

# Model-free and Model-based Learning as Joint Drivers of Investor Behavior

Nicholas Barberis  
Lawrence Jin

Yale University and Caltech

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## Overview

- in the past decade, psychologists and neuroscientists have increasingly embraced a new framework for thinking about human decision-making in experimental settings
  - work of Daw; Niv; Gershman; Dayan; O’Doherty...
- the framework combines two algorithms, or systems
  - model-free learning
  - model-based learning
- computer scientists have contributed significantly to the development of these algorithms
  - use them to solve complex dynamic problems
  - e.g. Backgammon and Go
- psychologists are also very interested in these algorithms
  - because of neural evidence that they reflect the brain’s actual computations when evaluating different possible courses of action

## Overview, ctd.

In this paper:

- we import this framework into a simple financial setting
- examine its properties and implications
- use it to account for a range of empirical facts about investor behavior

## Overview, ctd.

### *Models*

- model-free system
- a portfolio-choice setting
- model-based system
- hybrid system

### *Properties*

- despite its simplicity, the model-free system has rich implications and delivers novel intuitions

## Overview, ctd.

### *Applications*

- extrapolative demand
- experience effects
- the disconnect between investor beliefs and investor allocations in both the frequency domain and the cross-section
- dispersion and inertia in investor allocations
- non-participation in the stock market
- persistent investment mistakes

### Broader theme:

- try to make sense of investor behavior using a framework rooted in algorithms the brain appears to use when evaluating different courses of action

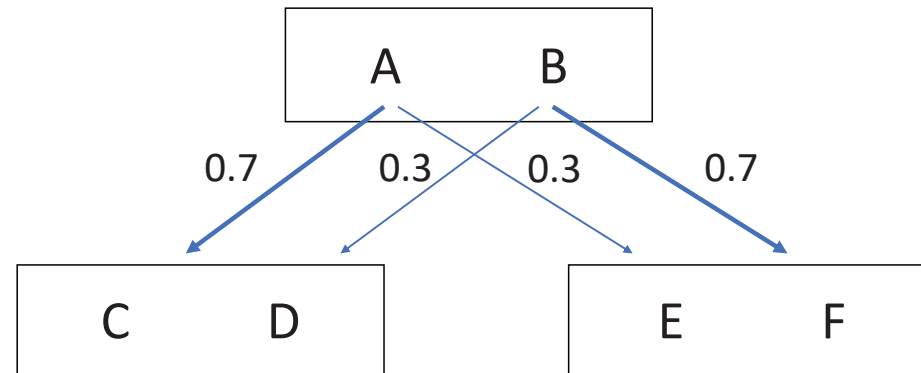
## Overview, ctd.

- full name of “model-free learning” is “model-free reinforcement learning”
  - reinforcement learning has received much less attention in finance and economics than in psychology and neuroscience
  - closest antecedent in economics is in behavioral game theory
- model-based learning is closer to traditional frameworks in economics
  - novelty in this paper is model-free learning
  - and on how it compares to model-based learning

## Psychological background

- psychologists have increasingly adopted a new framework for studying human decision-making in experimental settings
  - Daw, Niv, and Dayan (2005); Daw (2014)
- combines two algorithms, or systems
  - model-free learning
  - model-based learning
- the framework has found support in both behavioral and neural data
  - e.g., in the “two-step task” (Daw et al., 2011)

## Psychological background, ctd.

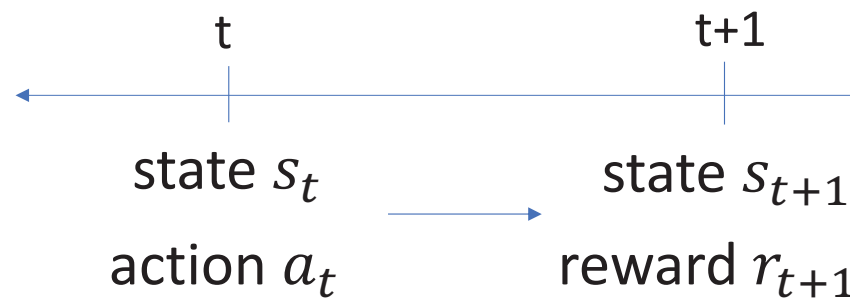


- participant behavior in this experiment points to both model-free and model-based influences
  - as does neural activity



## Models

- model-free and model-based algorithms are both intended to solve dynamic decision problems of the following form:



– probability distribution  $p(s_{t+1}, r_{t+1} | s_t, a_t)$  and Markov structure

- goal is to

$$\max_{\{a_t\}} E_0 \left[ \sum_{t=1}^{\infty} \gamma^{t-1} r_t \right]$$

## Models, ctd.

- economists almost always tackle problems of this kind using dynamic programming (DP)
  - and often use the DP solution to interpret observed behavior
- however, it is not clear how people would come to act according to the DP solution
- goal here: to explain observed behavior with a framework rooted in algorithms the brain appears to use when estimating the value of different courses of action

## Models, ctd.

- there is growing evidence from psychology research that the way people tackle these problems is with a combination of model-free and model-based algorithms
- we discuss the model-free algorithm first
  - two prominent model-free algorithms that psychologists have focused on are Q-learning and SARSA
  - we work with Q-learning here

## Model-free learning

- goal of both model-free and model-based approaches is to estimate  $Q^*(s_t, a_t)$ 
  - the value of taking an action  $a_t$  at time  $t$  in state  $s_t$ , and then continuing optimally thereafter
- suppose that we take action  $a_t$  at time  $t$  in state  $s_t$  and then observe a reward  $r_{t+1}$  at time  $t + 1$  and land in state  $s_{t+1}$
- the model-free algorithm updates its estimate of  $Q^*(s_t, a_t)$  as follows

$$Q_{t+1}(s_t, a_t) = Q_t(s_t, a_t) + \alpha^{MF} [r_{t+1} + \gamma \max_{a'} Q_t(s_{t+1}, a') - Q_t(s_t, a_t)]$$

- the quantity in square brackets is the “reward prediction error” (RPE)
- $\alpha^{MF}$  is the learning rate
- there is substantial evidence that the brain computes such RPEs
  - Montague, Dayan, Sejnowski (1996), Schultz, Dayan, Montague (1997), McClure, Berns, Montague (2003), O’Doherty et al. (2003)

## Model-free learning, ctd.

- the algorithm chooses the action  $a_t$  at time  $t$  probabilistically:

$$p(a_t = a) = \frac{\exp[\beta Q_t(s_t, a)]}{\sum_{a'} \exp[\beta Q_t(s_t, a')]}$$

- allows for “exploration”
- as  $\beta \rightarrow \infty$ , choose action with the highest Q value

## Model-free learning, ctd.

Why is Q-learning sensible?

