN IN-DEPTH STUDY OF ARKANSAS'S ESSENTIAL CROPS	1	\$19.00	\$34.00	17



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2. PHONE 479-575-4545 **4. MAIL** OLLI, 481 S. Shiloh Dr., Fayetteville, AR 72704

BEGIN DATE	DAY	TIME	LOCATION	COURSE	SESSIONS	OLLI MEMBER	NON OLLI MEMBER	PG #
MAR. 17	MON	10:00 AM	OLLI	UNDERSTANDING PROPERTY TAXES IN ARKANSAS	1	\$19.00	\$34.00	17
MAR. 19	WED	11:00 AM	CBMU	STROLLING WITH THE MASTERS: TOUR THE COLLECTION HIGHLIGHTS AT CRYSTAL BRIDGES	1	\$45.00	\$60.00	17
MAR. 20	THU	9:30 AM	DWJ	CYCLING CAN BE FOR EVERYONE	1	\$25.00	\$40.00	18
MAR. 21	FRI	10:00 AM	OLLI	UAPS (UFOS): WE ARE DEFINITELY NOT ALONE!	1	\$25.00	\$40.00	18
MAR. 24	MON	10:00 AM	OLLI	LGBTQ+: BUILDING UNDERSTANDING AND AWARENESS	1	\$19.00	\$34.00	18
MAR. 25	TUE	1:30 PM	PBJ	TOUR HISTORIC PEABODY HALL	1	\$19.00	N/A	18
MAR. 31	MON	9:00 AM	SCHM	MEMORY 101-BRAIN HEALTH AND WELLNESS	1	\$19.00	\$34.00	18
MAR. 31	MON	2:00 PM	ZOOM	WOMEN: THE FORGOTTEN "MEN" IN HISTORY (OOL)	6	\$65.00	N/A	18
MAR. 31	MON	4:00 PM	ZOOM	THE ESSENTIAL JANE AUSTEN (OOL)	6	\$65.00	N/A	19
APR. 1	TUE	10:00 AM	OLLI	HUCK AND JIM IN 2024	2	\$25.00	\$40.00	19
APR. 1	TUE	10:00 AM	ZOOM	MAINSTREAMING THE MARGINS: A HISTORY OF LGBTQ+ AMERICA (OOL)	6	\$65.00	N/A	19
APR. 1	TUE	1:30 PM	OLLI	CHAPLIN UNMASKED: CELEBRATING THE LEGACY OF THE TRAMP IN THE GOLD RUSH	3	\$25.00	\$40.00	19
APR. 1	TUE	4:00 PM	ZOOM	THE SOUNDTRACK OF ROCK & POP IN THE 50's & 60's: THE MAGIC OF THE BRILL BUILDING ERA (OOL)	6	\$65.00	N/A	19
APR. 2	WED	8:30 AM	PRSA	HIKE TO KINGS BLUFF FALLS	1	\$25.00 (CR) \$49.00 (TR)	\$40.00 (CR) \$64.00 (TR)	19
APR. 2	WED	12:00 PM	ZOOM	FUTURE PROOFING YOUR HEALTHSPAN AND LONGEVITY (OOL)	6	\$65.00	N/A	20
APR. 3	THU	8:00 AM	MEET AT OLLI	TRIP TO GEORGE WASHINGTON CARVER NATIONAL MEMORIAL AND MUSEUM	1	\$45.00 (CR) \$65.00 (TR)	\$60.00 (CR) \$80.00 (TR)	20
APR. 3	THU	12:00 PM	ZOOM	RUSSIA BEYOND RUSSIANS (OOL)	6	\$65.00	N/A	20
APR. 3	THU	4:00 PM	ZOOM	SCIENCE CHARCUTERIE (OOL)	6	\$65.00	N/A	20
APR. 4	FRI	10:00 AM	OLLI	FOUNDATIONS OF DRAWING: PORTRAITS, PERSPECTIVE, AND LANDSCAPES	6	\$59.00	\$74.00	20
APR. 7	MON	10:00 AM	OLLI	FOLLOWING DARWIN: A PHOTOGRAPHIC TOUR OF THE GALAPAGOS ISLANDS	1	\$19.00	\$34.00	20
APR. 7	MON	1:00 PM	ZOOM	TERRORISM IN THE HEARTLAND	6	\$59.00	\$74.00	21
APR. 8	TUE	12:00 PM	ZOOM	CINEMA IN TRANSITION: EXPLORING CHANGE THROUGH CLASSIC FILMS (OOL)	6	\$65.00	N/A	21
APR. 8	TUE	6:00 PM	ZOOM	REVEALING THE WONDERS OF ROMANESQUE AND GOTHIC ARCHITECTURE: AN EXPEDITION THROUGH TIME, 1100-1500 (OOL)	6	\$65.00	N/A	21
APR. 9	WED	9:30 AM	CIEL	QR CURIOUS	1	\$19.00	\$34.00	21



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APR. 9	WED	1:00 PM	OLLI	SCRATCHBOARD ART	1	\$59.00	\$74.00	21
APR. 9	WED	6:00 PM	ZOOM	CAR CRAZY: 1950's ONWARD (OOL)	6	\$65.00	N/A	21
APR. 10	THU	1:00 PM	OLLI	JAMES WEBB SPACE TELESCOPE: CHANGING OUR VIEW OF THE UNIVERSE	1	\$25.00	\$40.00	22
APR. 10	THU	2:00 PM	ZOOM	NEUROLOGY IN A NUTSHELL: THE BRAIN EXPLAINED (OOL)	6	\$65.00	N/A	22
APR. 11	FRI	12:00 PM	ZOOM	BELLA NAPOLI: ITALY'S (OTHER) "ETERNAL CITY" (OOL)	6	\$65.00	N/A	22
APR. 11	FRI	2:00 PM	BTV	UNLOCKING RESTFUL SLEEP: UNDERSTANDING CHANGES AND STRATEGIES FOR SENIORS	2	\$25.00	\$40.00	22
APR. 15	TUE	10:00 AM	OLLI	SURVIVAL ITALIAN: FROM ORDERING A CUP OF COFFEE TO CRUISING THE MARKET	6	\$69.00	N/A	22
APR. 16	WED	9:30 AM	OLLI	DISCOVER THE GEOLOGY OF ARKANSAS	2	\$25.00	\$40.00	23
APR. 16	WED	1:00 PM	OLLI	CREATIVE JOURNALING	3	\$59.00	\$74.00	23
APR. 16	WED	4:00 PM	ZOOM	VIRTUOSOS IN CLASSICAL MUSIC (OOL)	6	\$65.00	N/A	23
APR. 17	THU	10:00 AM	CHM	ALL ROADS LEAD TO CANE HILL	1	\$25.00	\$40.00	23
APR. 17	THU	10:00 AM	DDSP	HIKE ON DEVIL'S DEN TRAIL	1	\$25.00 (CR) \$45.00 (TR)	\$40.00 (CR) \$60.00 (TR)	23
APR. 22	TUE	9:00 AM	MEET AT OLLI	HIKE TO BUCKHORN CREEK	1	\$25.00 (CR) \$39.00 (TR)	\$40.00 (CR) \$54.00 (TR)	24
APR. 23	WED	8:30 AM	OLLI (TR) DWC (CR)	DELIGHTFUL DOGWOODS: TOURING DOGWOOD CANYON NATURE PARK	1	\$75.00 (CR) \$105.00 (TR)	\$90.00 (CR) \$120.00 (TR)	24
APR. 24	THU	9:45 AM	MEET AT OLLI	TYSON ART TOUR: BEHIND CLOSED DOORS (4/24)	1	\$45.00	N/A	24
APR. 24	THU	3:00 PM	WRCE	STAYING STEADY: ENHANCING BALANCE AND COORDINATION AS WE AGE	1	\$19.00	\$34.00	24
APR. 28	MON	10:00 AM	OLLI	INNOVATIVE APPROACHES TO SUPPORTING INDIVIDUALS EXPERIENCING HOMELESSNESS IN NORTHWEST ARKANSAS	1	\$19.00	\$34.00	24
APR. 29	TUE	2:30 PM	FKRAV	SELF DEFENSE CLASS	1	\$25.00	\$40.00	24
APR. 30	WED	10:00 AM	OLLI	FOLLOW THE MONEY: FINANCING THE NOVEMBER 2024 FEDERAL CAMPAIGNS	2	\$25.00	\$40.00	25
MAY 1	THU	8:30 AM	OLLI (TR); PMA (CR)	A DAY AT PHILBROOK MUSUEM OF ART	1	\$39.00 (CR) \$69.00 (TR)	\$54.00 (CR) \$84.00 (TR)	25
MAY 1	THU	10:00 AM	OLLI	TRANSFORMING COMMUNITIES: THE ECONOMIC ROLE OF UNIVERSITIES	1	\$25.00	\$40.00	25
MAY 5	MON	11:00 AM	BGYL	BLOOMING BEAUTIES: A HANDS-ON FLORAL WORKSHOP	1	\$59.00	\$74.00	25
MAY 6	TUE	1:00 PM	OLLI	ARKANSAS, THE NATION'S LEADER IN RICE PRODUCTION	1	\$19.00	\$34.00	25
MAY 8	THU	9:45 AM	MEET AT OLLI	TYSON ART TOUR: BEHIND CLOSED DOORS (5/8)	1	\$45.00	N/A	25



Spring 2025 Courses At A Glance By Calendar Date

CR = Commuter Rate
TR = Transportation
Provided

4 WAYS TO REGISTER! **1. ON-LINE** olli.uark.edu **3. IN PERSON** OLLI office Mon.-Fri., 9:00 am-4:00 pm
2. PHONE 479-575-4545 **4. MAIL** OLLI, 481 S. Shiloh Dr., Fayetteville, AR 72704

MAY 8	THU	1:00 PM	OLLI	ILLUMINATING THE NIGHT: UNDERSTANDING AND MITIGATING LIGHT POLLUTION	1	\$25.00	\$40.00	26
MAY 9	FRI	10:00 AM	MCO	EXPLORING THE MARKET CENTER OF THE OZARKS	1	\$19.00	N/A	26
MAY 12	MON	9:30 AM	OLLI	TECH TERRORS- SECURING YOUR INFORMATION IN A CONNECTED WORLD	2	\$25.00	\$40.00	26
MAY 13	TUE	1:30 PM	OLLI	COMMUNICATING THROUGH MUSIC	2	\$25.00	\$40.00	26
MAY 14	WED	9:00 AM	LFVM	FIELD BIRDING BASICS	1	\$25.00	\$40.00	26
MAY 14	WED	1:30 PM	ZOOM	WHAT MAKES THE GRAND CANYON, GRAND?	3	\$45.00	\$60.00	26
MAY 15	THU	10:00 AM	CCC	CLAY CREATIONS: A BEGINNER'S GUIDE TO HAND-BUILDING	3	\$119.00	N/A	27
MAY 15	THU	1:00 PM	OLLI	STUDYING MARS TO BETTER UNDERSTAND EARTH'S CLIMATE CHANGES	1	\$25.00	\$40.00	27
MAY 21	WED	10:00 AM	OLLI	KNIT LIKE A PRO: ESSENTIAL TIPS AND TRICKS FOR EVERY KNITTER	1	\$25.00	\$40.00	27
MAY 28	WED	10:00 AM	BTV	INNOVATIONS IN HEALING	1	\$25.00	\$40.00	27
MAY 30	FRI & SAT	10:00 AM	ONSC	OVERNIGHT ONSC CAMP FOR ADULTS!	1	\$175.00	\$190.00	27



Course Location Key

BAC	Black Apple Cidery, 321 E. Emma, Springdale
BGYL	BloomingGayle's, 175 W. Main St., Farmington
BTV	Butterfield Trail Village, 1923 E. Joyce Blvd., Fayetteville
BWS	Baum Walker Stadium, 1255 S. Razorback Rd, Fayetteville
CBMU	Crystal Bridges, 600 Museum Way, Bentonville
CCC	Community Creative Center, 505 W. Spring St., Fayetteville
CHM	Cane Hill Museum, 14335 AR-45, Canehill
CIEL	CIEL Senior Living, 3434 N Crossover Rd, Fayetteville
DDSP	Devil's Den State Park, 354655 AR-74, West Fork
DWC	Dogwood Canyon, 2038 State Hwy 86, Lampe, MO
DWJ	Dogwood Junction, 4650 US Hwy-412 E., Ste 10, Siloam Springs
FKRAV	Fayetteville Krav Maga Self Defense, 1700 N. College Ave.
LFVM	Lake Fayetteville Veterans Memorial Park, 4451 NVantage Dr, Fayetteville



FOR MAPS & DIRECTIONS

◀ Scan this **QR code** with your phone
▶ Or go to **olli.uark.edu**
▶ Or call **479-575-4545**

MCO	Market Center of the Ozarks, 821 E. Emma Ave, Springdale
OLLI	OLLI, 481 S. Shiloh Dr., Fayetteville 72704
ONSC	ONSC, 1905 Madison 1305 Huntsville, AR 72740
PBH	Peabody Hall UofA, 763 W Maple St, Fayetteville
PMA	Philbrook Musuem of Art, 2727 S Rockford Rd, Tulsa, OK
PRSA	Pedestal Rock Scenic Area, AR 16 Highway, Pelsor, AR
RBK	Rick's Bakery, 1220 N. College, Fayetteville, AR 72703
SCHM	Schmieding Center, 2422 N Thompson St, Springdale
SNOC	St. Nicholas Orthodox Church, 3171 S 48th Street, Springdale
TSQ	TheatreSquared, 477 W. Spring St, Fayetteville
WRCE	Washington Regional Center for Exercise, 12 E. Appleby Rd., Fayetteville

FEB. 17 | SHAKESPEARE'S COMEDIES: WHAT'S SO FUNNY?

DESCRIPTION: Are you a Shakespeare fan or just curious about his genius? Join us for a lively course that explores the comedic elements in his plays! While many are familiar with the tragic and historical aspects of Shakespeare, we'll shine a light on the genuinely funny moments that often fly under the radar. Led by David Jolliffe, a founding co-director of the Arkansas Classical Theatre, this course promises to be exciting and entertaining.

INSTRUCTOR: David Jolliffe

DAY/DATE: Monday, 2/17/25 (1)

TIME: 10:00 AM - 12:00 PM

FORMAT: In-Person

LOCATION: OLLI

COST: \$25.00 OLLI Member
\$40.00 Non-OLLI Member

TBD | WHAT TREE RINGS CAN TELL US

DESCRIPTION: Dendrochronology, the study of tree rings, provides valuable insights into ecology, past climates, and human-environment interactions. Each ring represents a year of growth, reflecting historical climatic conditions like temperature and precipitation. By analyzing these rings, scientists can reconstruct past climates and understand the impacts of environmental changes on ecosystems and human societies. Dr. Malcolm Cleaveland will share his research which also reveals how ancient land use and practices have shaped our landscapes, informing current efforts to address climate change and promote sustainability. In essence, dendrochronology highlights the deep connections between trees, climate, and human history.

