

Pinus echinata Mill.

P. taeda L. - Loblolly Pine

Shortleaf Pine

9 *taeda* tar for vapor inhaled for pulmonary diseases, as salve for skin diseases & blemishes Oil of turpentine to control intestinal worms, increase urine flow as stimulant & as laxative 9

9 Pine cone Pollen expels gas benefits circulation for dysjoints, puffy face externally for boils, & draining sores 1-2 chicken decoction

8 Catawba chewed pine resin tea settle stomach Creek for tuberculosis Lumbee used tops for colds flu & pneumonia chewed fresh needles for heartburn resin for kidney & backsches, arthritis & neuritis Naticoke used gum for heart tar for backache Rappahannock gum emetic mixed upper branches with mullein put to swellings

Cherokee syrup for pregnant women with cough, catarrh, chronic rheumatism V D external on swollen testicles from mumps, swollen breasts, oil for colds, bathing painful joints needlew with witch hazel & spicewood bark in hot tea to break out fever needles with summer grape stem & apple juice drunk by ball players for wind, needle steam for colds, root tea with rose & alder for piles bail root & skim off turpentine spread on deers' skin for drawing plaster, stimulant gentle laxative tea from bud or inner bark for hard dry coughs, worms, hysterics colic gout weak back or kidneys child-bed fevers tar for consumption, scaldhead, tetterworm, stone bruisé foul sores or ulcers colds to break out measles, sprinkle on sores chew bark to check bowels needles in basketry burn branches in cooking vessels & throw ashes on rekindled hearth fire after death in the home needles or gum to scent soap

Plantago *P. aristata* Michx. - Bracted Plantain *P. elongata* Pursh
P. cordata Lam. - Heartleaf Plantain ← Endangered - National

Doctr Plantain

9 In Appalachia leaf tea is tonic, seeds/bulb laxative soaking seeds in water exudes a clear, sticky gum used in lotions & wave-set solutions leaves crushed and bound to bruises to reduce swelling Fresh roots or leaves boiled & poulticed to sore nipples to treat dysentery extreme constipation & blood disorders 9 *P. major* Lin. for (1) urinary tract infections, prostatitis, acute conjunctivitis (2) nephrotic edema, ureteral stones, difficult micturition whole plant 5 chien-ling or seeds alone 3-5 chien decoction

3 *P. major* leaf vulnerary for wounds stings & bruises as poultice, infusion oz to pint boiling water wineglassful doses for diarrhea, ointment of leaves for sore eyes 3 5 *P. major* Hippeseed Plantain diuretic, to increase sperm & fertility soothes cough & lends intense glow to eyes, coughs & sore throats
P. lanceolata anticoagulant 5

8 *major* Abenaki poulticed leaves on bruises, inflammation rheumatism & swelling Cherokee put leaves to distillers, bruises, burns, sores & ulcers, to headache & yellowjacket stings tea for bites, hematuria, douches, & swelling, juice for sore eyes Chippewa poulticed leaves on rheumatism & snakebite chopped root or greased leaves to inflammation, add ginger Cree chewed leaves put to burns, scalds, earache & toothache swallowed leaves for internal bleeding Delaware poulticed leaves on bruises, & ailments Hesquits ^{leaves} poulticed on cuts sores Fox leaves for burns & swellings decoction for diuretic Mohegan poulticed leaves onto bugbites & snakebites Navaho panacea Ojibwa poulticed leaves on burns bruises snakebites, sores, sprains, splinters Omaha put hot leaves to splinters & thorns Pawnee root decoction for colds & pneumonia's bound leaves on cuts & wounds to prevent scars Potawatomi put heated leaves to inflammation & swelling decocted ^{roots} to dislodge bones in throat
over

Rappahannock bruised & bound leaves to body to reduce fever Shoshone poulticed leaves on boils
bruises, rheumatism, swellings & wounds root decoction for stomach Penobscot's root for cancer & warts
Tete-de-Boule put leaves to burns & wounds

