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# Optical tomographic imaging of small animals

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Diffuse optical tomography is emerging as a viable new biomedical imaging modality. Using visible and near-infrared light this technique can probe the absorption and scattering properties of biological tissues. The main applications are currently in brain, breast, limb and joint imaging; however, optical tomographic imaging of small animals is attracting increasing attention. This interest is fuelled by recent advances in the transgenic manipulation of small animals that has led to many models of human disease. In addition, an ever increasing number of optically reactive biochemical markers has become available, which allow diseases to be detected at the molecular level long before macroscopic symptoms appear. The past three years have seen an array of novel technological developments that have led to the first optical tomographic studies of small animals in the areas of cerebral ischemia and cancer.

## Addresses

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## Abbreviations

<b>BLT</b>	bioluminescence tomography
<b>DOT</b>	diffuse optical tomography
<b>DYNOT</b>	dynamic near-infrared optical tomography
<b>FD</b>	frequency domain
<b>MOBIIR</b>	model-based iterative image reconstruction
<b>MRI</b>	magnetic resonance imaging
<b>PET</b>	positron emission tomography
<b>SPECT</b>	single-photon emission computed tomography
<b>SSD</b>	steady-state domain
<b>TD</b>	time domain

## Introduction

Over the past decade considerable progress has been made towards the development of a novel tomographic imaging modality that uses light in the wavelength range  $500 \text{ nm} < \lambda < 900 \text{ nm}$  to probe biomedical tissues [1–3]. Besides diffuse optical tomography (DOT), various other names have been used to describe this technology, such

as optical diffuse tomography, photon migration tomography or just optical tomography. DOT has so far been mainly applied to breast cancer diagnostics [4,5], joint imaging [6,7] and blood oximetry in human muscle and brain tissue [8–10].

More recently, the first studies and systems to focus on the optical tomographic imaging of small animals have emerged [11<sup>\*\*</sup>,12<sup>\*\*</sup>,13<sup>\*</sup>,14,15<sup>\*\*</sup>]. The interest in small-animal imaging is motivated by progress in the transgenic manipulation of small animals, which has allowed models to be developed for a variety of human diseases. Using these models it is possible to link specific genes, proteins and enzymes to molecular and cellular processes that underlie various disorders. In addition, the advent of novel biochemical markers that are sensitive to molecular processes, defect genes and cell receptors, makes it possible for the first time to detect diseases on a molecular level long before actual phenotypical symptoms appear [16,17].

Employing small-animal imaging systems it has become possible to perform noninvasive assays for monitoring the progression of diseases and biological processes. Small-animal optical tomography has several advantages over other, more traditional, imaging modalities. For example, optical markers emit low-energy near-infrared photons that are less harmful than more energetic  $\gamma$ -rays emitted from radioactive markers (used in single-photon emission computed tomography [SPECT] and positron emission tomography [PET], for instance) [18]. This simplifies synthesis procedures and experimental designs and will be of particular importance for future applications in humans. Furthermore, optical methods typically offer higher sensitivity (as compared with magnetic resonance imaging [MRI] and SPECT) and are relatively inexpensive (as compared with PET, SPECT and MRI).

In this paper we will review the underlying principles of optical tomographic imaging, as applied to studies involving small animals. We will describe the basic contrast mechanism involved in imaging of both endogenous and exogenous contrast agents, and discuss common instrumentation and image reconstruction strategies. Furthermore, we will provide an overview of the most recently published small-animal imaging studies in the areas of blood oximetry, and fluorescence- and bioluminescence-enhanced imaging.

## Imaging with endogenous contrast

### The basis of contrast

In DOT, low-energy electromagnetic radiation ( $\sim 1$  to  $2.5 \text{ eV}$ ) is delivered to one or more locations on the surface

of the body part under investigation and transmitted and/or back-reflected light intensities are measured at distances up to 10 cm. Unlike medical X-rays (photon energy  $\sim 5$  to 150 keV), which pass through the body almost unscattered, photons used for optical tomography undergo multiple scattering before they leave the medium. The scattering properties of the tissue are described by the spatially varying scattering coefficient,  $\mu_s(r)$ . Also commonly used is the reduced or transport scattering coefficient  $\mu_s' = (1-g)\mu_s$ , where  $g \in [-1,1]$  is a parameter that describes the anisotropic scattering properties of a tissue [19]. Differences in the refractive index between intracellular and extracellular fluids, and between various subcellular components such as mitochondria or nuclei, as well as varying tissue densities give rise to differences in scattering coefficients and  $g$  factors [20,21].