INSTRUCTOR: Dr. Malcolm Cleaveland

DAY/DATE: TBD

TIME: TBD

FORMAT: In-Person

LOCATION: OLLI

COST: \$25.00 OLLI Member
\$40.00 Non-OLLI Member

FEB. 18 | PURSUIT OF FREEDOM: NELSON HACKETT AND THE PATH TO ABOLITION

DESCRIPTION: Explore the gripping and historically significant story of Nelson Hackett with Dr. Michael Pierce, a distinguished historian from the University of Arkansas. This class dives into Hackett's 1841 escape from Fayetteville, Arkansas, where he fled his owner, Alfred Wallace, with only a horse, saddle, coat, and watch. Hackett's pursuit of freedom led him to Canada, but Wallace demanded his extradition on theft charges, triggering a

complex international dispute that drew in the United States, Canada, and the United Kingdom.

In this immersive class, Dr. Pierce will guide participants through the primary documents of the Hackett case, examining how his forced return to slavery became a catalyst for change. Outraged abolitionists in the U.S. and UK rallied to prevent further extraditions of escaped slaves. Uncover the legacy of Hackett's journey and its impact on abolitionist efforts and cross-border policies on human rights.

INSTRUCTOR: Dr. Michael Pierce

DAY/DATE: Tuesday, 2/18/25 (1)

TIME: 10:00 AM - 12:00 PM

FORMAT: In-Person

LOCATION: OLLI

COST: \$25.00 OLLI Member
\$40.00 Non-OLLI Member

FEB. 18 | MOVING WITH EASE-ROSEN MOVEMENT

DESCRIPTION: Discover the transformative power of Rosen Movement, a unique exercise method developed by physical therapist Marion Rosen in 1956. These movements, set to music, work to enhance flexibility, alleviate stiffness, and improve overall mobility. The Rosen Movement approach encourages deep, natural movement, allowing the diaphragm to move freely and providing a gentle massage to internal organs, promoting better oxygenation throughout the body. Whether you're looking to ease chronic discomfort or simply improve your range of motion, these exercises are designed to lubricate your joints and restore fluidity to your movements.

Led by certified instructor Sally Wimberly, this class offers a welcoming space for learning and personal growth. Julie Stagner, a current student-in-training, will also share her insights. Join us to experience the benefits of this unique "work-in" and discover how simple, mindful movements can enhance your health and well-being.

Each participant needs to bring a yoga mat or blanket. **Activity Level: 1**

INSTRUCTOR: Sally Wimberly and Julie Stagner

DAY/DATE: Tuesday, 2/18/25 (1)

TIME: 1:30 PM - 2:45 PM

FORMAT: In-Person

LOCATION: OLLI

COST: \$25.00 OLLI Member
\$40.00 Non-OLLI Member

FEB. 19 | GREAT DECISIONS 2025

DESCRIPTION: Great Decisions is the United

States' largest discussion program on world affairs. OLLI at the University of Arkansas has participated in the program for the last 14 years, affording adult learners the opportunity to explore major foreign policy issues and options facing our nation.

This semester's Great Decisions topics include: *American Foreign Policy at a Crossroads*; *U.S. Changing Leadership of the World Economy*; *U.S.-China Relations*; *India: Between China, the West, and the Global South*; *International Cooperation on Climate Change*; *The Future of NATO and European Security*; *AI and American National Security*; *American Foreign Policy in the Middle East: Taking Stock and Looking Ahead*. Facilitators will lead each week's discussion where all participants are encouraged to offer their thoughts and opinions on these important subjects.

Members will receive a briefing book, published by the Foreign Policy Association, that provides background information, context, current data and policy options for all the topics to be discussed.

INSTRUCTOR: Hugh Earnest, Facilitator

DAY/DATE: Wednesdays, 2/19/25-4/9/25 (8)

TIME: 10:00 AM - 12:00 PM

FORMAT: In-Person

LOCATION: OLLI

COST: \$79.00 OLLI Member
\$94.00 Non-OLLI Member

FEB. 19 | JUDGMENT AT NUREMBERG: HOLDING NAZI LEADERS ACCOUNTABLE

DESCRIPTION: Explore the groundbreaking Nuremberg Trials, a pivotal moment in history that set the stage for modern international law and justice. Held between 1945 and 1949 in Nuremberg, Germany, these military tribunals were conducted by the Allied forces to prosecute the top leaders of Nazi Germany for their roles in the atrocities of World War II. The most significant of these was the International Military Tribunal (IMT), where 24 high-ranking Nazi officials were charged with crimes against peace, war crimes, and crimes against humanity.

Through this course, taught by Katlyn Rozovics, a fourth-year Ph.D. candidate in the Department of History at the University of Arkansas, you'll gain a deep understanding of how the Nuremberg Trials sought to hold individuals accountable for the Holocaust. You'll explore the extensive evidence presented during the trials, including documents and eyewitness testimonies, and learn about the lasting impact these trials had on shaping modern concepts of justice, human rights, and international law.

INSTRUCTOR: Katlyn Rozovics

DAY/DATE: Wednesday, 2/19/25 (1)

TIME: 1:00 PM - 3:00 PM

FORMAT: In-Person

LOCATION: OLLI

COST: \$25.00 OLLI Member
\$40.00 Non-OLLI Member

FEB. 20 | YOGA FOR HEALTHY AGING

DESCRIPTION: Embrace the journey of aging with confidence and vitality! Join Vicky Willis, a certified Yoga instructor, and OLLI's Yoga Guru, in this transformative course designed specifically for those looking to enhance their well-being as they age. Through slow, precise movements rooted in Yoga, participants will systematically stretch and condition their muscles, providing essential support to aging joints. This course focuses on four key areas: strength, flexibility, agility, and balance; fundamental elements for healthy living that can help eliminate morning stiffness and improve overall mobility.

Participants are encouraged to bring a blanket, blocks, a yoga strap, and a yoga mat, and to wear comfortable clothing that allows for ease of movement. Join us to foster a healthier, more active lifestyle as you embrace the changes that come with age! **Activity Level: 1**

INSTRUCTOR: Viknisvari Willis

DAY/DATE: Thursdays, 2/20/25-4/10/25 (8)

TIME: 9:00 AM - 10:15 AM

FORMAT: In-Person

LOCATION: OLLI

COST: \$59.00 OLLI Member
\$74.00 Non-OLLI Member

FEB. 20 | PRESERVING ARKANSAS'S HISTORIC PLACES

DESCRIPTION: Join Rachel Patton, Executive Director of Preserve Arkansas, to explore the vital work being done to preserve and interpret our state's historic places. Dive into our annual Most Endangered Places list and learn about the educational programs and advocacy initiatives that drive our mission to protect Arkansas's unique heritage. Whether you're a history buff or just looking to learn more about our unique heritage, this course is your chance to get involved in preserving Arkansas's historic treasures.

INSTRUCTOR: Rachel Patton

DAY/DATE: Thursday, 2/20/25 (1)

TIME: 10:00 AM - 11:30 AM

FORMAT: In-Person

LOCATION: OLLI

COST: \$49.00 OLLI Member
\$64.00 Non-OLLI Member

FEB. 20 | CANASTA CRAZE: MASTER THE GAME AND MAKE NEW FRIENDS!

DESCRIPTION: Ready for an exciting opportunity to sharpen your Canasta skills with fellow OLLI participants? Once the darling of the 1950s, Canasta remains a beloved card game, combining simple rules with strategic depth that makes it both easy to learn and challenging to master.

In this engaging session, seasoned players Mike Horsman and Barbara Lee will start with a comprehensive review of the game, ensuring everyone is on the same page. After the overview, participants will dive into hands-on play, with Mike and Barbara guiding the group, offering tips and strategies to elevate your game.

Whether you're a seasoned player or new to Canasta, this is a fantastic chance to connect with others, share laughs, and enjoy the thrill of this classic card game. Get your game face on and join the fun!

INSTRUCTOR: Mike Horsman and Barbara Lee

DAY/DATE: Thursdays, 2/20/25-3/13/25 (4)

TIME: 1:00 PM - 3:00 PM

FORMAT: In-Person

LOCATION: OLLI

COST: \$25.00 OLLI Member
\$40.00 Non-OLLI Member

FEB. 21 | 200 YEARS OF JEWELRY

DESCRIPTION: Embark on the fascinating history of jewelry design in this visual journey through the last two centuries. From the iconic works of Fabergé and Lalique to the bold designs of the Art Deco and Retro periods, this course covers key moments in jewelry history—from the Georgian and Victorian eras to the discovery of diamonds in Africa and beyond.

Through stunning images and engaging discussions, brought to you by Accredited Gemologist, Tom Paradise, you'll learn how politics, technology, and cultural shifts shaped the artistry of each period. Discover the beauty, science, and craftsmanship behind the world's most treasured jewels. Perfect for jewelry lovers, history buffs, and design enthusiasts alike!

Participants may bring one piece of their favorite jewelry for the instructor to examine.

INSTRUCTOR: Tom Paradise

DAY/DATE: Friday, 2/21/25 (1)

TIME: 10:00 AM - 12:00 PM

FORMAT: In-Person

LOCATION: OLLI

COST: \$25.00 OLLI Member
\$40.00 Non-OLLI Member

FEB. 24 | THE BYZANTINE EMPIRE: IT'S HISTORY AND INFLUENCE TODAY

DESCRIPTION: The Byzantine Empire, also referred to as the Eastern Roman Empire, was the continuation of the Roman Empire centered in Constantinople (modern-day Istanbul) during late antiquity and the Middle Ages. The eastern half of the Empire survived the conditions that caused the fall of the West in the 5th century AD and flourished until the fall of Constantinople to the Ottoman Empire in 1453. During most of its existence, the empire remained the most powerful economic, cultural, and military force in the Mediterranean world. Join us for this presentation by Fr. Paul Fuller at St. Nicholas Orthodox Church (3171 S. 48th Street in Springdale). Following class, participants will enjoy a delicious Mediterranean meal prepared by members of the Church.

INSTRUCTOR: Fr. Paul Fuller

DAY/DATE: Monday, 2/24/25 (1)

TIME: 10:00 AM - 12:30 PM

FORMAT: In-Person

LOCATION: SNOC

COST: \$19.00 OLLI Member
\$34.00 Non-OLLI Member

FEB. 25 | THE VIOLIN: HISTORY, SOUND, AND CRAFTSMANSHIP

DESCRIPTION: Explore the fascinating evolution of the violin, from its ancient stringed ancestors to the iconic instrument we know today, taught by Tom King and Diane Halliburton, both of whom have a long past working with violins. In this course they will cover the history of the violin, examining the stringed instruments that preceded it and the development of its design, which has remained virtually unchanged for over 500 years. We'll also dive into the evolution of the violin bow, a key component that has continuously transformed over the past millennium.

Learn how violinists create the sounds we love, exploring the interaction between the bow, arms, hands, and fingers. We'll uncover surprising details about how the bow produces sound and what goes into mastering the violin's unique tones. Finally, discover the craftsmanship behind the violin. We'll explore the step-by-step process of violin making, including live demonstrations of key techniques. Perfect for musicians, history buffs, and anyone curious about the artistry behind this timeless instrument.

INSTRUCTOR: Tom King and Diane Halliburton

DAY/DATE: Tuesday, 2/25/25 (1)

TIME: 10:00 AM - 12:00 PM

FORMAT: In-Person**LOCATION:** OLLI**COST:** \$25.00 OLLI Member
\$40.00 Non-OLLI Member**FEB. 25 | GEORGIA ON MY MIND**

DESCRIPTION: The class will introduce you to the rich history and traditions of the country of Georgia. Located at the intersection of Europe and Asia, Georgia boasts 8,000-year-old winemaking traditions, a unique alphabet, breathtaking dances, polyphonic singing, and much more. Kate Mamiseishvili, Dean of the College of Education and Health Professions at the University of Arkansas, will share her perspectives about growing up in Georgia during the Cold War, witnessing the collapse of the Soviet Union, and the challenges of building a new democratic nation. She will also share memorable stories that describe Georgian hospitality, their fun-loving and friendly nature, and unforgettable traditional feasts.

INSTRUCTOR: Dean Kate Mamiseishvili**DAY/DATE:** Tuesday, 2/25/25 (1)**TIME:** 3:30 PM - 5:00 PM**FORMAT:** In-Person**LOCATION:** OLLI**COST:** \$15.00 OLLI Member
\$30.00 Non-OLLI Member**FEB. 26 | EMPOWERING YOURSELF AGAINST MODERN SCAMS**

DESCRIPTION: In today's digital age, protecting your personal information and finances is more critical than ever. This course delves into the deceptive strategies used by scammers and cybercriminals to steal from unsuspecting individuals. Together, Wes Russell, owner of Megabyte Computer Center, and Corey St. Jean will explore current techniques, from phishing and identity theft to more sophisticated scams involving artificial intelligence.

Learn how to recognize these threats, avoid falling victim, and safeguard your personal and financial information. The course also includes a section that showcases real-world scam examples, helping you to better understand how these tactics play out in everyday situations. Empower yourself with the knowledge and tools to stay one step ahead of scammers and protect what matters most.

INSTRUCTOR: Wes Russell and Corey St. Jean**DAY/DATE:** Wednesday, 2/26/25 (1)**TIME:** 1:00 PM - 2:30 PM**FORMAT:** Virtual**LOCATION:** Zoom**COST:** \$19.00 OLLI Member
\$34.00 Non-OLLI Member**FEB. 28 | PLANNING FOR TOMORROW: AN ESTATE PLANNING LUNCHEON**

DESCRIPTION: Join the Office of Planned Giving at the University of Arkansas for an insightful event on estate planning and creating a lasting legacy. Tony Hilliard (J.D., LL.M. in Taxation, CPA), Senior Director of Planned Giving, will share his expertise on strategies for protecting your assets, planning for the future, and ensuring your legacy benefits your loved ones and causes you care about. Whether you're just beginning to consider estate planning or refining an existing plan, this event offers valuable insights and answers to your most pressing questions. Lunch will be provided so don't miss this opportunity to take the next step in securing your legacy!

INSTRUCTOR: Tony Hilliard**DAY/DATE:** Friday, 2/28/25 (1)**TIME:** 11:30 AM - 1:00 PM**FORMAT:** In-Person**LOCATION:** OLLI**COST:** FREE (Lunch Provided)**MAR. 3 | INVESTIGATIVE INSIGHTS INTO A FAYETTEVILLE HOMICIDE CASE**

DESCRIPTION: In April 2007, a young couple was brutally murdered in an apartment complex once known as the Law Quad on West Sycamore Street in Fayetteville. Through meticulous investigation, the primary suspect and an accomplice were identified and arrested within 48 hours. The main suspect demanded a trial and was convicted, while the accomplice accepted a plea deal.

Join John Brooks, retired Crime Scene Investigator and current Criminal Investigation lecturer at the University of Arkansas, as he takes you through this compelling homicide case. This course offers an exclusive opportunity to study the investigative process, legal strategies, and forensic science involved in solving this chilling crime. With real-life case analysis, you'll gain insights into how detectives and forensic experts work together to uncover crucial evidence and bring criminals to justice.

Note: Some images and materials may be graphic and not suitable for all audiences.

INSTRUCTOR: John Brooks**DAY/DATE:** Monday, 3/3/25 (1)**TIME:** 10:00 AM - 12:00 PM**FORMAT:** In-Person**LOCATION:** OLLI**COST:** \$19.00 OLLI Member
\$34.00 Non-OLLI Member**MAR. 3 | FROM SCRIPT TO STAGE: DISCOVERING TWELFTH NIGHT AT THEATRESQUARED**

DESCRIPTION: Get ready for an exciting behind-the-scenes look at TheatreSquared, one of Fayetteville's top spots for live theatre! In this two-part course, you'll kick things off with an exclusive tour of the theatre space and a chat with the Artistic Director about Shakespeare's *Twelfth Night*.