P. rugelli Blackseed plantain Menominee poulticed leaves on burns, inflammations & swellings

Cherokee wilt or scald leaf for burns, bruises or beat for poultice, dressing for blisters ulcers
or sores leaf infusion with rush will strengthen child learning to crawl or walk root tea for dysentery
leaf poultice for headache wilted leaves to yellowjacket sting tea to bathe swelling check discharge
baby diarrhea, as douche for bites, stings snakebites bowels, bloody urine, juice for sore eyes
greens

Platanus occidentalis

Sycamore

8 Cherokee for biliousness cough dysentery dysmenorrhea dyspepsis, dysuria, measles, parturition & rash Creek bark for pulmonary tuberculosis & root with birch & willow for stomachache bowel pain backache sideache Delaware used bark infusion for throat Fox ste or infused bark for blood disorders, colds, cuts, hemorrhage lung & small pox to wash pustules & prevent scarring

Podophyllum peltatum L.

Mandrake

May Apple

Parts Used: Root Stalks, fruit * Some people get dermatitis from rootstalk
12 collect in late Sept or October, cathartic ¹² 1 rootstalks cathartic, slightly poisonous
fruit eaten raw or as jelly, marmalade or preserves mix juice with lemonade.¹
pH ~~4-7~~ shade ¹⁴ 9 resin used to treat warts & tumors. Appalachian root tea for constipation
roots for jaundice, fever, cancer, liver ailments & syphilis? 3 Root infusion or decoction tsp root to pint
boiling water tsp doses, for liver, bowels slow cathartic take small frequent doses, as large doses
give violent reactions, leaves said to be poisonous 3

8 Cherokee root for constipation, deafness (drops of fresh plant) Rheumatism, sores, ulcers, & worms Cree powdered roots
for liver Delaware plant aphrodisiac root decoction as laxative (dangerous) & tonic Osage antidote for poison
Fox root for heart & emetic dropsy rheumatism & snakebite Menomine boiled as insecticide infusion to kill potato bugs

Cherokee joints of roots are poison use only part between joints root antihelminthic
boiled root - purgative, drop of juice of fresh root in ear for deafness powdered root
on ulcers and sores gather root in late fall dry in shade soak corn in root ooze before
planting to keep off crows and insects rheumatism constipation

F Break roots between joints and boil for constipation Red Star soak roots in water for fever ^{Beech} Grove
medicine for liver from ~~parts~~ Harrison

incarnata L. *verticillata* L.
saevissima L.
Polygala senega L.

Rattlesnake Root
Milkwort

Seneca Snake-root

Part Used: root, herb, juice

¹² Collect in fall, expectorant, emetic, & diuretic ^{12 9} Indians used for snakebite to cure
gout pleurisy, rheumatism, hives & croup, to treat heart disease, 1800s for pneumonia & pulmonary
affections, laxative, increase urine flow, produce vomiting & treat uterine disorders? *P. japonica* Houtt
cold pleasant & bitter carminative in action, brings up phlegm & stops coughing Reduces inflammation & detarifies
lor (1) Upper respiratory tract infections, inadequate measles eruption ⁽²⁾ palpitation & insomnia (3) Traumatic
injuries, snakebites whole plant 5 ch'ien - 1 liang decoction *P. tenuifolia* Willd. Calms nerves, resolves phlegm
reduces swelling of abscesses for (1) apprehension; forgetfulness, insomnia & tendency for dreaming
(2) "cold" sputum cough, moisture-related abscesses & sores Roots 2-3 ch'ien decoction
3 dried roots promote salivation for cataract, croup, asthma lung disorders Infusion 1 oz dried root
to pint boiling water as needed 7 tsp doses expectorant, for sore throat 3 5 *P. tenuifolia* Improves
vision and hearing, cures lapses of memory & improves concentration 5
& *P. lutea* Yellow milkwort Choctaw poulticed dry-flower decoction onto swellings
P. polygama Montagnei decocted leaves for cough
P. senega Cherokee for colds croup dropsy pleurisy & rheumatism Chippewa root decoction anticonvulsive; cardiac
coagulant; stimulant tonic & vulnerary Fox Heart medicine, for eczema & sores Malecite root for colds
Huron diaphoretic expectorant in asthma colds & pleurisy Ojibwa decocted roots for colds coughs, headache, myalgia, nasal congestion
stomachache leaves for throat ailments Seneca for snake bite **OVER**

Cherokee senega for snake bites chew root swallow part poultice rest repeat as
necessary sudorific, diuretic emmenagogue cathartic for colds pleurisy, rheumatism
inflammatory complaints, dropsy swellings croup root tea or powder expectorant
and cathartic in large doses.