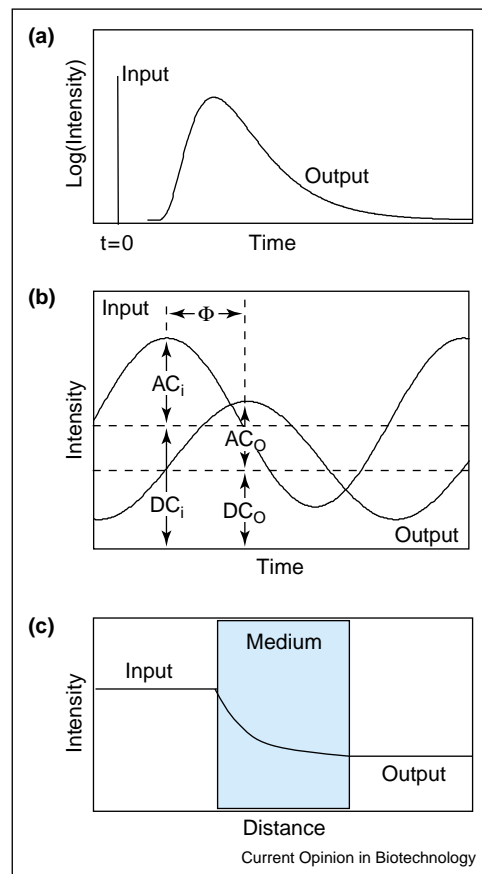
Besides being scattered, near-infrared light can also be absorbed by a multitude of chromophores inside the tissue; for example, endogenous chromophores include hemoglobin, cytochromes, flavins and porphyrins. Of special interest for tissue oximetry are oxyhemoglobin and deoxyhemoglobin and derived parameters such as oxygen saturation [13<sup>\*</sup>]. Differences in chromophore content and concentration lead to different absorption coefficients  $\mu_a(r)$ .

#### Optical tomographic imaging modalities

In general, optical imaging systems can be divided into three different categories: time-domain (TD) systems, frequency-domain (FD) devices, and steady-state domain (SSD) instrumentation, often also referred to as continuous wave systems [22]. When TD methods are employed, a short laser pulse (typically of duration less than  $1 \times 10^{-10}$  seconds) is injected into the tissue. Travelling through the tissue this pulse broadens and its peak intensity becomes smaller (Figure 1a). The extent of these effects is influenced by the optical properties and the distances travelled inside the tissue before being recorded. For example, the time at which the maximum of the response function is reached is indicative of  $\mu_s$ . The decreasing slope of the response curve yields information about  $\mu_a$  [23]. Time-resolved systems for small-animal imaging are still in their nascent state. The smaller tissue volumes encountered in small animals require especially high temporal resolutions, which poses added technological challenges [24<sup>\*</sup>].

Instead of using a short light pulse, FD systems use sinusoidally amplitude-modulated light sources [25]. The modulation frequency is typically between 100–1000 MHz [26]. The measured parameters are the phase shift,  $\Phi$ , and the demodulation,  $M = (AC_o/DC_o)/(AC_i/DC_i)$ , of the light transmitted through the tissue relative to the incident light (Figure 1b). Measuring  $\Phi$  and  $M$  for all frequencies amounts to performing the Fourier transform of the TD data. FD systems that focus on small-animal

Figure 1



Different modes of data acquisition for optical tomography. (a) Time domain (TD), (b) frequency domain (FD) and (c) steady-state domain (SSD; also commonly referred to as continuous wave domain).

imaging have been developed by Yodh and colleagues [27,28<sup>\*</sup>] and by Thompson and Sevic-Muraca [29].

Originally thought to be of limited use, SSD systems have made a comeback in recent years and are now among the most widely used in clinical settings as well as for small-animal imaging. In SSD systems the light source continuously emits light into the tissue and the transmitted light intensities are measured (Figure 1c). An example of such a system is the dynamic near-infrared optical tomography (DYNOT) instrument, recently developed by Schmitz *et al.* [30<sup>\*</sup>]. In this instrument, two wavelengths between 700 nm and 850 nm are provided by two laser diodes, the light of which is sequentially coupled into 32 different fiber bundles. These optical fibers deliver the light to various positions on the surface of the tissue and are also used to collect transmitted light intensities. A full tomographic dataset (two wavelengths at  $32 \times 32 = 992$  source-detector configuration) can be obtained in approximately 0.5 s, leading to a data acquisition rate of

$2 \times 992/0.5 = 3968$  measurements per second. This is the fastest data acquisition rate (measurement points per second) of all currently available optical tomography instruments. Similar instruments have been developed by Siegel *et al.* [31,32<sup>\*</sup>] and Cheung *et al.* [27].

