

## Module 2: Assignment 1- Précis, Mitigation and Community Resiliency

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***“CBDRR and CBDM mobilizes people and enables hope to survive. The greatest enemy that a person could encounter in a disaster may not be the hazard itself, but loss of hope and feelings of powerlessness. CBDRR is an empowering process...enabling community to regain their identity.” - Emmanuel M. Luna***

Mitigation plays a pivotal role in enhancing community resilience by reducing the risk and impact of disasters before they occur. Effective mitigation strategies, including the implementation of stricter building codes, the development of early warning systems, and community education programs, are fundamental in preparing communities in the case of potential disaster. Such proactive measures save lives and reduce economic burden, allowing for a more efficient recovery process. Community based disaster risk management (CBDRM) is crucial in enhancing community resilience by leveraging local knowledge, culture, and capacities in disaster risk reduction efforts. CBDRM emphasizes the importance of indigenous and scientific knowledge collaboration, highlighting the necessity for external support in communities with limited resources and technical abilities. This approach advocates and respects the knowledge and capabilities of the local people, while bridging the gap between community capabilities and the need for comprehensive disaster risk management strategies.

Community resilience is integral to the success of mitigation efforts. A resilient community is characterized by strong social networks, effective communication, and local capacities for disaster response and recovery that unite to support and amplify the effectiveness of mitigation measures. Such synergy between mitigation and resilience efforts fosters a culture of preparedness that fortifies communities to withstand, adapt to, and recover from disasters more efficiently. While mitigation efforts are aimed at minimizing disaster risks, the concept of community resilience ensures the sustainability of these efforts, allowing a strong, effective, comprehensive, and holistic framework for disaster management. In this way, national disaster management policies have evolved to prioritize community-based approaches, emphasizing partnerships and enhancing community resilience through active participation and risk-reduction strategies. Community participation is especially effective when done in an organized manner. These mitigation efforts can be facilitated through “action teams for early warning, search, rescue, and retrieval efforts essential for relief distribution, evacuation management as well as additional training for education, health, and volunteer management.”<sup>1</sup> Furthermore, community participation and collaboration would best be supported through “inter- and intra-collaboration and coordination with government entities, international humanitarian organizations and have proven to be a vital function as it is an empowering process that can enable communities to regain their identity and agency to promote healing.”<sup>1</sup> These systems/examples underline the symbiotic relationship between mitigation and community resilience, where effective community engagement and empowerment in disaster risk management significantly contribute to the overall resilience of communities to withstand and recover from disasters.

## References:

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