Women's Giving Circle Grant Application

Instructions:

1. Complete all information in the grant proposal application.
2. Adhere to recommended text limits as indicated
3. Define any acronyms that are used in the proposal.
4. Upload the WGC Grant Application Budget Request Sheet as the final page of this application.
5. Please note that the WGC will not accept repeat applications beyond more than two consecutive years.
6. If you have questions, contact your unit's development officer for any clarifications or assistance in preparing your proposal.
7. Applications are due to the Women's Giving Circle by 5:00 p.m., May 15, Monday. Please deliver your application to your dean or development officer for review and approval prior to the submission deadline. We advise you to give these individuals sufficient time to make recommendations for changes and allow yourself time to execute them.
8. Remember to save a copy of your proposal before final submission.
9. We ask that you keep the following aspects of the Women's Giving Circle grant program in mind as you complete your application:

Women's Giving Circle Mission

To support innovative programs and research at the University of Arkansas

Women's Giving Circle Vision

To engage and empower women as philanthropic leaders at the University of Arkansas

Women's Giving Circle Funding Priorities

Support and promote scholarship, research, and service
Enrich the quality of life of women and children
Encourage outreach and engagement in Arkansas

Areas that meet the strategic priorities for the university and the WGC

- Focus on retention/graduation
- Increase undergraduate opportunities, i.e., building the endowment; involving students in research or service learning project with a collaborative bent
- Promote graduate student participation in research
- Focus on collaboration
- Follow the land grant mission to fund projects that support needs in the region and the state with emphasis on collaboration between colleges/departments/units
- Invest in faculty excellence
- Recruit first-generation students from Arkansas
- Advance the mission of the WGC

Identifying Information:

College or Unit Affiliation

Dale Bumpers College of Agricultural, Food and Life Sciences
Fay Jones School of Architecture and Design
J. William Fulbright College of Arts and Sciences
Sam M. Walton College of Business
College of Education and Health Professions
College of Engineering
Honors College
Graduate School and International Education
School of Law
Student Affairs
University Libraries
Other

*Please specify **OTHER** unit affiliation:* _____

Title of Proposal: CAPS Technology Assisted Training and Supervision

Primary Contact and Title: Danette Horne, Ph.D., LPC-S, Assistant Director

Primary Contact E-mail: dheckat@uark.edu

Primary Contact Phone Number: 479-575-5276

Project Summary (200 word maximum)

Counseling and Psychological Services (CAPS) continues to look for ways to meet the growing mental health needs of the University of Arkansas community. With the expansion and renovation of the Pat Walker Health Center, CAPS will almost double in size allowing for the increase in staff and the training program. CAPS is in the process of developing an American Psychological Association (APA) Accredited Internship Training program, which will be the first APA accredited college counseling center program in Arkansas. Through this accreditation process, CAPS will be challenged to improve our current training program in many ways including the provision of supervision. Currently, CAPS training program uses audio/visual technology that allows graduate trainees at CAPS to record sessions with consenting clients. The technology allows CAPS supervisors to view sessions after they have occurred. CAPS is proposing the addition of new technology called Learning Space that will provide an opportunity to watch a session as it occurs. Learning Space synchronous technology allows for more immediate supervision and feedback of graduate trainees who are providing counseling to other U of A students. Learning Space technology is currently being used by the Counselor Education, Communication Disorders, and Nursing programs at the University of Arkansas.

Is this:

- (●) an expansion of a current program
- ( ) a new program

Please list media sites (if any) utilized by your project or program to publicize the project/program, i.e., website, social media, etc?

CAPS will utilize the CAPS website and graduate trainee literature to publicize the program.

If your project is funded, describe innovative ways how the WGC will be recognized in the success/completion of your project?

CAPS will recognize WGC for their contribution to our program in both the training program literature and in the training page on the CAPS website. CAPS will also provide verbal recognition of WGC contribution to the training program to all faculty, staff, and students who are affiliated with our training.

Grant Proposal

What is the specific scholarly or community needs your grant request addresses? (100 word maximum)

CAPS training program provides quality training to 10-12 graduate students per year. Graduate trainees provided counseling and case management services to approximately 172 students this academic year. The improvement of the current technology used in the training program is in line with improvements made across the nation in the delivery of training and supervision including three academic departments at the U of A. Synchronous supervision is the gold standard when it comes to providing training and supervision. Both the U of A graduate student trainees and students receiving counseling benefit from the use of this technology.