### Image reconstruction algorithms

The majority of currently available image reconstruction codes can be classified as model-based iterative image reconstruction (MOBIIR) algorithms [33,34]. These iterative reconstruction schemes usually contain three major components: a forward model, an analysis scheme, and an updating scheme (see Figure 2). Variations between different codes in the updating scheme usually affect the convergence rate of the algorithm [35], whereas differences in the objective function [36–38] and forward model affect the accuracy of the code. The most accurate forward model is given by the equation of radioactive transfer [39,40<sup>\*\*</sup>,41<sup>\*\*</sup>,42]. However, if  $\mu_s \gg \mu_a$ , which is often the case in practical situations, the simpler diffusion equation can be used. It has been argued that because of the small geometries encountered in small-animal imaging, diffusion-equation-based codes should not be applied because the inherent approximations are no longer valid [43<sup>\*\*</sup>,44<sup>\*</sup>]. Nevertheless, most of the current

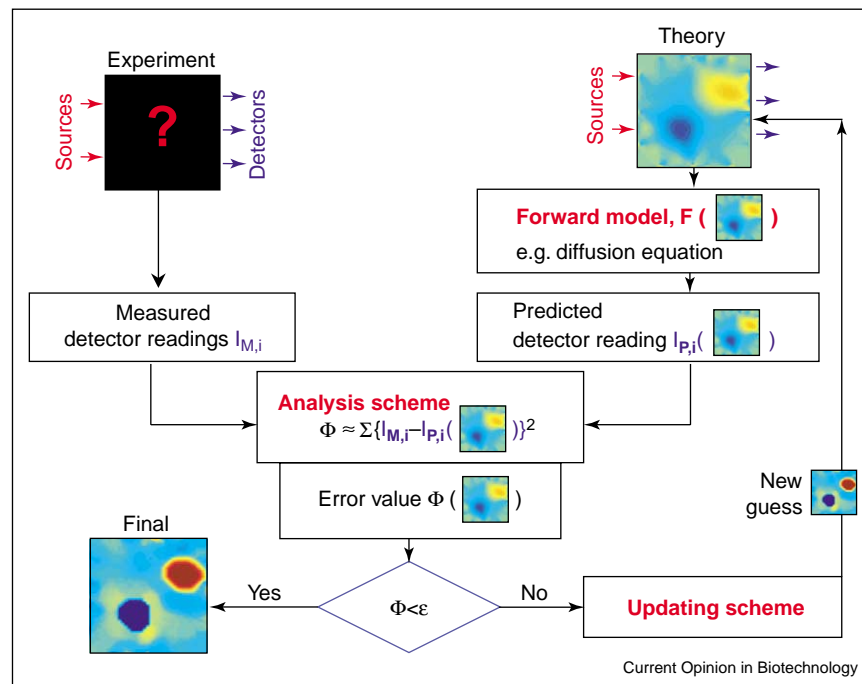
small-animal imaging systems use the diffusion equation in the reconstruction process, and what type of algorithm will perform best under the given circumstance is still to be determined. There is some indication that when relative changes rather than absolute values of optical properties are sought, the accuracy of the forward model plays less of a role [45,46<sup>\*</sup>].

Overall the image reconstruction problem in optical tomography is highly ill-posed [34]. This means that different distribution of optical properties inside the tissue can lead to the same measurements observed on the surface of the tissue. To nevertheless obtain reasonable results, some sort of constraints typically have to be imposed on the solution [36–38]. For example it is often assumed that the results are within a certain range of absorption or scattering values or that scattering properties do not change during hemodynamic perturbations.