- recall that  $Q^*(s_t, a_t)$  satisfies

$$Q^*(s_t, a_t) = E_t[r_{t+1} + \gamma \max_{a'} Q^*(s_{t+1}, a')]$$

- we can rewrite the updating equation as

$$Q_{t+1}(s_t, a_t) = (1 - \alpha^{MF})Q_t(s_t, a_t) + \alpha^{MF}[r_{t+1} + \gamma \max_{a'} Q_t(s_{t+1}, a')]$$

## Model-free learning, ctd.

- psychologists often make an adjustment to the basic Q-learning update equation
  - allow for different learning rates for positive and negative RPEs

$$Q_{t+1}(s_t, a_t) = Q_t(s_t, a_t) + \alpha_+^{MF}(\text{RPE}), \quad \text{RPE} \geq 0$$
$$Q_{t+1}(s_t, a_t) = Q_t(s_t, a_t) + \alpha_-^{MF}(\text{RPE}), \quad \text{RPE} < 0$$

## A portfolio-choice setting

- infinite horizon, and two assets
  - risk-free asset with constant gross return  $R_f$
  - risky asset with lognormal return  $R_{m,t}$

$$R_{m,t} = e^{\mu + \sigma \varepsilon_t}, \quad \varepsilon_t \sim N(0, 1), \text{ i.i.d.}$$

- an investor maximizes the expected log utility of wealth at some future horizon
- if an investor is still in financial markets entering time  $t$ 
  - with probability  $1 - \gamma$ , he receives a liquidity shock, leaves the markets at time  $t$ , and derives log utility of wealth at that time
- his objective then reduces to

$$\max_{\{a_t\}} E_0 \left[ \sum_{t=1}^{\infty} \gamma^{t-1} \log R_{p,t} \right]$$

- where  $R_{p,t}$  is the portfolio return from  $t - 1$  to  $t$
- and  $a_t$  is the fraction of wealth in the risky asset



## A portfolio-choice setting, ctd.

- we can solve this mathematically
  - solution is to allocate a constant fraction of wealth  $a^*$  to the risky asset

$$a^* = \arg \max_a E_t \log((1 - a)R_f + aR_{m,t+1})$$

- however, it is not clear how ordinary investors would find their way to this solution
- we want to investigate the implications, in this setting, of a decision-making algorithm that reflects the brain's actual computations
  - e.g. a model-free algorithm like Q-learning

## Model-free learning, ctd.

- we could apply earlier Q-learning equation directly to this problem

$$Q_{t+1}(s_t, a_t) = Q_t(s_t, a_t) + \alpha^{MF} [\log R_{p,t+1} + \gamma \max_{a'} Q_t(s_{t+1}, a') - Q_t(s_t, a_t)]$$

- instead, assume that investors take there to be only one state, and drop dependence of  $Q(s, a)$  on  $s$

– a simplification on the part of the investor

- investor's goal is then to estimate  $Q^*(a)$
- after trying action  $a$  at time  $t$ , update estimate of  $Q^*(a)$  at time  $t + 1$ :

$$Q_{t+1}^{MF}(a) = Q_t^{MF}(a) + \alpha_{+/-}^{MF} [\log R_{p,t+1} + \gamma \max_{a'} Q_t^{MF}(a') - Q_t^{MF}(a)]$$

## Model-free learning, ctd.

- the correct  $Q^*(a)$  is

$$Q^*(a) = E_t \log((1 - a)R_f + aR_{m,t+1}) \\ + \frac{\gamma}{1 - \gamma} E_t \log((1 - a^*)R_f + a^*R_{m,t+1})$$

## Model-free learning, ctd.

### *Generalization*

- in the basic version of model-free learning, the algorithm updates only the value of the most recently-chosen action
- research in both psychology and computer science has studied “model-free generalization”
  - the algorithm generalizes from its experience of action  $a$  to also update the values of other actions
- we have implemented such generalization using the notion of similarity
  - the algorithm uses the RPE from taking allocation  $a$  to also update, to a lesser extent, the  $Q$  values of similar allocations

$$Q_{t+1}^{MF}(\hat{a}) = Q_t^{MF}(\hat{a}) + \alpha_{t,\pm}^{MF} \kappa(\hat{a}) [\log R_{p,t+1} + \gamma \max_{a'} Q_t^{MF}(a') - Q_t^{MF}(a)]$$

$$\kappa(\hat{a}) = \exp\left(-\frac{(\hat{a} - a)^2}{2b^2}\right)$$

## Model-free learning, ctd.

- the model-free algorithm uses no information about the structure of asset returns
  - it does not know what a “risk-free asset” is or what the “stock market” is
- nonetheless, it may still be an important driver of decisions in financial markets
  - the model-free system is a fundamental part of human decision-making
  - many investors may be unfamiliar with the structure of asset returns

## Model-based learning

- psychologists use a framework that combines model-free and model-based learning
- dynamic programming is one possible model-based framework
  - we use an alternative motivated by neural evidence on the brain's computations
  - Glascher et al. (2010), Lee, Shimojo, O'Doherty (2014), Dunne et al. (2016)
- after observing the market return  $R_{m,t} = R$  at time  $t$ , the algorithm updates the probability distribution using

$$p_t(R_m = R) = p_{t-1}(R_m = R) + \alpha^{MB}[1 - p_{t-1}(R_m = R)]$$

- the quantity in square brackets is again a prediction error
- and  $\alpha^{MB}$  is a learning rate
- there is evidence that such prediction errors are encoded in the brain (Glascher et al., 2010)

