

## **Module 2: Precis: Mitigation and Community Resilience**

Mitigation plays a major role in community resiliency. The goal of mitigation is to reduce the likelihood of a disaster or event and the adverse outcomes associated with it. Through mitigation strategies, we can prevent the impact of many detrimental threats. It is important that communities work to reduce risk. Community-based disaster risk reduction (CBDRR) and community-based disaster management (CBDM) are two concepts that strive to decrease the impacts and risks of a disaster by promoting community participation (López-Carresi, 2014).

CBDRR and CBDM promote the idea that citizens need to have autonomy in their preparedness to decrease their dependency on outside sources. In order to achieve this, these two concepts have four primary goals: to reduce peoples' vulnerabilities; to reduce impacts on property, resources, and the environment; to empower people and community institutions; and to transform the structures that increase inequality and underdevelopment (López-Carresi, 2014). It is important that individuals and communities use mitigation strategies to reduce risk and manage possible disasters. For something like climate change, every individual can do their part to reduce environmental impacts. We do not need to rely on the government or outside sources to tell us that climate change is happening and we need to do something about it.

References

López-Carresi A. *Disaster Management: International Lessons in Risk Reduction, Response and Recovery*. Abingdon: Routledge; 2014