Then, on the following night, you'll have the amazing opportunity to attend the final dress rehearsal before it opens on March 5, 2025! This is a unique chance to see all the magic and hard work that goes into putting on a show. Led by Tara Versey, the Director of Community Experience, this course is perfect for anyone who loves theatre or wants to learn more about the creative process. Don't miss out on this fantastic experience—sign up now and be part of the excitement! (**Current members only.**)

INSTRUCTOR: Tara Versey**DAY/DATE:** Monday & Tuesday,
3/3/25-3/4/25 (2)**TIME:** 3:00 pm-5:00 pm the 1st day
and 7:00 pm-8:30 pm the 2nd day**FORMAT:** In-Person**LOCATION:** TSQ**COST:** \$29.00 OLLI Member
N/A Non-OLLI Member**MAR. 4 | HUCK & JIM IN 1885**

DESCRIPTION: This is a discussion course about Mark Twain's *The Adventures of Huckleberry Finn*. Did you read it as a kid? Because of the frequent use of the n-word and because of its treatment of race in 19th-century America, this classic novel has been the subject of heated controversy in recent decades. Is it a children's adventure book or is it a masterpiece of irony and satire too sophisticated for many college students, much less young children, to grasp?

The sequel to this course is *Huck and Jim* in 2024, offered two weeks after this one ends. Please sign up for both if your schedule permits. Dr. Linda Leavell, a retired professor of American literature, has taught *Huckleberry Finn* many times. Please bring with you to class a paper copy of Twain's novel and read the first sixteen chapters before the first class meeting.

INSTRUCTOR: Linda Leavell

DAY/DATE: Tuesdays, 3/4/25-3/18/25 (3)**TIME:** 10:00 AM - 12:00 PM**FORMAT:** In-Person**LOCATION:** OLLI**COST:** \$25.00 OLLI Member
\$40.00 Non-OLLI Member**MAR. 5 | OZARK-ARKANSAS WRITERS BOOK CLUB****DESCRIPTION:** Class members will explore the culture of Arkansas and the Ozarks through four thoughtfully selected books by regional authors. The reading schedule includes *The Last Independence Day* by Raymond Niblock on March 5; *Broiler* by Eli Cranor on April 2; *Forgotten Girls* by Monica Potts on May 7; and *Blood in Their Eyes* by Grif Stockley on June 4. Participants are responsible for obtaining and reading each book before class.(Recommended: Pearl's Books will give a discount to OLLI Book Club members). The class meets on the first Wednesday of each month. **(Current OLLI Members Only)****INSTRUCTOR:** Marilyn Heifner**DAY/DATE:** Wednesdays, 3/5/25-6/4/25 (4)**TIME:** 1:00 PM - 3:00 PM**FORMAT:** In-Person**LOCATION:** OLLI**COST:** \$29.00 OLLI Member
N/A Non-OLLI Member**MAR. 5 | TAKE ME OUT TO THE BALLGAME!****DESCRIPTION:** Experience an unforgettable day cheering on your Arkansas Razorbacks at Baum-Walker Stadium, the heart of Arkansas baseball! Begin with an exclusive tour of the impressive facilities, where you'll learn more about the stadium and its history. After the tour, settle in for an exciting afternoon of Razorback baseball, surrounded by fellow fans ready to call those Hogs! Led by Jeff Barnett, the Facility Operations Coordinator for Baum-Walker Stadium, this event promises not only a great game but also insights into what makes this venue so special. Don't miss out on this fantastic opportunity to celebrate Razorback spirit and enjoy a day filled with fun and camaraderie!The tour and class portion will be from 1:00 pm - 2:30 pm. The game will begin around 3:00 pm (depending on any delays.) **Activity Level: 1**

Cost of game tickets is included in the class fee.

INSTRUCTOR: Jeff Barnett**DAY/DATE:** Wednesday, 3/5/25 (1)**TIME:** 1:00 PM - 6:00 PM**FORMAT:** In-Person**LOCATION:** BWS**COST:** \$35.00 OLLI Member
N/A Non-OLLI Member**MAR. 6 | PLANNING YOUR OWN FUNERAL****DESCRIPTION:** While we can't predict the date of death, we can certainly prepare for the funeral you envision. Tim Davis, a licensed Funeral Director at Nelson-Berna Funeral Home, will address important questions to consider. Topics will include burial options, locations, religious customs, the idea of a "Living Wake," and how to write your obituary, along with other aspects you may not have thought about yet.**INSTRUCTOR:** Tim Davis**DAY/DATE:** Thursdays, 3/6/25-3/13/25 (2)**TIME:** 10:00 AM - 12:00 PM**FORMAT:** In-Person**LOCATION:** OLLI**COST:** \$25.00 OLLI Member
\$40.00 Non-OLLI Member**MAR. 7 | WHAT IS THE MCCLELLAN-KERR ARKANSAS RIVER NAVIGATION SYSTEM?****DESCRIPTION:** In the mid-1960s, two powerful U.S. Senators from Arkansas and Oklahoma spearheaded one of the largest public works projects in American history—transforming the Arkansas and Verdigris Rivers into a navigable waterway as far as Catoosa, Oklahoma. Hugh Earnest and Randy Dixon will share their research as they delve into the political collaboration behind the project, exploring vintage news coverage and key documents that highlight the efforts of these senators to secure federal funding and ensure its success.

They will also examine the financial aspects of the project, including a detailed look at the funds spent and a review of the current budget, now managed by the U.S. Army Corps of Engineers. Join us for an in-depth exploration of how politics, public works, and financial management shaped this landmark achievement.

INSTRUCTOR: Hugh Earnest and Randy Dixon**DAY/DATE:** Friday, 3/7/25 (1)**TIME:** 9:00 - 11:00 AM**FORMAT:** In-Person**LOCATION:** CIEL**COST:** \$19.00 OLLI Member
\$34.00 Non-OLLI Member**MAR. 10 | ACRYLIC PAINTING FOR BEGINNERS - SPRING****DESCRIPTION:** Unlock your creativity this spring with our Acrylic Painting for Beginners workshop! No matter if you've never touched a paintbrush or are looking to refresh your skills, Helen Eaton, OLLI's experienced art instructor, will guide you through the exciting hands-on process of creating

your very own acrylic painting—from blank canvas to beautiful finished artwork. Designed with beginners in mind, this workshop offers a fun and supportive environment where learning, creating, and enjoying the process all happen together.

The best part? All materials—canvas, acrylic paints, brushes, palette, and mediums—are included, so you can dive right into the creative process without worrying about extra costs. Come join us for a day of artistic discovery and fun, and leave with your own vibrant painting to enjoy all season long!

INSTRUCTOR: Helen Eaton**DAY/DATE:** Monday, 3/10/25 (1)**TIME:** 10:00 AM - 12:00 PM**FORMAT:** In-Person**LOCATION:** OLLI**COST:** \$39.00 OLLI Member
\$54.00 Non-OLLI Member**MAR. 10 | DISMANTLING BIAS IN HEALTHCARE****DESCRIPTION:** In this course, Dr. D'Andre Jones, currently the Community Liaison and Social Services lead for Behavioral Health at NW Medical, addresses the explicit and implicit prejudices that healthcare providers often hold against marginalized groups, including racial and ethnic minorities. Such attitudes impact patient-clinician communication, clinical decision-making, and institutional practices, perpetuating health disparities.

Participants will explore the types of prejudices, understand the concept of implicit attitudes, and learn strategies to recognize and counter these influences in their practices. Through interactive discussions and skills training, the course aims to foster lasting behavioral change and promote equitable care for all patients. By the end, participants will be equipped to create a more inclusive healthcare environment.

INSTRUCTOR: Dr. D'Andre Jones**DAY/DATE:** Mondays, 3/10/25-3/24/25 (3)**TIME:** 1:00 PM - 2:30 PM**FORMAT:** In-Person**LOCATION:** OLLI**COST:** \$25.00 OLLI Member
\$40.00 Non-OLLI Member**MAR. 11 | MASTERING WATERCOLOR: TECHNIQUES FOR EVERY ARTIST****DESCRIPTION:** Immerse yourself in the vibrant world of watercolor in this hands-on class designed for both beginners and those seeking to refine their skills. Led by a professional teaching artist from the Community Creative Center (CCC), you'll explore essential techniques such as wet-on-wet,

dry brushing, and expert color mixing. Throughout the course, you will receive personalized guidance as you experiment with these techniques, gaining the confidence to create stunning effects and expressive artwork. Discover the unique qualities of watercolor as you dive into this versatile medium, allowing your creativity to flow freely.

All class materials will be provided by CCC. (Current members only.)

INSTRUCTOR: Anita Cowan

DAY/DATE: Tuesdays, 3/11/25-3/25/25 (3)

TIME: 10:00 AM - 12:00 PM

FORMAT: In-Person

LOCATION: CCC

COST: \$99.00 OLLI Member

N/A Non-OLLI Member

MAR. 11 | DINE AND DISCOVER AT BLACK APPLE CIDER

DESCRIPTION: Discover the art of cider-making at Black Apple Cider in Springdale, AR, recently ranked #4 in the Top 10 Cideries by the U.S. Open Cider Championship. This exclusive Dine & Discover experience offers an immersive journey into the world of craft cider, featuring a guided tour and tasting session. You'll gain insight into the careful craftsmanship behind each unique cider, made with the finest ingredients to create a symphony of flavors that will refresh and delight your palate. As you savor the ciders, enjoy a curated selection of appetizers from Spring Street Grill, thoughtfully paired to complement and elevate the tasting experience. Join us for an exciting exploration of the cider revolution, and discover new flavors and possibilities with every sip.

Cost of food and beverages are on your own.

INSTRUCTOR: Leo Oepin and Trey Holt, Co-Founders, and Sean Johnson, Ciderologist

DAY/DATE: Tuesday, 3/11/25 (1)

TIME: 3:00 PM - 6:00 PM

FORMAT: In-Person

LOCATION: BAC

COST: \$25.00 OLLI Member

\$40.00 Non-OLLI Member

MAR. 12 | SWEET CREATIONS: CAKE DECORATING 101

DESCRIPTION: Participate in a delightful morning of cake decorating at the renowned Rick's Bakery on College Avenue in Fayetteville! In this beginner-friendly class, Penelope Krie, who has worked at Rick's Bakery for several years as a Master Cake Decorator, will teach you essential techniques for successful cake decorating. Each participant will receive an 8" vanilla cake with vanilla frosting to work on. Guided by Penelope, you'll explore how to creatively apply multi-colored frosting in various shapes and designs. At the end of the class, you'll

take home your delicious creation to share with friends and family!

The cost of the cake material is included in the class fee.

INSTRUCTOR: Penelope Krie

DAY/DATE: Wednesday, 3/12/25 (1)

TIME: 10:00 AM - 12:00 PM

FORMAT: In-Person

LOCATION: RBK

COST: \$59.00 OLLI Member

\$74.00 Non-OLLI Member

MAR. 12 | A GUIDE TO SKINCARE AND AESTHETIC TREATMENTS

DESCRIPTION: Unlock the secrets to glowing skin, led by skincare experts Liz Krauft and Madison Parsons. Whether you're a beginner or looking to enhance your current routine, this course will help you take control of your skin health and explore advanced aesthetic treatments.

Liz Krauft, a Licensed Esthetician, will introduce you to the essentials of skin biology and key skincare ingredients, teaching you how to build a personalized at-home regimen that fits your skin's unique needs. Madison Parsons, a Registered Nurse and Licensed Esthetician, will then cover in-office aesthetic treatments, including neurotoxin injections, dermal fillers, microneedling, chemical peels, laser treatments, and facials. She'll also discuss how to choose the right provider and practice, with a focus on safety and effectiveness.

The instructors will include visual demonstrations of treatments, so participants should be comfortable viewing images or videos of procedures involving needles and other tools. The session will conclude with a Q&A, allowing you to ask questions and get personalized advice. Learn how to care for your skin with confidence, both at home and in-office.

INSTRUCTOR: Madison Parsons and Liz Krauft, LE

DAY/DATE: Wednesday, 3/12/25 (1)

TIME: 1:00 PM - 3:00 PM

FORMAT: In-Person

LOCATION: OLLI

COST: \$19.00 OLLI Member

\$34.00 Non-OLLI Member

MAR. 14 | HARVESTING HISTORY: AN IN-DEPTH STUDY OF ARKANSAS'S ESSENTIAL CROPS

DESCRIPTION: Steve Bowlan from the Arkansas Department of Agriculture will provide an in-depth look at the state's top five row crops—cotton, rice, soybeans, corn, and grain sorghum—

exploring their historical significance and impact on our economic development. Additionally, we'll touch on the history of Arkansas' newest crop, peanuts. Join us for an engaging exploration of these vital agricultural products!

INSTRUCTOR: Steve Bowlan

DAY/DATE: Friday, 3/14/25 (1)

TIME: 1:00 PM - 3:00 PM

FORMAT: In-Person

LOCATION: OLLI

COST: \$19.00 OLLI Member

\$34.00 Non-OLLI Member

MAR. 17 | UNDERSTANDING PROPERTY TAXES IN ARKANSAS

DESCRIPTION: In this course, Washington County Assessor Russell Hill will cover three key approaches to determining property value to better understand property taxes in Arkansas. He will explain the differences between market value and use value, as well as mass appraisal versus fee appraisal. Additionally, he will discuss the benefits of Amendment 79 for homeowners and the impact of a countywide appraisal.

INSTRUCTOR: Russell Hill

DAY/DATE: Monday, 3/17/25 (1)

TIME: 10:00 AM - 11:30 AM

FORMAT: In-Person

LOCATION: OLLI

COST: \$19.00 OLLI Member

\$34.00 Non-OLLI Member

MAR. 19 | STROLLING WITH THE MASTERS: TOUR THE COLLECTION HIGHLIGHTS AT CRYSTAL BRIDGES

DESCRIPTION: The Crystal Bridges Museum of American Art features a permanent collection housed within 50,000 square feet of gallery space. This tour highlights some of the most renowned works, with stops that typically include Gilbert Stuart's *George Washington*, Asher B. Durand's *Kindred Spirits*, and Norman Rockwell's *Rosie the Riveter*. After the tour, OLLI members are welcome to explore the museum independently or enjoy lunch at the museum's restaurant.

Docent-led tour fee is included in your class cost. **Activity Level: 1**

INSTRUCTOR: Katie Doyle

DAY/DATE: Wednesday, 3/19/25 (1)

TIME: 11:00 AM - 12:00 PM

FORMAT: In-Person

LOCATION: CBMU

COST: \$45.00 OLLI Member

\$60.00 Non-OLLI Member

MAR. 20 | CYCLING CAN BE FOR EVERYONE

DESCRIPTION: With the increasing number of trails available in Northwest Arkansas and a growing focus on cycling for individuals of all ages and abilities, this course will include a visit to Dogwood Junction in Siloam Springs. Ben Jones, a certified sales trainer will discuss the different types of cycles from the recumbent trikes to the standard bicycles as well as the indoor track where you can test a bike.

Participants will explore a wide range of bicycles suitable for seniors and those with disabilities. The course will cover various bike features, discuss safety considerations for riding, provide insights on bike maintenance, and offer an opportunity to test-ride a variety of bikes and trikes.