### Comparison of different systems

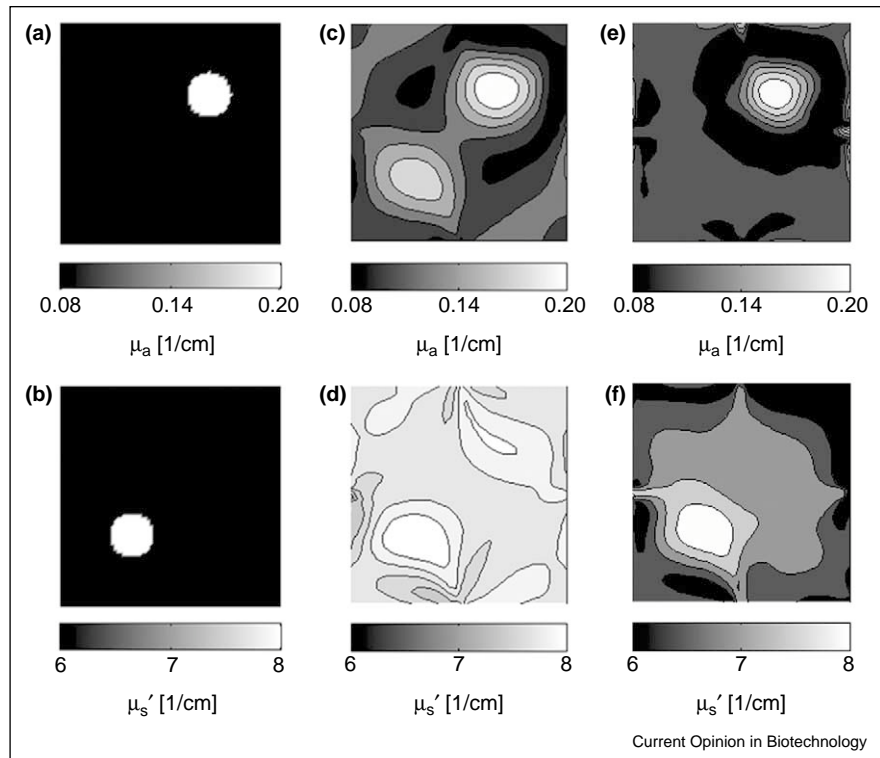
The information content and the complexity of hardware and imaging software increases from SSD to FD and TD systems. The obtainable spatial resolution, given the same number of sources and detectors, also increases from SSD to FD to TD systems. However, SSD systems

Figure 2



Basic structure of a model-based iterative image reconstruction (MOBIIR) scheme commonly used in DOT. MOBIIR schemes usually contain three major components. The first component is a so-called forward model that provides a prediction of the measurements based on a guess of the system parameters (here the spatial distribution of  $\mu_a$  and  $\mu_s'$ ) and given source positions. The second element, the analysis scheme, compares the predicted data with the measured data, which results in some sort of error function (often also called the objective function or norm). The third part is an updating scheme that provides a new set of system parameters for the forward model, depending on the mismatch between predicted and measured data. With this set of new system parameters a new forward calculation is performed. The set of spatially varying  $\mu_a$  and  $\mu_s'$  values for which the objective function is minimized constitutes the final image.

Figure 3



Frequency domain versus steady-state domain image reconstruction. **(a)** Original map of spatial distribution of the absorption coefficient  $\mu_a$ . **(b)** Original map of spatial distribution of the scattering coefficient  $\mu_s'$ . **(c,d)** Reconstruction results using SSD data. **(e,f)** Reconstruction results using FD data at a source modulation frequency of  $\omega = 200$  MHz. For the reconstructions, data from four source and 16 detectors equally distributed on the circumference of the  $2 \times 2$  cm square were used. All reconstructions started with an initial guess of a homogenous medium with  $\mu_a = 0.12 \text{ cm}^{-1}$  and  $\mu_s' = 7.2 \text{ cm}^{-1}$ . The MOBILR code used for this example is based on the equation of radiative transfer [89]. Clearly visible is the cross-talk between absorption and scattering effects in the images (c) and (d) that were obtained from SSD data ( $\omega = 0$  MHz). (e,f) As expected, a much better separation of scattering and absorption effects is obtained when FD data are used.

allow for much faster data acquisition than TD systems. While SSD systems allow for data acquisition rates for one source and one detector of up to 8000, FD systems are currently limited to  $\sim 10$ –400 and TD systems to typically less than 1 [30]. This allows SSD systems to look at fast physiological changes, such as hemodynamic effects in the brain or limbs. TD systems usually take more than 1 min and fast physiological changes cannot be imaged.