## Model-based learning, ctd.

- in a continuous-distribution setting, can simplify the above to

$$p_t(R_m = R) = \alpha^{MB}$$

- after observing three returns  $R_1$ ,  $R_2$ , and  $R_3$  in sequence, update perceived distribution as follows

$$(R_1, 1)$$

$$(R_1, 1 - \alpha^{MB}; R_2, \alpha^{MB})$$

$$(R_1, (1 - \alpha^{MB})^2; R_2, \alpha^{MB}(1 - \alpha^{MB}); R_3, \alpha^{MB})$$

- we allow for different learning rates for positive and negative returns

$$p_t(R_m = R) = \alpha_+^{MB} \text{ for } R \geq 1$$

$$p_t(R_m = R) = \alpha_-^{MB} \text{ for } R < 1$$

## Model-based learning, ctd.

- given this return distribution, the investor estimates  $Q^*(a)$  using the correct formula, but where the expectation is taken using his perceived distribution

$$Q_t^{MB}(a) = E_t^p \log((1 - a)R_f + aR_{m,t+1}) \\ + \frac{\gamma}{1 - \gamma} E_t^p \log((1 - a^*)R_f + a^*R_{m,t+1})$$

$$a^* = \arg \max_a E_t^p \log((1 - a)R_f + aR_{m,t+1})$$



## Hybrid system

- following the psychology literature, we use a framework that combines the two algorithms
  - Glascher et al. (2010), Daw et al. (2011)

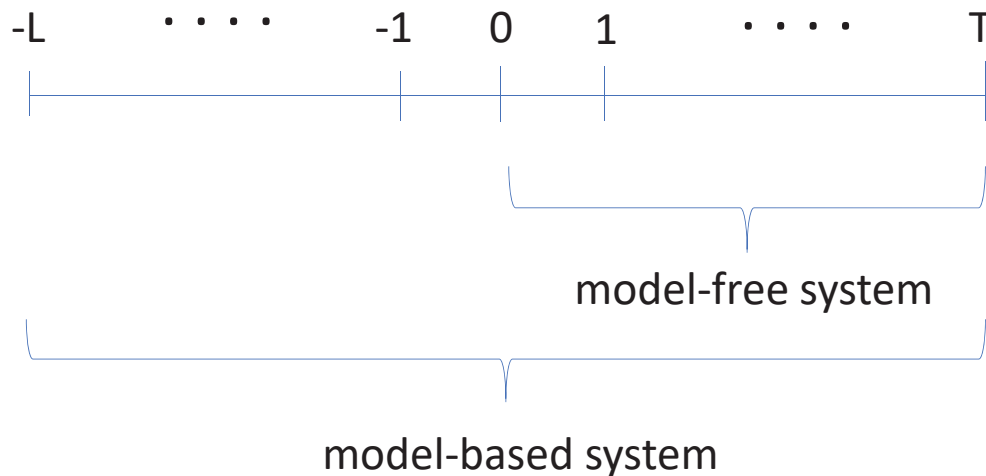
$$Q_t^{HYB}(a) = (1 - w)Q_t^{MF}(a) + wQ_t^{MB}(a)$$

$$p(a_t = a) = \frac{\exp[\beta Q_t^{HYB}(a)]}{\sum_{a'} \exp[\beta Q_t^{HYB}(a')]}$$

- one difference between the two algorithms is that they likely apply to different intervals
  - if an investor starts participating in financial markets at time 0, the model-free system starts operating at that point
  - but before entering, the investor can observe prior data going back to time  $t = -L$ , which the model-based system can learn from
- this is consistent with experimental evidence (Dunne et al., 2016)

## Properties

- we use the following structure
  - each investor enters financial markets at time 0
  - we track their behavior until time  $T$
  - before entering, each investor observes data going back to  $t = -L$
  - we take each period to be one year, and set  $L = 30$  and  $T = 30$
  - at each date from 0 to  $T$ , each investor chooses from the 11 allocations  $\{0\%, 10\%, \dots, 90\%, 100\%\}$



## Properties, ctd.

- focus on learning rates that are constant over time
  - initially, learning rates are also the same across investors, but later allow for dispersion
- parameters:

parameter	value
$\alpha_+^{MF}, \alpha_-^{MF}, \alpha_+^{MB}, \alpha_-^{MB}$	0.5
$\beta$	30
$\gamma$	0.97
$w$	0.5
$\mu$	0.01
$\sigma$	0.2

## Properties, ctd.

*The mechanics of each system*

- consider an investor who observes a sequence of returns over time
- to understand how the two systems work, we first consider the cases where behavior is determined *only* by the model-free system
  - or *only* by the model-based system

## Properties, ctd.

*The mechanics of each system, ctd.*

### Model-free Q values

date	0	1	2	3	4	5
net return		-17.4%	18.3%	-1.3%	12.8%	-16.6%
0%	0	0	0	0	0	0
10%	0	0	0	0	0	0
20%	0	0	0.006	0.006	0.01	0.01
30%	0	0	<b>0.027</b>	0.027	<b>0.045</b>	0.041
40%	0	0	0.006	0.006	0.01	<b>-0.007</b>
50%	0	0	0	0	0	-0.004
60%	0	-0.015	-0.015	-0.015	-0.015	-0.015
70%	0	<b>-0.065</b>	-0.065	-0.065	-0.065	-0.065
80%	0	-0.015	-0.015	-0.014	-0.014	-0.014
90%	0	0	0	0.001	0.001	0.001
100%	0	0	0	<b>0.006</b>	0.006	0.006