INSTRUCTOR: Dr. Ben Jones
DAY/DATE: Thursday, 3/20/25 (1)
TIME: 9:30 AM - 12:30 PM
FORMAT: In-Person
LOCATION: DWJ
COST: \$25.00 OLLI Member
 \$40.00 Non-OLLI Member

MAR. 21 | UAPS (UFOS): WE ARE DEFINITELY NOT ALONE!

DESCRIPTION: Curious about what the government knows about Unidentified Anomalous Phenomena (UAP)? Join us for an eye-opening course that dives into over 80 years of secrecy and intrigue! We'll explore the fascinating history of UAP, the cover-ups, and the hidden knowledge that's been kept from the public. Plus, we'll touch on the retrieval programs of craft believed to be of non-human origin—yes, we're talking about Non-Human Intelligence (NHI)!

Led by Dr. Michael Dittmore, who brings a wealth of scientific knowledge and experience to the table, this course promises to be engaging and thought-provoking. With a background in cellular/molecular biology and neurobiology, Michael will guide you through the complex intersections of science, history, and the unknown.

INSTRUCTOR: Dr. Michael Dittmore, Ph.D.
DAY/DATE: Friday, 3/21/25 (1)
TIME: 10:00 AM - 12:00 PM
FORMAT: In-Person
LOCATION: OLLI
COST: \$25.00 OLLI Member
 \$40.00 Non-OLLI Member

MAR. 24 | LGBTQ+: BUILDING UNDERSTANDING AND AWARENESS

DESCRIPTION: The last decade has seen un-

precedented advances for the LGBTQ+ community coupled with unprecedented assaults. Now, more than ever, those of us who consider ourselves LGBTQ+ allies or advocates are called upon to move beyond our benevolent preconceptions and embrace courageous curiosity. Join this real-talk "tell me the things I don't know so I can do better," interactive session led by Anne Shelley, a longtime LGBTQ+ community organizer and educator. Anne is known in the University of Arkansas community as having 20+ years' experience facilitating critical conversations regarding diversity, equity, and inclusion.

INSTRUCTOR: Anne Shelley
DAY/DATE: Monday, 3/24/25 (1)
TIME: 10:00 AM - 12:00 PM
FORMAT: In-Person
LOCATION: OLLI
COST: \$19.00 OLLI Member
 \$34.00 Non-OLLI Member

MAR. 25 | TOUR HISTORIC PEABODY HALL

DESCRIPTION: Peabody Hall has enjoyed an interesting history as one of the oldest buildings at the University of Arkansas. Peabody Hall was the first campus building constructed through fundraising rather than state funds—a \$40,000 gift from the Peabody Education Fund, named after George Peabody, a merchant banker who donated \$2,000,000 to support public education in 1867. From its inception, Peabody Hall has been home to the university's teacher education programs. For over 50 years, it also housed the Peabody Elementary School and University High School, educating Fayetteville youth while training generations of student teachers. In 2010, Peabody Hall underwent a nearly \$10 million renovation to become a cutting-edge facility—with historic charm—to prepare future teachers. The restoration earned an award from the Historic Preservation Alliance of Arkansas. The class consists of a tour of Peabody Hall that details the building's history and highlights its contemporary features that facilitate today's teacher education. Former students of Peabody Elementary and University High—or teachers trained in Peabody Hall—are encouraged to attend and share their experiences of learning in this historic building. Parking and meeting information will be sent to participants in the class reminder. (**Current members only.**)

INSTRUCTOR: Associate Dean Michael Hevel and Suzanne Kucharczyk
DAY/DATE: Tuesday, 3/25/25 (1)
TIME: 1:30 PM - 3:00 PM
FORMAT: In-Person
LOCATION: PBH
COST: \$19.00 OLLI Member
 N/A Non-OLLI Member

MAR. 31 | MEMORY 101-BRAIN HEALTH AND WELLNESS

DESCRIPTION: This program will explore the common changes in memory and cognition that occur as we age, distinguishing between what is normal and when it's time to be concerned. We'll also discuss effective strategies for maintaining brain health. Brandi Schneider is the director of Aging Services and Administration at the Schmieding Center for Senior Health and Education, and a licensed master social worker. Brandi will share the latest research on brain health and offer practical tips to reduce the risk of cognitive decline. Additionally, participants will have the opportunity to practice techniques that help keep our brains active and engaged.

INSTRUCTOR: Brandi Schneider
DAY/DATE: Monday, 3/31/25 (1)
TIME: 9:00 AM - 11:00 AM
FORMAT: In-Person
LOCATION: SCHM
COST: \$19.00 OLLI Member
 \$34.00 Non-OLLI Member

TBD | BUILDING FOR THE 21ST CENTURY

DESCRIPTION: Dr. Malcolm Cleaveland has published research in the *Journal of Climate*, *Science*, *Nature*, *Bulletin of the American Meteorological Society*, and will teach a class about how the environment is undergoing significant changes, becoming increasingly harsh and challenging. These shifts necessitate a fundamental transformation in our construction practices. By prioritizing adaptability and sustainability in our building approaches, we can better protect our communities and ensure they thrive in the face of an uncertain future.

Dr. Cleaveland will share his research on how we must work together—governments, architects, engineers, and citizens—to create safe, durable spaces that can weather the storms of tomorrow.

INSTRUCTOR: Dr. Malcolm Cleaveland
DAY/DATE: TBD
TIME: TBD
FORMAT: In-Person
LOCATION: OLLI
COST: \$25.00 OLLI Member
 \$40.00 Non-OLLI Member

MAR. 31 | WOMEN: THE FORGOTTEN "MEN" IN HISTORY (OOL)

DESCRIPTION: Many individuals contribute to history but never get their due. Women and other marginalized groups traditionally received less ink

in history books than the “great men” of history who were mainly white males. This course looks at nine women—three each session—whose achievements are not commonly known. Among the nine women are a scientist, a winner of the Nobel Peace Prize, a pioneering pilot, a suffragist, a candidate for the U.S. presidency, an activist for women’s and African-American’s rights, a British anthropologist, and a pioneering politician from the Western U.S.

INSTRUCTOR: Dr. Diana Carlin

DAY/DATE: Mondays, 3/31/25-5/5/25 (6)

TIME: 2:00 PM - 3:30 PM

FORMAT: Virtual

LOCATION: Zoom

COST: \$65.00 OLLI Member
N/A Non-OLLI Member

MAR. 31 | THE ESSENTIAL JANE AUSTEN (OOL)

DESCRIPTION: In honor of Jane Austen’s 250th birthday in 2025, we will explore her life, works, and legacy from a fresh perspective. Both seasoned readers and those new to Austen will appreciate experiencing the story of her authorship through images of original documents and artifacts. Austen began writing fiction in her teenage years, warmly supported by her family, especially her clergyman father. Yet she had to wait until she was in her thirties to see her first book in print. In this course, we will discover what happened in between, as well as how a household of creative women made it possible for her to focus on her writing and achieve publication. We will consider how and why her literary reputation grew after her death, and we will take a tour of the contemporary adaptations and retellings that continue to broaden her readership.

INSTRUCTOR: Juliette Wells

DAY/DATE: Mondays, 3/31/25-5/5/25 (6)

TIME: 4:00 PM - 5:30 PM

FORMAT: Virtual

LOCATION: Zoom

COST: \$65.00 OLLI Member
N/A Non-OLLI Member

APR. 1 | HUCK AND JIM IN 2024

DESCRIPTION: This is a discussion course about the bestselling novel, *James*, by Percival Everett which was published a year ago. The narrator of the novel is Jim, or James, the runaway enslaved adult who accompanies Huckleberry Finn on his adventures down the Mississippi River. James, a grown man, brings a very different perspective to the events of the novel than does fourteen-year-old Huck, who is oblivious to the man’s danger and suffering. The novel is both an homage to Twain’s greatness and a critique of his limitations.

Please read *Huckleberry Finn* before starting this class and, if your schedule permits, enroll for the earlier course about Twain’s novel. Dr. Linda Leavell, a retired professor of American literature, has

taught *Huckleberry Finn* many times. Please bring with you to class a paper copy of *James* and read the first half before the first class meeting.

INSTRUCTOR: Linda Leavell

DAY/DATE: Tuesday, 4/1/25-4/8/25 (2)

TIME: 10:00 AM - 12:00 PM

FORMAT: In-Person

LOCATION: OLLI

COST: \$25.00 OLLI Member
\$40.00 Non-OLLI Member

APR. 1 | MAINSTREAMING THE MARGINS: A HISTORY OF LGBTQ+ AMERICA (OOL)

DESCRIPTION: Over half a century after the Stonewall Uprising, the vibrant and complex history of LGBTQ+ life, culture, and movements in the U.S. remains a focal point of rich discussion and political relevance. In this course, we will immerse ourselves in the intricate history of LGBTQ+ Americans, examining their political organizations, cultural contributions, and the profound ways they have helped shape the nation. This course offers a comprehensive overview of key LGBTQ+ figures, events, and cultural shifts beginning in the early 20th century to the present, highlighting the emergence and evolution of LGBTQ+ identities and activism, and the challenges they have historically faced. We will uncover how a marginalized community has become a powerful force for social change, impacting every facet of American life—from grassroots politics and art to society at large. Together we will gain a deeper understanding of LGBTQ+ history and gain a renewed appreciation for the ongoing struggle towards justice, inclusion, and freedom in the US.

INSTRUCTOR: Dr. Adam Kocurek

DAY/DATE: Tuesdays, 4/1/25-5/6/25 (6)

TIME: 10:00 AM - 11:30 AM

FORMAT: Virtual

LOCATION: Zoom

COST: \$65.00 OLLI Member
N/A Non-OLLI Member

APR. 1 | CHAPLIN UNMASKED: CELEBRATING THE LEGACY OF THE TRAMP IN THE GOLD RUSH

DESCRIPTION: Join Professor Frank Scheide in a captivating journey through the life and legacy of Sir Charles Spencer Chaplin, one of the most influential figures in film history. This course offers an in-depth exploration of Chaplin’s iconic career, focusing particularly on his seminal work, *The Gold Rush*, as it celebrates its 100th anniversary.

Through engaging lectures and discussions, students will uncover the creative genius behind Chaplin’s beloved screen persona, the Tramp.

We will examine the origins of *The Gold Rush*, investigating the inspiration and challenges faced during its production. Key themes, character motivations, and conflicts will be analyzed to understand how Chaplin’s artistry transcended the silent film era, leaving an indelible mark on cinema. With insights from Professor Scheide’s co-editor of *Chaplin: The Dictator and the Tramp* and author of *Introductory Film Criticism: A Historical Perspective* students will gain a unique perspective on Chaplin’s work and its cultural impact.

This course is ideal for film enthusiasts and anyone interested in the evolution of cinematic storytelling. (During the last session, the group will watch the movie, *The Gold Rush*.)

INSTRUCTOR: Professor Frank Milo Scheide

DAY/DATE: Tuesdays, 4/1/25-4/15/25 (3)

TIME: 1:30 PM - 3:30 PM

FORMAT: In-Person

LOCATION: OLLI

COST: \$25.00 OLLI Member
\$40.00 Non-OLLI Member

APR. 1 | THE SOUNDTRACK OF ROCK & POP IN THE 50’s & 60’s: THE MAGIC OF THE BRILL BUILDING ERA (OOL)

DESCRIPTION: The adventure begins in New York City, where the echoes of Tin Pan Alley’s Great American Songbook still resound. We witness a new generation of talented songwriters, singers, and groups, who filled the airwaves and shaped the soundtrack of our lives. This course is a journey into the melodies, stories, and vibrant personalities behind the Brill Building era of the late 1950s and 1960s. We will discuss the music of legendary songwriters such as Carole King & Gerry Goffin, Neil Sedaka & Howard Greenfield, Barry Mann & Cynthia Weil, Phil Spector, Jerry Leiber & Mike Stoller, Ellie Greenwich & Jeff Barry, Burt Bacharach & Hal David, Neil Diamond, and others. Together we will rediscover the tunes from Elvis Presley, the Coasters, Dion and the Belmonts, the Drifters, Dionne Warwick, the Ronettes, the Shirelles, the Animals, the Monkees, Manfred Mann, Andy Williams, the unforgettable Righteous Brothers, and many others.

INSTRUCTOR: Michael (Mike) Agron

DAY/DATE: Tuesdays, 4/1/25-5/6/25 (6)

TIME: 4:00 PM - 5:30 PM

FORMAT: Virtual

LOCATION: Zoom

COST: \$65.00 OLLI Member
N/A Non-OLLI Member

APR. 2 | HIKE TO KINGS BLUFF FALLS

DESCRIPTION: Join OLLI Director, Josh Raney for a scenic 2-mile hike to Kings Bluff Falls. Located

in the Pedestal Rock Scenic Area of the Ozark National Forest, Kings Bluff Falls is just under two hours' drive (about 90 miles) from Fayetteville, Arkansas.

This hike offers stunning views of the 114-foot waterfall, especially after rainfall, as water cascades off a towering bluff. The trail meanders through dense, picturesque forest terrain, offering peaceful surroundings and plenty of opportunities to enjoy the natural beauty of the Ozarks. The combination of waterfalls, rock formations, and the serene forest setting makes this hike a hidden gem in Arkansas, perfect for nature lovers and photographers alike.

Transportation is available. Location and travel information will be sent prior to the date of the hike. **Activity Level: 3**

INSTRUCTOR: Josh Raney

DAY/DATE: Wednesday, 4/2/25 (1)

TIME: 8:30 AM - 5:00 PM

FORMAT: In-Person

LOCATION: PRSA

COST: \$25.00 (CR) \$49.00 (TR) OLLI Member
\$40.00 (CR) \$64.00 (TR) Non-OLLI Member

APR. 2 | FUTURE PROOFING YOUR HEALTHSPAN AND LONGEVITY (OOL)

DESCRIPTION: Longevity comes down to one simple truth: our ability to weather the inevitable challenges life unexpectedly drops in our lap. Resilience is our ticket to extended healthspan. Western society is entering a phase of significant transformation that will change how we age. This course is a condensed version of Fulton's Whealthspan Masterclass which focuses on the five foundations for extending healthspan and looks at societal changes that will impact all of us. We will distill the latest and most relevant age-related science for a general audience and explain the strategies for optimal outcomes that fit a wide range of cultures and values.

INSTRUCTOR: Scott Fulton

DAY/DATE: Wednesdays, 4/2/25-5/7/25 (6)

TIME: 12:00 PM - 1:30 PM

FORMAT: Virtual

LOCATION: Zoom

COST: \$65.00 OLLI Member
N/A Non-OLLI Member

APR. 3 | TRIP TO GEORGE WASHINGTON CARVER NATIONAL MEMORIAL AND MUSEUM

DESCRIPTION: Discover the inspiring life of George Washington Carver at the George Wash-

ington Carver National Monument in Diamond, Missouri. Born into slavery, Carver became a renowned educator and agricultural scientist at the Tuskegee Institute. This day trip includes an informative orientation film, a one-mile guided tour of the monument grounds, and a hands-on activity in the peanut lab, where Carver's agricultural innovations come to life.

Join us for an educational experience that honors the resilience, ingenuity, and legacy of one of America's most influential figures. You'll also have time to explore the museum and learn more about his impact on science and agriculture. Please note: individuals with peanut allergies should exercise caution during the lab activity. Lunch is included.