Another important aspect in DOT is the ability to distinguish between scattering and absorption effects. As SSD measurements provide less information, in general, it is more difficult to distinguish scattering from absorption effects using SSD-type data than when FD or TD data are used [34,47,48] (see example in Figure 3). Theoretical studies have shown that SSD imaging is highly ill-posed and does not, in general, allow separation of absorption and scattering effects. However, in practical cases additional constraints can often be introduced, which makes the separation of absorption and scattering possible even with SSD systems [49,50].

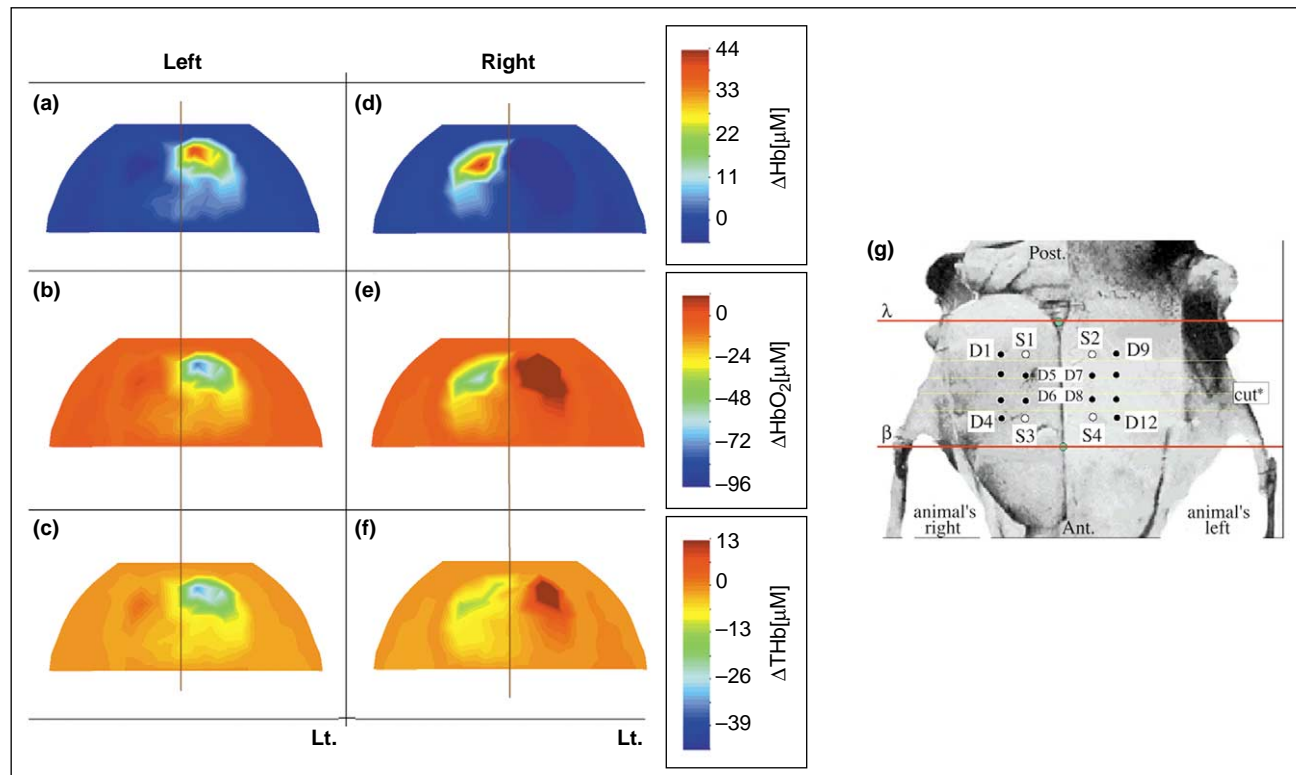
### Applications

In the past three years, applications of small-animal imaging with endogenous contrast have focused on two areas: blood oximetry, as it relates to cerebral ischemia, and functional imaging [51]. In these cases,  $\mu_a$  and  $\mu_s$  are not the goal of the image reconstruction, but rather the concentration of oxyhemoglobin [HbO<sub>2</sub>] and deoxyhemoglobin [Hb] and derived parameters such as total hemoglobin concentration [THb] = [HbO<sub>2</sub>] + [Hb] or blood saturation  $S = [\text{HbO}_2]/[\text{THb}]$ . Assuming that the primary influence on  $\mu_a$  is a linear combination of [HbO<sub>2</sub>] and [Hb], one arrives at [52,53]:

$$\mu_a^\lambda = \epsilon_{\text{HbO}_2}^\lambda [\text{HbO}_2] + \epsilon_{\text{Hb}}^\lambda [\text{Hb}]$$