Polygonatum biflorum
communatum

Solomonseal

Prefers moist shady bottoms pH 4.0-7.5 prefers 5-6 Propagate by rootstalk or seed in fall
9 root decoction to treat poison ivy rash & other skin irritations liquid from roots boiled in milk
drump to treat hemorrhoids, to serve as a mild laxative & to increase sweating roots used to reduce
arthritic joint pains 9 P. officinale All. Neutral pleasant taste builds yin resolves fever moistens lungs quiets coughing
for ⁽¹⁾body weakness and ⁽²⁾hidrosis debilitating chronic cough (2) parched mouth & heat aversion Rhizomes
5 chien to 1/2 tang decoction 5 P. foliatum Invigorating effect on heart, muscles, lungs & bones; life-prolonging
& Cherokee root for breast, debility, dysentery, dyspepsia, leucorrhoea, lung metrorrhagia & poulticed
root on carbuncles Chippewa inhaled stem from root decoction for headache Fox and Menominee
smudged root to revive unconscious Lumbee mashed fruits & put to sores Menominee decocted root poulticed for sharp pain
Ojibwa root for constipation & cough Rappahannock put root salve to bruises & wounds & used berry salve
on sores & swellings
Cherokee roast root for tea for stomach trouble roots dried beaten & used for flour or salt cooked greens

Polygonum sp.

hydropiper L.

Smartweed

9 hydropiper Dried leaves & tops boiled in water for wash for sore mouth in nursing mothers plant for internal bleeding, uterine disorders & to promote menstrual flow 9 P. chinense L for (1) enteritis, dysentery (2) sore throats, abscesses, weeping sores, (3) traumatic injuries whole plant 1-2 liang decoction or leaf poultice
P. perforatum L. Clears fever, detoxifies promotes diuresis stimulates blood circulation for (1) dysenteries, enteritis (2) boils & abscesses, snakebites (3) hematuria, cloudy urine, (4) traumatic injuries whole plant 5 ch'ien - 1 liang decoction P. multiflorum Thunb. Roots & leaves tones liver & kidneys fortify blood strengthen muscles & bone stems calm nerves for (1) rickets, anemia & premature graying of hair backache pains & aches of knee joint (2) neurasthenia (3) lymphadenitis traumatic bruises; root tubers, stems & leaves 3-5 ch'ien decoction P. cuspidatum Sieb. et Zucc. cooling acid, bitter taste, slightly toxic (clears fevers, detoxifies, eliminates bruises (stagnant blood) promotes tissue regeneration for (1) burns, boils, abscesses, snakebites (2) acute hepatitis, appendicitis (3) traumatic injuries, menstrual irregularities Roots 3-5 ch'ien decoction powdered roots or fresh leaves externally P. bistorta L. cooling, bitter taste (clears fevers, detoxifies, loosens congestion reduces swelling for (1) fever convulsions hand & feet spasms tetanus (2) cervical lymphadenopathy (3) swellings & scrophula snake & insect bites Roots & stems 1-2 ch'ien decoction P. aviculare L. neutral bitter taste (clears fevers promotes diuresis, dries, kills worms & insects for (1) pyelitis, stone formation in urinary tract (2) jaundice (3) weeping eczema (4) mucus & bloody vaginal discharge whole plant 3-5 ch'ien decoction P. hydropiper L. warming acrid bitter taste dries resolves indigestion (OVER