Transportation is available. Location and travel information will be sent prior to the date of the hike. **Activity Level: 2**

INSTRUCTOR: Tom O'Neal

DAY/DATE: Thursday, 4/3/25 (1)

TIME: 8:00 AM - 4:00 PM

FORMAT: In-Person

LOCATION: Meet at OLLI

COST: \$45.00 (CR) \$65.00 (TR) OLLI Member
\$60.00 (CR) \$80.00 (TR) Non-OLLI Member

APR. 3 | RUSSIA BEYOND RUSSIANS (OOL)

DESCRIPTION: This course focuses on recent events in Russia and the post-Soviet space, many of which stem from enduring ethnic tensions. The Russian Federation is home to 180 nationalities, many of which have long been in conflict. We will examine how the Russian state—under the Tsars, Soviets, and President Vladimir Putin—has sought to impose uniformity, often diminishing ethnic groups. Through a historical lens, we will explore the struggles of these groups, from peaceful movements like the Circassian movement to violent resistance like Chechnya. Contemporary Russian culture, including music, cinema, cuisine, and humor, will also be discussed to illuminate current events.

INSTRUCTOR: Dr. Asya Pereltsvaig

DAY/DATE: Thursdays, 4/3/25-5/8/25 (6)

TIME: 12:00 PM - 1:30 PM

FORMAT: Virtual

LOCATION: Zoom

COST: \$65.00 OLLI Member
N/A Non-OLLI Member

APR. 3 | SCIENCE CHARCUTERIE (OOL)

DESCRIPTION: Some topics don't fit neatly into OLLI science classes—too big, too small, too little, too much, too off-topic—and often end up on the proverbial cutting room floor. In this course, these intriguing bits and ends are gathered up and presented like a charcuterie board of tasty science

snacks. This will be a six-week romp through just about anything one might imagine including a little bit of color theory, a morsel of genetic testing science, a dash of airplane physics, some lightning theory, a mouse that turns scorpion venom into a painkiller, current scientific thoughts on origins of life, and a lot of time to explore topics of interest to you. Bring your questions and we will explore some of the exciting nooks and crannies of science together.

INSTRUCTOR: Dr. Kfir Hendrickson

DAY/DATE: Thursdays, 4/3/25-5/8/25 (6)

TIME: 4:00 PM - 5:30 PM

FORMAT: Virtual

LOCATION: Zoom

COST: \$65.00 OLLI Member
N/A Non-OLLI Member

APR. 4 | FOUNDATIONS OF DRAWING: PORTRAITS, PERSPECTIVE, AND LANDSCAPES

DESCRIPTION: Join Amy Lyn Edie, a talented portrait artist from Northwest Arkansas, for an immersive six-week drawing course designed for complete beginners. This hands-on class will guide you through the essential techniques of drawing, focusing on three key areas: portrait drawing, perspective drawing, and landscapes.

In the first two weeks, you will explore the fundamentals of capturing the human face. The following two weeks will introduce you to the principles of perspective drawing. In the final two weeks, you will connect with nature as you learn to draw landscapes.

Whether you are picking up a pencil for the first time or looking to refresh your skills, this course offers a supportive environment to foster creativity and growth. Take a journey into the art of drawing, where you will build a strong foundation and create beautiful works of art. ***A detailed list of materials needed will be provided upon registration.**

INSTRUCTOR: Amy Lyn Edie

DAY/DATE: Fridays, 4/4/25-5/9/25 (6)

TIME: 10:00 AM - 11:30 AM

FORMAT: In-Person

LOCATION: OLLI

COST: \$59.00 OLLI Member
\$74.00 Non-OLLI Member

APR. 7 | FOLLOWING DARWIN: A PHOTOGRAPHIC TOUR OF THE GALAPAGOS ISLANDS

DESCRIPTION: Doug Talbott, an avid photographer and traveler, will take you on a photographic tour of the Galápagos Islands. The islands remain

largely untouched by human influence, offering a breathtaking glimpse into nature. Picture yourself on pristine shores where giant tortoises wander, marine iguanas bask in the sun, and blue-footed boobies showcase their quirky mating dances. This unique ecosystem served as a living laboratory of evolution, inspiring Charles Darwin's groundbreaking theories.

In February 2025, Doug and his wife explored six of the thirteen major islands. In this two-hour presentation, he'll share some of his best photos and delve into the enchanting history of this remarkable archipelago.

INSTRUCTOR: Doug Talbott

DAY/DATE: Monday, 4/7/25 (1)

TIME: 10:00 AM - 12:00 PM

FORMAT: In-Person

LOCATION: OLLI

COST: \$19.00 OLLI Member
\$34.00 Non-OLLI Member

APR. 7 | TERRORISM IN THE HEARTLAND

DESCRIPTION: From August 1992 to April 1995, three tragic and high-profile events—Ruby Ridge, Waco, and the Oklahoma City bombing—captured the attention of the nation, as federal forces clashed with U.S. civilians. These incidents, often tied together in media coverage, are marked by themes of freedom, religion, and guns.

John Powers, a Lifelong Learning program educator, will delve deeper into the individuals involved and the decision-making processes that escalated these confrontations, leading to devastating loss and destruction in the heart of America. With the benefit of 30 years of perspective, we'll move beyond the headlines and explore the complexities of these events, uncovering the broader social and political forces at play.

Join us for a thought-provoking examination of a pivotal period in U.S. history, where we seek to understand the true causes and consequences of these tragic moments.

INSTRUCTOR: John Powers

DAY/DATE: Mondays, 4/7/25-5/12/25 (6)

TIME: 1:00 PM - 2:30 PM

FORMAT: Virtual

LOCATION: Zoom

COST: \$59.00 OLLI Member
\$74.00 Non-OLLI Member

APR. 8 | CINEMA IN TRANSITION: EXPLORING CHANGE THROUGH CLASSIC FILMS (OOL)

DESCRIPTION: Spring is a time of new life, as we watch the world around us change from dor-

mant to full of life. This course is an introduction to film movements and styles. We will watch several classic films all of which have a theme of change. We will begin by discussing film genres, film history, and how films are made. We will also explore what to look for as you watch the films selected for the course. Films are watched on your own outside of the classroom (at least one film will be assigned per week beginning week 2) and are available on Plex with a free account, through Turner Classic Movies, or with a Max subscription. Some titles may also be available through your local public library. During each class session, we will unpack the film in terms of its style, story, filmmaking technique, and how it fits with the theme of change. During this course, we will discover great films that help us see and think about change in our world.

INSTRUCTOR: Dr. Jeremy Fackenthal

DAY/DATE: Tuesdays, 4/8/25-5/13/25 (6)

TIME: 12:00 PM - 1:30 PM

FORMAT: Virtual

LOCATION: Zoom

COST: \$65.00 OLLI Member
N/A Non-OLLI Member

APR. 8 | REVEALING THE WONDERS OF ROMANESQUE AND GOTHIC ARCHITECTURE: AN EXPEDITION THROUGH TIME, 1100-1500 (OOL)

DESCRIPTION: Embark on a captivating exploration of the architectural wonders of the Romanesque and Gothic periods. This course offers a fascinating insight into the evolution of architectural styles, from the sturdy simplicity of Romanesque structures to the soaring heights and intricate details of Gothic cathedrals. Uncover the historical context, technological innovations, and cultural influences that shaped these magnificent edifices. Engage in enriching discussions, immersive experiences, and insightful lectures that unveil the craftsmanship and symbolism inherent in these masterpieces of stone and glass. Whether you are an avid history buff, an art aficionado, or simply curious about the past, join us on this exhilarating journey through the architectural marvels of the medieval era.

INSTRUCTOR: Dr. Ilya Dines

DAY/DATE: Tuesdays, 4/8/25-5/13/25 (6)

TIME: 6:00 PM - 7:30 PM

FORMAT: Virtual

LOCATION: Zoom

COST: \$65.00 OLLI Member
N/A Non-OLLI Member

APR. 9 | QR CURIOUS

DESCRIPTION: Curious about the QR codes you see everywhere? Join us for a lively course where you'll discover the history of these innova-

tive codes, learn how to use them, and even create your own! From accessing restaurant menus to viewing ticket sales and educational materials, QR codes are transforming how we share information. Diane O'Neal, a member of the Garden Gate Tour, will guide you through the benefits of using QR codes, especially for reducing paper waste. Diane's hands-on experience in integrating QR codes into various programs will inspire you to make the switch in your own life. Don't miss this chance to master QR codes and see how they can simplify your daily interactions.

Participants are required to bring a cell phone with working camera to class.

INSTRUCTOR: Diane O'Neal

DAY/DATE: Wednesday, 4/9/25 (1)

TIME: 9:30 AM - 11:00 AM

FORMAT: In-Person

LOCATION: CIEL

COST: \$19.00 OLLI Member
\$34.00 Non-OLLI Member

APR. 9 | SCRATCHBOARD ART

DESCRIPTION: Join local mixed media artist, poet, and journal keeper Julie Jeannene Rickard for an exciting exploration of scratchboard art! This direct engraving technique involves using a sharp tool to scratch away a dark outer layer, revealing the light pigment beneath. The fundamental techniques of scratch art intersect with drawing, printmaking, and sculpture, making it an excellent process for artists of all levels to learn.

In this hands-on class, Julie will guide students through various applications, helping them create unique scratch art pieces perfect for display or as thoughtful gifts. Scratch art is not only simple and satisfying but also full of surprises, allowing participants to express their creativity in an engaging way. Come discover the joys of scratchboard art with Julie!

All materials for the class will be provided.

INSTRUCTOR: Julie Jeannene Rickard

DAY/DATE: Wednesday, 4/9/25 (1)

TIME: 1:00 PM - 3:00 PM

FORMAT: In-Person

LOCATION: OLLI

COST: \$59.00 OLLI Member
\$74.00 Non-OLLI Member

APR. 9 | CAR CRAZY: 1950's ONWARD (OOL)

DESCRIPTION: In this course, we will explore key eras of automotive history, as a way of understanding the profound impact cars have on society and culture. We will discuss the role of influential designers, the creation of iconic vehicles like the Ford Mustang and Chevrolet Corvette, and the appeal of visionary concept cars like the Ford Nucleon – all of which highlight the creativity and

innovation of each era. We will discuss how global car cultures, from America's muscle cars to Japan's futuristic designs, reflect the unique identities and values of their societies. These vehicles have become symbols of creativity, status, and technological progress. Whether it's Germany's precision-engineered sports cars or Italy's exquisitely crafted performance masterpieces, each region brings its own distinct flavor to the world of automotive design. Learn how the worldwide car scene showcases the diversity of human innovation and cultural expression, cementing automobiles as both a tool of progress and a reflection of societal evolution.

INSTRUCTOR: Pandora Paul

DAY/DATE: Wednesdays, 4/9/25-5/14/25 (6)

TIME: 6:00 PM - 7:30 PM

FORMAT: Virtual

LOCATION: Zoom

COST: \$65.00 OLLI Member

N/A Non-OLLI Member

APR. 10 | JAMES WEBB SPACE TELESCOPE: CHANGING OUR VIEW OF THE UNIVERSE

DESCRIPTION: Join Dr. Katherine Auld for an exciting exploration of the James Webb Space Telescope (JWST), a groundbreaking tool that's transforming our understanding of the universe. With its advanced infrared capabilities, the JWST is uncovering light from galaxies formed just a few hundred million years after the Big Bang, offering unprecedented insights into the birth of stars and galaxies.

Discover how this remarkable telescope is also analyzing the atmospheres of distant exoplanets, searching for signs of life-sustaining molecules like water vapor, carbon dioxide, and methane. Dr. Auld will share the latest discoveries and lead a discussion on how the JWST is not only expanding our view of the cosmos but also challenging our understanding of physics and cosmology. Don't miss the chance to learn how this powerful observatory is opening new frontiers in space science!

INSTRUCTOR: Dr. Katherine Auld, Ph.D.

DAY/DATE: Thursday, 4/10/25 (1)

TIME: 1:00 PM - 3:00 PM

FORMAT: In-Person

LOCATION: OLLI

COST: \$25.00 OLLI Member

\$40.00 Non-OLLI Member

APR. 10 | NEUROLOGY IN A NUTSHELL: THE BRAIN EXPLAINED (OOL)

DESCRIPTION: This course begins by unraveling the mysteries of the brain. We will explore how

to navigate the complex and fragmented health-care system and discuss strategies for advocating for personalized care. In addition to simplifying common neurological conditions—such as headaches, dizziness, stroke, Parkinson's disease, and memory loss—we will examine testing and imaging of the nervous system. The course will also focus on illness prevention through healthy lifestyles and provide an intimate discussion of end-of-life issues.

INSTRUCTOR: Dr. Paul Schanfield

DAY/DATE: Thursdays, 4/10/25-5/15/25 (6)

TIME: 2:00 PM - 3:30 PM

FORMAT: Virtual

LOCATION: Zoom

COST: \$65.00 OLLI Member

N/A Non-OLLI Member

APR. 11 | BELLA NAPOLI: ITALY'S (OTHER) "ETERNAL CITY" (OOL)

DESCRIPTION: The Southern Italian port city of Naples is home to a rich and complex history stretching back to its foundation by Greek colonists in the 8th century B.C.E. Across the centuries, Naples evolved into a vibrant cultural, political and economic center of the Mediterranean world, first as a part of Magna Gracia, and later, under successive periods of Roman, Byzantine, Norman, Angevin, and Spanish rule, on route to becoming the capital of the independent Bourbon Kingdom of the Two Sicilies in 1816. In 1861, Naples's incorporation into the newly unified Italian nation-state as a part of the Risorgimento initiated an era of modernization and adaptation that persists to the present day.

In this six-week class, we will examine la storia e tradizioni di bella Napoli—a city famously pieno di contraddizione ("full of contradictions"). Aimed at students and travelers alike, the course offers a virtual "grand tour" of Naples through a close examination of a dozen Neapolitan monuments/historic sites reflective of milestones in the city's historical development from its origins through today, including: Castel dell' Ovo, Spaccanapoli, Università degli Studi di Napoli Federico II, Castel Nuovo, the Duomo, Santa Chiara, i musei Capodimonte e Archeologico Nazionale, Palazzo Reale, Teatro San Carlo, and the Galleria Umberto I among others (including "side visits" to the city's best pizzerias, food stalls, pastry shops and cafes!)

INSTRUCTOR: Dr. Anthony Antonucci

and Hilary Haakenson

DAY/DATE: Fridays, 4/11/25-5/16/25 (6)

TIME: 12:00 PM - 1:30 PM

FORMAT: Virtual

LOCATION: Zoom

COST: \$65.00 OLLI Member

N/A Non-OLLI Member

APR. 11 | UNLOCKING RESTFUL SLEEP: UNDERSTANDING CHANGES AND STRATEGIES FOR SENIORS

DESCRIPTION: A recent article on WebMD highlighted that nearly half of adults over 65 report experiencing at least one sleep issue. As we age, our sleep patterns naturally shift, often leading to challenges that can feel disruptive. Many of us long for the restful nights we once enjoyed. Dr. Orie Quinn, a Doctorate in Chiropractic, lead chiropractor at Ozark Holistic Center (OHC) in Fayetteville, and a sleep researcher with over a decade of experience, will delve into this topic in a two-part series. He'll share insights from his research on how and why our sleep changes with age, along with practical tips for optimizing your sleep to suit your needs. Class will not meet on the week in between the two listed dates.