By performing tomographic reconstructions of  $\mu_a$  at two wavelengths,  $\lambda_1$  and  $\lambda_2$ , one can solve the resulting set of two algebraic equations for the concentrations of [HbO<sub>2</sub>] and [Hb], respectively. This concept is easily extended to more than two chromophores, by employing  $n$  different wavelengths if  $n$  chromophores are sought. Recent works

Figure 4



Optical tomographic image reconstruction of cerebral ischemia in a Wistar rat. (a–f) The images show coronal cross-sections of changes in oxy-, deoxy- and total hemoglobin through the rat brain midway between the lambda and bregma sutures (see line labeled 'cut' in (g)). The cross-sections were obtained by inducing unilateral carotid artery occlusions on the left side (a–c) and right side (d–f). An SSD system was used to measure the transmitted light intensities with four sources (white circles in (g)) and 12 detectors (black circles in (g)) placed on the top of the shaven rat head. Clearly visible are the lateral effects on the three hemodynamic parameters. (For more details see [11\*\*].)

by Corlu *et al.* [54\*\*] and Li *et al.* [55\*\*] have shown that instead of performing  $\mu_a$  reconstruction first, the multiple wavelength information can be used to calculate chromophore concentration directly. They showed that these new codes are much more stable and converge much faster to a correct result.

An example of a cerebral ischemia study in small animals is shown in Figure 4. Here, the previously described DYNOT imaging system was used in combination with a three-dimensional diffusion-theory-based MOBIIR scheme (Figure 2) to look at the effects of unilateral carotid occlusion in rodents [11\*\*,12\*\*]. Another SSD device was used by Culver *et al.* [13\*] to establish the usefulness of DOT for studying stroke physiology. They occluded the middle cerebral artery in Sprague–Dawley rats and generated tomographic maps of relative cerebral blood volume changes, oxygen saturation, metabolic rate and oxygen consumption.

Functional stimulation studies were recently performed by Siegel *et al.* [32\*]. Employing SSD data this group

generated impressive maps of localized changes in cortical hemodynamics in response to forepaw stimulations and compared results with functional MRI data. They derived values for oxy-, deoxy- and total hemoglobin concentrations, using an algorithm that was based on the diffusion theory for semi-infinite media. In another study the same group also performed volumetric reconstructions [56]. In addition to SSD systems, FD methods were also employed to study hemodynamic responses to forepaw stimulation [28\*]. The importance of proper source and detector placement was recently shown in a theoretical paper by Deghani and colleagues [57].

### Imaging with exogenous contrast Contrast mechanisms

In addition to endogenous contrast mechanisms that are used in blood oximetry studies, exogenous chromophores can also be employed for tomographic imaging. In general, one can distinguish between two different types of exogenous contrast agents that lead to similar, yet different, imaging problems. The first class of probes con-



sists of bioluminescent markers [58<sup>\*</sup>]. These markers emit light when they encounter certain biomolecular environments inside the animal [17,59] and the energy for this radiation is drawn directly from the local biochemical processes. The best-known examples for this type of effect are fireflies, which emit visible radiation upon release of luciferase into certain parts of their body [60].

The second class of probes is formed by fluorescent markers [29,44<sup>\*</sup>,61]. Fluorescent markers, unlike bioluminescent markers, require an external excitation source to emit radiation. The light from this external source is absorbed by the fluorophore and re-emitted at a longer wavelength. Examples of frequently used fluorophores are indocyanine green, green and red fluorescence proteins [62], peptide-fluorescent dye conjugates that target specific cellular receptors [63], and enzyme-activatable fluorescence probes [64].

#### Fluorescence and bioluminescence imaging system

With some minor modifications, all of the systems described for endogenous systems can also be used for bioluminescence or fluorescence tomographic imaging. Bioluminescence systems can be thought of as SSD systems without an external light source. Fluorescence systems require the detection of the transmitted light intensities at the excitation and emission wavelength. Therefore, these systems involve either more detectors that are sensitive at these different wavelengths or two set of measurements during which wavelength-dependent filters are used to distinguish between the two wavelengths. Fluorescence measurements can be performed in all three domains (SSD, FD and TD), whereas bioluminescence is limited to SSD.