P. hydropiper L. strengthens stomach & stops diarrhea for 1) Bacterial dysentery, enteritis 2) heat stroke
rheumatoid arthralgia; whole plant 1 liang decoction 3) P. aviculare decoction mixed with
oak bark as quinine substitute 35 P. aviculare cleanses urine, relieves abdominal pains,
for intestinal worms, lung affections & jaundice P. barbatum ointment from leaves & stems for cancer
P. multiflorum Thunb. Strengthens liver, muscles & bones increases sperm & fertility abates fever, cures
obstinate ulcers 5

8 P. ampeloides Ojibwa for stomachache P. aviculare Iroquois infused with Potentilla for diarrhea ^{Novak's} ^{for stomachache}
P. coccineum Fox infused leaf & stems for periodic flux, root decoction for mouth sores or in womb Ojibwa decoct for stomach
Novak's warm infusion

P. hydropiper Cherokee rubbed leaves to stop children thumb-sucking, leaves for fish poison, root tea for dysuria,
flux gravel, hematuria, inflammation, swellings Mohawk cut to bits wet it and put on headaches

P. lappaceum Novak's cold infusion general medicine Potawatomi decocted for fever

Zuni put moist leaves on feet

P. pennsylvanicum Fox for diarrhea & piles Menominee leaf decoction for bleeding at mouth & puerperium

Ojibwa steeped tops for epilepsy

P. persicaria Cherokee put crushed leaves to poison ivy, drank tea for gravel & mixed with meal as
anodyne poultice Chippewa decocted root for stomachache

P. punctatum Chippewa herbal decoction for stomachache Houma root decoction for rheumatism

Cherokee hydropiper painful ^{or bloody} urination poultice swelling tea to meal to poultice pain

Polymnia canadensis
urens

Canadian Leaf Cup
Bearsfoot

P. canadensis Herbs crushed leaves poultice for swellings

P. urens Cherokee put roots to bruises cuts burns inflammation itch rheumatism swellings
root tea with skullcap as emetic to speed delivery of placenta

Cherokee root poultice on inflammations, bruise root for burns, salve for cuts & burns, for rheumatism
white swellings bruise root in hog land for itch in decoction for expelling afterbirth

Polypodium polypodioides
virginianum

Ferns

Resurrection Fern
Rock Cap Fern

8 polypodioides: Lumber salve heating leaf-stem decoction with vasoline (grease)
for sores & ulcers Houma decocted herb for dizziness headache & thrush
virginianum Bella Coate chemel root for sore throat decocted for stomachache
Cherokee tea for Hinks poulticed on swellings & wounds

Polystichum acrostichoides Christmas Fern Cherokee rubbed on rheumatic spots
cold root infusion for dyspepsia tea for fever pneumonia & rheumatism in compounds
for stills & tooth-ache ^{decoction} Malecite chemel roots for hoarseness Montagnis soaked and
pounded from's for body pain Ch roots emetic stomachache bowels fiddleheads for food
Cherokee *Asplenium rhizophyllum* Walking Fern in cure for swollen breasts

Cystopteris protrusa Bladder Fern in tea for chills

Pteridium aquilinum Bracken Root tonic antiseptic antiemetic, for cholera

Cinnamon Fern *Osmunda cinnamomea* For snakebites chewroot swallow part poultice rest as ingredient for rheumatism in decoction for chills eat cooked fronds as spring tonic

Dennstaedtia punctilobula in tea for chills

Asplenium trichomanes maidenhair spleenwort tea for coughs breast acid tumors, irregular menses liver complaints

~~Dryopteris~~ *Dryopteris filix-mas* Male Fern root tea for worms

Botrychium virginianum Rattlesnake Fern Boil root down to syrup & rub on snakebite

Dryopteris marginalis Wood Fern root tea emetic, for rheumatism hold warm tea against toothache

Polytrichum

Hairy Cap Moss

Celtic cordage (Lochlee Crannog, Scotland) bedding (Lapland) tea dissolves kidney & gall stones Linnaeus

Populus deltoides sp.