How does your proposed project or program assess how these needs will be redressed? *(100 word maximum)*

While CAPS has a solid training program, we have not been able to use the best technology tools to assist in the training process. The current program uses asynchronous technology to record and store client's individual counseling sessions and Learning Space is synchronous technology that allows CAPS to record and store client sessions as well as view sessions live. As noted by Borders (2014), a best practice of counseling supervision includes "Supervisors use technology in ways that enhance learning..." Learning Space will provide CAPS supervisors with some of the best technology to train graduate students.

Describe any unique and/or innovative aspects of your project or program that improves what is already known about your area of inquiry. *(100 word maximum)*

The unique aspects of this improvement in the training technology are the synchronous nature and quality of the audio/visual equipment. Learning Space technology allows a supervisor to watch a session while it is happening, enter comments into the actual recording for the graduate trainee to review at a later time, and intervene during the session if needed. The ability to watch a session in real time would be a huge asset to the CAPS training program especially when a graduate trainee is counseling a student who exhibits some high risk areas of concern, including but not limited to suicidal ideation.

Please list up to five (5) expected outputs and outcomes with corresponding measurements. (Please note: just listing outputs is not sufficient.)

1.) CAPS trainees will receive more timely supervision and feedback with the use of Learning Space technology.
2.) CAPS clients (U of A students) will benefit indirectly by the supervision provided to graduate trainees as evidenced by improved client satisfaction scores on our annual client satisfaction survey.
3.) CAPS will be able to advertise a training program that uses some of the best technology available for students in health care professions.
4.) As the flagship university, CAPS will continue to demonstrate ways we are building a model training program.
5.) CAPS site evaluations from graduate trainees will indicate an improvement in the way that technology is utilized in training.

Document if there are other programs/projects that attempt to address the same needs as your proposal. If so, describe whether and how you will collaborate with them.*(100-word maximum)*

While there are no other programs on campus that address the same needs of the CAPS program, there are programs that address similar needs. Learning Space system is used across campus in three different programs. Consistent use of similar software allows for reduced costs and product support from our institutional technology department that is familiar with the system needs. Additionally, the Counselor Education program uses Learning Space and our graduate trainees from that program will already be familiar with all of its capabilities, which will cut back on time needed to familiarize these students with the training technology.

Demographic Considerations

First generation students engaged in the project: ◉ Yes ○ No

Number of current UA students engaged in the project: 200

Geographic region served:

- ❍ Northwest Arkansas
- ❍ Southwest Arkansas
- ❍ Northeast Arkansas
- ❍ Southeast Arkansas
- ❍ Central Arkansas
- ◉ Campus

Budgetary Considerations

Have you received WGC Funding before?

- ❍ Yes
- ◉ No

Please provide the year(s) and project name(s).

Not applicable

Total proposed budget for project or program: (proposed budgets of more than $20K will not be considered; in typical years WGC proposals fall within in the $5-10K range):
$ 30,000

Should match Item 1 on Budget Request sheet.

Please list total funding commitments from external or campus sources to date:
$ 10,000

Should match Item 2 on Budget Request sheet.

How much, if any, of your request involves funding for the following?
Please estimate using percentages
Student Compensation: 0 %
Equipment: 100 %

Total funds requested from WGC Grant:
$ 20,000

Should match Item 3 on Budget Request sheet.

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The biggest expense of this program is for the purchase and installation of the initial equipment needed. Following the purchase and installation of this equipment, there will be an annual expense for upkeep and maintenance of the product along with any needed ongoing staff training. The Pat Walker Health Center is committed to continuing the use of Learning Space training technology if funded by the WGC to assist with the initial costs. CAPS will continue to review other grant opportunities and whether or not there are other funding streams that may be appropriate for the continuation of this project.

In the rare case that grant resources cannot be expended, be prepared to return the remaining funds to WGC.

If selected as a recipient for a WGC grants, you will be required to submit two progress reports, including a budget summary, as well as a poster of your project for purposes of grant presentation.

Please be sure to save this document within the Grant Application Packet.