## Properties, ctd.

*The mechanics of each system, ctd.*

### Model-based Q values

date	0	1	2	3	4	5
net return		-17.4%	18.3%	-1.3%	12.8%	-16.6%
0%	0.72	0	<b>1.352</b>	0.464	2.179	0
10%	0.723	-0.007	1.357	0.466	<b>2.187</b>	-0.005
20%	0.726	-0.015	1.362	0.468	2.194	-0.01
30%	0.729	-0.022	1.367	0.47	2.201	-0.015
40%	0.731	-0.03	1.372	0.472	2.208	<b>-0.02</b>
50%	0.733	<b>-0.039</b>	1.376	0.473	2.215	-0.026
60%	0.736	-0.047	1.38	0.475	2.222	-0.031
70%	0.737	-0.056	1.384	0.476	2.228	-0.037
80%	0.739	-0.065	1.387	0.477	2.234	-0.044
90%	0.741	-0.075	1.39	<b>0.478</b>	2.241	-0.05
100%	0.742	-0.085	1.393	0.479	2.247	-0.057

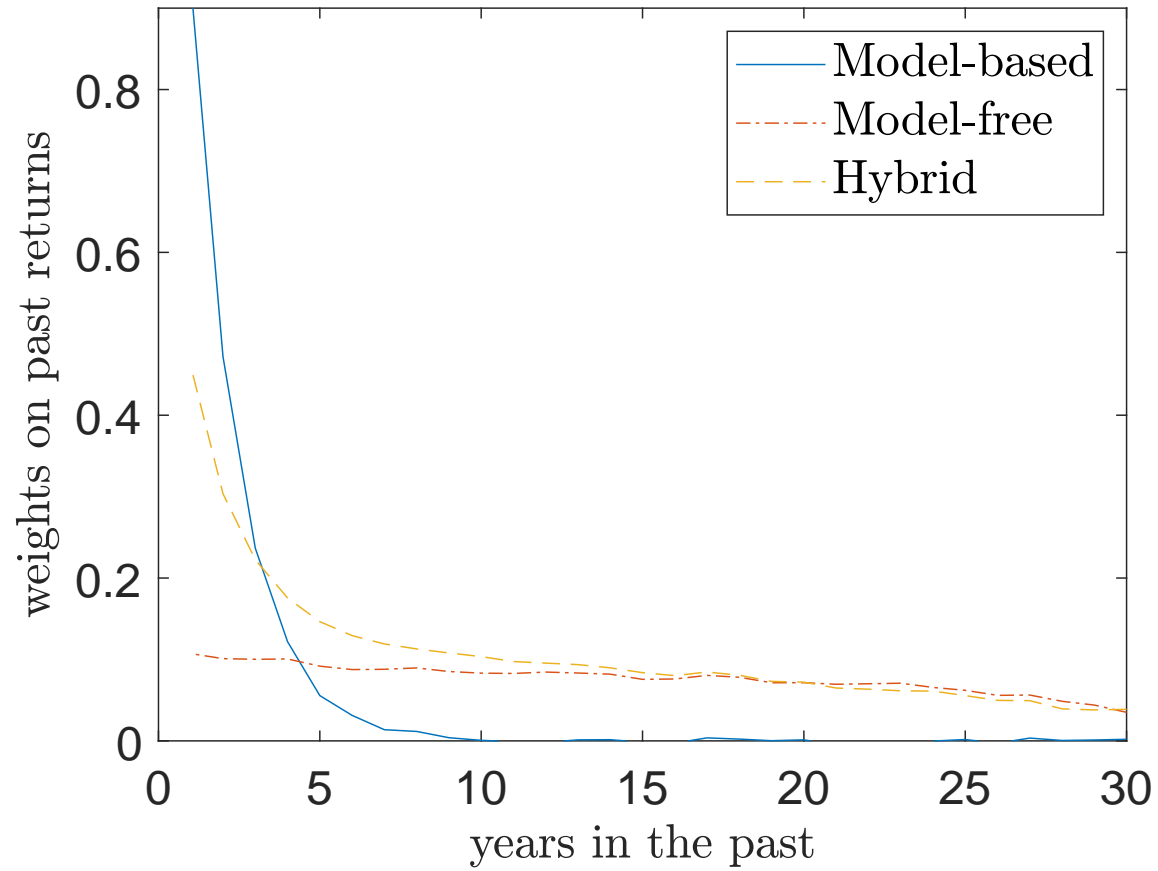
## Properties, ctd.

### *Dependence on past returns*

- consider many investors, each of whom is exposed to a different sequence of stock market returns
  - examine how investors' date  $T$  allocation  $a_T$  depends on the past market returns investors have been exposed to
- for both systems:
  - the allocation puts weights on past stock market returns that are positive and that decline, the further back we go into the past
- importantly, the decline is much faster in the case of the model-based system

## Properties, ctd.

*Dependence on past returns, ctd.*

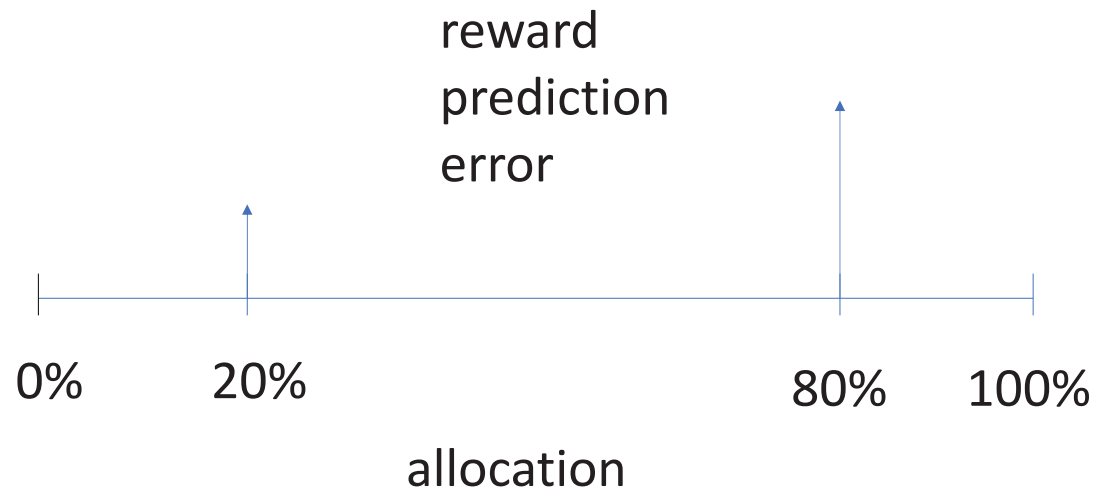




## Properties, ctd.

*Dependence on past returns, ctd.*

- it is clear why the model-based allocation depends positively on past returns
- the intuition for the model-free system is more novel
  - after a positive market return, the RPE is larger when the investor's starting allocation is high