Balm of Gilead Cottonwood
Poplar

3 Buds for cough medicine (collect in February or March) expectorant tsp buds to cup boiling water
extracted as tincture for salves & ointments 3⁸ to purify blood → for cancer

8 Palba White Poplar Chippewa bark & root tea for internal blood disorders

P deltoides bark tincture for rheumatism gout & scurvy, chest, kidney & stomach buds vulnerary & pectoral

Ojibwa buds stewed in bear fat for earache bronchitis or cough Bella Coola decocted rather leaves &
herbal bath for general body pain, buds in poultices for hip or lung pain Carrier chewed root

put to stop bleeding decocted buds for colds & respiratory Chippewa decocted buds for colds
& respiratory, heart, sprains & strains root for backache & problems, metrorrhagia & weakness

Delaware bark & silments Iroquois bark decoction for worms Nanticoke bark for sprains

Ojibwa down like cotton on wounds Patowatomi cooked buds in tallow ointment for eczema & sores
for maturing tumors Smoky Mt. buds salve for myalgia & soreness


P gileadensis Cherokee bud juice for sores tincture for colic, diarrhea rheumatism, toothache & VD

Menominee boiled buds in fat salve for colds & wounds

P canadensis CK bud juice on sores, bud tincture for colic, old bowel complaints for chronic
rheumatism, old vd phlegmatic, aching teeth

Portulaca oleracea L.
mundula Johnson

Purslane

Portulaca for (1) dysentery, enteritis (2) urinary tract infections, leukorrhea, (3) hemorrhoids, erysipelas boils & ulcers (4) snake & insect bites use whole plant 1-2 liang each time; decocted or fresh plant crushed for external use  3 diuretic antispasmodic
esulent, vermifuge, refrigerant, antiseptic and aperient 3
& Cherokee juice for carache & worms (decoction)

Potentilla sp.

Five-finger Cinguefoil

- 1) P. flaviniana Wight et Arn cold bitter tonic cools fever detoxifies for 1) colds & influenza, sore throat
 - 2) traumatic injuries 3) snakebites 4) whole plant 3-5 chien decoction
 - 5) P. discolor Bunge cooling pleasant bitter taste cools blood, detoxifies stops bleeding strengthens spleen for 1) Hematemesis bloody stools, metrorrhagia 2) enteritis dysentery Roots 1-2 liang decoction
 - 6) P. anserina Root edible (Gaelic 7th Bread) for difficult menstruation & diarrhea lotion for piles astringent infusion infusion + honey for sore throat gargle for sunburn gather tops in June store tightly infusion 1/2 cup boiling water take cold 1-2 cups a day
 - 7) P. arguta Chippewa astringent after blood letting for convulsions, cuts & dysentery
 - 8) P. canadensis Natchez used to treat bewitched
 - 9) P. norvegica Chippewa chewed or decocted root as gargle for sore throat Ojibwa chewed for heart medicine Navajo cold infusion for pain fumigant for bone ache headache, & sore eyes
 - 10) P. simplex Cherokee used astringent root for debility, acute diseases fever & thrush Ch dysentery
- ballplayers used root & root tea to prevent injury & for wind

Prenanthes sp.

Rattlesnake Root White Lettuce
Lions' Foot

3 *P. alba* Root is bitter tonic, used for dysentery. Reputed antibiotic for snake & insect bites 3

8 *P. alba* Chippewa powdered root as puerperal lactagogue, ground root contraceptive. Ojibwa used milk as diuretic in ailments roots for ailments. Iroquois considered *alba* ♂ & *altissima* ♀ mixed for medicine.