INSTRUCTOR: Dr. Orie Quinn

DAY/DATE: Fridays, 4/11/25-4/25/25 (2)

TIME: 2:00 PM - 4:00 PM

FORMAT: In-Person

LOCATION: BTV

COST: \$25.00 OLLI Member

\$40.00 Non-OLLI Member

TBD | CLIMATE CHANGE DENIAL

DESCRIPTION: It's increasingly clear that our climate is changing rapidly, yet many conservatives remain in denial. In this course, Dr. Malcolm Cleaveland, who is retired from the geosciences department at the U of A, will explore the evidence supporting climate change and examine the reasons behind this denial. Join us as we delve into the complexities of this critical issue.

INSTRUCTOR: Dr. Malcolm Cleaveland

DAY/DATE: TBD

TIME: TBD

FORMAT: In-Person

LOCATION: OLLI

COST: \$25.00 OLLI Member

\$40.00 Non-OLLI Member

APR. 15 | SURVIVAL ITALIAN: FROM ORDERING A CUP OF COFFEE TO CRUISING THE MARKET

DESCRIPTION: Are you ready for a trip to Italy, or simply interested in learning about the country's language and customs? Join Dr. Ryan Calabretta-Sajder, Associate Professor of Italian at the University of Arkansas, for a 6-week journey filled with essential phrases and travel tips. This course will cover a variety of topics, including preparing for your trip,

salutations, navigating the airport, ordering food and drinks, shopping, traveling within Italy, and ensuring your safety. Get ready to embark on this exciting adventure!

INSTRUCTOR: Dr. Ryan Calabretta-Sajder

DAY/DATE: Tuesdays, 4/15/25-5/20/25 (6)

TIME: 10:00 AM - 12:00 PM

FORMAT: In-Person

LOCATION: OLLI

COST: \$69.00 OLLI Member
N/A Non-OLLI Member

APR. 16 | DISCOVER THE GEOLOGY OF ARKANSAS

DESCRIPTION: Have you ever driven across the state and wondered why some rock layers appear flat (like along I-49 south of Fayetteville) while others are tilted at steep angles (around Hot Springs)? How did diamonds end up in Arkansas? What factors shaped our state's landscape? Join Mac McGilvery, Adjunct Professor of Geosciences and the U of A, as he provides an overview of the geology of Arkansas.

Through his presentation, explore the fascinating geological history of Arkansas in this engaging course that takes you through the state's five distinct physiographic provinces: the Ozark Plateaus, Arkansas River Valley, Ouachita Mountains, Mississippi River Alluvial Plain, and West Gulf Coastal Plain. Discover how tectonic forces—from the separation of ancient continents to the formation of the supercontinent Pangea—shaped the landscape you see today. Learn about the diverse bed-rock types, from rocks dating back to the early Paleozoic era (over 470 million years ago) to more recent formations, and how these geological features have influenced Arkansas' cultural and economic development.

Whether you're a nature enthusiast or simply curious, this course will deepen your appreciation for the geology all around us.

INSTRUCTOR: T. A. (Mac) McGilvery

DAY/DATE: Wednesdays, 4/16/25-4/23/25 (2)

TIME: 9:30 AM - 12:00 PM

FORMAT: In-Person

LOCATION: OLLI

COST: \$25.00 OLLI Member
\$40.00 Non-OLLI Member

APR. 16 | CREATIVE JOURNALING

DESCRIPTION: Join local mixed media artist, poet, and passionate journal keeper Julie Jeannene Rickard for an inspiring three-part workshop designed to explore vision and voice in new ways. By combining verbal and visual skills, participants will discover a mental balance that fosters evolving

creative practices.

Julie will guide you through mixed media techniques, including drawing, collage, and basic printing, alongside revealing writing exercises with prompts to inspire memory, dreams, and sensory experiences. You'll create working journals to continue this satisfying creative process long after the workshop concludes.

Dive deep into your own creative potential, share your wisdom, and celebrate collective expression in a supportive environment. Come ready to unlock new avenues of creativity! All materials will be provided for the class participants.

INSTRUCTOR: Julie Jeannene Rickard

DAY/DATE: Wednesdays, 4/16/25-4/30/25 (3)

TIME: 1:00 PM - 3:00 PM

FORMAT: In-Person

LOCATION: OLLI

COST: \$59.00 OLLI Member
\$74.00 Non-OLLI Member

APR. 16 | VIRTUOSOS IN CLASSICAL MUSIC (OOL)

DESCRIPTION: Using anecdotes, stories, humor, and audiovisuals, we will explore the legacy and artistry of influential performers whose technical brilliance, richness of tone, and showmanship have shaped music history. We will contrast performers who strike a balance between showmanship, intensity, passion, and bold elegance. We will examine talents whose impressive ability, charisma, and distinctive sound have captivated audiences in the last 150 years like Arthur Rubinstein, Jascha Heifetz, Vladimir Horowitz, Yuja Wang, Itzhak Perlman, Anne-Sophie Mutter, and Lang Lang. We will also explore emerging talents such as Alma Deutscher.

INSTRUCTOR: Emanuel Abramovits

DAY/DATE: Wednesdays, 4/16/25-5/21/25 (6)

TIME: 4:00 PM - 5:30 PM

FORMAT: Virtual

LOCATION: Zoom

COST: \$65.00 OLLI Member
N/A Non-OLLI Member

APR. 17 | ALL ROADS LEAD TO CANE HILL

DESCRIPTION: Explore Cane Hill, once a vibrant educational and agricultural hub in Northwest Arkansas, and now a unique blend of Ozark culture, history, and nature. As the first European-American settlement in Washington County, Cane Hill was home to Arkansas's first public library (1828) and the state's first co-educational college (1875). Though factors like the Civil War and the

railroad's bypass led to its decline, the legacy lives on through Historic Cane Hill, a nonprofit dedicated to preserving its architectural and cultural heritage. With 15 historic buildings on the National Register, the organization operates a museum and art gallery and offers engaging programs throughout the year.

Join us after the lecture for an optional tour of Cane Hill's landmarks and newly restored properties, led by Amanda Cothren, our programs and events coordinator with extensive experience in the region's cultural scene. Discover why we say, "All Roads Lead to Cane Hill." **Activity Level: 2**

INSTRUCTOR: Amanda Cothren

DAY/DATE: Thursday, 4/17/25 (1)

TIME: 10:00 AM - 12:00 PM

FORMAT: In-Person

LOCATION: CHM

COST: \$25.00 OLLI Member
\$40.00 Non-OLLI Member

APR. 17 | HIKE ON DEVIL'S DEN TRAIL

DESCRIPTION: Explore the beauty of Devil's Den State Park on the 1.5-mile Devil's Den Trail, a loop that offers some of the park's most iconic features. The trail is moderate, with some rocky sections and elevation changes, as it goes through lush Ozark woodlands, where you'll encounter fascinating geological formations and striking natural landmarks.

The trail's highlights include Twin Falls, a picturesque waterfall that's especially beautiful after a good rain. Along the route, you'll also pass the Devil's Den Cave and Devil's Icebox, two intriguing geological features that are part of an extensive underground network. While the cave itself is currently closed to protect endangered bat species, you can still enjoy the cool, dark atmosphere of these unique formations from the outside. Located just 30 miles south of Fayetteville, Devil's Den Trail offers a rewarding escape into nature with captivating scenery and unique geological wonders.

Transportation is available. Location and travel information will be sent prior to the date of the hike. **Activity Level: 3**

INSTRUCTOR: Josh Raney

DAY/DATE: Thursday, 4/17/25 (1)

TIME: 10:00 AM - 2:30 PM

FORMAT: In-Person

LOCATION: DDSP

COST: \$25.00 (CR) \$45.00 (TR) OLLI Member
\$40.00 (CR) \$60.00 (TR) Non-OLLI Member

APR. 22 | HIKE TO BUCKHORN CREEK

DESCRIPTION: Join naturalist Lloyd Keck for a challenging day hike in the Ozark/St. Francis National Forest. This tough 3-mile trail takes hikers deep into the rugged landscape of Buckhorn Creek, a tributary of Cove Creek in Crawford County. Along the way, you'll encounter striking rock formations and a small waterfall that spills into a natural swimming hole—an incredible reward for those up for the challenge. Rated Level 3 (advanced), this hike is demanding and best suited for experienced hikers. Be prepared for a physically tough experience and ensure you're equipped for the difficult terrain.

Transportation is available. Location and travel information will be sent prior to the date of the hike. **Activity Level: 3**

INSTRUCTOR: Lloyd Keck

DAY/DATE: Tuesday, 4/22/25 (1)

TIME: 9:00 AM - 4:00 PM

FORMAT: In-Person

LOCATION: Meet at OLLI

COST: \$25.00 (CR) \$39.00 (TR) OLLI Member
\$40.00 (CR) \$54.00 (TR) Non-OLLI Member

APR. 23 | DELIGHTFUL DOGWOODS: TOURING DOGWOOD CANYON NATURE PARK

DESCRIPTION: Immerse yourself in the untouched beauty of Dogwood Canyon Nature Park, a spectacular 10,000-acre outdoor paradise tucked away in the rugged Ozark Mountains near Lampe, Missouri. This breathtaking park offers a pristine landscape where towering bluffs, cascading waterfalls, and crystal-clear trout streams create a serene backdrop for outdoor exploration and adventure.

At Dogwood Canyon, the group will board the tram so you can take in the beauty of the landscape as you pass handcrafted bridges, ancient burial caves, and enchanting bottomless blue-green pools. Each stop is a chance to witness nature's wonders in their most untouched form.

The cost of admission and the tram tour is included in the price. Meeting location information will be sent in the class reminder. **Activity Level: 1**

INSTRUCTOR: Doug Talbott, Facilitator

DAY/DATE: Wednesday, 4/23/25 (1)

TIME: 8:30 AM - 6:30 PM

FORMAT: In-Person

LOCATION: OLLI (TR) DWC (CR)

COST: \$75.00 (CR) \$105.00 (TR) OLLI Member
\$90.00 (CR) \$120.00 (TR) Non-OLLI Member

APR. 24 | TYSON ART TOUR: BEHIND CLOSED DOORS (4/24)

DESCRIPTION: This exclusive private art tour at Tyson Foods, Inc. Headquarters in Springdale offers a unique opportunity to explore an impressive collection that includes works from renowned artists like Ansel Adams, Andy Warhol, and Roy Lichtenstein. Participants will also visit the Founder's Room, providing insights into Tyson's corporate history. Since the collection isn't available for public viewing, this tour is a special experience.

The tour lasts 1.5 hours, from 10:30 AM to 12:00 PM. Please note that transportation is provided, and commuters are not permitted. Participants will meet at OLLI Headquarters at 9:30 am ready to leave at 9:45 am. **Activity Level: 1 (Current OLLI Members Only)**

INSTRUCTOR: Archie Schaffer

DAY/DATE: Thursday, 4/24/25 (1)

TIME: 9:45 AM - 12:30 PM

FORMAT: In-Person

LOCATION: Meet at OLLI

COST: \$45.00 OLLI Member
N/A Non-OLLI Member

APR. 24 | STAYING STEADY: ENHANCING BALANCE AND COORDINATION AS WE AGE

DESCRIPTION: Isaac Cook, Washington Regional's personal trainer and exercise physiologist will delve into how balance and coordination change as we age, exploring the physiological and neurological factors that contribute to these shifts. He will also discuss the crucial role that physical activity and exercise play in not only slowing down these age-related changes but also in actively improving balance and coordination.

Participants will learn about various exercises and activities that can enhance stability, reduce the risk of falls, and promote overall physical well-being. By understanding the relationship between movement and aging, you'll gain practical strategies to maintain and improve your balance and coordination throughout the aging process.

INSTRUCTOR: Isaac Cook

DAY/DATE: Thursday, 4/24/25 (1)

TIME: 3:00 PM - 4:30 PM

FORMAT: In-Person

LOCATION: WRCE

COST: \$19.00 OLLI Member
\$34.00 Non-OLLI Member

APR. 28 | INNOVATIVE APPROACHES TO SUPPORTING INDIVIDUALS EXPERIENCING HOMELESSNESS IN NORTHWEST ARKANSAS

DESCRIPTION: This course offers an in-depth look at New Beginnings, a program dedicated to supporting individuals experiencing chronic homelessness in and around Fayetteville. Over the past three years, New Beginnings has made significant strides with its bridge housing program and has recently introduced two innovative services: supportive housing and medical respite. These cutting-edge programs are changing the way homelessness is addressed.

Through Kevin Fitzpatrick, who has dedicated over 30 years researching homelessness, and Solomon Burchfield, the director of New Beginnings, participants will explore the details of these programs, the reasons behind their development, and how they're meeting the complex needs of this vulnerable population. They'll also discuss the structural roots of homelessness—poverty, job access, and affordable housing—and the challenges agencies face in finding effective solutions.

Whether you're looking to understand this issue more deeply or seeking volunteer opportunities, this course will equip you with valuable insights into the evolving landscape of homelessness services.

INSTRUCTOR: Kevin Fitzpatrick and Solomon Burchfield

DAY/DATE: Monday, 4/28/25 (1)

TIME: 10:00 AM - 12:00 PM

FORMAT: In-Person

LOCATION: OLLI

COST: \$19.00 OLLI Member
\$34.00 Non-OLLI Member

APR. 29 | SELF DEFENSE CLASS

DESCRIPTION: Cole Saugey, with 14 years of experience training in Krav Maga, will help you discover practical and effective self-defense techniques designed for real-life situations. This training covers how to defend against wrist grabs, chokes, bear hugs, and headlocks. You'll learn essential movements, strikes, and kicks. Get ready to TRAIN TO SURVIVE!

Activity Level: 2

INSTRUCTOR: Cole Saugey

DAY/DATE: Tuesday, 4/29/25 (1)

TIME: 2:30 PM - 3:30 PM

FORMAT: In-Person

LOCATION: FKRAV

COST: \$25.00 OLLI Member
\$40.00 Non-OLLI Member

APR. 30 | FOLLOW THE MONEY: FINANCING THE NOVEMBER 2024 FEDERAL CAMPAIGNS

DESCRIPTION: Dive into the world of campaign finance in the 2024 Presidential, Senate, and House elections! Ever wonder where all that money comes from and how it's used? Join us for an engaging, nonpartisan exploration of the financial side of politics. The two part course will break down the history of campaign spending and take a close look at the funding for the 2024 elections. We'll compare this year's spending to past campaigns, identify the major players, and highlight important trends in campaign finance. Plus, there'll be plenty of time for lively discussions!

So, bring your curiosity and investigative spirit as we uncover the facts behind this topical—and pricey—subject. Led by Ken Allen, a retired CFO and economics instructor at the University of Arkansas, this course is perfect for anyone wanting to understand the impact of money in elections.

INSTRUCTOR: Ken Allen
DAY/DATE: Wednesdays, 4/30/25-5/7/25 (2)
TIME: 10:00 AM - 12:00 PM
FORMAT: In-Person
LOCATION: OLLI
COST: \$25.00 OLLI Member
 \$40.00 Non-OLLI Member

MAY 1 | A DAY AT PHILBROOK MUSEUM OF ART

DESCRIPTION: Discover the artistic treasures and serene beauty of Philbrook Museum of Art, widely regarded as the "most beautiful place in Oklahoma." Nestled in Tulsa, this world-class museum and garden complex offers a perfect blend of stunning art collections and breathtaking landscapes. Spend a few hours exploring the museum's exceptional galleries, which feature an impressive mix of American, European, and Native American art, all housed in a stunning Italian Renaissance-style villa.