## Properties, ctd.

*Dependence on past returns, ctd.*

- it is clear why, for the model-based system, the weights on past returns decline as we go further into the past
- the model-free system exhibits the same pattern, but the decline is much slower
  - the model-free system learns slowly
  - at each time, it updates primarily the  $Q$  value of the action just taken

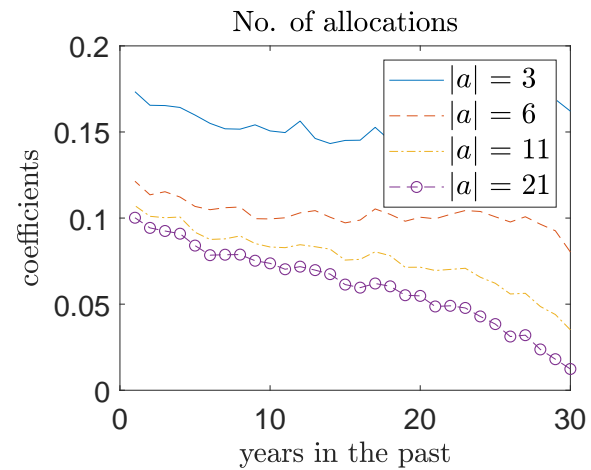
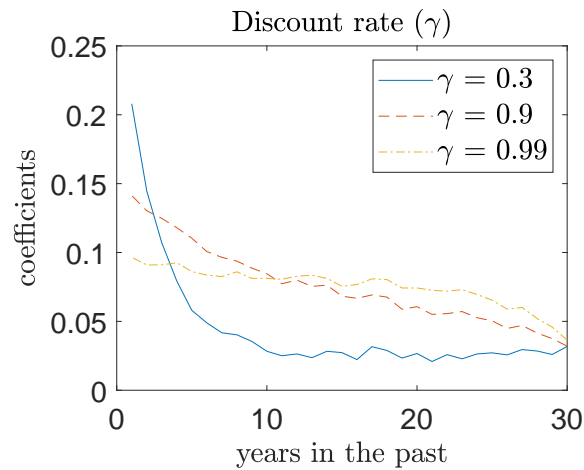
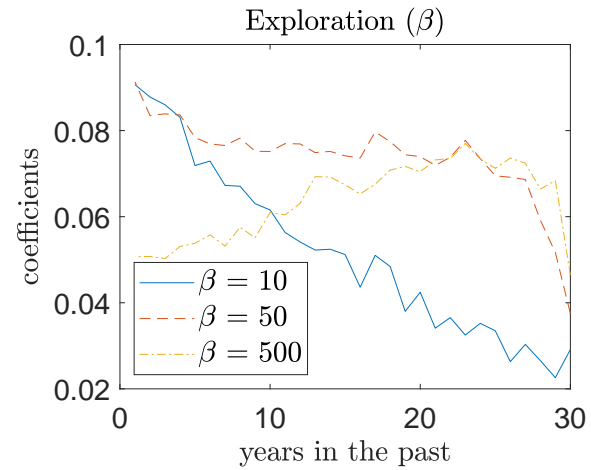
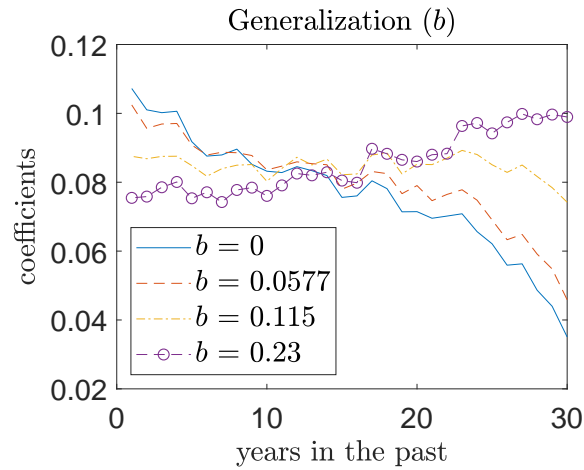
## Properties, ctd.

*Dependence on past returns, ctd.*

- the model-free system can exhibit substantially richer behavior
- the relationship between allocations and past returns is affected by factors that play no role in the model-based system
  - exploration parameter  $\beta$
  - discount rate  $\gamma$
  - the number of allocation choices

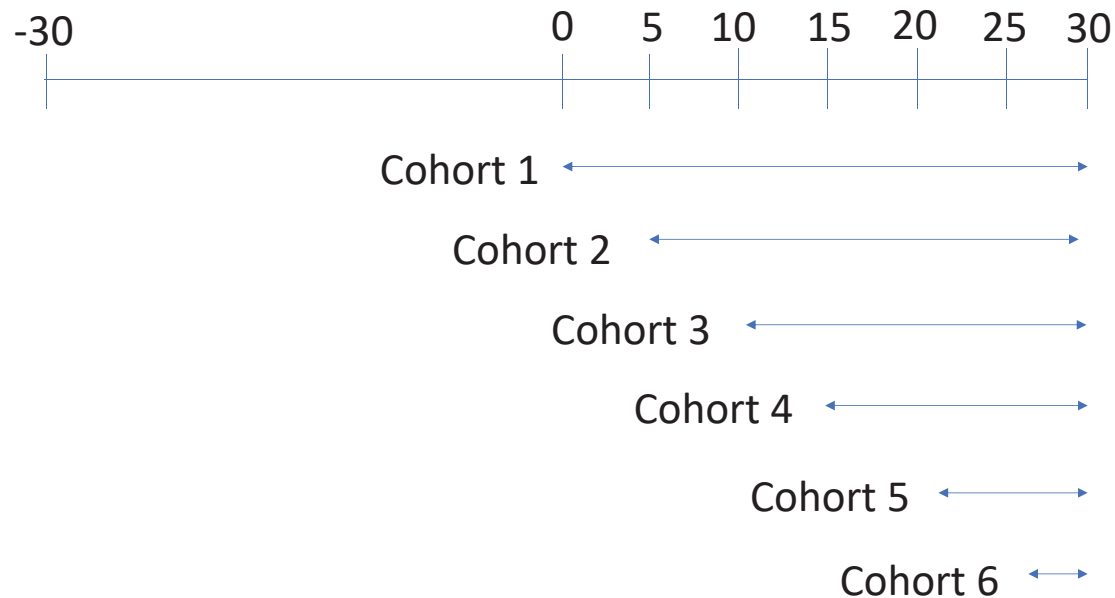
# Properties, ctd.