P. serpentaria Cherokee used roots for stomachache

P. trifoliolata Cherokee herb as medicine for stomachache

Prunella vulgaris

Heal-All

Self-Heal

to relieve gas & colic infusion of leaves & flowers as gargle for sore throats & throat irritation hemorrhages & diarrhea. Cooling, bitter taste clears liver, relieves congestion promotes diuresis reduces edema for 1) Lymphadenopathy goiter 2) hypertension, conjunctivitis 3) edema, difficult urination, abscesses & swellings Spikes 2-5 ch'ien decoction 3 gargle for sore throats slightly astringent for small cuts tsp steeped in pint of brandy or whiskey a few days taken several tsp at a time for general medicine aromatic carminative diuretic antihelminthic astringent. 3 seeds, removes scrofulous swellings, used for pains in eyes 5

Aromatic carminative, gargle, for bleeding & diarrhea Algonquin used tea for fever Bella Cade decoction for heart Cherokee root tea to bathe sores, bruises, burns, cuts, & diabetic sores Cree chewed herb for sore throat Chippewa used root decoction for heart Delaware & Mohegan decocted tops for fever Menominee infused stalks for diarrhea & dysentery Ojibwa compounded roots in decoction for ailments Thompson infused plant as tonic for malaise (general indisposition)

Cherokee bathe bruises in root tea, cold infusion to bathe burns bathe in tea to control diabetic sores, tea to heal cuts, tea to bathe pimply face, eat for cooked greens used to flavor medicines

Peach Prunus² Persica (L) Batsch

F Tea of yellow green inner bark is cure-all Bryant

F Sedative made by boiling peach tree bark Bentonville

F Twist peach leaves & boil them in water put in cloth sack for poultice Wesley

F Boil leaves, soap cloth, wring out & apply as poultice for appendicitis (hot St. Paul)

F Moisturize leaves & wheat bran & poultice cuts, bruises & boils Lawrenceburg, Tenn. hot not recommended
can be fatal

F Poultice for burns (smooth side next to skin) Fayetteville F poultice for carbuncles Ft. Smith

F Scrape bark off twigs set to soak drink water for cramps Timbo

F Crush seed kernels with rolling pin boil with 2 tbsp grease slowly 30 minutes cool
& put 2 drops in ear for earache Elm Springs, Springdale

F Beat up peach leaves & mix with salt & meal poultice on cloth put on breasts
for milk fever Fayetteville F peach leaf tea for jaundice Springdale

F 1 tsp juice from leaves to stop vomiting Crossett F apply poultice of crushed leaves to
stop vomiting mena 5 peach stones for rheumatism & constipation, can form prussic (hydrocyanic) acid
poisoning esp. children adult taking prussic acid collapses with shriek & dies instantly, from pits impedes
respiratory enzymes, impairs nervous system, agony & heart palpitations (C.P.R. - keep breathing going) 5

8 Cherokee used tea for constipation cough, dyspepsia, fever, nausea, piles, skin, swelling & worms
 parched kernels for worms Rappahannock leaf tea for morning sickness **over**

Cherokee tea purgative strong for fever decoction for worms, skin diseases
steep bark for cough medicine cold bark tea & soda to piles, wrap leaves in cold water
to bathe swelling cold water over scraped bark drink to stop vomiting
leaf tea for stomach teaspoon of parched seed kernels for worms fruit for food

Prunus (1) serotina Ehrh. (2) Plums over →

Black Cherry

Part Used wood, fruit, bark of trunk, root bark

1 hydrocyanic or prussic acid esp. wilted leaves have poisoned cattle bitter aromatic bark
2 stringent in cough medicines, expectorants & for sore throats fruit sometimes makes jelly
(combine with juice of sour apple) jelly resembles guava, fruits in brandy makes bitter cordial

9 Appalachian bark tea for coughs, colds & measles, during childbirth to relieve pains & muscular soreness
infusion of dried pulverized berries to treat diarrhea Pioneers used bark to treat fever, intestinal
worms, indigestion & tuberculosis, expectorant 9 3 Infusion of dried bark (pref. Fall) in cold water

1/2 oz bark to pint water mild sedative suited to cases of nervous excitability and as tonic adapted
to debility and impaired digestion inner green bark stripped & dried (young thin bark best medicinally) More than
a year old loses its potency & should be replaced. Contains hydrocyanic acid (although not as bad as ~~the~~ wilted leaves - kill stock. 18)