To apply MOBIIR schemes in fluorescence systems, two equations are necessary: one for the excitation wavelength and one for the emission wavelength [65<sup>\*\*</sup>,66<sup>\*</sup>]. These two equations are coupled through the source term of the emission wavelength, which depends on the solution of the equation of the excitation wavelength. The source term for the excitation wavelength is given by the known location of the optical fibers on the skin of the animal. The source term of the emission wavelength equation is itself an unknown, as location and concentration of the fluorescent marker that forms the sources are sought as part of the reconstruction process. Almost all codes currently available employ the diffusion equation, but first transport-theory-based codes have emerged [43<sup>\*\*</sup>,67<sup>\*</sup>].

Bioluminescence tomography (BLT) is basically the fluorescence problem without the excitation term. The source position and strength inside the medium are sought in a similar manner to SPECT; however, BLT is even more ill-posed than SPECT imaging, as light is strongly scattered. Therefore, BLT remains the most

challenging of all optical tomographic imaging systems, and the first publications to investigate this problem have only recently appeared [68,69<sup>\*</sup>].

#### Comparison of different systems

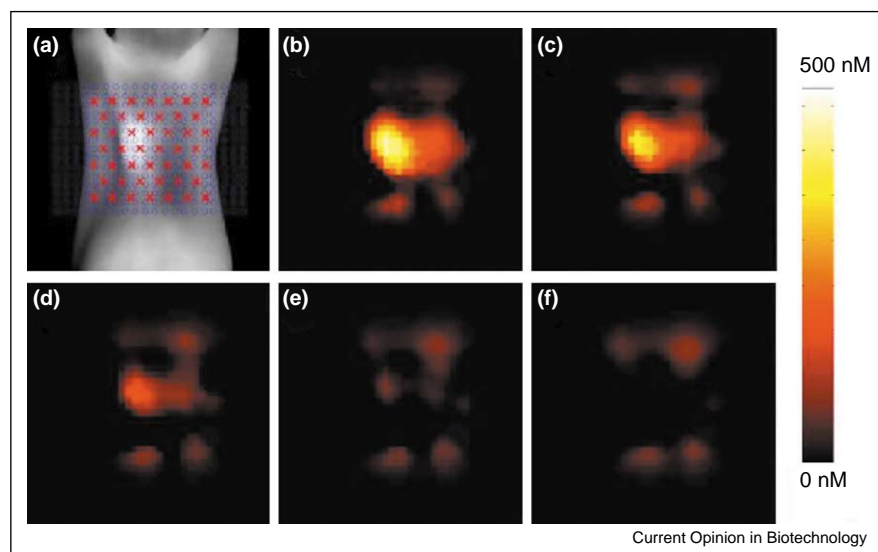
Although fluorescence imaging is experimentally and computationally somewhat more involved, it offers several distinct advantages over bioluminescence imaging. First, fluorescence probes generate a much stronger signal than bioluminescence probes and yield a higher signal-to-noise ratio. Therefore, fluorescence imaging systems require much less sensitive (and therefore less expensive) detectors than bioluminescence imaging systems. Furthermore, many fluorophores emit light in the near-infrared wavelength range, which allows for deeper penetration into biological tissue. Most bioluminescent probes emit light at a shorter wavelength, where tissue is more absorbing and can therefore only be used for superficial lesion. In addition, the image reconstruction problem in bioluminescent imaging is much more ill-posed than in fluorescence imaging, which severely limits the achievable resolution. No BLT code has yet been presented, whereas first fluorescence tomographic imaging algorithms do exist and have shown promising results in small-animal imaging [46<sup>\*</sup>,70–74,75<sup>\*\*</sup>]. Of special importance here is the first non-contact tomographic imaging system developed by Schulz and coworkers [76<sup>\*\*</sup>,77<sup>\*\*</sup>].

Furthermore, as already mentioned, unlike BLT fluorescence imaging can be performed in the time or frequency domain. In this way, more information can be obtained about the fluorescent sources and the scattering and absorption properties of the background medium. Employing FD or TD techniques, fluorescence imaging also offers the possibility of obtaining spatial lifetime maps of fluorophore distribution inside tissues [78,79]. Fluorescence lifetime imaging could be used to analyse the local biochemical environment of a fluorophore, such as pH or oxygen levels or calcium ion concentrations [78,80]. These types of study are already widely performed in the fluorescence microscopy of single cells or tissue slices and could potentially be translated into fluorescence tomography for whole-body imaging of small animals. The only drawback of fluorescence imaging is that the tissue intrinsic auto-fluorescence is often higher than auto-bioluminescence; this can lead to increased noise.