*Dependence on past returns, ctd.*



## Applications

- before considering applications, enrich the framework on two dimensions
  - allow for dispersion in learning rates across investors
  - allow for different cohorts of investors who enter financial markets at different times
  - six cohorts, which enter at  $t = 0, 5, 10, 15, 20, 25$ , respectively



## Applications, ctd.

- show that, for a simple parameterization, obtain a qualitative and approximate quantitative fit to several empirical facts
- later, formally estimate key model parameters

parameter	value
$L$	30
$T$	30
$\alpha_+^{MF}, \alpha_-^{MF}, \alpha_+^{MB}, \alpha_-^{MB} \sim [0.25, 0.75]$	
$\beta$	30
$\gamma$	0.97
$w$	0.5
$\mu$	0.01
$\sigma$	0.2

## Applications, ctd.

Our framework is helpful for thinking about:

- extrapolative demand
- experience effects
- the disconnect between investor beliefs and investor allocations in both the frequency domain and the cross-section
- dispersion and inertia in investor allocations
- non-participation in the stock market
- persistent investment mistakes

## Applications, ctd.

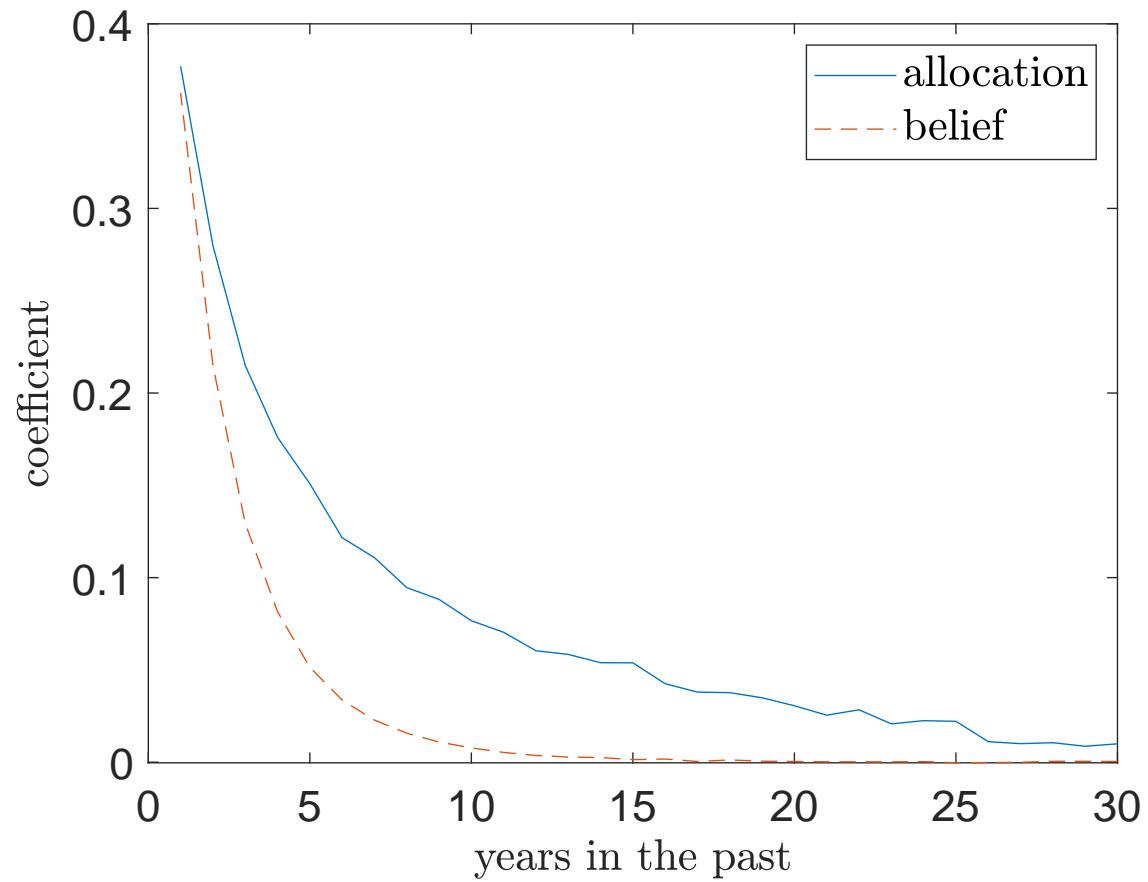
### *Extrapolative demand*

- many models assume that investors have extrapolative demand for risky assets
  - e.g. demand is based on a weighted average of past returns, with more weight on recent returns
- our framework provides a new foundation for such demand, through the mechanics of the model-free system
- it also says that extrapolative demand has two distinct sources operating at different frequencies
  - a model-based source that puts heavy weight on recent returns
  - a model-free source that puts substantial weight even on distant past returns



## Applications, ctd.

*Extrapolative demand*



## Applications, ctd.

### *Experience effects*

- Malmendier and Nagel (2011) find that stock market allocations can be explained in part by a weighted average of the stock market returns an investor has personally experienced