Indians soaked cherries before drying fruit for pemmican bark in cough medicines for dyspepsia
1 tsp dried inner bark to cup boiling water for cold infusion 1-2 cupfuls a day 3

8 Mohegan & Ojibwa bark tea for colds, Ojibwa put inner bark on sores, used root tea for worms Miami root bark for "mal dutene"

Cherokee bark for ague, cold, cough, failing voice, fever, birthing, measles & through root bark wash for sores & ulcers

Swimmer for ague fever ^{malaria} Chippewa used bark/root for burns, cholera, cuts, scrofula sores, worms, & wounds (over 2)

F boil down red oak & cherry bark for tea (rusty nail optional) mineral springs Cherry bark tea for
asthma Melwood Bathe in bark tea for malaria Marvell

Prunus americana Wild Plum Cherokee used bark for bladder & kidney ailments for cough syrup Chippewa & Omaha used bark to disinfect wounds Chippewa root bark for intestinal parasites Ojibwa boiled or steeped roots as vermifuge Ojibwa root bark for diarrhea Fox applied root bark for intestinal parasites Mohegan used twig decoction for asthma ^{decoction} Omaha used root bark to dress abrasions Ch bark tea for fever ^{fresh bark, chill} aque 1st labor pains bark w/ elder to break fever catches colds, thrash, lost voice steam

P. angustifolia Chickasaw plum Lumber used for dandruff & fever
P. serotina continued from front Delaware fruit decoction cough medicine bark as anti-diarrheal, antitussive, tonic Iroquois used plant for inflammation of bowels Micmac bark for smallpox Lumber cherry wine for difficult pregnancy, bark for menorrhagia, bark tea for bladder, Bright's disease & gonitis Malecite bark for colds, consumption & cough Mohegan used fruit for colds, diarrhea, & dysentery bark for colds Penobscot bark antitussive & tonic to mask bad-tasting medicine

P. perschannack used tonic bark for cough Ch blood tonic bark with elder rattlesnake plant w/ ginger & yellow root
P. virginiana Choke Cherry Paiute powdered bark sprinkled on sores Menominee poulticed inner bark on wounds Paiute bark tea for cold, diarrhea, cold, cough & tuberculosis Potawatomi & Thompson bark for stimulating tonic Potawatomi bark collyrium berries in tonic Algoniquin bark tea for coughs bark antiseptic, depurative, hemostat hemoptysis, scrofula sore throat & stomach cramps Chippewa inner bark ^{permaric acid decocted} of root bark sedative, stomachic, & rectal douche for piles Cree bark for diarrhea Fox decoction of root bark for pain, sores & sore throat Paiute smoked bark for head ache or head cold Menominee & Ojibwa decocted inner bark for pain, sores & sore throat Paiute smoked bark for head ache or head cold powdered bark on sores bark leaf or root tea for tuberculosis Paiute & Shoshone head over steam for snow blindness Shoshone bark decoction for dyspepsia Thompson bark tonic after child birth

Psoralea sp.

Scurf Pea

5 P. corylifolia Malay-Tea said to intensify sexual powers, removes menstrual disorders, effective against chilliness, pains in lower back & knees 5

8 P. psoraloides Sampson Snokeroot Cherokee tea for colic, discharges, dysmenorrhoea, & dyspepsia Cherokee tonic, for obstructed menstruation colic and indigestion, diaphoretic, drink tea to check discharge

Ptelea trifoliata L.

Hoptree Wafer Ash

☞ *Evodia lepta* (Spreng.) Merr. Cold, bitter, lowers fever, detoxifies, for itching also (1) Epidemic influenza, meningitis, infectious hepatitis, sore throat (2) rheumatoid arthritis, traumatic injuries; (3) Chicken pox, hemorrhoids; Root & leaf decoction 3-5 grains ☞
3 root bark infusion or solvent bitter tonic promotes appetite for dyspepsia debility, fevers
infusion top bark to cup boiling water cold in tsp doses 3-4 times a day, often used to cut wahoo 3
8 Fox compound decoction of bark for lung ailments Menominee considered powerful panacea
synergistically enhancing effects of other medicines