#### Applications

There has been a great number of studies on inanimate tissue phantoms that mimic tissue anatomy and physiology. These studies have demonstrated that one can use optical tomography to reconstruct the spatial distribution of fluorophore concentrations and lifetimes from SSD-type measurements [46<sup>\*</sup>,75<sup>\*\*</sup>,76<sup>\*\*</sup>,77<sup>\*\*</sup>], as well as from FD systems [44<sup>\*</sup>,65<sup>\*\*</sup>,66<sup>\*</sup>,70,81,82] and using TD methods [83]. *In vivo* studies that employ tomographic

Figure 5



The figure shows the first *in vivo* transport-theory-based, three-dimensional, tomographic reconstruction results for fluorescence molecular imaging. The transport-theory-based model is particularly well suited to take small geometries and small source-detector separations into account, as they are encountered in small animals. The animal was injected with a Cy5.5-based fluorescent probe with high sensitivity to cathepsins produced in a Lewis lung carcinoma implanted in the left lung of the animal. For data acquisition the mouse was immersed into an imaging chamber containing a scattering matching fluid. One side of the chamber was illuminated with light (wavelength = 674 nm) emerging from 46 fibers arranged in a symmetric pattern (red crosses in (a)). A CCD camera captured the excitation and fluorescence light (wavelength = 694 nm) on the side opposite to the illuminating fibers (blue circles in (a)). The measured light intensities became input to the image reconstruction algorithm. **(a)** Shows the direct fluorescence image obtained with the CCD camera. The lung tumor can be seen as bright spot on the left-hand side. **(b–f)** Tomographic images of the fluorophore concentration at different depths: (b) 1 mm, (c) 2 mm, (d) 3 mm, (e) 4 mm and (f) 5 mm.

techniques have only just begun and mainly focus on cancer research. For example, it was shown that cathepsin B activity in 9L gliosarcomas implanted into one brain hemisphere of nude mice could be imaged using a cathepsin-B-sensitive molecular beacon (an enzyme-activatable fluorochrome) [84,85<sup>••</sup>]. For this study the animals were immersed into a cylinder filled with matching fluid. The cylinder was surrounded by 24 source fibers and 36 detector fibers. The system was operated in SSD mode using 672 nm excitation light and detecting emissions at  $710 \text{ nm} \pm 10 \text{ nm}$ . In other studies, subcutaneously implanted HT1080 fibrosarcomas [86] and Lewis lung carcinomas [14] were imaged also using enzyme-activatable fluorescent probes. In both cases animals were immersed—in a rectangular container and transmission measurements performed using a CCD (charge-coupled device) camera. Figure 5 shows an example where a novel transport-theory-based code [43<sup>••</sup>,87] was used to produce a three-dimensional image of a lung carcinoma. Recently, Chen *et al.* [88] demonstrated the feasibility of tomographic detection of 2-cm-deep subsurface tumors in mice with a localization accuracy of 2–3 mm, using an FD system. Going beyond proof-of-principle studies, first fluorescence tomographic studies have started to emerge that show tumor response to chemotherapy [15<sup>••</sup>].

*In vivo* bioluminescence studies are currently limited to two-dimensional surface imaging of small animals [58<sup>•</sup>]. First studies have emerged that suggest the possibility of BLT imaging [68,69<sup>•</sup>]; however, these algorithms have only been applied to tissue phantoms and further validation studies in small animals need to be performed.

## Conclusions

DOT is developing into a viable addition to currently existing biomedical imaging modalities, such as ultrasound, X-ray computed tomography, MRI, PET and SPECT. This novel imaging technique uses visible and near-infrared light ( $\sim 500 \text{ nm} < \lambda < 900 \text{ nm}$ ) to probe the absorption and scattering properties of tissues. Recent technological and computational advances have led to first small-animal imaging systems, which are currently used to study cerebral ischemia and hemodynamics. The use of exogenous fluorescence and bioluminescence markers in optical tomography appears particularly promising in studying the molecular origins of cancer.

Future advances can be anticipated in the development of more accurate image reconstruction algorithms that use better models of light propagation in small animals, as well as hardware advances that will allow non-contact optical tomographic imaging. Finally, it can be expected

that the application of DOT will grow to include studies of cardiac diseases, arthritis and Alzheimer's, to name just a few.

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