During your visit, a knowledgeable docent will guide you through the museum, offering insightful commentary and enhancing your appreciation of the art on display. You'll also enjoy a relaxing lunch break (on your own) in a private area, allowing you to reflect on your experience in comfort. With optional transportation conveniently provided, your trip is hassle-free, allowing you to focus on immersing yourself in the inspiring atmosphere of Philbrook. Whether you're an art enthusiast or simply seeking a peaceful escape, this is an experience you won't want to miss.

Cost of admission to the museum is included in

price. Lunch is on your own. TR participants will meet at OLLI; CR participants optional meet at OLLI or directly at Museum in Tulsa. Tour time 11:00 am - 2:00 pm. **Activity Level: 1**

INSTRUCTOR: Tom O'Neal, Facilitator
DAY/DATE: Thursday, 5/1/25 (1)
TIME: 8:30 AM - 4:30 PM
FORMAT: In-Person
LOCATION: OLLI (TR); PMA (CR)
COST: \$39.00 (CR) \$69.00 (TR)
 OLLI Member
 \$54.00 (CR) \$84.00 (TR)
 Non-OLLI Member

MAY 1 | TRANSFORMING COMMUNITIES: THE ECONOMIC ROLE OF UNIVERSITIES

DESCRIPTION: Take part in an engaging course with Mike Malone, the Vice Chancellor for Economic Development at the University of Arkansas! With nearly 30 years of experience, including impressive roles in the White House and FEMA, Mike knows a thing or two about how universities can drive economic and community growth.

In this course, Mike will dive into the crucial role that institutions like the U of A play in boosting local economies. Participants will get an overview of effective economic development techniques and programs, with a special focus on how land-grant and research universities contribute to growth and innovation. This is your chance to learn from an expert who has built partnerships and initiatives that make a real impact.

If you're interested in community development or just want to understand how universities shape our economy, this course is for you.

INSTRUCTOR: Mike Malone
DAY/DATE: Thursday, 5/1/25 (1)
TIME: 10:00 AM - 12:00 PM
FORMAT: In-Person
LOCATION: OLLI
COST: \$25.00 OLLI Member
 \$40.00 Non-OLLI Member

MAY 5 | BLOOMING BEAUTIES: A HANDS-ON FLORAL WORKSHOP

DESCRIPTION: Ready to unleash your inner florist? Join us for a hands-on floral arrangement workshop with Lindsey White, the owner of BloomingGayle's Flowers & Gifts in Farmington! In this fun and interactive class, Lindsey will walk you through everything you need to know to create a stunning flower arrangement. You'll learn how to cut stems the right way, arrange greenery for that perfect full look, and get tips for keeping your flowers fresh and vibrant long after your creation is complete. Best of all, you'll leave with your very own beautiful

arrangement!

If you're a beginner or looking to improve your skills, this workshop is sure to be a blooming good time!

*All materials will be provided (flowers, greenery, filler, ribbon and a small vase.)

INSTRUCTOR: Lindsey White
DAY/DATE: Monday, 5/5/25 (1)
TIME: 11:00 AM - 12:30 PM
FORMAT: In-Person
LOCATION: BGYL
COST: \$59.00 OLLI Member
 \$74.00 Non-OLLI Member

MAY 6 | ARKANSAS, THE NATION'S LEADER IN RICE PRODUCTION

DESCRIPTION: Join Steve Bowlan from the Arkansas Department of Agriculture for an engaging and informative exploration of the Arkansas rice industry. This course offers a comprehensive look at the history, production practices, and economic impact of rice farming in Arkansas, a leading state in rice cultivation. Through lectures, discussions, and case studies, we will examine the challenges and innovations shaping the future of rice farming in Arkansas. Whether you're a farmer, student, or simply interested in agriculture, this course will provide a deeper understanding of the critical role rice plays in our state's economy and food system.

INSTRUCTOR: Steve Bowlan
DAY/DATE: Tuesday, 5/6/25 (1)
TIME: 1:00 PM - 2:30 PM
FORMAT: In-Person
LOCATION: OLLI
COST: \$19.00 OLLI Member
 \$34.00 Non-OLLI Member

MAY 8 | TYSON ART TOUR: BEHIND CLOSED DOORS (5/8)

DESCRIPTION: This exclusive private art tour at Tyson Foods, Inc. Headquarters in Springdale offers a unique opportunity to explore an impressive collection that includes works from renowned artists like Ansel Adams, Andy Warhol, and Roy Lichtenstein. Participants will also visit the Founder's Room, providing insights into Tyson's corporate history. Since the collection isn't available for public viewing, this tour is a special experience.

The tour lasts 1.5 hours, from 10:30 AM to 12:00 PM. Please note that transportation is provided, and commuters are not permitted. Participants will meet at OLLI Headquarters at 9:30 am ready to leave at 9:45 am. **Activity Level 1 (Current OLLI Members Only)**

INSTRUCTOR: Archie Schaffer
DAY/DATE: Thursday, 5/8/25 (1)
TIME: 9:45 AM - 12:30 PM
FORMAT: In-Person

LOCATION: Meet at OLLI
COST: \$45.00 OLLI Member
 N/A Non-OLLI Member

MAY 8 | ILLUMINATING THE NIGHT: UNDERSTANDING AND MITIGATING LIGHT POLLUTION

DESCRIPTION: In our rapidly urbanizing world, light pollution has emerged as a pressing environmental issue, affecting ecosystems, health, and cultural heritage. This program offers an in-depth exploration of its causes, effects, and potential solutions. Through engaging lectures and interactive discussions, led by Kent Marts, a dedicated advocate for dark skies, participants will learn about the profound impact of excessive artificial lighting on wildlife and food systems, as well as how it disrupts the natural behaviors of nocturnal animals and pollinators. The link between artificial light at night and sleep disturbances, circadian rhythm disruption, and related health concerns will also be examined, emphasizing the urgent need for awareness and action.

Practical strategies for mitigating light pollution—such as dark-sky-compliant lighting and community initiatives—will empower participants to advocate for change in their own neighborhoods. This program hopes to inspire you to take an active role in protecting the night sky for future generations.

INSTRUCTOR: Kent Marts
DAY/DATE: Thursday, 5/8/25 (1)
TIME: 1:00 PM - 3:00 PM
FORMAT: In-Person
LOCATION: OLLI
COST: \$25.00 OLLI Member
 \$40.00 Non-OLLI Member

MAY 9 | EXPLORING THE MARKET CENTER OF THE OZARKS

DESCRIPTION: Join us for an immersive tour of the Market Center of the Ozarks in Springdale, Arkansas. This state-of-the-art facility spans 45,000 square feet and is proudly affiliated with the NWA Food Systems Initiative. Supported by the Walton Family Foundation, this nearly \$31 million center serves as a vibrant hub for local food, showcasing the best agricultural and artisanal offerings from the Ozarks. Anthony Mirisciotta, the tour guide is the Director of Operations at Spring Creek Food Hub and is an accomplished leader in the local food systems sector with a passion for empowering small and underserved farmers.

Participants will enjoy a comprehensive overview of the Market Center's mission and its impact on the local food system, led by knowledgeable guides who will highlight its role in processing and preservation. This class

is ideal for anyone interested in local foods, sustainability, or community-driven markets. Whether you're a food enthusiast, a supporter of local businesses, or simply curious about the region, you'll leave with inspiration and valuable knowledge. **(Current OLLI members only) Activity Level: 1**

INSTRUCTOR: Anthony Mirisciotta and Darryl Holliday
DAY/DATE: Friday, 5/9/25 (1)
TIME: 10:00 AM - 12:00 PM
FORMAT: In-Person
LOCATION: MCO
COST: \$19.00 OLLI Member
 N/A Non-OLLI Member

MAY 12 | TECH TERRORS- SECURING YOUR INFORMATION IN A CONNECTED WORLD

DESCRIPTION: Is your washing machine wagging war on the Pentagon? Is your TV secretly monitoring your every move? It might just be! In our increasingly interconnected world, safeguarding information systems and personal data is more crucial than ever. This course will provide an in-depth overview of Information Security, covering its core concepts and both the alarming and amusing implications of our digital age.

Dustin Masterson, a Sr. Information Security Engineer who has experience securing information systems and data for multiple Fortune 500 companies, will present a practical introduction to ethical hacking where you will learn how to protect yourself, your belongings, and your data in today's landscape.

Participants are encouraged to bring a device to class to participate in Practical Hacking (Optional.)

INSTRUCTOR: Dustin Van Masterson
DAY/DATE: Mondays, 5/12/25-5/19/25 (2)
TIME: 9:30 AM - 11:30 AM
FORMAT: In-Person
LOCATION: OLLI
COST: \$25.00 OLLI Member
 \$40.00 Non-OLLI Member

MAY 13 | COMMUNICATING THROUGH MUSIC

DESCRIPTION: Ready to dive deep into the world of Classical music? OLLI is featuring an exciting course, led by the inspiring Tomoko Kashiwagi, a talented pianist and educator, that affords you an opportunity to connect with Classical music on a whole new level. Tomoko will explore the incredible power of communication in chamber music!

The course will focus on honing your intentional listening skills, which will not only boost your appreciation for the music but also reveal the subtle dynamics between performers. Through guided listening exer-

cises and lively discussions, participants will discover the unspoken conversations that happen during performances, helping you connect with the music like never before. Plus, you'll get hands-on experience with musical activities that let you apply what you've learned in real-time. Join us and let the music come alive!

INSTRUCTOR: Tomoko Kashiwagi
DAY/DATE: Tuesdays, 5/13/25-5/20/25 (2)
TIME: 1:30 PM - 3:30 PM
FORMAT: In-Person
LOCATION: OLLI
COST: \$25.00 OLLI Member
 \$40.00 Non-OLLI Member

MAY 14 | FIELD BIRDING BASICS

DESCRIPTION: Did you know that Northwest Arkansas is home to over 250 unique bird species each year? Imagine the excitement of learning their names, calls, and behaviors! Join Lauren Eno, Education Director at Wild Birds Unlimited, for a field trip to Lake Fayetteville, where she will introduce you to some of our most fascinating spring-time birds. The trails we'll use are accessible, but close-toed shoes are recommended, and binoculars are welcome!

INSTRUCTOR: Lauren Eno
DAY/DATE: Wednesday, 5/14/25 (1)
TIME: 9:00 AM - 11:00 AM
FORMAT: In-Person
LOCATION: LFVM
COST: \$25.00 OLLI Member
 \$40.00 Non-OLLI Member

MAY 14 | WHAT MAKES THE GRAND CANYON, GRAND?

DESCRIPTION: Dr. Stephenie Slahor is retired from her law practice and her teaching roles at both the university and law school levels. In this course, you'll discover Arizona's Grand Canyon, one of the world's most famous natural wonders. We will explore its origins and geological features, the crucial role of the Colorado River, and the intricate history of human activity, including connections to Native American tribes. Additionally, we will examine the inner Canyon trails, the growth of tourism, and the unique biology and botany of the Canyon's five life zones, showcasing species that are found nowhere else on the planet.

INSTRUCTOR: Dr. Stephenie Slahor
DAY/DATE: Wednesdays, 5/14/25-5/28/25 (3)
TIME: 1:30 PM - 3:00 PM
FORMAT: Virtual
LOCATION: Zoom
COST: \$45.00 OLLI Member
 \$60.00 Non-OLLI Member

MAY 15 | CLAY CREATIONS: A BEGINNER'S GUIDE TO HAND-BUILDING

DESCRIPTION: Are you ready to unleash your creativity? Our ceramics class is designed for beginners eager to explore the world of clay without the complexities of a potter's wheel. This is your opportunity to create stunning bowls, dishes, vases, tiles, and sculptures using hands-on techniques that are both enjoyable and fulfilling.

Led by a professional teaching artist from the Community Creative Center (CCC), you'll learn essential building methods such as pinch, coil, and slab, all while having fun. This class isn't just for beginners—experienced potters are also welcome to refine their skills and experiment with new ideas. Join us and discover the satisfaction of creating beautiful ceramics while connecting with fellow art enthusiasts.

All materials will be provided by CCC. (**Current members only.**)

INSTRUCTOR: Anita Cowan

DAY/DATE: Thursdays, 5/15/25-5/29/25 (3)

TIME: 10:00 AM - 12:00 PM

FORMAT: In-Person

LOCATION: CCC,

COST: \$119.00 OLLI Member

N/A Non-OLLI Member

MAY 15 | STUDYING MARS TO BETTER UNDERSTAND EARTH'S CLIMATE CHANGES

DESCRIPTION: The exploration of Mars has fascinated humanity for decades. Once a warm, wet planet, Mars now showcases a cold, arid environment. This dramatic transformation offers valuable lessons about atmospheric changes, the greenhouse effect, and the role of water in shaping landscapes and climates. By comparing the climate histories of Mars and Earth, scientists can identify patterns and processes that influence climate change. Both planets have experienced shifts in axial tilt, orbit, and solar output, demonstrating how celestial mechanics can drive climate variations over millions of years. Mars missions have deepened our understanding of the geological processes that impact climate change. The presence of dust storms and the interaction between the Martian soil and atmosphere highlight how surface features can influence climate. These studies prompt us to consider how Earth's surface and ecosystems might respond to ongoing climate shifts. Because the Martian surface and atmosphere lack the diverse organic compounds produced by living organisms, changes in Mars' climate are easier to study. Dr. Auld will lead a discussion on how exploring Mars provides valuable insights into climate change on Earth, offering a unique perspective on the evolution and response of planetary climates to various factors.

INSTRUCTOR: Dr. Katherine Auld, Ph.D.

DAY/DATE: Thursday, 5/15/25 (1)

TIME: 1:00 PM - 3:00 PM

FORMAT: In-Person

LOCATION: OLLI

COST: \$25.00 OLLI Member

\$40.00 Non-OLLI Member

MAY 21 | KNIT LIKE A PRO: ESSENTIAL TIPS AND TRICKS FOR EVERY KNITTER

DESCRIPTION: Ready to attend a fun, informative class and explore knitting techniques every knitter loves to master? This class is led by expert knitter Grace Judson, who's been a knitter for decades (she's not saying how many!), and who has sold patterns to yarn companies and was America's Fastest Knitter in 2002.

The session will cover practical tips designed to make your knitting easier, faster (of course!), more enjoyable, and visually appealing. We'll dive into how to easily calculate even increases, mastering invisible yarn joining, one-row buttonholes, fixing common mistakes, and smooth bind-off techniques. We'll also cover tips for increasing and decreasing, navigating the complexities of gauge, and cables without cable-needles. And there will be plenty of time to address your specific knitting questions!

Participants should bring Aran-weight or worsted-weight yarn in several fibers (at least one should be 100% non-superwash wool), knitting needles and a crochet hook suited to your yarn, a swatch of 25 stitches by 25 rows in one of your selected yarns (extra credit if you deliberately make a mistake in the middle!), and any knitting questions you have. Get ready to enhance your skills and take your knitting to the next level!

INSTRUCTOR: Grace Judson

DAY/DATE: Wednesday, 5/21/25 (1)

TIME: 10:00 AM - 12:30 PM

FORMAT: In-Person

LOCATION: OLLI

COST: \$25.00 OLLI Member

\$40.00 Non-OLLI Member

MAY 28 | INNOVATIONS IN HEALING

DESCRIPTION: Explore the cutting-edge world of orthopedic medicine with Advanced Orthopedics, where technology and groundbreaking research are transforming patient care. This exclusive program invites you to experience firsthand how advancements in technology and stem cell research are reshaping treatment options for injuries, joint pain, and degenerative conditions.