Two features:

- investors put more weight on returns they have experienced than on those they have not
  - e.g. if an investor enters the market at time  $t$ , he puts significantly more weight on  $R_{m,t+1}$  as opposed to  $R_{m,t}$
- weights on experienced returns decline the further back we go

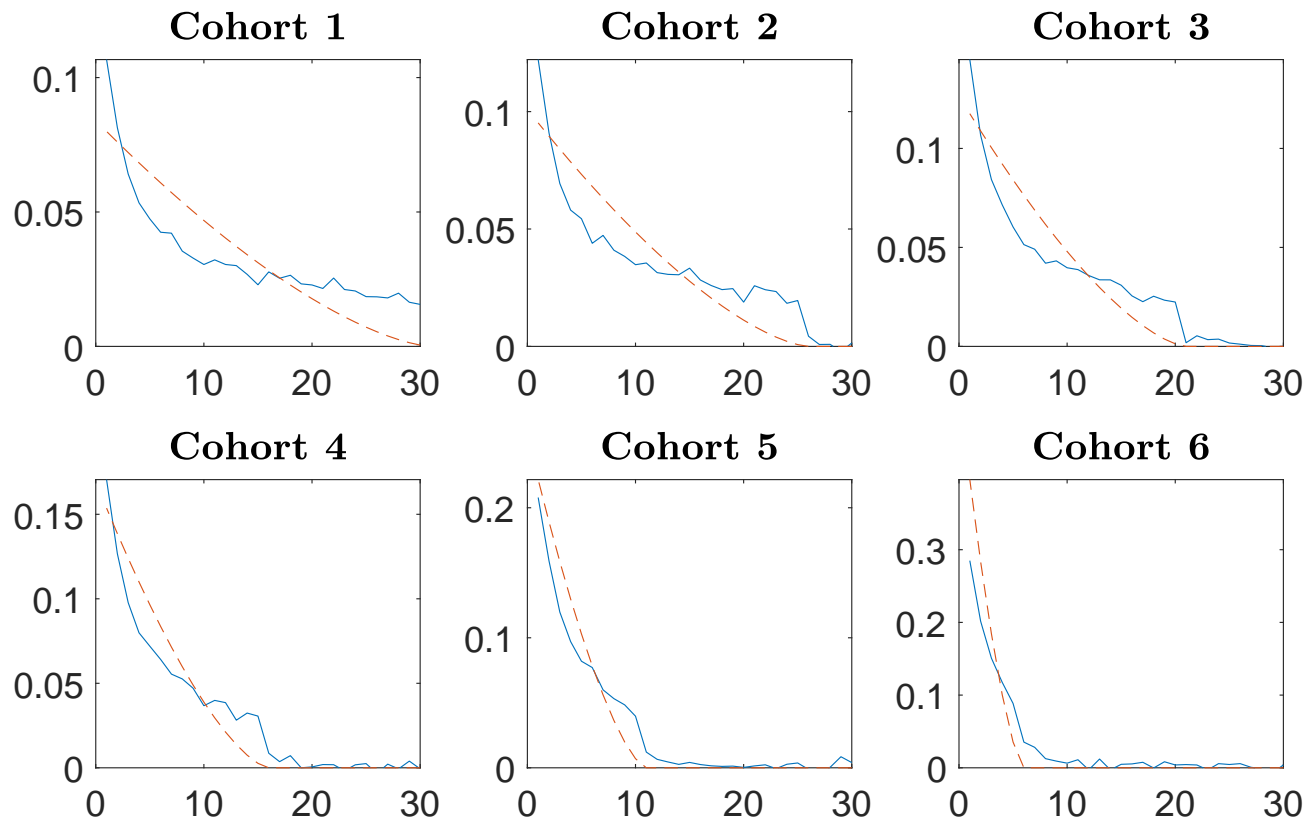
## Applications, ctd.

*Experience effects*, ctd.

- our framework can capture both features
  - the model-free system puts weight only on experienced returns
  - both systems put less weight on more distant past returns
- to check this, we regress, for each cohort, the date  $T$  allocation  $a_T$  on past stock market returns
  - observe both features

## Applications, ctd.

*Experience effects, ctd.*



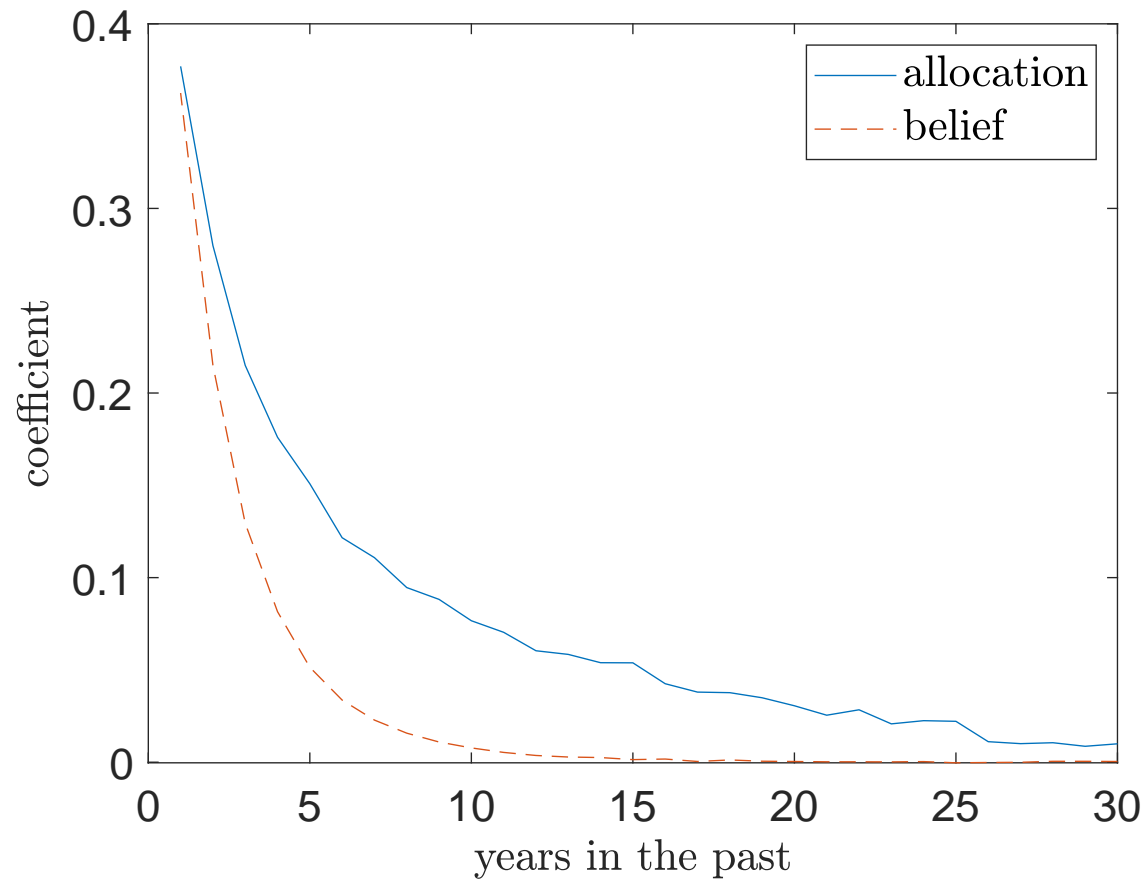
## Applications, ctd.