During the presentation, you'll gain unique insights into the latest innovations, from state-of-the-art imaging and robotic-assisted surgeries to regenerative stem cell therapies.

Learn how these new approaches are accelerating recovery, reducing pain, and enhancing quality of life for patients.

Whether you're a medical enthusiast, a prospective patient, or simply curious about the future of healthcare, this program will provide a fascinating look into the science behind restoring mobility and improving lives.

INSTRUCTOR: Dr. Kent Hagan, Dr.

Eric Leffingwell and Dr. Carey Hill

DAY/DATE: Wednesday, 5/28/25 (1)

TIME: 10:00 AM - 12:00 PM

FORMAT: In-Person

LOCATION: BTV

COST: \$25.00 OLLI Member

\$40.00 Non-OLLI Member

MAY 30 | OVERNIGHT ONSC CAMP FOR ADULTS!

DESCRIPTION: Join us at the Ozark Natural Science Center (ONSC) for a unique, immersion-based experience designed to deepen your understanding of nature and the natural sciences. This special adult 'field trip' program mirrors the educational experiences ONSC has offered to over 60,000 students over the past 30+ years—but this time, it's for grown-ups. You'll enjoy two guided hikes through our scenic trails, participate in two engaging classes, and gather around the campfire for fun evening activities.

Accommodation will be provided in one of our climate-controlled lodges, and your stay includes four delicious meals: two lunches, dinner, and breakfast. Beyond the educational experience, this program offers the physical, mental, emotional, and social benefits of exercise and nature immersion in the stunning Bear Hollow Natural Area. The hikes, which range from 1 to 1.5 miles, feature moderate elevation changes and some uneven, rocky terrain. **This is a Level 3 activity**, perfect for those seeking a moderate challenge in a beautiful, natural setting. Come for the learning, stay for the rejuvenation!

Schedule details and the various activities will be shared with those who register. Participants will meet at Ozark Natural Science Center on Friday, 5/30/2025 at 10:00 am and depart on Saturday, 5/31/2025 at 1:00 pm.

INSTRUCTOR: Liz Hill

DAY/DATE: Friday through Saturday,
5/30/25-5/31/25 (1)

TIME: 10:00 AM - 1:00 PM

FORMAT: In-Person

LOCATION: ONSC

COST: \$175.00 OLLI Member

\$190.00 Non-OLLI Member

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Social Activities and Events



Learning isn't the only thing to do at OLLI, we also have opportunities each month to have fun and meet others. Monthly social activities and events are open to all and FREE to attend. Some activities may have individual costs for food/drink.

Information about social activities and events is shared in the OLLI Monthly Newsletter, which is sent digitally by email. If you are not currently receiving OLLI updates and announcements contact us to ensure you are getting the latest news!

Stay up to date on social activities and events, follow OLLI on social media!





Spring 2025 Registration

☐ Dr. ☐ Mr. ☐ Ms. ☐ Mrs.

First Name	Last Name		
Email Address (For communication purposes only)			
Date of Birth	Phone		
Address			
City	State	Zip	
Name (2nd Member)		Date of Birth	
Email Address (2nd Member)			

Membership* (Jan 1 - June 30):

☐ New Member ☐ Renewing Member ☐ Non-Member

Membership Type:

☐ \$35 Special Spring Membership

Add Linking? Linking a membership with another member online provides a unique feature allowing members to register one another.

☐ Yes, please link my membership with

COURSE REGISTRATION	\$ _____
MEMBERSHIP	\$ _____
TOTAL AMOUNT	\$ _____

Registration Methods

On-Line: olli.uark.edu **By Phone:** (479) 575-4545

In Person: Monday-Friday, 9:00 am - 4:00 pm

By Mail: OLLI, 481 S. Shiloh Dr., Fayetteville, AR 72704

Payment

Check[†]: Make checks payable to "OLLI"

[†]If registering by phone payment must be received within 5 business days after registering.

Credit Card: Credit card payments can be made online only.

• *Memberships are tax deductible!*

Registration Opening Dates:

OLLI Members: Tuesday, February 4 at 10:00 AM

General Public: Monday, February 10 at 10:00 AM

Select	Start Date	Brief Course Title	OLLI	Non
	2/17	Shakespeare's Comedies: What's So Funny?	\$25	\$40
	2/18	Pursuit of Freedom: Nelson Hackett	\$25	\$40
	2/18	Moving with Ease-Rosen Movement	\$25	\$40
	2/19	Great Decisions 2025	\$79	\$94
	2/19	Judgment at Nuremberg: Holding Nazi	\$25	\$40
	2/20	Yoga For Healthy Aging	\$59	\$74
	2/20	Preserving Arkansas's Historic Places	\$49	\$64
	2/20	Canasta Craze: Master the Game	\$25	\$40
	2/21	200 years of Jewelry	\$25	\$40
	2/24	The Byzantine Empire	\$19	\$34
	2/25	The Violin: History, Sound, & Craftsmanship	\$25	\$40
	2/25	Georgia On My Mind	\$15	\$30
	2/26	Empowering Yourself Against Modern Scams	\$19	\$34
	2/28	Planning for Tomorrow: An Estate Planning Luncheon	FREE	FREE
	3/3	Investigative Insights: Fay. Homicide Case	\$19	\$34
	3/3	Script to Stage: Discovering Twelfth Night	\$29	N/A
	3/4	Huck & Jim in 1885	\$25	\$40
	3/5	Ozark-Arkansas Writers Book Club	\$29	N/A
	3/5	Take Me Out to the Ballgame!	\$35	N/A
	3/6	Planning Your Own Funeral	\$25	\$40
	3/7	McClellan-Kerr AR River Navigation System	\$19	\$34
	3/10	Acrylic Painting for Beginners - Spring	\$39	\$54
	3/10	Dismantling Bias in Healthcare	\$25	\$40
	3/11	Mastering Watercolor: Tech. for Every Artist	\$99	N/A
	3/11	Dine and Discover at Black Apple Cidery	\$25	\$40
	3/12	Sweet Creations: Cake Decorating 101	\$59	\$74
	3/12	A Guide to Skincare & Aesthetic Treatments	\$19	\$34
	3/14	Harvesting History: AR's Essential Crops	\$19	\$34
	3/17	Understanding Property Taxes in Arkansas	\$19	\$34
	3/19	Strolling with the Masters: Crystal Bridges	\$45	\$60
	3/20	Cycling Can Be for Everyone	\$25	\$40
	3/21	UAPs (UFOs): We are definitely not alone!	\$25	\$40
	3/24	LGBTQ+: Understanding & Awareness	\$19	\$34
	3/25	Tour Historic Peabody Hall	\$19	N/A
	3/31	Memory 101-Brain Health and Wellness	\$19	\$34
	3/31	Women: The Forgotten "Men" in History (OOL)	\$65	N/A
	3/31	The Essential Jane Austen (OOL)	\$65	N/A
	4/1	Huck and Jim in 2024	\$25	\$40
	4/1	Mainstreaming Margins: History of LGBTQ+America (OOL)	\$65	N/A
	4/1	Chaplin Unmasked: The Gold Rush	\$25	\$40
	4/1	Soundtrack of Rock & Pop in the 50s & 60s (OOL)	\$65	N/A
	4/2	Hike to Kings Bluff Falls (CR)	\$25	\$40
	4/2	Hike to Kings Bluff Falls (TR)	\$49	\$64
	4/2	Future Proofing Your Healthspan & Longevity (OOL)	\$65	N/A

Select	Start Date	Brief Course Title	OLLI	Non
	4/3	George Washington Carver Memorial & Museum (CR)	\$45	\$60
	4/3	George Washington Carver Memorial & Museum (TR)	\$65	\$80
	4/3	Russia Beyond Russians (OOL)	\$65	N/A
	4/3	Science Charcuterie (OOL)	\$65	N/A
	4/4	Foundations of Drawing	\$59	\$74
	4/7	Darwin: Photographic Tour of Galapagos Islands	\$19	\$34
	4/7	Terrorism In The Heartland	\$59	\$74
	4/8	Exploring Change through Classic Films (OOL)	\$65	N/A
	4/8	Revealing the Wonders of Romanesque (OOL)	\$65	N/A
	4/9	QR Curious	\$19	\$34
	4/9	Scratchboard Art	\$59	\$74
	4/9	Car Crazy: 1950s Onward	\$65	N/A
	4/10	James Webb Space Telescope	\$25	\$40
	4/10	Neurology in a Nutshell: The Brain Explained (OOL)	\$65	N/A
	4/11	Bella Napoli: Italy's (Other) "Eternal City" (OOL)	\$65	N/A
	4/11	Unlocking Restful Sleep	\$25	\$40
	4/15	Survival Italian	\$69	N/A
	4/16	Discover the Geology of Arkansas	\$25	\$40
	4/16	Creative Journaling	\$59	\$74
	4/16	Virtuosos in Classical Music (OOL)	\$65	N/A
	4/17	All Roads Lead to Cane Hill	\$25	\$40
	4/17	Hike on Devil's Den Trail (CR)	\$25	\$40
	4/17	Hike on Devil's Den Trail (TR)	\$45	\$60
	4/22	Hike to Buckhorn Creek (CR)	\$25	\$40
	4/22	Hike to Buckhorn Creek (TR)	\$39	\$54
	4/23	Touring Dogwood Canyon Nature Park (CR)	\$75	\$90
	4/23	Touring Dogwood Canyon Nature Park (TR)	\$105	\$120
	4/24	Tyson Art Tour: Behind Closed Doors (4/24)	\$45	N/A
	4/24	Enhancing Balance & Coordination as We Age	\$19	\$34
	4/28	Innovative Approaches to Homelessness	\$19	\$34
	4/29	Self Defense Class	\$25	\$40
	4/30	Financing the November 2024 Federal Campaigns	\$25	\$40
	5/1	A Day at Philbrook Musuem of Art (CR)	\$39	\$54
	5/1	A Day at Philbrook Musuem of Art (TR)	\$69	\$84
	5/1	Transforming Communities: Universities	\$25	\$40
	5/5	Blooming Beauties: A Hands-On Floral Workshop	\$59	\$74
	5/6	Arkansas, The Nation's Leader in Rice Production	\$19	\$34
	5/8	Tyson Art Tour: Behind Closed Doors (5/8)	\$45	N/A
	5/8	Understanding and Mitigating Light Pollution	\$25	\$40
	5/9	Exploring The Market Center of the Ozarks	\$19	N/A
	5/12	Tech Terrors- Securing Your Information	\$25	\$40
	5/13	Communicating Through Music	\$25	\$40
	5/14	Field Birding Basics	\$25	\$40
	5/14	What Makes The Grand Canyon, Grand?	\$45	\$60
	5/15	Clay Creations: A Beginner's Guide	\$119	N/A
	5/15	Studying Mars to Better Understand Earth	\$25	\$40
	5/21	Knit Like a Pro: Essential Tips and Tricks	\$25	\$40
	5/28	Innovations in Healing	\$25	\$40
	5/30	Overnight ONSC Camp for Adults!	\$175	\$190

OLLI Members Only Classes

OLLI MEMBERS ONLY

Clay Creations: A Beginner's Guide to Hand-Building | 27

Exploring the Market Center of the Ozarks | 26

From Script to Stage: Discovering the Twelfth Night at TheatreSquared | 15

Mastering Watercolor: Techniques for Every Artist | 16

Ozark-Arkansas Writer's Book Club | 16

Surviving Italian: From Ordering a Cup of Coffee to Cruising the Market | 22

Take Me Out to the Ballgame! | 16

Tour Historic Peabody Hall | 18

Tyson Art Tour (4/24) | 24

Tyson Art Tour (5/8) | 25

Osher Online Classes

OLLI MEMBERS ONLY

Bella Napoli | 22

Car Crazy | 21

Cinema in Transition | 21

Future Proofing Your Health Span | 20

Mainstreaming the Margins | 19

Neurology in a Nutshell | 22

Revealing the Wonders of Romanesque | 21

Russian Beyond Russians | 20

Science Charcuterie | 20

The Essential Jane Ausin | 19

The Soundtrack of Rock & Pop | 19

Virtuoso in Classical Music | 23

Women, The Forgotten Men in History | 18

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Policies & Procedures

Please read and be aware of all OLLI policies and procedures.

PRICING:

Classes are priced based on a combination of: rental space fee; instructor compensation; class materials cost; transportation rates; tech fee; and/or catering (if applicable).

CLASS CANCELLATION / REFUND POLICY:

When dropping/cancelling a class you MUST contact the OLLI office at least five (5) days prior to the start of the class to receive a partial refund.

A cancellation fee of \$15 or the cost of the class, whichever is less, will be deducted from the refund. NO refund will be processed if the registration is not cancelled at least five days prior to the first class session.

Refunds are processed once a month.

Payments made by credit card will be refunded back to the credit card account. Payments by cash or check will receive a refund check mailed to the home address. Re-

ceipts will not be sent for refunds.

*Note: You will receive a full refund if OLLI has to cancel a class due to unforeseen circumstances (weather, instructor illness, etc.). Memberships are non-refundable.

COURSE CHANGES:

Periodically, due to unforeseen reasons, class times or locations may change after the catalog is printed. Please check your email and the OLLI website for the most up-to-date information olli.uark.edu.

SCAN THIS QR CODE for a full list of our policies and procedures.





Check out our Facebook page for artist interviews, event updates & more!
facebook.com/FaulknerPAC



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ARTS CENTER**

Check out OLLI's YouTube channel:

OLLI at UofA

Learn more about upcoming classes and events by watching the OLLI YouTube page! There you will find short takes and exchanges with instructors about what to expect in their classes!

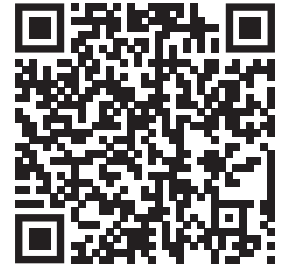


YouTube

Special Interest Groups



Special Interest Groups (SIG) allow members to focus on one particular area of interest beyond what is offered in classes. OLLI membership is required to participate in a SIG. For more information or to join or start a SIG, contact the OLLI office.



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SPRING 2025

Course Catalog

FEBRUARY - MAY

Join Us at the OLLI Open House!

You are cordially invited to the Osher Lifelong Learning Institute (OLLI) Open House at the University of Arkansas! Come and discover the exciting opportunities available to you this spring.



Date: Sunday, February 2 Time: 2:00 PM - 4:00 PM

Location: OLLI Headquarters, 481 S. Shiloh Dr. in Fayetteville

The open house is an opportunity to learn about the benefits of OLLI membership and how you can join our vibrant community of lifelong learners. Attendees have the chance to get a head start on registering for our diverse range of spring courses. Hear directly from our knowledgeable and passionate instructors about the exciting classes they will be teaching this spring. This is a great opportunity to ask questions and get a preview of what's in store.

We look forward to welcoming you to our Open House and sharing all the wonderful opportunities OLLI has to offer. Bring a friend and join us for a day of learning, discovery, and community.

MARK YOUR CALENDARS:

February 2 - Spring Open House (pre-register- cash or check only)

February 4 - Member Priority Registration Opens Online at 10 AM

February 10 - General Registration Opens at 10:00 AM

Contact us to learn more about these events and how to participate:



olli@uark.edu



(479) 575-4545