### *The frequency disconnect*

- investor expectations of future stock market returns depend heavily on recent past market returns (Greenwood and Shleifer, 2014)
  - but investor allocations depend even on distant past returns (Malmendier and Nagel, 2011)
- our framework can help explain this
  - only the model-based system has an explicit role for beliefs
- when asked for their *beliefs*, investors consult the model-based system and give an answer that depends primarily on recent past returns
- *allocations* depend on both the model-based *and* model-free systems
  - and the model-free system puts substantial weight even on distant past returns

## Applications, ctd.

*The frequency disconnect, ctd.*



## Applications, ctd.

### *The cross-sectional disconnect*

- Giglio et al. (2021) regress investors' allocations on their expectations of future stock market returns
  - find a positive relationship, but weaker than traditional models suggest
- our framework can account for this
  - beliefs are generated by the model-based system, which puts substantial weight on recent returns
  - allocations are also affected by the model-free system, which puts a lot of weight on distant past returns
- following a good stock market return
  - an investor's expected return, generated by the model-based system, goes up significantly
  - his allocation, which is also affected by the model-free system, goes up less

## Applications, ctd.

*The cross-sectional disconnect, ctd.*

$w$	Sensitivity
0.2	0.7
0.5	1.25
1	1.91



## Applications, ctd.

### *Dispersion in allocations*

- there is substantial dispersion in investors' allocations to the stock market
- our framework points to two sources of this dispersion
  - differences in learning rates across investors
  - reinforcement of earlier probabilistic choices

### *Inertia in allocations*

- there is also substantial inertia in investor allocations
- the model-free system can generate such inertia
  - it learns slowly: at each time, it updates primarily the  $Q$  value of the action taken
    - ⇒ from one period to the next, there is little variation in the  $Q$  values of the 11 possible allocations

## Applications, ctd.

### *Non-participation*

- the model-free system can help account for widespread non-participation in the stock market
- if there is a poor stock market return, this raises the likelihood that the investor will move to a 0% allocation
- once there, the model-free system updates only the  $Q$  value of the riskless asset
  - and so will fail to learn that the stock market has good properties
- through simulations, confirm that relative to the model-based system, the model-free system is much more likely to generate non-participation

## Applications, ctd.

### *Persistent investment mistakes*

- the framework can explain the persistence of investment mistakes
  - due to the slow learning of the model-free system
- consider a setting with ten risky assets
  - nine have the same low mean return
  - one has a substantially higher mean return
- we show, through simulations, that the model-free system is much slower in figuring out which of the ten assets has the higher mean
  - after 30 years, individuals using the model-free system are less likely to be invested in the higher-mean asset

## Parameter estimation

- we estimate four key parameters of our framework
  - the mean model-free learning rate  $\bar{\alpha}^{MF}$
  - the mean model-based learning rate  $\bar{\alpha}^{MB}$
  - the exploration parameter  $\beta$
  - the weight  $w$  on the model-based system
- we search for values of these parameters that best match:
  - the empirical relationship between investor beliefs and past market returns
  - experience effects, as summarized by Malmendier and Nagel (2011)
  - the sensitivity of allocations to beliefs, as measured by Giglio et al. (2021)
- we obtain  $\bar{\alpha}^{MF} = 0.66$ ,  $\bar{\alpha}^{MB} = 0.38$ ,  $\beta = 20$ , and  $w = 0.46$

## Extensions, ctd.

Other directions:

- allow for time-varying learning rates
- allow for time-varying weight  $w$  on the model-based system
- allow for state dependence
- allow investors to make inferences about beliefs from the model-free  $Q$  values

## Broader themes

(1)

- the parameters that best fit the data put substantial weight on the model-free system
  - a system that uses little information about financial markets
- this is initially surprising, but may reflect:
  - how fundamental the model-free system is to human decision-making
  - and investors' unfamiliarity with the structure of asset returns

## Broader themes, ctd.

(2)

- we usually start with beliefs and preferences as primitives, and derive a value function from them
  - in the model-free system, the value function is the primitive
  - the investor may infer beliefs from the value function

(3)

- the framework offers a way of thinking about investor behavior that is rooted in algorithms that the brain appears to use when estimating the value of different courses of action

## Summary

- in the past decade, psychologists and neuroscientists have increasingly embraced a new framework for thinking about human decision-making in experimental settings
- the framework combines two algorithms, or systems
  - model-free learning
  - model-based learning

In this paper:

- we import this framework into a simple financial setting
- examine its properties and implications
- use it to account for a range of facts about investor behavior